

ORIENTAL SALAD  
From Laurie Coursolle

INGREDIENTS

3		hearts of Romaine lettuce, chopped
2	cups	mandarin oranges or fresh strawberries
1	cup	skinless party peanuts
2	cups	chow mein noodles
1/2	cup	mild onion, finely diced
1	cup	sweet vinaigrette dressing ( <i>see below</i> )

***Optional Ingredients***

1/4	cup	craisins
16	oz	chopped cooked chicken breast

INSTRUCTIONS

Shortly before serving, add all ingredients in a large bowl and toss well.

MAKES 20 SERVINGS

**Sweet Vinaigrette Dressing**

INGREDIENTS

1/4	cup	sugar
3	Tbsp	vinegar
1/2	cup	extra virgin olive oil
1/2	tsp	salt
1/2	tsp	onion powder or grated onion
1/2	tsp	ground dry mustard

INSTRUCTIONS

Mix sugar and vinegar together and microwave for 15 seconds to melt the sugar,

Add remaining ingredients and mix well, or use a blender.