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NULLR

Visit our website for up-to-date information – ullr.org

October 2023

ULLR General Meetings – A new location

The ULLR Board announced as of October 19, the Club will be having the General Meetings at the VFW in Richfield.

6715 Lake Shore Dr S, Richfield, MN 55423.
(South of W. 66th St., west of Lyndale Av. S.)
The VFW is directly across from the Wood Lake Nature Center.

Lunch will be at 1:00 pm. The meeting will start at 2:30 pm. There are 5 menu alternatives for a meal. The cost for a lunch is \$15.00. This includes sales tax and a nonalcoholic drink. There is a separate price for those of you that just want soup. The tip is extra. Please have a check or the correct money amount ready. You are invited to come and to bring a guest.

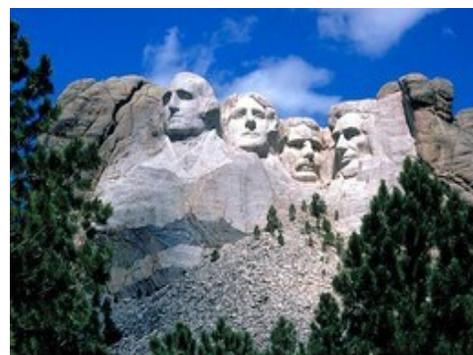
Future 2023 meetings are Oct. 19 and Nov. 16.
In 2024, dates are Jan. 18, Feb. 15, Mar. 21, and Apr. 18.

Thursday, October 19

Meal at 1:00 PM. Meeting at 2:30 PM

The program is **Mount Rushmore, Carving of an Icon**. Speaker David Jones will tell about a place where more than 2 million people each year visit in the Black Hills of South Dakota. To build Mount Rushmore, it took fourteen years, four hundred workers, 450,000 tons of rock, and nearly one million dollars.

Those are some of the statistics behind the carving of Mount Rushmore. The story is even more interesting.



Celebrate Halloween At the Hochstein's

Tuesday, October 31st at noon

Chili, water, coffee and hot mulled apple cider will be served.

BYOB and a dish to share.

Costumes welcomed, but not required.



Address:
3140 Birch Ave,
Maple Plain

RSVP: Galen and
Mary Jane
612-669-6285
or maryjaneh@frontier.com

2023 IMPORTANT CONTACTS

See the membership directory for e-mail addresses and phone numbers.

OFFICERS OF THE CLUB

President

Bruce Warner

Executive VP

Needed

Winter Programs VP

Kyle McClintick

Summer Programs VP

Mary Ellen Goriesky

Membership VP

Patty Fitzgerald

Treasurer

Carol Bush

Secretary

Janet Farber

Past President/Advisor

Linda Heintz

PROGRAM COORDINATORS

Alpine-Nordic

Barb Kolbe

Ski Racing

Brian Johnson

What's Cookin' Cashiers

Carole Nelson & Sharon Pappas

What's Cookin' Supply Chair

Janice & Jerry Swanberg

What's Cookin' Beverage Chair

Janice & Jerry Swanberg

Biking

John Stiefel and Patty Fitzgerald

Singles

Jan Butler

Directory Folding Parties

Nancy Sand

General Meetings

Ellise Lamb (scheduler)

MSC Representatives

Kyle McClintick, Dolly Eastman:

MSC: www.midwestfun.org

ULLR Foundation President

Jan Cady

COMMUNICATION

ULLR Webmaster

Wayne Jastremski: Webster@ULLR.org

NULLR Editor & Designer

Margie Deutsch: NULLR@ULLR.org

ULLRnet

Mary Jane Hochstein

ULLRnet@ULLR.org

LETTER FROM THE PRESIDENT

by Bruce Warner



Greetings fellow Ullrs,

Another summer ends! As the ULLR Ski, Bike, & Social Club approaches 74 years of existence, it reminds me of all the terrific events I have been able to enjoy and participate in. This past summer we averaged 60 attendees at our picnics. Some reflections; Hal & Gail West have hosted the 60, 70, & 80's birthday picnic for 13 years, (116 attendees in 2009). Nancy Harmon celebrated 90 years this summer, perhaps establishing a new age criterion for the birthday picnic for next year. Many thanks to all attendees and sponsors, with a special shout out to Carole Nelson and Sharon Pappas as cashiers and Treasurer Carol Bush for managing the funds each time. Janice and Jerry Swanberg made sure we had a variety of beverages to choose from.

Your participation at our What's Cookin' Picnics in the raffles raised \$1,600+ for the ULLR Foundation. (*See what it did with the money on page 4. --editor*)

The Board announced the change to a new winter location for upcoming meetings and the fact you should have the exact amount to pay for your selection to eat. All of the details will be on the web. Which reminds me to thank Margie Deutsch, (NULLR) and Wayne Jastremski, (web master) for their contributions each month. Biking, skiing, and snow shoeing schedules are posted for you to review. I hope to see you at some of those events and don't forget to say hello.

Biking Season ends soon by Margie

Will you clean your bike for next year or maybe say "I'm done biking." Perhaps you want to look for a new bike?

In the Sep. 3rd Star Tribune, page D4, Kevin Brasler wrote about finding a new bike. The nonprofit Twin Cities Consumers' Checkbook's ratings of area bike shops is free until Oct. 5. Go to Checkbook.org/StarTribune/bikes. A good shop will take the time to fit you properly and find you a bike that will work best for the type of riding you do.

Mr. Brasler's recommendations: **1.** Try out a bike after it has been adjusted to fit you. Is it comfortable and stable? Is it easy to control, shift and brake? Price isn't always the most important factor. **2.** Have the bike shop assemble your new bike, and go back if adjustments are need/desired. **3.** Prices vary little store to store for a bike. Even if you buy one online, you will be sent to a local store for purchase and assembly. But, accessories and components can vary—sometimes a lot. **4.** Bike repairs also can have a large price difference. [*See p. 4 to learn about Velofix.*]

ULLR Webmaster: Wayne Jastremski

See directory for address

Webster@ULLR.org

NULLR Editor: Margie Deutsch

7600 Golden Valley Road, #505, Golden

Valley 55427 NULLR@ULLR.org

Fall Hiking Schedule - See the individual flyers at ullr.org

DATE	EVENT	CONTACT	PHONE
SEPTEMBER 2023			
Sept 13-Wednesday	Quarry Park and Nature Center Waite Park (St. Cloud)	Barb Kolbe Jan Swanberg	651-633-0936 BK 612-719-3458 JS
Sept 18-Monday	Cottage Grove Ravine Regional Park	Nancy Sand	763-280-2600
OCTOBER 2023			
October 2-Monday	Rice Marsh Lake Park Chanhassen	Patty Fitzgerald John Stiefel	612-743-4565 [c] 952-470-5411
October 7-Saturday	New Ulm Oktoberfest	Karen Holmquist	952-270-4739
October 9-13	Do the Door County Hiking Trip	Karen Holmquist Kyle McClintick	952-270-4739 KH 651-398-6870 KM
October 21-Saturday	Nerstrand Big Woods State Park	Nancy Sand	763-280-2600
October 27-Friday	Richardson Nature Center	Sharon Marini	952-893-7408
October 30-Monday	Lebanon Hills-Holland Lake Eagan	Linda Heintz	612-916-2526
NOVEMBER 2023			
November 1-Wednesday	Purgatory Creek Park Eden Prairie	Karen Holmquist	952-270-4739
November 7-Tuesday	Carver Park Reserve Victoria	Patty Fitzgerald John Stiefel	612-743-4565 [c] 952-470-5411
November 9-Thursday	Nine Mile Creek Bloomington	Linda Heintz	612-916-2526

September 2023
Spotlight
Directory address Change
Phil Saari
Please welcome this
(returning) new member:
Bill Kansas

Look for your email with the complete information.



A Velofix truck, a mobile bike repair shop, came to the What's Cookin' Picnic August 16.

Bruce Warner and other Ullrs recommend using Velofix for convenient, at home repairs and adjustments for your bike.

SINGLES CARD/GAME NIGHTS

Contact Jan Butler about Singles' activities or to volunteer to plan and/or host an event: 952-544-8163 or cartooncat@comcast.net Bring a dish to share, beverage, and any games you would like to play.

Please RSVP to the host!

Friday, September 8 - 6:00 PM

Host: Lori Wolff, 612-214-0403
2089 Jefferson Ave., St. Paul 55105
lwolff2012@gmail.com

Friday, October 13 - 6:00 PM NEED Host

Friday, November 10 - 6:00 PM NEED Host

E-mail / call Jan and volunteer to host.



The State Fair is over, but these could be truisms if you call Minnesota your home.

1. You measure distance in minutes not miles.
2. Weather is 80% of your conversation.
3. Down south means Iowa.
4. You know someone who has hit a deer.
5. You know where Dinkytown is.
6. You have no problem spelling Mille Lacs, and you know where it is.
7. You can list all of the Dales.
8. You or your child has had a class cancelled because of snow or cold.
9. Victory can be spelled Ski-U-Mah.
10. The Iron Range is not a stove.
11. You drink "pop" not "soda."
12. You know where the SPAM Museum is.



SINGLES' FINE DINING on TUESDAYS in 2023

RSVP to Ellise Lamb by the Sunday before the event.

Send via voicemail to 952-457-8772 or to ellise.lamb@mchsi.com

Arrive at 11:15 a.m.

September 26 at Firelake Grill House (in Radisson Blu Mall of America), 2100 Killebrew Dr., Bloomington 55425, firelakerestaurant.com



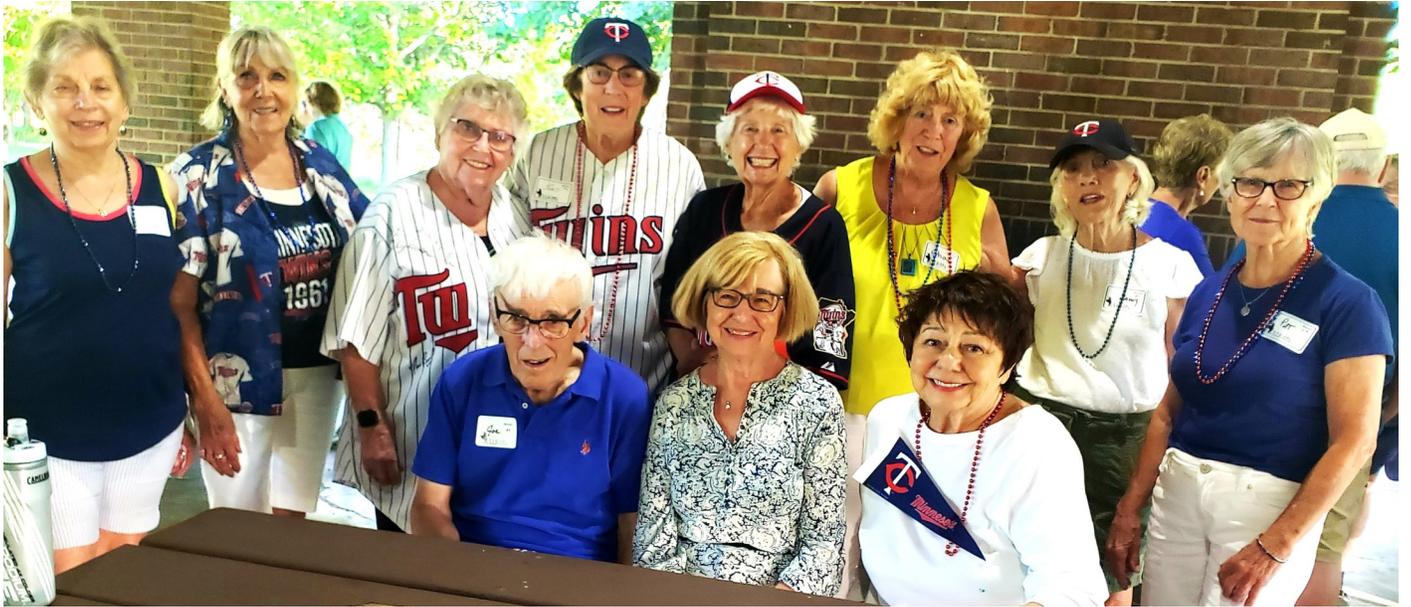
October 24 at the Blue Water Grill (in the airport Hilton) 3800 American Blvd. E., Bloomington 55425 See the menu at: places.singleplatform.com

November 21 at Smack Shack, 3801 Minnesota Dr., Bloomington 55435 "Smack Shack is a casual, coastal, seafood restaurant known for its signature lobster rolls and lobster boils. Smack-shack.com

13. You or someone you know has tried boiled fish at Christmas – which had been soaked in lye.
14. You wear shorts when it is 50° outside in March, but bundle up and complain in late August if it goes below 60°.
15. You have gone Trick or Treating while it is snowing.
16. You carry jumper cables in your car.
17. You know several people who have a cabin "up north" and go there most weekends.
18. You know not to look for Lake Woebegon on a map, and why.
19. You know what "uff-da" means and when you can/should say it.
20. You know why shacks are on frozen lakes.

Scoring: 18-20: a true Minnesotan; 13-17: born in Iowa or Wisconsin; 9-12: have relatives here or visit; 1-9: You think it snows all year in MN.

One more Foundation gift that enabled adaptive sporting fun.



The ULLR Foundation received a request for money. So, they came to host the August 2 Picnic.



Foundation members obtain items that are won by Picnic attendees via a raffle.



A child water skis!



Shockwaves is presented a check from the Foundation.

Thanks to these members for their planning and event work. You are appreciated!!

August

2, What's Cookin' Picnic

ULLR Foundation members

3, Sakatah Trail, Mankato to Madison Lake Ride

John Stiefel & Patty Fitzgerald

10, Hastings to Shaar's Bluff Ride

Rick Huber & Kathy Lucas

11, Singles Cards, Games

Jim Habeck

16, What's Cookin' Picnic

Vicki Johnson & friends

17, North St. Paul Gateway Trail Ride

Jared & Melinda Hoke

20-22, Lanesboro Bike/Golf

Maril Barnard & Lois Drontie

22, Douglas Trail Ride (on way home from Lanesboro)

John Stiefel & Patty Fitzgerald

24, Minneapolis City Ride

John Stiefel & Patty Fitzgerald

25, Singles Dining at Maynards

Ellise Lamb

30, What's Cookin' Picnic

Hal & Gail West & 70s, 80s, and 90s birthday celebrants

31, Dakota Trail/Ferndale Rd Ride

Dan Regan

A, B, C, Z

Arboretum, Basilica, Como, . . . Zoo.

So many places to visit!

Plan an event for ULLR!

"Do The Door"

A trip to Door County WI

Monday-Friday, October 9-13, 2023

Read about this event at ullr.org

Contact Kyle McClintick to go on a wait list.

All Ullrs are invited to join for lunch after the ride.

See the flyer at ullr.org for more details

September 21 - Thursday

Event: Luce Line Trail ride.

Park at Theodore Wirth Trailhead

1221 Theodore Wirth Pkwy, Minneapolis

Lunch about 12:30 at the Mill Valley Market.

Walkers are welcome to come to the park and enjoy the trails while the bikers are riding, then join for lunch.

Contact: Dan Regan 952-471-9318; 763-645-9708 [c]



**SKI
BIG
SKY**

**MAR.
17-23
2024**

Call Kate to see if any space has become available. Join the Waitlist.

Included: roundtrip airfare to Bozeman & bus to Big Sky; lodging at Huntley Lodge in the Mountain Village with 2 per room, daily breakfast buffet, ski valet, and luggage handling; Pre-trip Party and Welcome Party; and optional small group dinners.

The trip cost of \$1,993 (Land Only \$1,393)

Payment schedule:

**Due at sign-up \$1300,
\$693** due 12/1/23**

(** - Final payment subject to change)

Make checks payable to "ULLR Ski Club" and mail or deliver to Kate Casserly, 2525 Byrd Av. N., Golden Valley MN 55422-3818

Flyer and signup sheets are available at ULLR general meetings and on the **ULLR website** ullr.org

More information available from:
Maril Barnard, 651-402-0301,
mbarnard3952@gmail.com,
Kate Casserly, 763-238-6029,
casserly1@gmail.com

Fall Bike Rides, See flyers at ullr.org All riders must wear helmets.
Call trip leader if inclement weather to see if ride is canceled.

September 14, Thursday,

Lakes & Hills of Eden Prairie Ride

(about 18 mi RT) Meet at 9:30, Ride at 10:00

Meet at Miller Park

8200 Eden Prairie Rd, Eden Prairie

Lunch at Lions Tap

16180 Flying Cloud Dr, Eden Prairie

Marcia Switenski

RSVP: 952-941-6882, 763-350-0430 [c]

September 19, Tuesday

Bloomington Overlook Drive Ride

(about 23 mi RT) Meet at 9:30 am, Ride at 10

Meet in the strip mall parking lot by Jerry's Foods

9625 Anderson Lakes Parkway, Eden Prairie

Picnic after the ride

10820 Bloomington Ferry Rd

(SW corner Old Shakopee & Bloom. Ferry Rd)

Bring a chair, food and beverage

John Vogt 952-829-7056

September 21, Thursday

Luce Line Trail Ride

Golden Valley and Points West

(about 20 mi RT) Meet at 9:30, ride at 9:45

Park at Theodore Wirth Trailhead

1221 Theodore Wirth Pkwy, Minneapolis

Lunch about 12:30 at the Mill Valley Market
Walkers are welcome to come to the park and
enjoy the trails while the bikers are riding, then
join for lunch

Dan Regan 952-471-9318

September 28, Thursday

Three Tunnels Ride

(about 17 mi RT) Meet at 9:15, Ride at 9:30

Meet at Big Rivers Regional Trail parking lot

1498 Mendota Heights, St. Paul, 55150

This ride is on streets and paths and
has some hills.

RSVP: Nancy Navis 651-329-4836

or email at craignavis@gmail.com

October 5, Thursday

TBD (the initial planned trail was in poor
condition.) See ullr.org

Jared and Melinda Hoke

612-618-3773 JH

612-618-6919 MH



At Nisswa, bikers relaxed with friends, a beverage of choice and sweet watermelon. Ahh, summertime!

L to R: On left: Mary J, Dan R., Melinda H?, Karen C.; On right: Jared H, John V, Wayne J