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April 2023

Introducing the New ULLR webmaster - now in Training - Wayne Jastremski



For a little over 20 years JJ Coursolle has kept the Ullr web site current and the announcements flowing, but his fingers are finally tired, and after a crash course in KomppZer, FT protocols, hot links, broken links, various poly-razz-

mataz, and some choice “computer language” echoing around our house the past few weeks, he is turning over the keys to me and settling back in his easy chair.

Many of you already know me, but Margie still asked me to include a picture and story. After looking through my wife’s phone and her hundreds of pictures of our grandkids, our horse, various grand dogs and cats, and even a few

flowers, the best I could come up with is me imparting my fashion sense on Charlie. (Buffalo plaid - Really!?) Anyway, if all goes well, the transition should be pretty seamless. The web site should stay the same and the communication will still go through the Webster@ULLR.org email. As JJ announced earlier, we are going to strip all the links from the ULLR Club Announcements emails to see if that will get the various ISP’s to stop flagging us as spammers, but all the information, pictures and links will still be available on the web site.

That’s about it. JJ has set a high bar to follow, and I’ll certainly try to keep things going. After all, considering my years of experience as a carpenter, what could possibly go wrong?



SPRING FORWARD

73rd Annual ULLR Awards Banquet and Dance

Saturday May 20, 2023

Chanhassen American Legion

290 Lake Drive East, Chanhassen, MN 55317

4:00 PM Social Hour (Cash Bar)

5:00 PM Buffet Dinner

(Vegetarian option available upon request)



6:00 PM Awards Presentation

**6:30 PM Entertainment –
Jon deVaal and Pauline Boyd**

Cost: \$40.00

Make check payable to: ULLR Club

Send checks to: Diane Erlandson

8200 West 33rd Street #302

St. Louis Park, MN 55426

Co-Chairs: Ellise Lamb & Janet Farber

Reservations due by May 8, 2023

ULLR Cancellation policy applies.

2022 IMPORTANT CONTACTS

See the membership directory for e-mail addresses and phone numbers.

OFFICERS OF THE CLUB

President

Linda Heintz

Executive VP

Ellise Lamb

Winter Programs VP

Nancy Navis

Summer Programs VP

Pat Nelson

Membership VP

Jan Butler: MembershipVP@ULLR.org

Treasurer

Carol Bush

Secretary

Janet Farber

Past President/Advisor

Janice Swanberg

PROGRAM COORDINATORS

Alpine-Nordic

Barb Kolbe

Ski Racing

Brian Johnson

What's Cookin' Cashiers

Carole Nelson & Sharon Pappas

What's Cookin' Supply Chair

Janice & Jerry Swanberg

What's Cookin' Beverage Chairs

Craig & Nancy Navis

Biking

John Stiefel

Singles

Jan Butler

Directory Folding Parties

Nancy Sand

General Meetings

Ellise Lamb

MSC Representatives

Nancy Navis, Dolly Eastman:

MSC: www.midwestfun.org

ULLR Foundation President

Jan Cady

COMMUNICATION

ULLR Webmaster

JJ [Joe] Coursolle: Webster@ULLR.org

NULLR Editor & Designer

Margie Deutsch: NULLR@ULLR.org

ULLRnet

Mary Jane Hochstein

ULLRnet@ULLR.org

LETTER FROM THE PRESIDENT

by Linda Heintz



It's March already. Once we finally get rid of January the months start flying by.

Good news. Wayne Jastremski is taking over our web site. The web site is old and outdated which is still a problem but this helps to buy us some time. Hopefully, a lot of time.

As you read this Nullr, you'll see we have a partial list of candidates for the 2023-2024 ULLR Board. Thanks to Bruce Warner, Kyle McClintick, Mary Ellen Goriesky, Carol Bush, Patty Fitzgerald, and Jan Farber for stepping up. [We still need an Executive Vice President.]

Singles' game night host in April is Sandra Shearer. Thank you for volunteering to host and thanks to all who have hosted.

Singles' Tuesday Lunch in March is at the Bloomington Outback on the 28 th. April 25 dining is at 5120 Restaurant also in Bloomington. Thank you to Ellise for running this program for many years.

I attended the hike at Elm Creek this year. What a beautiful day. About 40 degrees, bright sun and NO wind. It was prefect. Lunch at the Maple Tavern was also wonderful. Lets hope they never lose their chef.

I have been told that Granite Peak was a lot of fun as predicted. Some came home sore from snowshoeing. Thanks Nancy Sand. Thanks to Barb Kolbe for taking care of the winter program for these many years.

The **bike planning party is rescheduled** for Saturday, March 25 at 3:00 PM. Be sure to be there (or call Patty with your trips and dates). A big thank you to Patty and John for running this biking program for years.

There are many people who are helping out that don't get a lot of thanks. It is important to thank these people especially now as it is so hard to find volunteers. I'm trying to fix that. If I miss anybody, please come talk to me.

And speaking of that, Dolly does quite a few things for the club that we either forget about or don't even know about. So Thank You Dolly for everything you've done for the club through the years.

Also thank you to Sharon Pappas and Carole Nelson for collecting money at the picnics. These women have been doing this for years.

And two more. Margie gets paid a small salary for doing the Nullr, but still thanks to her as well. She does such a good job for us. And I've thanked JJ before, but a big thank you to JJ as ULLR webmaster these past 21 years. Enjoy your well deserved retirement.

ULLR Webmaster: JJ [Joe] Coursolle

See directory for address

Webster@ULLR.org

NULLR Editor: Margie Deutsch

7600 Golden Valley Road, #505, Golden

Valley 55427 NULLR@ULLR.org

2023 ULLR General Meetings

Meetings are held at the Bloomington Event Center (BEC), 1114 American Blvd. W, Bloomington, MN 55420. Make a reservation for the dining room after 2:00 p.m. by calling 952-888-1492. The dining room opens at 4:30 p.m. Costs of our dinners and drinks are credited to the club to offset rental costs. The meetings are held on the lower level in the Knight Room. It is easiest to park in the east parking lot.

Thursday, March 23,

6:00 p.m. Social; 7:00 p.m. Meeting
The candidates for the 2023-24 Board will be introduced.

7:15 p.m. Program: Mike Henry, speaker. As a former Rock & Roll radio DJ, Mike knows that music can trigger some fun memories. Mike will bring actual song clips from over 100 of the biggest hits from the 1950's and 60's. Along with the music, he shares pictures and stories about some of the artists and songs. Renew some wonderful memories of your young life if you are 70+, or if younger, hear some of the music you missed.



Thursday, April 27

6:00 p.m. Social; 7:00 p.m. Meeting
The election of the 2023-24 ULLR Board
7:15 p.m. Program: Cyndy Darby's topic is "Saving Monarch Butterflies." Cyndy Darby is a volunteer at Richardson Nature Center, a gardener and someone doing her part to educate about and protect monarch butterflies. She has been rearing monarchs in her backyard for over 15 years. She will share some facts and biology about monarchs and her tools and process to protect and rear the monarch eggs that are laid in her garden and neighbor's gardens. You will learn how easy it can be to help out this beautiful butterfly.



Thursday, May 25

6:00 p.m. Social; 7:00 p.m. Meeting
7:30 p.m. ULLR Foundation Raffle and Bingo Night. Invite your friends to come for a chance to win a wonderful prize.

Rescheduled

Planning for the Biking Season

Saturday, March 25,
at 3:00 p.m.



Please come to the bike planning party and bring your ideas for bike rides for the upcoming biking season. Main dish & beverages will be provided. Please bring a side dish & \$2. The party will be at the home of John Stiefel and Patty Fitzgerald, 19595 Near Mountain Blvd., Shorewood.

RSVP to 952.470-5411 or 612.743-4565 or to patfitzjohns@msn.com by March 1.

We are hoping that several of you will be able to lead 2 rides this season.

If you can't make the party, or have a ride you want on the schedule, email us with your ideas

March 31st is the deadline to submit a plan for a trip or event. Start now.

WESTERN SKI TRIP AND/OR A WARM WEATHER GETAWAY PROPOSAL GUIDELINES ARE DUE

ULLR Ski, Bike and Social Club has great trips for members who love to ski in the mountains and/or have a spring, summer or fall adventure trip. Each April our members present trip proposals for the following year. If you have had experience running an ULLR club event and have an idea for a trip, please prepare a proposal for presentation to the Board. It is fun to do, and you will have lots of help along the way to make your event a success.

Brief guidelines on how to prepare a trip proposal are viewable or download-able at: <http://ullr.org/UllrForms.html>

A trip is usually planned with a travel agent. Past trips have gone west, south, and east in the USA and abroad. Also remember, a local Minnesota or Wisconsin 3-day trip is fun too. Talk to Nancy Navis about YOUR ideas.

Join Ullrs to bike, hike, swim, fish, shop, relax, zipline at

Good Ol' Days Family Resort in Nisswa

Monday to Thursday: June 5-8, 2023

SIGN UP SOON! Reservations close Mar.30

\$210.25 Includes: Lodging Monday, Tuesday and Wednesday nights; Welcome party Monday eve - bring your beverage and appetizers.*

Dinner Tuesday eve - Taco bar and dessert provided, bring your own beverage and appetizers.* (*This saves money and allows you to bring exactly what you want.)

COVID-19 restrictions: All food will be served to each guest.

See the resort's website
www.goodolddaysresort.com

Co-Chairs: Kathy Lucas; 952-836-4723, klucas.potter@gmail.com
Kate Casserly; 763-238-6029; casserly1@gmail.com

Make check payable to ULLR Club and send to: Kathy Lucas: 14348 Savanna Oaks Drive, Savage, MN 55378.

Include signup form from the flyer with emergency contact info. Roommate & lodging preferences are first come/first served on receipt of check.

**ULLR Cancellation Policy applies.
Helmets required for bikers.**

"Do The Door"

**Plan your trip to Door County WI
Monday-Friday, October 9-13, 2023**

This trip went on the website last month and is already full. If you want to go on a wait list, contact Kyle McClintick.

Sun-Tue; August 20-22, 2023. Look for the flyer soon for the **Lanesboro Bike and Golf trip.**

What did Ullrs do in 2022?

We cautiously came together again as the COVID-19 pandemic began to wane. Mask wearing was still common in the first 5 months. In 2022, members....

Skied: 10 times at local areas and had 2 ski trips: to Big Ski and the Winter Carnival at Indianhead/Blackjack. 4 times we snowshoed or hiked.

Biked: 25 times on a local day ride. There were 2 bike trips, the traditional ones to Nisswa and Lanesboro.

Hiked: 14 times both locally and outstate

Monthly meetings: 7 meetings at the BEC and 6 summer picnics

Banquets: 2, the Spring Awards and Holiday Party

Singles: played cards 9 times and dined 10 times



Events: 11, which included: Old Log theater, Russian Museum, bike planning party, play *Mamma Mia*, river rafting, July 4th picnic, winter planning party, Tour of the GAI and Cathedral, weather station, glass exhibit, Folding Party

Party: ONLY ONE, Halloween

Foundation: 11 members sold desserts and gathered wonderful raffle gifts to raise money for its work.

Members: In January - 184, in November -151

Member Deaths: We miss Carl Weiser and Virginia "Ginny" Wilkinson. The first ULLR president, 72 years ago, Jack Alberg also died in 2022.

Thank you to all of the members who planned and/or led an event. And a special thanks to the 2021-22 and 2022-23 Board members, Webmaster JJ Coursolle, and Nullr editor Margie Deutsch for their many hours of work.

NOTICE OF ELECTION

Election of officers for the ULLR Ski, Bike and Social Club will take place during the Annual Meeting which will be held Thursday, April 27, 2023, at the Bloomington Event Center (KC Hall.) Officers to be elected are President, Executive Vice President, Secretary, Treasurer, Winter Programs Vice President, Summer Programs Vice President, and Membership Vice President. (The current President automatically assumes the position of Past President and becomes a Lifetime Honorary Member of the Club.)

The statements by the candidates for offices are in this issue and also were in last month's March NULLR. (As of today, there is no candidate yet for Vice President.) Candidates for offices will be presented by the Nominating Committee at the ULLR General Meeting on March 24, 2023. At

that time, any additional nominations must be made from the floor. Any member nominated at the meeting must be present and must have given the Secretary a written consent to such nomination. Write-in nominees are not allowed.

At the April 27th Annual meeting, each member shall have one vote upon each question at the meeting. Only members present at the meeting shall be entitled to vote, except that a member may vote upon the election of officers by an absentee ballot, the form of which shall be prescribed by the board, and received by the person designated by the Board on or before the date of the Annual Meeting. The vote on Officers of the Club, Honorary Members, and all other issues that require a vote shall be by acclamation, unless otherwise determined by the Board.

2023-2024 ULLR Board Candidates



Membership VP Patty Fitzgerald

I have been a member of ULLR Ski, Bike & Social Club since the mid 1990's. I joined at that time because I wanted to get back into downhill skiing, but I quickly discovered that Ullrs like all sorts of outdoor adventures and I also got involved in hiking, biking, snowshoeing and many cultural events. I have made numerous good friends in the club, and I feel this organization is a second family. I have served on the ULLR board as Membership VP, as Summer VP and as the President and Past President. I feel that we all need to share our time and talents to keep our club running and vibrant. I hope you will support my election to the ULLR board as your Membership VP.



President: Bruce Warner

I originally joined ULLR in 1963-68. I rejoined about 20 years ago. I have been on the Board before and I participate in skiing, hiking, and biking. I am looking forward to my third season on my e-bike. I retired from a career in sales & marketing, mostly with IBM. I have skied in three different countries & 75+ different places. I will do my best to follow a talented group that has served all of us with tremendous skill & dedication.

Past President/ Advisor: Linda Heintz



Treasurer: Carol Bush to remain— her 6th year!



SINGLES CARD/GAME NIGHTS

Contact Jan Butler about Singles' activities or to volunteer to plan and/or host an event: 952-544-8163 or cartooncat@comcast.net
Bring a dish to share, beverage, and any games you would like to play.

Please RSVP to the host!

Friday, April 14 - 6:00 PM

Host: Sandra Shearer
sandrashaer@comcast.net
5225 Grandview Square, Edina 55436
952-236-7194 [h], 651-747-7862 [c]

Friday, May 12 - 6:00 PM

Host: Jan Butler, cartooncat@comcast.net
13506 Larkin Dr., Minnetonka 55305;
952-544-8163

Friday, June 9 - 6:00 PM Cards/Games/Snacks

Host: Needed

Volunteers are needed for June, and Sep.-Nov.
E-mail / call Jan!



SINGLES' FINE DINING on TUESDAYS in 2023

RSVP to Ellise Lamb by the Sunday before the event. Send via voicemail at 952-457-8772 or to ellise.lamb@mchsi.com
Arrive at 11:15 a.m.

March 28 at Outback Steakhouse,
1321 E. 78th St., Bloomington,
55425

April 25 at 5120 Restaurant,
5120 American Blvd., Bloomington
55437 (located in the Holiday Inn);
www.5120mn.com

June 27 on the patio at Redstone, 8000 Eden
Rd., Eden Prairie, 55344, Redstonegrill.com



Recalling February Events

We thank the planners & leaders for their work.

7-9, Granite Peak Trip - Nancy Sand

12, Elm Creek SS/Hike - James Habeck

Cancelled due to rain, ice or snow:

17, Lebanon Hills SS/Hike - Nancy Sand

20, Lake Ann Park SS/Hike - Bill Brechtel

23, ULLR meeting

Afton, Buck Hill and Welch ski days

Hike Schaar's Bluff Trail at Spring Lake Park near Hastings Monday, May 1

Meet at 10:30 a.m.

8395 127th Street East, Hastings

Directions from Highway 52: Drive east on MN 55. Turn left onto County Road 42. Turn left on Idell Avenue. Turn left on 127th Street. Turn right at the Park Entrance. Drive to parking lot at end of road (left at the fork).

Lunch after hike at *Bierstube*,
109 11th St. West, Hastings

RSVP to Nancy Sand, (h) 952-435-5225
(c) 763-280-2600 nsand878@gmail.com

Silverwood Park Hike Wednesday, April 12

Meet at 10:30 a.m. in Visitor Center
Parking Lot; **Hike at 10:45 a.m.**
2500 County Road E., St. Anthony 55421

Only minutes from downtown Minneapolis,
Silverwood trails offer spectacular views of
Silver Lake, restored prairie and mature oak
savanna.

Optional Lunch at: **Steele & Hops**
2800 39th Ave NE, St. Anthony (Silver
Lake Village)

RSVP to Janet Farber 612-281-3643 [c]
Or Jan Swanberg 612-719-3458 [c] or
651-633-7178 (h)

St. Croix Bluffs Regional Park Hike Friday, April 21

Meet at 10:15 a.m., Hike at 10:30 a.m.
10191 St. Croix Trail S., Hastings.

Directions: From St. Croix Trail, drive east on
102nd Street into the Park. Pay \$7.00 daily
Park permit at the main office. Follow the entry
road clockwise. It makes a loop. On the east
side of the loop, park across from the volley-
ball courts. Meet there for this 4.5 mile hike.

Bring your own lunch, chair, and beverage
for after the hike.

RSVP to Nancy Sand (h) 952-435-5225
(c) 763-280-2600 nsand878@gmail.com

WISCONSIN SNOWSHOE AND SKIING FUN by Nancy Sand

Twelve Ullrs traveled to Wausau for some winter fun in the snow on February 7-9 and were fortunate to have good weather and road conditions.

Our winter adventure began Tuesday with nine Ullrs snowshoeing at Nine Mile Forest - one of whom, Mick G., rented snowshoes and snowshoed for the first time! Our nine Ullrs decided to explore a 2.5 - mile trail with lots of twists and turns through the woods. Although we had a trail map, we soon discovered a definite lack of signs along the trail which resulted in actually snowshoeing about 4 miles. We were happy to eventually see a sign indicating we were on the trail back to the Chalet.

After checking into the Stoney Creek Inn, several Ullrs relieved some sore muscles by soaking in the huge hot tub. We later met for snacks followed by pizza, salad, and dessert - all arranged by trip leader Nancy S., and as usual, Ullrs also brought additional snacks and beverages to share. Yum!

Like many other businesses, the Stoney Creek Inn is experiencing a staff shortage. Ullrs cheerfully gave beverage mixing directions to those acting as bar tenders.

ULLRS were excited Wednesday morning when they discovered the pancake-making machine in the hotel breakfast area. The pancakes come rolling out of the machine onto your plate. Nearly everyone sampled pancakes!

Wednesday dawned with warm sunshine and a clear blue sky - an absolutely perfect day for skiing at Granite Peak where skiers age 80+ ski free. (Four of our twelve Ullrs enjoyed that privilege.) All runs were groomed, so it was a fun day for cruising. The runs with "rollers" were our favorites. Lots of smiles! Wearing ULLR bandanas made it easy to spot each other and join with other Ullrs on different runs. The hotel hot tub was a relaxing way to end the afternoon after a great day of skiing fun.

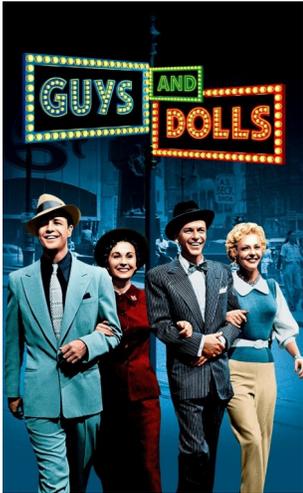
Our group dinner that evening was at a restaurant across the street from our hotel. Again, it was a business with a staff shortage that resulted in reduced choices for dinner, but we all were very satisfied with our meals. After dinner, we gathered in the hotel pool/hot tub area to munch on snacks. As usual when Ullrs gather, there were lots of shared stories and lots of laughter.

On Thursday, some Ullrs left for home in the morning, and others skied again at Granite Peak until noon. Granite Peak is not a huge resort, so it is possible to ski many of the runs in a couple of hours! We did our absolute best to accomplish that!

Granite Peak has been a destination for Ullrs for many years, and we will return!

Thanks, Nancy, for another fun trip!





Travel back in time to New York City in the 1950's where two star-crossed couples gamble in luck and love from Times Square to Havana and back. This beloved musical boasts colorful characters and a brassy score featuring "Luck Be a Lady", "Sit down, You're Rockin' the Boat" and "Adelaide's Lament". No need to roll the dice on this one—it's a surefire, sure to sell-out hit!

Sunday, May 7, arrive by 1:15pm

Minnetonka H.S. Theatre & Art Center; 13801 MN Hwy 7

Ticket cost is \$25.00 Reserve a ticket by sending in your money by April 12.

Payable to: Sally Chevalier, 5222 Spring Circle, Excelsior, MN 55331
952-935-7000; Cell: 952-484-6146

Optional: Dinner after play at Duke's, 15600 MN Hwy. 7, Minnetonka 55345

RSVP for dinner to Sally when mailing check.

ULLR Cancellation Policy applies.



Gus B. is amazed at the wonder of a pancake machine in the Stoney Creek Inn.

Ullrs at Buck Hill on February 22, 2023

A few of us had a warm time of skiing at Buck Hill, playing with wind, snow drifts, and packed corduroy powder in oodles of fresh snow!



[An e-mail from John Hayes & Roger Wangen]

Here is our trail. Let's go! Kate C, Mick G, Nancy N, Craig N, Karen H, Kyle M, Sharon M, Barb K

