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# NULLR

Visit our website for up-to-date information – [ullr.org](http://ullr.org)

December 2023—January 2024

## ULLR General Meeting Nov. 16

New location, the VFW in Richfield.

6715 Lake Shore Dr S, Richfield, 55423.

(South of W. 66th St., west of Lyndale Av. S.)  
The VFW is directly across from the Wood Lake Nature Center.

Lunch at 1:00 pm. Choose from 6 entrees & non-alcoholic beverages, \$20.00 includes tax and tip. Optional soup plus beverage, \$6.00 includes tax and tip. Please have the exact cash or a check made out to VFW, not ULLR. You are invited to come and to bring a guest.

2:00 Socializing; 2:30 meeting.

Program: "Who Gets Mother's Dishes." The speaker is Jeff Litfin. Who better than a Certified Estate Planner, to talk about this topic. Mr. Litfin conducts estate planning workshops and takes complex legal topics and explains them in an easy-to-understand manner.



**This meeting is the 3rd Thursday. In 2024, meeting dates are on the 2nd Thursday: Jan. 11, Feb. 8, Mar. 14, Apr. 11, and May 9**

## Holiday Party



**Wednesday,  
December 6**

**Party room at Aquilla  
Commons, home of  
Diane Erlandson**

**8200 W. 33<sup>rd</sup> St. #302**

**St. Louis Park, MN 55426**

**Cost \$25.00**

**1:00 pm** Social Hour

**2:00 pm** Lunch: Turkey, ham and fixings, wine, water, coffee and cake.

Holiday music for your listening pleasure.

There are 40 parking spaces, plus 3 handicapped spaces. More parking is available on 33rd Street and on side streets.

Chairs: Linda Heintz [612-916-2526] and Patty Fitzgerald [952-470-5411]

**Make checks payable to Ullr Ski Club**

Send to: Linda Heintz,  
1381 Berry Ridge Rd, #604  
Eagan, MN 55123

**Sign-up deadline: Sat., November 18**

**Ullr Cancellation Policy Applies**



*Bring an unwrapped toy (or check) for Toys for Tots.*

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## 2023 IMPORTANT CONTACTS

See the membership directory for e-mail addresses and phone numbers.

### OFFICERS OF THE CLUB

#### President

Linda Heintz

#### Executive VP

**Needed**

#### Winter Programs VP

Kyle McClintick

#### Summer Programs VP

Mary Ellen Goriesky

#### Membership VP

Patty Fitzgerald

#### Treasurer

Carol Bush

#### Secretary

Janet Farber

#### Past President/Advisor

Sharon Marini

### PROGRAM COORDINATORS

#### Alpine-Nordic

Barb Kolbe

#### Ski Racing

Brian Johnson

#### What's Cookin' Cashiers

Carole Nelson & Sharon Pappas

#### What's Cookin' Supply Chair

Janice & Jerry Swanberg

#### What's Cookin' Beverage Chair

Janice & Jerry Swanberg

#### Biking

John Stiefel and Patty Fitzgerald

#### Singles

Jan Butler

#### Directory Folding Parties

Nancy Sand

#### General Meetings

Ellise Lamb (scheduler)

#### MSC Representatives

Kyle McClintick, Dolly Eastman

MSC: [www.midwestfun.org](http://www.midwestfun.org)

#### ULLR Foundation President

Jan Cady

### COMMUNICATION

#### ULLR Webmaster

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Mary Jane Hochstein

[ULLRnet@ULLR.org](mailto:ULLRnet@ULLR.org)

## LETTER FROM THE PRESIDENT

Linda Heintz



Changes, changes, turn and face the strange.\* If we can't do that these days, we're lost. Ullrs have certainly had our share of changes in the past few years. [*\*David Bowie*]

We had our first meeting at the VFW in Richfield. I heard some people had problems with parking. There is plenty of parking in the back of the building. You can also park on the road and across the street in the Nature Center lot. Go to the left and park at the end. Parking hopefully will be better on the second Thursday of the month since we won't be interfering with Dolly's VFW meeting. The second Thursday is another change, but remember, that change doesn't start till January.

I've been at two excellent events recently. Both were run by Karen Holmquist. The first was New Ulm. We did a short hike and then enjoyed Oktoberfest. We had beer, German food and were serenaded by yodelers that were not half bad.

The second trip was in Door County where some of us hiked four days in a row and four miles each day. The food was excellent and the scenery was great. The tree color not as good as we had hoped for, but as we know, everything was late this year. We are getting a lot of color here in the Twin Cities as I write this.

We have had hikes in November before the ski season starts. Purgatory Creek was Nov. 1, Carver Park Nov. 7, and Nine Mile Creek Nov. 10. I haven't led Nine Mile Creek for a few years. Those of you who have done it, know it is a great hike. Purgatory Creek was a new hike and since I did it once recently with Karen, I can say with confidence it is a great hike. I've also done Carver in the past and love that one as well. Maybe I'm not the best person to ask. I love all of them!

I led Lebanon, Holland Lake on Monday, Oct. 30. It turned out to be a great day. Weather was decent (wind a little cold,) but we were only exposed a short time. I had eleven people show up: myself, Jan Swanberg, Barb Kolbe, Patty Fitzgerald and John Stiefel, Craig and Nancy Navis, Mike Nelson, Nan Fergen, Nancy Sand and Sharon Marini. We did 4.6 easy miles and then went to Doolittles restaurant for a delicious meal. Their squash soup is a wonderful treat in the Fall.

*Editor's note: Bruce Warner resigned his position as ULLR President in October. As current Past President, Linda Heintz accepted the Board's request to finish his term as 2023-2024 President. Sharon Martini (2021-2022 President) was asked by the Board to fill the now empty Past President/Advisor position. She accepted.*

**ULLR Webmaster:** Wayne Jastremski  
See directory for address  
[Webster@ULLR.org](mailto:Webster@ULLR.org)

**NULLR Editor:** Margie Deutsch  
7600 Golden Valley Road, #505, Golden  
Valley 55427 [NULLR@ULLR.org](mailto:NULLR@ULLR.org)

### Downhill Skiing— no hosts

Meet in main lodge at 9:30 am

Dec. 13, Wed., Trollhaugen  
Dec. 20, Wed., Buck Hill  
Jan. 10, Wed., Welch  
Jan. 24, Wed., Buck Hill  
Feb. 6-8, Tue-Thur, Granite Peak  
Feb. 14, Wed., Buck Hill  
Feb. 22, Thur., Welch  
Feb. 29, Thur., Hyland Hills  
Mar. 6, Wed., Welch  
Mar. 13, Wed., Buck Hill  
Mar. 17-23, ULLR Big Sky

### Bachman's Holiday Ideas Tour

Meet **Monday, Nov. 13** at 10:45 at check-in desk inside Bachman's.

Tour will begin at 11:00  
Bachman's on Lyndale  
6010 Lyndale Ave. South,  
Minneapolis

Ticket price: \$5.00

10 tickets reserved - first come, first served.

You may pay Kyle the \$5.00 on the day of the tour

**RSVP by Nov. 4** to: Kyle

McClintick- text 651-398-6870

Barb Kolbe- call 651-633-0936

12:00 Optional lunch in the greenhouse at Patrick's Cafe

*Editor's note: This fun event was recently submitted. I have included it here in case you might want to visit Bachman's soon to see new ideas to help you decorate your home for the holidays. Also, a free Open House will be Nov. 18 from 9:30-2:30. Call (612) 861-7676 for Information.*

### 2022 Outdoor Fun

For more information see flyers at [ullr.org](http://ullr.org)

**Dec. 16**, Sat., French Regional Park, 1:30 pm; XC/SS/ Hike with James Habeck.

**Jan. 5**, Fri., River Bottoms, 10:30; SS with John Vogt.

**Jan. 25**, Thur., Gale Woods Farm, 10:30; SS with Bill Brechtel. (See p 6)

**Feb 2**, Fri., Richardson Nature Center, SS/XC/Hike with Sharon Marini.

**Feb. 6-8**, Tue.-Thur., XC/SS Nine Mile Forest; SS Rib Mountain State Park- both in Wausau, Wisconsin with Nancy Sand. (See p.5)

**Feb. 9**, Fri., Lebanon Hills by Candlelight; 6:30 pm; Hike, Walk, SS, XC with Nancy Sand. (See p. 4)

**Feb. 19**, Mon., Lake Ann Park; 10:30; SS with Bill Brechtel.

**Feb. 25**, Sun., Eastman Nature Center, 1:00 pm; SS/ XC/ Hike with James Habeck.

**It is always fun during the holidays to treat yourself and maybe family and/or friends to one of the many shows, plays, or musicals that fill stages across the metro area.**

An event planned for Ullrs on Tuesday, December 12 is

### HONKY TONK HOLIDAY.

Reservations were required by **October 30** to Kyle McClintick.

Call her to see if a ticket might still be available for the lunch and/or play, 651-398-6870. See the flyer for more information.

"Whether you enjoy good old-fashioned country Christmas songs or you like contemporary holiday tunes with a distinctly Nashville twist, you won't want to miss out on this show." It is at the **Sidekick Theatre**. 11411 Masonic Home Drive Bloomington, 55437. For other show dates see <https://sidekicktheatre.com/honkytonkholiday>



## Membership Directory Folding Party Monday, December 11, beginning at noon.

Host is Jan Butler  
13506 Larkin Drive, Minnetonka 55305  
Ullrs gather for a meal and then prepare  
directories for mailing.



All members are welcome! A main dish and beverages are provided. Members should bring an appetizer, salad, or dessert to share and contribute \$2.00 per person to help with costs. Please **RSVP** to the host: 952-544-8163 or [cartooncat@comcast.net](mailto:cartooncat@comcast.net)

Any questions? Contact Folding Party Coordinator Nancy Sand at 952-435-5225 or [nsand878@gmail.com](mailto:nsand878@gmail.com)

## ULLR General Meeting Programs in 2024

**Jan. 11** A return visit from Mike Henry, this time with **music from over 100 of the top tunes from the 40's and 50's**. Along with the music he shares pictures and stories about some of the artists and songs. For some Ullrs, clips from these songs might bring back some wonderful memories.

### Feb. 8 Social Time

**March 14** Statue of Liberty, Two Decades of Effort, Impossible Odds. Speaker David Jones will tell us how the statue idea came about, its construction, and the meaning behind one of the most recognizable symbols in the world.

**April 11** Minnesota State Parks presented by new members, Jared and Melinda Hoke, who have visited all 66 of them. The DNR website says there is an average of 9,857,793 visitors to Minnesota state parks each year. An average of 1,049,382 visitors camp overnight each year. Come and share a state park story.

### May 9 Foundation Bingo

## Notice to all ULLR members

### Unless you renewed, your ULLR membership expired on October 31<sup>st</sup>

If you did not renew your membership, your name will not be in the Ullr directory that will be printed soon. If you would like to remain a member, contact Patty by email ASAP at [membershipvp@ullr.org](mailto:membershipvp@ullr.org)

If you would like to participate in ULLR club activities, you can still join or rejoin. Each member must fill out a membership form, sign the waiver, date the form and return it. The membership form can be found on the [ullr.org](http://ullr.org) home page, under the Membership Tab. Include \$25 for each ULLR membership. Make the check payable to ULLR.

You can always join at an ULLR General Meeting.

Thank You to members who have renewed! We are planning a fun filled year of activities.  
Patty Fitzgerald - Membership VP

**Thanks to these members for their planning and event work.**

**You are appreciated!!**

### October

**2, Rice Marsh Lake Park Hike**  
Patty Fitzgerald & John Stiefel

**5, Holman Field to Heritage Park Ride**

Melinda & Jared Hoke

**7, Oktoberfest in New Ulm**  
Karen Holmquist

**9-13, Do The Door**  
Kyle McClintick & Karen Holmquist

**19, General Meeting**  
Linda Heintz

**21, Nerstrand Big Woods Hike**  
Nancy Sand

**24, Singles Dining at Blue Water Grill - Ellise Lamb**

**30, Lebanon Hills Hike**  
Linda Heintz

**31, Halloween Party**  
Mary Jane & Galen Hochstein

### Cancelled

**27, Hyland Hills Richardson Nature Center Hike - too wet**  
Sharon Marini

## HIKE/WALK – CROSS COUNTRY

### SNOWSHOE BY CANDLELIGHT

**At Lebanon Hills Friday, February 9, 2024**



Enjoy Lebanon Hills Regional Park by flickering candlelight. A variety of cross-country ski, snowshoe, hiking and walking trails, and distances, will be lit with hundreds of candles.

Warm up with hot cocoa and crackling bonfires. Cocoa provided. **ADMISSION FOR THE EVENT IS \$8/PERSON**  
**ONLINE REGISTRATION BEGINS DEC 1**

Visit the Trails by Candlelight event page to register and pay and for information and updates including cancellations due to weather. Ski and snowshoe rental available. To register and pay, do a Google search for Dakota County Parks and

select the Dakota County Parks page. Click on: Programs & Events, Calendar of Public Programs, February 2024 calendar, then select the February 9<sup>th</sup> event.



**MEET AT 6:30 PM ON FEB. 9  
AT THE LEBANON HILLS MAIN  
VISITOR CENTER**

860 Cliff Road, Eagan, MN

**Please notify Nancy Sand you plan to come** (h) 952-435-5225  
(c) 763-280-2600  
[nsand878@gmail.com](mailto:nsand878@gmail.com)



**Join us at Good Ol' Days Family  
Resort in Nisswa in 2024**

**Monday-Thursday, June 3-6,  
Signup deadline is March 1**

**Bike the Paul Bunyan Trail and/or Golf, walk,  
shop, read, fish, swim, relax, kayak, zipline,  
do nothing!**

**\$268.00** for Lodging Monday to Wednesday nights and Welcome party Monday eve. • Dinner Tuesday evening– Taco bar and dessert provided, bring your own **appetizers and beverage.**

Good Ol' Days Resort has beautiful 2 or 3 bedroom condos with 2 baths, twin or queen beds, fully furnished kitchens. Lodge rooms have 2 queen beds, bath, microwave and frig. 2 people per lodge room. For more information, see web-site:



[www.goodoldaysresort.com](http://www.goodoldaysresort.com)

Co-Chairs: Kathy Lucas; 952-836-4723;

[klucas.potter@gmail.com](mailto:klucas.potter@gmail.com)

Kate Casserly; 763-238-6029; [casserly1@gmail.com](mailto:casserly1@gmail.com)

**Check is payable to ULLR Club. Send to:**

**Kathy Lucas: 14348 Savanna Oaks Drive,  
Savage, MN 55378.**

**Include sign-up form with emergency contact info.  
Roommate & lodging preferences are first come/  
first served on receipt of check.**

**ULLR Cancellation Policy applies**

## SINGLES CARD/GAME NIGHTS

Contact Jan Butler about Singles' activities or to volunteer to plan and/or host an event: 952-544-8163 or cartooncat@comcast.net Bring a dish to share, beverage, and any games you would like to play.

**Please RSVP to the host!**

**Friday, November 10 - 2:00 PM New time!**

**Host:** Roz Rockman 612-201-8552 [c]  
4350 Brookside Court #317, Edina 55436

**Friday, December 8 - 2:00 PM**

A Christmas Celebration

Host: TBD

**Friday, January 12, 2024 - 2:00 PM**

**Host:** Char Strand, 952-884-5859  
10725 James Road,  
Bloomington 55431

**E-mail / call Jan and  
volunteer to host parties  
in 2024.**



## SINGLES' FINE DINING on TUESDAYS in 2023

RSVP to Ellise

Lamb by the Sunday before the event. Send via voicemail to 952-457-8772 or to ellise.lamb@mchsi.com

Arrive at 11:15 a.m.



**November 21** at Smack Shack,

3801 Minnesota Dr., Bloomington 55435

"Smack Shack is a casual, coastal seafood restaurant known for its signature lobster rolls and lobster boils." [Smack-shack.com](http://Smack-shack.com)

**Suggest a favorite restaurant to Ellise for 2024.**

### Directory Information Changes for:

Mike & Mimi Moss; Lois Laitinen;  
Sigrid Ruhland Mellby; Dolly Eastman

### Directory Addition:

Carole Magnuson  
*Look for your email with the complete information.*

## Granite Peak Wisconsin Trip to Downhill Ski, X-Country / Snowshoe at Wausau, Wisconsin - February 6-8, 2024

**LODGING:** Two nights at Stoney Creek Inn in Rothschild. **A block of rooms is reserved for the ULLR Ski Club. Participants must make and pay for their own room reservations** by contacting the Stoney Creek Inn at 715-355-6858, referencing the ULLR Ski Club, and requesting either a king or double queen room (maximum 2 per room). Total cost for two nights: \$245.16 for Double Queen ; \$214.52 for King

A free hot breakfast is available daily at the hotel. **The hotel will release unreserved rooms on January 6, 2024. After that date, room availability and the group rate will not be guaranteed.**

**TUE. EVENING GROUP DINNER :** The Bar (6-minute walk from hotel.)

*On Tuesday and Wednesday, participants will pay for their own meal and beverages.*

**WED. EVENING GROUP DINNER:** Cedar Creek Grill House (across the street from hotel.)

**RECREATION OPTIONS WITH EXTRA CHARGE:** **Downhill Ski** at Granite Peak where skiers 80+ ski free. **X-Country or Snowshoe** at Nine Mile Forest. **Snowshoe** at Rib Mountain State Park.

Questions? Contact Nancy Sand (LL) 952-435-5225 (C) 763-280-2600  
[nsand878@gmail.com](mailto:nsand878@gmail.com)

Notify Nancy when you have made your reservation. Mail the signup sheet to Nancy Sand, 15001 Burnhaven Drive #108, Burnsville, MN 55306.

**ULLR cancellation policy applies.** In case of bad weather or to verify that this event is not cancelled, contact the chair.

## Purgatory Creek Hike

By Karen Holmquist

BRRR! It was a cold and dreary day for a brisk walk along Purgatory Creek in Eden Prairie. But the crisp autumn air was quite refreshing for the seven ULLRS that came to share the morning

hike. The path was mostly paved, so the recent snow showers were not a problem. The water fountain was still spouting on the creek, and the ducks were battling the wind and wavy waters when dipping upside down to feed. But I'm pretty sure the reason we had walkers, was the juicy burgers and fries we ate at Lion's Tap!



Brrrr. Bundled up hikers: Barb K, Karen H, Linda H, John S, Janice S, Pat N

## SKI BIG SKY MAR. 17-23, 2024

**Call Kate to join the Wait list.**

Included: roundtrip airfare to Bozeman & bus to Big Sky; lodging at Huntley Lodge in the Mountain Village with 2 per room, daily breakfast buffet, ski valet, and luggage handling; Pre-trip Party and Welcome Party; and optional small group dinners.

The trip cost of \$1,993 (Land Only \$1,393)

**Due at sign-up \$1300, \$693\* due 12/1/23**

(\* - Final payment subject to change)

Make checks payable to "ULLR Ski Club" and mail or deliver to Kate Casserly, 2525 Byrd Av. N., Golden Valley MN 55422-3818

More information available from:

Maril Barnard, 651-402-0301,

mbarnard3952@gmail.com,

Kate Casserly, 763-238-6029,

casserly1@gmail.com

ULLR Membership and Cancellation Policies Apply

## Snowshoe at Gale Woods Farm 10:30am Thursday, January 25, 2024

Snowshoe through scenic wooded trails overlooking Whaletail Lake and past Ancient Burial Mounds. You will be able to choose from several trail options ranging from 1 to 3 miles.

Although it's now winter on the Farm you may still observe some farm animals. See the Farm Store for a variety of meat and poultry products raised right on the Farm.

Meet at 10:30 am at Gale Woods Farm located in western Hennepin County, 7210 County Road 110, Minnetrista. Snowshoes are available online to rent. Several short hills need walking sticks or ski poles. Lunch after snowshoeing at Buddy Boy Fine Barbeque, 8175 MN Highway 7, Minnetrista

RSVP to Bill Brechtel 952-474-5295 (cell). If weather is not good, call to verify.



Dennis G, Julie G, Guest Nancy K, Andrew H, Tee M, Hike Leader Nancy S

## ULLRS HIKE AT NERSTRAND

By Nancy Sand

Five Ullrs and a guest came to Nerstrand Big Woods State Park on a warm October day to walk and hike in peaceful dappled light from the tree canopies. The weather was perfect with sunny blue skies. The leaf colors were glorious.

Ullrs Andrew H. and Tee M. brought their friend Nancy K. as a guest. We hope she will join our club.

Since this was a week that kids weren't in school, the parking lot was filled to capacity causing the Park to open an overflow area. We saw lots of families on the trail teaching their children about nature, and we saw many excited, leashed,

happy dogs.

Remembering the inches of rain that fell the previous week, we expected to see lots of water at Hidden Falls, but we had to settle for only a trickle. Nevertheless, the setting for the waterfall is still a favorite view and a good photo op.

As we walked along the trails, we enjoyed the sounds of crunchy leaves, and we had fun comparing the size of fallen leaves. Some yellow maple leaves were nearly 10 inches across! We marveled at groupings of tree trunks and how standing trees support those that have fallen.

Following our hike, we enjoyed conversation and our lunches among the giant trees at the picnic area. A few of us brought treats to share for dessert! Yum!

## Halloween Party 2023

By Mary Jane Hochstein

After the first significant snowfall of the season, 16 Ullrs found their way to the Hochsteins to celebrate Halloween. Costumed or coming as themselves, all enjoyed Galen's chili, plus bread, corn bread, appetizers, salads, fruit and assorted desserts, hot mulled cider and coffee. Talk and more talk abounded. Joan Havens-Kester (back in MN) shared her photo album. The newer marble mazes were viewed and played on. Roy and Dale (aka Melinda and Jared)



sang a great rendition of "Happy Trails to You". The weather turned out to be pleasant, and the general agreement was "a good afternoon." Everyone got home before dark. Until next year...

# Highlights from "Do the Door" Trip, October 9-13, 2023



Trip leaders: Kyle McClintick and Karen Holmquist trip



First day of the trip 20 Ullrs hiked **Whitefish Dunes State Park** in Sturgeon Bay. These are the highest dunes in Wisconsin. Then a short drive to Door County's **Cana Lighthouse** on the shores of Lake Michigan. We rode a hay wagon over the causeway to explore the island and climb 97 steps of the tower's spiral staircase to reach the gallery deck of this beautiful 150-year-old lighthouse. (Ask Nancy Navis about her harrowing experience!)



## Pelletier's Fish Boil in Fish Creek

It was a beautiful night sitting outside around a campfire watching our dinner being prepared in a huge boiling pot filled with Lake Michigan whitefish, potatoes, onions and corn. Just before the fish was done, the Master Boiler threw kerosene on the bonfire causing flames to shoot high into the air creating a "boil over" --quite spectacular! Our dinner was topped off with cherry pie and ice cream!



In the town of **Ephraim**, we visited an old dockside warehouse covered with decades of graffiti. Here Phil and Karen Saari are finding a place to sign their names.



*Can't wait for our next adventure!*



Nancy S, Marcia S, Patty F, John S, Phil S, Paul L, Jeanne L, Linda H, Sharon M, Charlotte N