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August 2022

ULLR 72nd Spring Award Banquet

52 Ullrs, including some returned snowbirds, attended the 72nd ULLR Awards Banquet, held again at the Chanhassen American Legion. They always provide us with a nice party room and efficient service.

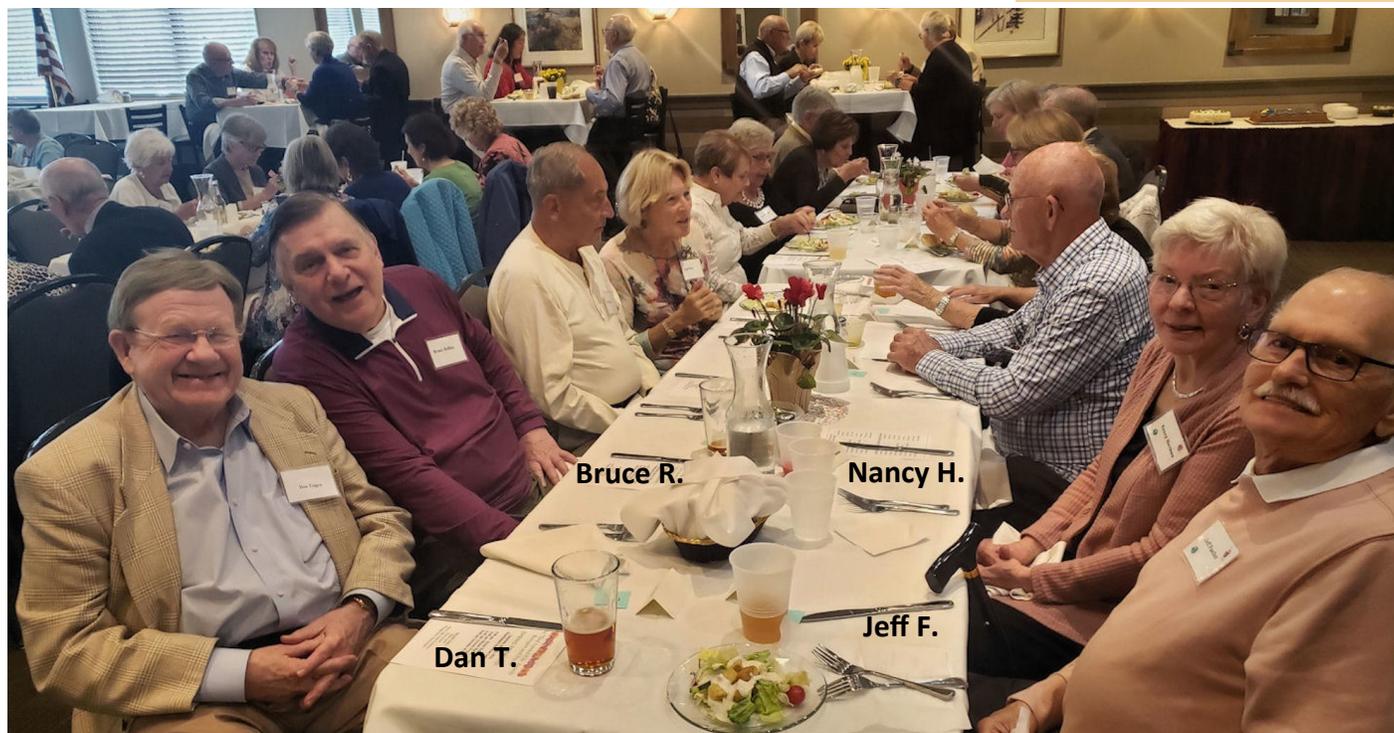
Many thanks to Ellise Lamb and Char Strand who planned and provided a very entertaining evening Spring Banquet. Thanks to Diane Erlandson for doing a great job again collecting checks and making all the name badges and place cards. Thanks to Karen Holmquist who was our entertaining MC. She did a fantastic presentation, entertaining us with ski jokes and stories. She also presented the previous ULLR Board of 2021-2022 and the new ULLR Board of 2022-2023. All new ULLR Board members were elected by unanimous vote at the April general meeting. Their

terms began May 1, 2022 and end April 30, 2023. Many fun pictures were taken by Nancy Keyes and can be found on the ULLR photo site at ullr.org



MC Host, Karen H.
Below: Guests await their turn for the buffet.

Article continued on page 5. A few photos are elsewhere.



2022 IMPORTANT CONTACTS

See the membership directory for e-mail addresses and phone numbers.

OFFICERS OF THE CLUB

President

Linda Heintz

Executive VP

Ellise Lamb

Winter Programs VP

Nancy Navis

Summer Programs VP

Pat Nelson

Membership VP

Jan Butler: MembershipVP@ULLR.org

Treasurer

Carol Bush

Secretary

Janet Farber

Past President/Advisor

Janice Swanberg

PROGRAM COORDINATORS

Alpine-Nordic

Barb Kolbe

Ski Racing

Brian Johnson

What's Cookin' Cashiers

Carole Nelson & Sharon Pappas

What's Cookin' Supply Chair

NEEDED- Volunteer

What's Cookin' Beverage Chairs

Craig & Nancy Navis

Biking

John Stiefel

Singles

Jan Butler

Directory Folding Parties

Nancy Sand

General Meetings

Ellise Lamb

MSC Representatives

Nancy Navis, Dolly Eastman:

MSC: www.midwestfun.org

ULLR Foundation President

Jan Cady

COMMUNICATION

ULLR Webmaster

JJ [Joe] Coursolle: Webster@ULLR.org

NULLR Editor & Designer

Margie Deutsch: NULLR@ULLR.org

ULLRnet

Mary Jane Hochstein

ULLRnet@ULLR.org

LETTER FROM THE PRESIDENT

by Linda Heintz



Our picnics have started and have been a success even though attendance has been less than previous years and the weather has been much better, i.e. cooler.

Our Winter planning party is coming up on Sunday, July 24 at 11 AM. It's a brunch this year. Please bring a dish to share. Please RSVP to Nancy Navis at 651-329-4836.

And don't forget the Singles' luncheon on every fourth Tuesday of the month. RSVP to Ellise Lamb at 952-442-9332. Leave a message. Next one is July 26 at McCormick & Schmicks. Also there is a Singles' card and game night on July 8 at 5 PM. RSVP to Jim Maiser 952-687-1423.

Lanesboro Bike and Golf is coming up August 21-23. If you have any interest, please call Sharon Marini at 952-893-7408 or contact one of the other co-chairs.

The upcoming What's Cookin' picnics are on Wednesdays July 6 at 11 AM, July 20 at 11 AM, August 3 at 5 PM and August 17 at 5 PM. Come have a meal and social time with us.

The River Rafting has not actually taken place yet as of this writing, but I'm expecting it to be a huge success.

[Editor's note: There is still time for you to plan a summer event or hike. You can keep it simple. How about visiting the Como Zoo? ULLR is a social club too, so lets have fun together. Contact Pat Nelson.]

The ULLRnet

The ULLRnet was created as a way to receive messages of a personal nature about current and past members. The ULLRnet has a voluntary sign-up. If a member or former member has not signed up, and would like to, please send an email message to ullrnet@ullr.org

Please notify ullrnet@ullr.org of e-mail changes. If "undeliverable," you are dropped from the list. Mary Jane Hochstein will post information about ULLR members. All notices must be sent only to ullrnet@ullr.org. Notices must have the permission of the person for whom it is written.

ULLR Webmaster: JJ [Joe] Coursolle
See directory for address
Webster@ULLR.org

NULLR Editor: Margie Deutsch
7600 Golden Valley Road, #505, Golden
Valley 55427 NULLR@ULLR.org

ULLR MEMBERSHIP, New and Renewals

A Membership form is available on our ULLR website and at the General Meetings. For a renewal, **only fill out information that has changed.** Sign and date the form at the bottom. **If you are a couple, you must complete two forms.** Please note, the Membership Directory now has separate columns for land line and cell phone numbers. Be careful to write your phone number(s) in the correct space.

ULLR membership costs only **\$25.00** per member. Think about what you get for this: friendships; member-planned, year-round indoor and outdoor activities; meetings; summer picnics; and helping others through the ULLR Foundation.

Talk to your other friends about our ULLR Club. Give them a Membership Form and invite them to join ULLR!

ULLR General Meetings

Meetings are held at the Bloomington Event Center (BEC), 1114 American Blvd. W, Bloomington, MN 55420. Make a reservation for the dining room after 2:00 PM by calling 952-888-1492. The dining room opens at 4:30 PM. Costs of our dinners and drinks are credited to the club to offset rental costs.

Thursday, October 20

Social Hour 6 PM;

Meetings start at 7 PM

The program is **Statue of Liberty, Two Decades of Effort, Impossible**

Odds. Speaker David Jones will tell us how the statue idea came about, its construction, and the meaning behind one of the most recognizable symbols in the world.

November 17: Neil Diamond [More info in Sept. Nullr.]



By Nullr editor Margie Deutsch

In earlier Nullrs, this space had a column I wrote called "A Walk Down Memory Lane." When no one this year submitted a plan for a ski trip, I began to wonder what is the future for this ULLR Ski, Bike, and Social Club. In the past, I reported on a Book group, a Bridge group, and many, many social events and parties. Today I write pleas for these activities.

What do you envision for ULLR in upcoming years? This club has made many changes in its 72-year history. As our club has evolved into a club for retired folks (we have many day-time, weekday events) we attract few new, more active members. Our 2022 directory lists only 182 people. The club will continue to change. What is YOUR vision of ULLR 2,3,4 years from now? Talk to a Board member about this.



Recalling May Events

We thank the planners and leaders for their work.

1, Mamma Mia

Sally Chevalier

2, Bredeson Park Hike

Linda Heintz

5, Wabun Park Kickoff Ride

John Stiefel, Patty Fitzgerald

11, Lake Elmo Park Reserve Hike

Kyle McClintick, Barb Kolbe

12, Mississippi River Ride

Jerry & Marilyn Barnard

12, General Meeting and Foundation Raffle and Bingo

Ellise Lamb, Nancy Keyes and Jan Cady

13, Singles Cards & games

Jan Butler

19, Dakota Trail Ride

John Stiefel, Patty Fitzgerald

21, 72nd Awards Banquet

Ellise Lamb, Char Strand, Diane Erlandson & Jerry Swanberg

23, Sakatah Trail Ride

John Stiefel, Patty Fitzgerald

24, Singles' Lunch at Patrick's

Ellise Lamb

31, Soo Line Trail Ride

Marcia Switenki

SINGLES CARD/GAME NIGHTS

Contact Jan Butler about Singles' activities or to volunteer to plan and/or host an event: 952-544-8163 or cartooncat@comcast.net

Bring a dish to share, beverage, and any games you would like to play. **Please RSVP to the host!**

Friday, July 8 - 5:00 PM Cards/Games/potluck

Host: Jim Maiser, jimmaiser@gmail.com
40 E. Lake St., Waconia 55387; 952-687-1423

Friday, August 12 - 5:00 PM Cards/Games/potluck

Host: Jim Habeck, 12030 54th Av. N., Plymouth 55442; 763-559-5593

Friday, Sept. 9 - 6:00 PM Cards/Games/potluck

Host: **HOST NEEDED**

Hosts are needed for Sep. and Nov. E-mail or call Jan!



SINGLES' FINE DINING on TUESDAYS in 2022

RSVP to Ellise Lamb by the Sunday before the event. ellise.lamb@mchsi.com or voicemail at 952-442-9332.

Restaurants open at 11:00 AM, come at 11:15 AM

July 26 - Lunch on the patio at McCormick & Schmicks, 3203 Galleria, Edina 55435; <https://www.mccormickandschmicks.com>

August 23 - Lunch on the patio at Cov, 3155 Galleria, in Edina 55435; <https://www.covedina.com>

September 27 - Lunch on the roof at Willy McCoy's, 10700 France Av. S., Bloomington 55437; <https://www.willymccoys.com/location/bloomington/>

The annual ULLR Foundation Bingo/Raffle

Fundraiser was held May 12th. There were 39 people present including 3 guests. Mother Superior was there to auction off a bottle of Blue Nun wine to get the program started. After some back and forth bidding Nancy Keyes won the bid for \$80. The Bingo winners got to choose \$25 gift cards from Cub Foods or various restaurants. There were 32 selections to raffle off. We had quite



the variety to choose from. For so few present, we ended up making \$860 for the Foundation. An additional donation was given by Carol Devore and Jim Stickler for \$400. This makes an amazing total of \$1,260 for adaptive equipment.

A big Thank You to everyone who contributed items for the raffle, played Bingo, and bought tickets for the drawing. Your support is greatly appreciated.

DIRECTORY CHANGES

Address change for
Doug Anders
PLEASE WELCOME THESE NEW MEMBERS!
Jennifer Hayes
Jodell Hayes

Save the monthly member up-date e-mails in your green November 2021 Membership Directory.



Winter Planning Party

Come and help plan the fall hikes and winter skiing days. You only need to set the date, place and time, and if desired where to



socialize and/or lunch or dinner.
Sunday July 24 at 11:00 a.m. for a brunch.

3655 Greensboro Drive, Eagan 55123. Bring a chair. We will supply an egg bake so bring a complimentary food or beverage item. \$2.00 donation requested.

Please RSVP to Nancy Navis at 651-329-4836 or craignavis@gmail.com or Barb Koble at 651-633-0936.



Banquet continued from page 1

Jan Butler was honored with ULLR of the Year award presented to her by Janice Swanberg. Her work as Singles' Coordinator and Membership VP was cited. Recipients of last year's OLE awards recognized Ullrs for their contributions this past year to the club. The 2022 OLE award winners are: **Janice Swanberg** for her work as President. The award was presented by Sharon Marini and Margie Deutsch singing "Ain't She Sweet" naming all of Jan's accomplishments in the words of the song.



Janice S & Sharon M

Carol Bush received a 2022 OLE award for Record Keeper. **Tom and Mary Vandehei** received a 2022 OLE Award for "Most Amazing Couple". Carol, Tom and Mary were not in attendance. Their award gifts were presented at a What's Cookin' picnic at Brookview Park. Congratulations to all 2022 ULLR awardees.

At 8:00 PM the dance floor filled with Ullrs dancing to music presented by Jerry Swanberg from his CD collection. Jerry was a radio host for many years. Many attendees enjoyed socializing and catching up on the news of their fellow members. Thanks to everyone who attended and contributed greatly to a fun evening.



The 2022-2023 ULLR Board: Ellise Lamb, Linda Heintz, Nancy Navis, Jan Butler, Pat Nelson, Janice Swanberg, Janet Farber and absent-Carol Bush. Thanks to the five returning members pictured here and Carol Bush, and to Vicki Johnson and Sharon Marini for their Board work last year.

Lanesboro Bike and Golf

8/21 - 8/23/2022, Sunday thru Tuesday

Cost \$130.00/person, 2 per room.

The trip is full. We are in need of a wait list. Submit your wait list reservation to Sharon Marini. Trip details are on ullr.org [Maybe consider staying in one of the many near-by lodgings. Tell a trip leader if you do this.]

Price includes: Lodging Sunday and Monday nights; 2 breakfasts; Sunday evening welcoming party with participants bringing an appetizer to share and their own beverages; Monday evening meal of BBQ pork.

Activity options: Biking 10, 20, 30, or more miles; Golfing at Lanesboro or Preston; Wineries; Commonweal Theater. [Monday evening play is "Leading Lady", a sparkling screwball comedy.]

Contacts: Sharon Marini, 952-893-7408; Lois Drontle, 612-501-3629; Pat Nelson 952-893-1045

Make checks payable to ULLR Club.

Send to: Sharon Marini, 8201 York Av., Bloomington MN 55431 along with contact information form.

Deadline: July 10, 2022. Helmets are required. ULLR cancellation policy applies.

2022 Social Opportunities

- | | |
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| <p>July 8, Fri., 5:00 PM Singles Cards/Games
Jim Maiser</p> <p>July 20, Wed., 11:00-4:00, What's Cookin' Picnic</p> <p>July 21, Thur., 12:15 PM, Picnic after Bruce Vento ride
[See ride flyer for details]</p> <p>July 24, Sun., 11:00 AM, Winter Planning Party [see p. 4]</p> <p>July 26, Tue., 11:15 AM, Singles Fine Dining Lunch at McCormick & Schmicks</p> <p>August 3, Wed., 5:00 PM, What's Cookin' Picnic (Baseball theme, wear team attire)</p> <p>August 12, Fri., 5:00 PM Singles Cards/Games
Jim Habeck</p> <p>August 16, Tue., eat at 1:00 PM-, Picnic after Elm Creek ride. [See ride flyer for details]</p> <p>August 17, Wed., 5:00 PM, Last What's Cookin' Picnic and Foundation raffle</p> | <p>August 18, Thur., 12:30 PM, Picnic after Carver to Excelsior Ride. [See ride flyer for details]</p> <p>August 21-23 Lanesboro trip</p> <p>August 23, Tue., 11:15 AM, Singles Fine Dining Lunch at Cov</p> <p>Sept. 9, Fri., 6:00 PM Singles Cards/Games
Host needed</p> <p>Sept. 27, Tue., 11:15 AM, Singles Fine Dining Lunch at Willy McCoys</p> <p>October 20, Thur., 6:00 PM Social; 7:00 PM ULLR meeting; 7:30 PM: SPEAKER David Jones, topic Statue of Liberty (see p. 3)</p> <p style="color: blue; font-weight: bold;">There are no social events for all members on the calendar for September. There is still time for YOU to plan and add a social event! Please! Maybe visit the MIA, go to a high school football game or to a play. Contact Pat Nelson.</p> |
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What's Cookin' Picnics at Brookview Park in Golden Valley.

Hwy. 55 and Winnetka Av. N. - **In July the meal is served at noon.**



- July 6, 11:00 to 4:00;** Bikers and Patty Fitzgerald [pulled pork sandwiches]
- July 20, 11:00 to 4:00;** Gail West & friends [Sloppy Joes]

In August the meal is served at 6:00 PM.

- August 3, 5:00 to 10:00;** Foundation, [hot dogs, beans & chips]
- August 17, 5:00 to 10:00;** John Vogt, Margie Deutsch & Friends, [bratwurst German supper]

Full Meal: food, 1 beverage, 1 dessert \$10.00
 Attend/Socialize only (no food, \$ for shelter rental) \$ 2.00
 Attending with 1 beverage \$ 3.00

Bring your own beverage if you would like more than the one provided. No liquor is allowed on premises during ULLR picnics. **NEEDED!!!! A PERSON TO BRING THE BOX OF SUPPLIES TO THE PICNICS.** Please contact Pat Nelson, 952-893-1045, or at panelson66@msn.com now. Please!



Barb K and Rosalie J at the Spring Banquet



Thanks, Vicki Johnson and Sharon Marini for your work on last year's ULLR Board.



Individual walks and picnics

There are bike ride events that also include an invitation to join the bikers for a bring-your-own picnic. Each place has trails where you can walk first to build up your appetite. Come when convenient. Bring your own beverage, lunch and chair.

[See the bike ride flyers for more information.](#)

July 21, Thursday, 12:15 PM, [AND](#)

Aug. 2, Tuesday 12:15 PM, picnic at the Pavilion overlooking Lake Phalen in St. Paul.

August 16, Tuesday, 1:00 PM, Pot Luck Picnic: Bring a dish to share & a lawn chair. Meat & beverages provided. A \$2.00 donation is requested.

Cannon Valley Trail Ride

Tuesday, July 12

Ride Welch to Red Wing and back (20 mi RT)
Ride at 9:30.

Get more information about these rides at ullr.org

City ride Thursday, July 14, Ride at 9:30.

Today we will bike north around some lakes, up to Theodore Wirth Park and then circle back thru several city parks and some streets returning to Lynnhurst Park.

Bruce Vento Trail Ride and Picnic Thursday, July 21

The ride begins at 10:00. Ullrs will bike 18 miles on trails within Lake Phalen Regional Park and the Bruce Vento Trail. There will be a shorter ride for those who prefer a more casual bike ride.

Eastern Carver County Thursday, July 28, Ride at 10:00.

Our ride will include the new Highway 5 Regional Trail adjacent to the U of M Landscape Arboretum that connects City Trails in Victoria and Chanhassen. The City Trails are paved except for a short section of packed gravel. Two short hills may challenge some bikers.



Mississippi River Rafting.

Sun hats and short pants were the outfit of the day for these Ullrs.

It was a lovely day on Ol' man river.

Ullrs were ready (or not) to launch their raft Monday morning, June 27th into the big Mississippi River in sight of the big dam. A Three Rivers Park naturalist guided us and told us a little history of the river. We

finished the ride at River Park and helped to pack up the raft to be returned to the start place. Afterwards we enjoyed a picnic at the Park. Thanks Bill Brechtel for arranging this fun day.

NISSWA TRIP at the GOOD OL' DAYS RESORT

The Nisswa bikers, walkers, golfers, shoppers and loafers had a wonderful trip full of coolish weather, fun, sun, wind, food, friendship and music. We were delighted to welcome a number of new members.

The first catered picnic dinner was a hit, thanks Chef Mike! Bike trails presented a few challenges following the severe storm that blew through the area on Memorial Day, downing lots of branches and a few

trees. Cottonwood fluff was blowing everywhere and tickling noses, so some Ullrs wore their masks on the trail!

John H (a new member) brought his guitar and played mostly classic country at the fire ring, with Ullrs singing along or providing improvised percussion using hot dog sticks!

As always, Good Ol' Days Resort was a perfect spot for home base, and we look forward to returning next year on June 5-8, 2023.



Singing along: Paula, Larry, John, Mike, Karen, Jody, Ken



Jean and Paul L celebrate their 49th anniversary!



No potluck tonight.

Masked alien or cottonwood fluff evader?



JULY

Date: July 7 - Thurs 9:00
Event: Edina to Bloomington
Contact: Pat Nelson
Phone: 952-893-1045

Date: July 12 - Tues 9:00
Event: Cannon Valley Trail
Contact: Sharon Marini
Phone: 952-893-7408
 612-408-7707 [SM]

Date: July 14 - Thurs 9:15
Event: City Ride
Contacts: John Stiefel
 Patty Fitzgerald
Phone: 952-470-5411
 612-743-4565 [PF c]

Date: July 21 - Thurs 9:30
Event: Bruce Vento Trail
Contact: Nan Fergen
Phone: 651-644-3033
 651-285-0098 [c]

Date: July 28 - Thurs 9:30
Event: Eastern Carver County
Contact: Bill Brechtel
Phone: 952-474-5295

In case of bad weather or to verify the event is not cancelled, call the event chair.

AUGUST

Date: Aug 2 - Tues 9:30
Event: St. Paul Lakes
Contact: Bill Brechtel
Phone: 952-474-5295

Date: Aug 4 - Thurs 9:15
Event: Lower Miss. Gorge
Contacts: John Stiefel
 Patty Fitzgerald
Phone: 952-470-5411
 612-743-4565 [PF c]

Date: Aug 11 - Thurs 10:15
Event: Hastings to Schaars Bluff
Contacts: Rick Huber
 Kathy Lucas
Phone: 262-424-0772 [RH c]
 952-836-4723 [KL c]

Date: Aug 16 - Tues 9:30
Event: Mississippi River Gateway Or ?
Contact: Bill Brechtel
Phone: 952-474-5295

Date: Aug 21-23
Sunday-Tuesday
Event: Lanesboro Bike/Golf
Contacts: Sharon Marini
 Pat Nelson & Lois Drontle
Phone: 952-893-7408 [SM]

September

Date: Sep 1 - Thurs 9:15
Event: Charlie Brown Ride
Contact: Joan Roe
Phone: 952-914-9124
 952-200-1601 [c]

Date: Sep 8 - Thurs 10:00
Event: Bloomington Overlook
Contact: John Vogt
Phone: 952-829-7056

Date: Sep 15 - Thurs 9:00
Event: Sakatah Trail Ride
 Waterville to Madison Lake
Contacts: John Stiefel
 Patty Fitzgerald
Phone: 952-470-5411
 612-743-4565 [PF c]

Date: Sep 22 - Thurs 9:15
Event: Lakes & Hills of Eden Prairie
Contacts: John Stiefel
Phone: 952-470-5411

Date: Sep 29 - Thurs 9:30
Event: North Rice Creek Trail
Contact: Sharon Tornes
Phone: 920-540-0298



Even though these ULLR bikers from 5 years ago all had purchased the same style shirt, YOU MAY WEAR ANYTHING YOU WANT TO WEAR. [Join us on a ride!](#)