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April 2022



(L-R): Kate C, Roz R, Lois D, Roger W (instructor), Mike F (soon to be a member), Mary R, & Mick G
[photographer: Sharon M]

Seven Ullrs took part in the advanced ski clinic "Brilliance for Boomers" at Highland Hills Ski Area. We are getting ready for the mountains at Big Sky. It was a gorgeous day with some clouds, some sun and some wind. On this very enjoyable day we had lots of fun and learned a lot!

SPRING FORWARD!

72nd Annual ULLR Awards Banquet and Dance

Saturday, May 21, 2022

Chanhassen American Legion
290 Lake Drive East, Chanhassen, MN 55317

5:00 PM Social Hour (Cash Bar)

6:00 PM Buffet Dinner (Vegetarian option available upon request)

6:45 PM Awards Presentation

8:00 PM Dancing

Co-Chairs: Ellise Lamb & Char Strand

RSVP: to Diane Erlandson, 952-941-5184

Cost: \$40; Make check payable to: Ullr Club

Send checks to: Diane Erlandson,
8200 West 33rd Street #302, St Louis Park, MN 55426

Reservations due by May 7, 2022.

ULLR cancellation policy applies.



2022 IMPORTANT CONTACTS

See the membership directory for e-mail addresses and phone numbers.

OFFICERS OF THE CLUB

President

Janice Swanberg

Executive VP

Ellise Lamb

Winter Programs VP

Nancy Navis

Summer Programs VP

Pat Nelson

Membership VP

Jan Butler: MembershipVP@ULLR.org

Treasurer

Carol Bush

Secretary

Vicki Johnson

Past President/Advisor

Sharon Marini

PROGRAM COORDINATORS

Alpine-Nordic

Barb Kolbe

Ski Racing

Brian Johnson

What's Cookin' Cashiers

Carole Nelson & Sharon Pappas

What's Cookin' Supply Chair

NEEDED- Volunteer

What's Cookin' Beverage Chairs

Craig & Nancy Navis

Biking

John Stiefel

Singles

Jan Butler

Directory Folding Parties

Nancy Sand

General Meetings

Ellise Lamb

MSC Representatives

Nancy Navis, Dolly Eastman:

MSC: www.midwestfun.org

ULLR Foundation President

Jan Cady

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LETTER FROM THE PRESIDENT

by Janice Swanberg



As I write this article on February 28, 2022, we have a beautiful 40 degree ski day for the 12 Ullrs who chose to ski Welch Village. Still ahead is the ULLR ski trip to Big Sky, March 13-19. With the feeling of spring in the air, Ullrs are planning bike rides and some hikes - such as a hike April 20 in the Vадnais Lake Regional Park. Last year we tried to schedule some hikes on dates when a bike ride location also had hiking trails. Then hikers could later meet up with the bike riders for lunch. But we really need a coordinator to work with the two groups. Any volunteers? The multi-day trip to Nisswa, May 31 – June 3, is nearly full, but a wait list is always helpful. Signup information for the ULLR bike and golf trip to Lanesboro, scheduled August 21-23, is now on the Website and inside this issue.

The March 24th meeting speaker, Lynn Garthwaite will talk about her book, "Our States have Crazy Shapes". Working with the Bloomington Event Center (BEC) building's General Manager, Ellise has obtained a light lunch offering for this March noon time meeting. The choices are listed on page 3. **We also want to celebrate Diane Erlandson's 90th Birthday!**

The April 14th General Meeting will go back to a 7 PM meeting. The Fireside dining room opens at 5 PM, so we encourage you to make a reservation for a meal first. The money spent on food and drinks helps defray the cost of the meeting room. If you didn't know, the chef came from the famous JAX Café in NE Minneapolis. Shane, the new BEC General Manager, also brings some chef skills to the BEC - as he previously worked at the Minnesota Horse & Hunt Club.

This is the month to sign up for two upcoming Social events – the Mama Mia play on May 1, and the 72nd Annual ULLR Spring Banquet on Saturday, May 21.

I am wishing you all an enjoyable spring season!

The ULLRnet

The ULLRnet was created as a way to receive messages of a personal nature about current and past members. The ULLRnet has a voluntary sign-up. If a member or former member has not signed up, and would like to, please send an email message to ullrnet@ullr.org. Please notify ullrnet@ullr.org of e-mail changes. If "undeliverable," you are dropped from the list. Mary Jane Hochstein will post information about ULLR members. All notices must be sent only to ullrnet@ullr.org. Notices must have the permission of the person for whom it is written.

ULLR Webmaster: JJ [Joe] Coursolle

See directory for address

Webster@ULLR.org

NULLR Editor: Margie Deutsch

7600 Golden Valley Road, #505, Golden

Valley 55427 NULLR@ULLR.org

ULLR MEMBERSHIP, New and Renewals

A Membership form is available on our ULLR website and at the General Meetings. For a renewal, **only fill out information that has changed**. Sign and date the form at the bottom. **If you are a couple, you must complete two forms**. Please note, the Membership Directory now has separate columns for land line and cell phone numbers. Be careful to write your phone number(s) in the correct space.

ULLR membership costs only **\$25.00** per member. Think about what you get for this: friendships; member-planned, year-round indoor and outdoor activities; meetings; summer picnics; and, helping others through the ULLR Foundation.

Talk to your other friends about our ULLR Club. Give them a Membership Form and invite them to join ULLR!

Come to the 2022 ULLR General Meetings.

Time change for March 24

12:00 pm: Socializing /lunch

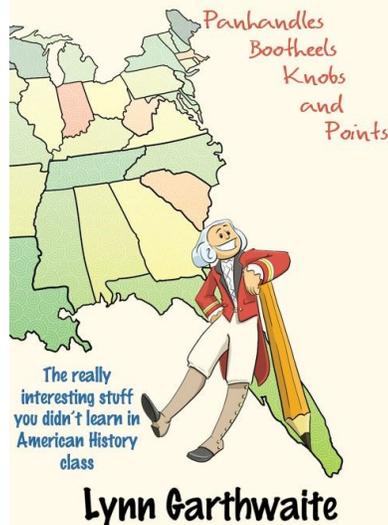
1:00 pm: Business Meeting

1:30 pm: Program

The big discussion right now is about drawing redistricting lines in the state. But have you ever wondered why state borders are so strange?

Author, Lynn Garthwaite will tell us "Why Our States Have Crazy Shapes."

Our States Have Crazy Shapes



The Bloomington Event Center (BEC) has offered to have **3 lunch choices for the ULLR March 24 noon meeting** available for order from 12:00 p.m. to 12:30 p.m. and will be served in our large meeting room. Each meal is \$12.95 totaling approximately \$16.00 with tax and tip. Choices are:

1. Entree salad (similar to cobb salad)
2. Tomato soup and garden salad
3. Tomato soup and grilled cheese

Sign up for lunch will be at the table when you arrive and get your name tag. Payment will be to the BEC waiter.

You may also email Ellise Lamb ellise.lamb@mchsi.com with your name and meal choice and you will pay at BEC. No orders will be taken after 12:30 as our meeting starts at 1:00 pm. Ordering a meal at BEC helps ULLR defray the room rental cost. BEC is opening their kitchen at noon especially for ULLR Club. Thank you for your support to help ULLR Club. Ellise Lamb

Good Ol' Days Nisswa trip, May 31-June 3

This trip will be a fun and lively kick-off to Summer 2022. The time is **NOW** to reserve your place on one of ULLR's favorite trips. Golf, fish, bike, kayak or sit and read a good book. There's something for everyone.

You still have time to reserve your place and a Wait-list will be made.

Co-chairs: Kate Casserly, 763-238-6029, casserly1@gmail.com

Kathy Lucas: 952-836-4723, klucas.potter@gmail.com

You have successfully registered when Kathy Lucas

has received your completed registration form (page 2 of flyer) and your check for \$195.00. Get more information at a General Meeting or at ullr.org/EventsAndTrips

ULLR cancellation policies apply.



Western ski trip or warm weather proposal guidelines

ULLR Ski Bike and Social Club has trips for members who love to ski in the mountains or have a spring, summer or fall trip. Each April our members present proposals for the following year. If you have experience running an ULLR club event and have an idea for a trip, please prepare a proposal for a presentation to the Board. Brief guidelines on how to prepare a trip proposal are viewable or can be downloaded at <http://ULLR.org/ULLRForms.html>.

E-mail your proposal to WinterVP@ULLR.org by **March 30th**. If you have any questions contact me, Nancy Navis, the ULLR Winter VP.

SINGLES CARD/GAME NIGHTS

Contact Jan Butler about Singles' activities or to volunteer to plan and/or host an event: 952-544-8163 or cartooncat@comcast.net

Bring a dish to share, beverage, and any games you would like to play. **Please RSVP to the host!**

Friday, March 11 - 6:00 PM Cards/Games/snacks

Host: Char Strand, 952-884-5859

10725 James Road, Bloomington 55431,
cmstrand@earthlink.net

Friday, April 8 - Host needed

Friday, May 13 - 6:00 PM Cards/Games/snacks

Host: Jan Butler, 952-544-8163; 13506 Larkin Dr.,
Minnetonka 55305, cartooncat@comcast.net



SINGLES' FINE DINING on TUESDAYS in 2022

RSVP to Ellise Lamb by the Sunday before the event. ellise.lamb@mchsi.com or voicemail at 952-442-9332.

Restaurants open at 11:00 AM, come at 11:15 AM

March 22 - Lunch at McCoy's Public House, 3801 Grand Way, St. Louis Park 55416; mccoysmn.com

April 26 - Lunch at David Fong's, 9329 Lyndale Av. S., Bloomington 55420; davidfongs.com

May 24 - Lunch at Patrick's Bakery & Café, 6010 Lyndale Av. S., Edina 55419; (In Bachman's main store) <https://patricksbakerycafe.com/bachmans>



On Monday, February 28th, 12 Ullrs came to ski Welch Village. It has been a cold winter for skiing, but Monday turned out to be a beautiful day. Fun was had by all.

It is fun to be with friends! And warm weather happens somewhere year-round in this big world. What about joining some friends for hiking in the Rockies, seeing the hot air balloons in Texas, visiting Colonial Williamsburg, joining the ULLR enclave in Florida. Think outside the box and plan a warm weather adventure. See page 3 for instructions, then send your trip proposal by March 30th.



NOTICE OF ELECTION

Election of officers for the ULLR Ski, Bike and Social Club will take place during the Annual Meeting which will be held Thursday, April 14, 2022, at the Bloomington Event Center (KC Hall.) Officers to be elected are President, Executive Vice President, Secretary, Treasurer, Winter Programs Vice President, Summer Programs Vice President, and Membership Vice President. (The current President automatically assumes the position of Past President and becomes a Life-time Honorary Member of the Club.)

The candidates for offices are shown in this NULLR. Candidates for offices will be presented by the Nominating Committee at the ULLR General Meeting on March 24, 2022. At that time, any additional nominations must be made from the floor. Any member nominated at the meeting must be present and must have given the Secretary a written consent to such nomination. Write-in nominees are not allowed.

At the April 14th Annual meeting, each member shall have one vote upon each question at the meeting. Only members present at the meeting shall be entitled to vote, except that a member may vote upon the election of officers by an absentee ballot, the form of which shall be prescribed by the board, and received by the person designated by the Board on or before the date of the Annual Meeting. The vote on Officers of the Club, Honorary Members, and all other issues that require a vote shall be by acclamation, unless otherwise determined by the Board.

Directions for Requesting an Absentee Ballot

Any member wishing to vote absentee may request an absentee ballot from the ULLR President no earlier than March 25 and no later than April 4. Call Janice Swanberg, 651-633-7178 or mail a request to ULLR Ski, Bike and Social Club, PO Box 201409, Bloomington, MN 55420. Completed absentee ballots must be received by the President no later than April 8 at that same address.

The Proposed Candidates

The Nominating Committee thanks these candidates for their willingness to serve on the ULLR Board for 2022-23. Our club is successful because of people like these members who are willing to help. The new Board takes over on May 1, 2022 and their term ends on April 30, 2023. Candidate statements were in the March Nullr. This is a list of the proposed candidates:

President:	Linda Heintz
Executive VP:	Ellise Lamb
Winter VP:	Nancy Navis
Summer VP:	Pat Nelson
Treasurer:	Carol Bush
Membership VP:	Jan Butler
Secretary:	Janet Farber
The Past President, advisor:	Janice Swanberg

Lanesboro Bike and Golf

8/21 - 8/23/2022, Sunday thru Tuesday

Cost \$130.00/person, 2 per room.

Price includes: Lodging Sunday and Monday nights; 2 breakfasts; Sunday evening welcoming party with participants bringing an appetizer to share and their own beverages; Monday evening meal of BBQ pork.

Activity options: Biking 10,20,30, or more miles; Golfing at Lanesboro or Preston; Wineries; Commonweal Theater. [Monday evening play is

“Leading Lady”, a sparkling screwball comedy.]

Contacts: Sharon Marini, 952-893-7408;
Lois Drontle, 612-501-3629;
Pat Nelson 952-893-1045

Make checks payable to ULLR Club:
Send to: Sharon Marini, 8201 York Av.,
Bloomington MN 55431 along with contact
information form.

Deadline: July 10, 2022. Helmets required;
ULLR cancellation policy applies.



Sunday, May 1, arrive by 1:15pm
Minnetonka H.S. Theatre
& Art Center
 18285 MN-7,
 Minnetonka, MN 55345

An enchanting tale of love, laughter and friendship, ABBA's hits tell the hilarious story of a young woman's search for her birth father. This sunny and funny tale unfolds on a Greek island paradise. On the eve of her wedding, a daughter's quest to discover the identity of her father brings three men from her mother's past back to the island they last visited 20 years ago.

Ticket cost is \$24.00 [15 tickets are reserved]
Payable to: Sally Chevalier, 5222 Spring Circle, Excelsior, MN 55331
Optional: Dinner after play at Duke's on Hwy 7
RSVP for dinner to Sally when mailing check
ULLR Cancellation Policy applies

2022 Social Opportunities

- | | |
|--|---|
| <p>Mar. 11, Fri., 6:00 PM, Singles Cards/Games - Char Strand</p> <p>Mar. 22, Tue., 11:15 AM, Singles Fine Dining Lunch at McCoy's Public House</p> <p>Mar. 24, Thu., 12:00 PM Social; 1:00PM General Meeting; speaker: Lynn Garthwaite</p> <p>April 14, Thur., 6:00 PM Social, 7:00 PM Annual ULLR meeting & election</p> <p>Apr. 26, Tue., 11:15 AM, Singles Fine Dining Lunch at David Fong's</p> | <p>May 1, Sun., 1:15 PM, Mamma Mia</p> <p>May 12, Thur., 6:00 PM Social, 7:00 PM ULLR meeting, 7:30 Foundation raffle and bingo</p> <p>May 13, Fri., 6:00 PM Singles Cards/Games - Jan Butler</p> <p>May 21, Sat., 5:00 PM, 72nd Annual ULLR Awards Banquet and Dance</p> <p>May 24, Tue., 11:15 AM, Singles Fine Dining Lunch at Patrick's Bakery & Cafe</p> <p>May 31-June 2, Nisswa Trip</p> |
|--|---|



Put these dates and times on your calendar for

What's Cookin' at Brookview Park in Golden Valley.

- June 8, 11:00 to 4:00; ULLR board, [chicken salad]**
- June 22, 11:00 to 4:00; 70's & 80's, [sandwiches]**
- July 6, 11:00 to 4:00; ULLR bikers, [pulled chicken bbq sandwiches]**
- July 20, 11:00 to 4:00; open**
- August 3, 5:00 to 10:00; Foundation, [hot dogs, beans & chips]**
- August 17, 5:00 to 10:00; Friends, [brats]**



Ullrs turning 70, 80, or 90 this year are hosting a What's Cookin' picnic on June 22. Contact Sharon Marini to volunteer.

Downhill Skiing— We hope that this year, when Ullrs return to Big Sky, they will actually be able to ski and enjoy the mountains! The trip two years ago was cancelled [while the skiers were mid-flight] when the resort closed due to COVID-19. The group arrived in the airport on March 15, found out about the closure in the airport, and had to make immediate plans to return back to Minnesota. That non-ski ski trip is certainly one of the stories these pictured 2020 non-skiers tell and retell.



Recalling These Events

**We thank the planners for their work!
In February**

- 1, Richardson Nature Center** - Sharon Marini
- 10, General Meeting**
Ellise Lamb
- 16, Hyland Hills Ski Clinic**
Sharon Marini
- 19, Elm Creek XC,SS, Hike**
James Habeck
- Cancelled due to COVID**
- 11, Lebanon Hills by Candlelight** - Nancy Sand



HIKE Bredeson Park

5901 Olinger Blvd, Edina, MN

Monday, May 2, Meet at 9:45 am

Directions: From Hwy 62 proceed north on Gleason Road, then bear right on Vernon Ave. Turn right on Olinger Blvd to the park entrance.

Bredesen Park is a 200 acre park in Edina with paths for walking and biking around Nine Mile Creek. The paths are each about two miles long and weave through natural areas.

No need for hiking shoes or sticks. It is easy walking.

RSVP: Linda Heintz, c: 612-916-2526

In case of bad weather or to verify the event is not cancelled, call the event chair.

Vadnais Heights Hike

Wednesday, April 20

Meet 10:15 am

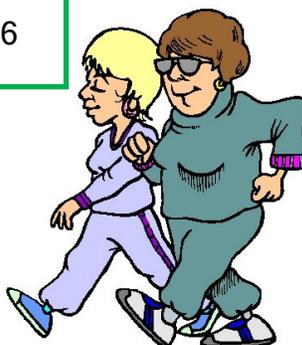
Vadnais-Snail Lakes Regional Park
Park in LOT C, County Rd F
East, Vadnais Heights

Hike 3 miles of mostly paved walking path alongside Vadnais Lake with some short trails into nearby woods. A 2-mile option is to hike Sucker Lake nearby. Both are round trip hikes.

Optional Lunch after Hike at
Mansetti's Pizza & Pasta
3999 Rice Street, Shoreview

RSVP and questions to Jan Swanberg
c:612-719-3458

Other spring hikes will be on April 29, a Stillwater Bridge Hike, and on May 11 and 12. Watch for e-mail announcements.



Editorial by Margie Deutsch

Ahhh, April, springtime, a season of renewal and new beginnings. This year Christians will celebrate Easter April 17 and the new life Christ offers them through his resurrection. April 15-23 Jews will celebrate Passover (Pesach) remembering their liberation from slavery in Egypt .

Preceding (and following) these events there were political and personal persecutions. This April, our thoughts are also on the terrible war that Russia has inflicted on Ukraine. In just these last two weeks, over two million Ukrainian citizens, mostly women and children, have fled and become refugees. Many of the remaining 40 million Ukrainians are now trapped in bombed cities and villages.

The first two days of the invasion I cried all day. I have a personal connection. My husband, Manfred Deutsch, was a war refugee. In June, 1945, Russian troops on their way to Berlin gave 9-year old Manfred and his mother 15 minutes to leave their home or be killed. They fled first on foot, then via standing room in a boxcar to Berlin. It was impossible to stay in this bombed city and they went on. For the next 7 years they lived in one room with no means of support.

In 1984 I was in Kyiv. Ukraine was part of the USSR then, but it definitely was a country proud of its own heritage. For 3 days we saw their historical buildings and worshiped in a church, welcomed by the congregation.

Me crying won't help the victims of war. I can and have donated money to help both the Ukrainians and a family from Afghanistan who escaped Kabul last fall and is beginning anew in Minneapolis. I encourage you to reach out and help refugees in some way.

Some suggested sites where one can donate money are: International Rescue Committee, help.rescue.org/Ukraine;

doctorswithoutborders.org;

UNHCR (United nations High Commission for Refugees, give.unrefugees.org

Many churches and the Salvation Army are helping Afghan refugees here in the Twin Cities. More information can be found at <https://mn.gov/dhs/people-we-serve/children-and-families/services/refugee-assistance> Click on Afghan evacuees.

As my minister says, "Help where you can (*with your time, talents, and/or money*), when you can, because you can." Those actions will help someone else have hope for a new beginning.

This article is my personal opinion and has not been approved by the ULLR Board. As Nullr editor for 10 1/2 years, this is my first editorial. I believe this was the right thing to mention now.

