

NULLR

Visit our website for up-to-date information – ULLR.org

February 2022

ULLR HOLIDAY PARTY

The roads were clear of snow and ice as 50 Ullrs came to the 2021 Christmas Social at the Minnesota Valley Country Club which was beautifully decorated with stunning holiday decor. They arrived with new toys to donate to Toys for Tots. Three huge bags filled with toys and \$190 in checks were delivered to the U.S. Marine collection tent at the Kare11 studio by Margie Deutsch, Ellise Lamb, and Janice Swanberg. Many children had a happier Christmas due to the kindness of ULLR members.

A delicious meal was served by the country club staff who were friendly and very efficient. A beautiful Merry Christmas cake was provided by our club. Table

decorations were provided by Ellise Lamb. The ULLR Foundation held a raffle for bottles of wine. We were entertained with music by Ross McLeod.

Many thanks to co-chairs Ellise Lamb and Janice Swanberg for planning a very entertaining afternoon Holiday Social. Thanks to Diane Erlandson for doing a great job again on name badges and place cards. And thanks to all who came and enjoyed the time for conversations with their ULLR friends. A great time was had by all. Please put on your new 2022 calendar that the 2022 Christmas Social will again be at Minnesota Valley Country Club at 1:00 p.m. on Sunday, December 4, 2022.



The ULLR members who worked to help make a successful ULLR Holiday Party: Top left: Foundation raffle leaders Jan C and Nancy K; top right: Tickets and nametags done by Diane E; Left: Event co-chairs: Jan S and Ellise L

2022 IMPORTANT CONTACTS

See the membership directory for e-mail addresses and phone numbers.

OFFICERS OF THE CLUB

President

Janice Swanberg

Executive VP

Ellise Lamb

Winter Programs VP

Nancy Navis

Summer Programs VP

Pat Nelson

Membership VP

Jan Butler: MembershipVP@ULLR.org

Treasurer

Carol Bush

Secretary

Vicki Johnson

Past President/Advisor

Sharon Marini

PROGRAM COORDINATORS

Alpine-Nordic

Barb Kolbe

Ski Racing

Brian Johnson

What's Cookin' Cashiers

Carole Nelson & Sharon Pappas

What's Cookin' Supply Chair

NEEDED- Volunteer

What's Cookin' Beverage Chairs

Craig & Nancy Navis

Biking

John Stiefel

Singles

Jan Butler

Directory Folding Parties

Nancy Sand

General Meetings

Ellise Lamb

MSC Representatives

Nancy Navis, Dolly Eastman:

MSC: www.midwestfun.org

ULLR Foundation President

Jan Cady

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LETTER FROM THE PRESIDENT

by Janice Swanberg



Welcome to 2022! I'm hoping by February (comes from the Latin word "Februa" which means to cleanse) we will begin to see an ending of the COVID-19 pandemic chaos we have had these past two years. A George Gershwin quote referenced in today's paper caught my eye, "Life is a lot like jazz, its best when you improvise."

Speaking of change, Ullrs will have their **first daytime** General Meetings in the months of January, February and March. This change was prompted by several surveys done in 2017 & 2019. Many of our members do not care to drive at night, especially during Winter. Social hour will begin at **NOON** with the meeting to follow by 1 PM. However, there will **not** be food service at the BEC as we would be required to pre-order the lunch several days ahead.

At the January 20th meeting, our speaker is Katie Zerull. She works as a Crime Prevention Specialist with the Bloomington Police Department, partnering with them and citizens on proactive policing. The February 10th meeting speaker is Jeff Litfin who will talk about the 25 most important documents we should have. Thank you to Ellise Lamb who has obtained speakers for these meetings.

In early December, snow was lacking. Planned ski outings did not happen except for Jim Habeck's hike at French Lake Park on December 4th. Thanks Jim! Also, thank you to Ellise Lamb for helping me with Christmas Social Party at the Minnesota Valley Country Club. Fifty Ullrs enjoyed the holiday décor/atmosphere, food, and the music of Ross McLeod. And, thanks to Jan Butler who hosted the ULLR Directory folding party on December 13.

Now that we have received a nice Christmas gift of snow, take time to mark your calendars to spend time outdoors. Join some of the planned dates of ski and snow shoe/hiking events this winter. It is also the time to plan for a 2022/2023 Western Trip. The guidelines and forms are on the ULLR website.

Stay healthy, safe, and enjoy the upcoming Winter months wherever you are residing.

The ULLRNET

The ULLRnet was created as a way to receive messages of a personal nature about current and past members. Club membership does not automatically include receiving ULLRnet messages. The ULLRnet has a voluntary sign-up. If a member or former member has not signed up and would like to a part, please send an email message to ullrnet@ullr.org. All participants are asked to inform me of email address changes. Mary Jane Hochstein, maryjaneh@frontier.com

ULLR Webmaster: JJ [Joe] Coursolle

See directory for address

Webster@ULLR.org

NULLR Editor: Margie Deutsch

7600 Golden Valley Road, #505, Golden

Valley 55427 NULLR@ULLR.org

**Directory
Changes for:**

**Kathryn Potter,
Karen & Gary Gray**

Additions:

**Karen Hemmingson,
David Ulrich**

Look for your e-mail with the contact information for these folks. Keep these update e-mails in your new 2021 green ULLR directory.

ULLR MEMBERSHIP, New and Renewals

A new Membership (and renewal) form is available on our ULLR website and at the General Meetings. For a renewal, look at an old ULLR Membership Directory. If that information is correct, just write your name at the top of the form and then write "Same". **Only fill out information that has changed.** Sign and date the form at the bottom. **If you are a couple, you must complete two forms.** Please note, the Membership Directory now has separate columns for land line and cell phone numbers. Be careful to write your phone number(s) in the correct space.

ULLR membership costs only **\$25.00** per member. Think about what you get for this: friendships; member-planned, year-round indoor and outdoor activities; meetings; summer picnics; and, helping others through the ULLR Foundation.

Talk to your other friends about our ULLR Club. Give them a Membership Form and invite them to join us!

Questions? Contact Membership VP Jan Butler at 952-544-8163

Come to the 2022 ULLR General Meetings.

Time change for January, February and March.

12:00 pm: Socializing (Cash Bar)

1:00 pm: Business Meeting

1:30 pm: Socializing (Cash Bar)

January 20, 2022 — Katie Zerull, a Crime Prevention Specialist with the

Bloomington Police Department, will share with us ways we can protect ourselves and decrease our

chances of being a victim of a crime.

February 10, 2022 We all have talked about getting our affairs in order. Still many people have not assembled the 25 essential documents needed if you become incapacitated or die. Jeff Litfin, a Certified Estate Planner, will list these documents you should not only collect but also maintain by keeping them up-to-date.

Future meetings: March 24, 2022, April 14, 2022 and May 12, 2022 (Foundation Raffle & bingo)



Good Ol' Days Nisswa trip, May 31-June 3, 2022

This trip will be a fun and lively kick-off to Summer 2022.

The time is **NOW** to reserve your place on one of ULLR's favorite trips. Golf, fish, bike, kayak or sit and read a good book. There's something for everyone.

A large pre-payment to the resort was **required by December 1.**

If you haven't already reserved, you still have time to do it now.

You have successfully registered when Kathy Lucas has received

your completed registration

form (page 2 of flyer) and

your check for \$195.00. Get

more information at a

General Meeting or at

ullr.org/EventsAndTrips

ULLR cancellation policies apply.



BIKE PLANNING PARTY

Saturday, March 5, at 3 PM

Please come to the bike planning party and bring your ideas for bike rides for the upcoming biking season. Main dish & beverages will be provided. Please bring a side dish & \$2. The party will be at the home of John Stiefel and Patty Fitzgerald, 19595 Near Mountain Blvd., Shorewood, 55331

RSVP to 952.470-5411 or 612.743-4565, patfitzjohns@msn.com by March 1st

We are hoping that several of you will be able to lead 2 rides this season. See directions to the house on the flyer at ullr.org



SKI BIG SKY MARCH 13-19, 2022

The 2022 Big Sky ski trip co-chairs, Sharon M. and Nancy S., are excited

the 2022 Big Sky **ski trip is filled, and we have a wait list.** Contact Sharon M. or Nancy S.

The trip cost is \$1,702** (Land Only \$1,102) includes: roundtrip airfare to Bozeman & bus to Big Sky;

lodging at Huntley Lodge in the Mountain Village with 2 per room, daily breakfast buffet, ski valet, and luggage handling; Pre-trip Party and Welcome Party; and Group Dinner at Huntley Lodge.

(** Final payment subject to change)

ULLR cancellation policy applies.

Flyer and signup sheets are available at ULLR general meetings and on the ULLR website.

The MSC Winter Carnival Jan. 21-23, 2022



The trip includes:

- *Round trip motorcoach from Minneapolis
- *2 nights lodging, in complex or trailside
- *2-day downhill ski lift ticket

**Optional Friday afternoon Lift Ticket \$30 additional*

*69 km of XC/SS groomed trails

*Friday Welcome party & free breakfast Sat. & Sun.

*2 drink tickets for tap beer, wine, or soda

*Wine and cheese party on the hill

*Turtle Races (\$400 in MSC prizes) & Human Slalom

*Buffet dinner Saturday night

The cost of your trip is dependent on the lodging arrangements you choose. Please refer to the chart found on the flyer at ullr.org

Registration for this trip is being done using an online system. Go to www.mnskihawks.org/

Room priority will be by the date registered.

All registration will be done individually online, and will require credit card payment at that time.

If you have any questions, contact ULLR Trip Leader Jerry Schuster at 952-888-0860.

Registration Officially Closed on Dec. 30th, 2021.

Registrations might still be accepted depending on lodging availability. Send an inquiry by e-mail

to <https://www.mnskihawks.org/Sys/PublicProfile/56171673> to check on lodging availability.

Western ski trip or warm weather proposal guidelines

ULLR Ski Bike and. Social Club has trips for members who love to ski in the mountains or have a spring, summer or fall trip. Each April our members present proposals for the following year. If you have experience running an ULLR club event and have an idea for a trip, please prepare a proposal for a presentation to the Board. Brief guidelines on how to prepare a trip proposal are viewable or can be downloaded at <http://ullr.org/UllrForms.html>. E-mail your proposal to WinterVP@ullr.org by March 30th. If you have any questions contact me, Nancy Navis, the ULLR Winter VP.

Warm weather happens somewhere year-round in this big world. Hiking in the Rockies, Hot-air balloons in Texas, Colonial Williamsburg, joining the ULLR enclave in Florida. Think outside the box and invite a few ULLR friends along for a warm weather adventure.

"Soft Skiing" is the **SMART & COOL** way to ski younger!

"Soft Skiing" is: **safe, easy to learn, gentle on the body.**

Soft skiing is the secret to low-impact skiing for older adults. Soft Skiing is the mission of a **3 Hour, consecutive**

3-day clinic at Hyland Hills. Just like in the Rocky Mountains, consecutive days on the snow develops the skills necessary to look really cool in a safe way!

For more information, contact Roger Wangen at 952-898-3905

Also call to verify your basic soft skiing skills before signing up for the **Advanced Level. 3-day classes \$135**

(Ask Sharon or Ken Marini or Nancy Sand about these ski lessons.)

Adult Ski Younger (Soft Basics) 9HHA9212

January 10,11,12 9AM -12PM each day [M-W]

February 7,8,9 9AM -12PM each day [M-W]

Adult Ski younger Advanced (soft skills) 9HHA9222

January 24,25,26 9AM -12PM each day [M-W]

February 14,15,16 9AM -12PM each day [M-W]

Register on-line at <https://www.threeriversparks.org/page/snowsports-academy>

Click on Lessons at Hyland Hills; ski lessons. On the next page type in the "9HHA"

number listed above. When it comes time to pay, the

discount word "Roger5" will save you 5%.

SINGLES CARD/GAME NIGHTS

Contact Jan Butler about Singles' activities or to volunteer to plan and/or host an event: 952-544-8163 or cartooncat@comcast.net
Bring a dish to share, beverage, and any games you would like to play. **Please RSVP to the host!**

Friday, January 14 - 7:00 PM Cards/Games/snacks

Host: Margie Deutsch, 763-498-9366
7600 Golden Valley Road, Golden Valley 55427
mandmdeutsch@gmail.com

Please arrive between 6:45-7:00 PM so Margie can let you into a secure building.

**Hosts are needed for Feb.-Apr.; Sep.-Nov.
E-mail or call Jan!**

Let's do Lunch!

SINGLES' FINE DINING on TUESDAYS in 2022

RSVP to Ellise Lamb by the Sunday before the event.
ellise.lamb@mchsi.com or
voicemail at 952-442-9332.

Restaurants open at 11:00 AM, come at 11:15 AM

No January Tuesday Fine Dining

February 22 - Lunch at Olive Garden, 4701 American Blvd., Bloomington 55437; olivegarden.com

March 22 - Lunch at McCoy's Public House, 3801 Grand Way, St. Louis Park 55416; mccoysmn.com

Please check web sites to see if a mask is required.



ULLRS ENJOY LAST HIKE OF THE SEASON By Nancy Sand

Did you know your legs have 13 muscles? Seven Ullrs felt each of those muscles working hard when they followed hike leader Nancy S. up and down hills for about 3 miles at Murphy-Hanrehan Park Reserve in Savage on Monday, November 15. The hike flyer included a warning about hills and included a recommendation for hikers to bring hiking sticks, so our ULLR hikers couldn't claim they weren't informed.

It was a cool cloudy fall day, and the hike progressed with rest stops part-way up and at the top of the hills. The Burnsville and Savage areas received a dusting of snow a few days prior to the hike. The remaining snow provided a nice bright white contrast against dark tree trunks and branches, fallen leaves,

and green buckthorn leaves. Even though the outside temperature was barely above freezing, everyone agreed it was actually a nice day to be outside with our ULLR friends.

Hiker Bill B. told the group about another meadow section of the Park with additional hiking trails. Maybe we will do that area next year.

After the hike four Ullrs enjoyed lunch seated at a table near a big fireplace at the Porter Creek Hardwood Grill in Burnsville. The warmth of the fire felt nice and cozy.

This was the last scheduled fall ULLR hike. Where will we hike next year? You can determine that by suggesting places and volunteering to lead a hike. Plan now to do that!

BENNY ANDERSSON & BJÖRN ULVAEUS'
MAMMA MIA!
 THE SMASH HIT MUSICAL BASED ON THE SONGS OF ABBA®



Sunday, May 1, arrive by 1:15pm
Minnetonka H.S. Theatre & Art Center
 18285 MN-7,
 Minnetonka, MN 55345

Ticket cost is \$24.00 [15 tickets are reserved]
(Mail after February 15, 2022)

Payable to: Sally Chevalier, 5222 Spring Circle,
 Excelsior, MN 55331

Optional: Dinner after play at Duke's on Hwy 7
RSVP for dinner to Sally when mailing check
ULLR Cancellation Policy applies

An enchanting tale of love, laughter and friendship, ABBA's hits tell the hilarious story of a young woman's search for her birth father. This sunny and funny tale unfolds on a Greek island paradise. On the eve of her wedding, a daughter's quest to discover the identity of her father brings three men from her mother's past back to the island they last visited 20 years ago.

Black and red were definitely the colors most seen at the ULLR Holiday Party. Enjoying time to chat without masks in this year of COVID-19 were Joyce B, Janice S, Rosalie J, and Diane E.



See the website at tmora.org to learn about the exhibit and this wonderful museum.



THE RUSSIAN MUSEUM OF ART

5500 Stevens Ave, Minneapolis, MN
 Tour the exhibit "[Masters of Russian Realist Art](#)"
Tuesday, March 8, 2022 at 11:00 AM
 Cost is \$11.00 (Seniors)
 Meet in the Lobby at 10:45
 Lunch (optional) at Christo's Greek Restaurant
 2632 Nicollet Ave. South, Minneapolis
 RSVP to Vicki Johnson 612-518-4343

Recalling These Events

We thank all of the planners for their work!
In November

- 1, Lebanon Hills Regional Park Hike** - Linda Heintz
- 4, Nine Mile Creek Hike** - Linda Heintz
- 10, Central Park Hike** - Kyle McClintick & Barb Kobe
- 11, Bachman's Holiday Ideas** - Kyle McClintick & Barb Kobe
- 12, Singles Game Night** - Char Strand
- 15, Murphy-Hanehan Park Hike** - Nancy Sand

18, General Meeting - Ellise Lamb and singer "Elvis"
 [aka Todd Anderson]

23, Singles Dining at Pittsburgh Blue Steak House -
 Nancy Keyes

and December

5, Holiday Party - Jan Swanberg & Ellise Lamb

11, French Park Hike - James Habeck

13, Directory Folding Party - Jan Butler

28, Singles Dining at Arezzo Ristorante
 Nancy Keyes



River Bottom Snowshoe

Wednesday, January 26; Meet at 10:00 am

Meet at The Bloomington Ferry Trail Head parking lot, 11255 Bloomington Ferry Rd, Bloomington, MN 55438

The River Bottoms Trail is 1.8 miles, one way, but John said snowshoers will be going off the trail and will walk into the deep woods.

(Because I found it difficult to find directions, I am putting these in the Nullr.-Margie) Go south on Hwy.

169, take #117 exit on to [take your pick, all the same] County Rd 1/W 108th St/W Old Shakopee Rd. Drive EAST 1.4 miles to Bloomington Ferry Rd/Crest Ave.

Lunch afterwards TBD

RSVP to John Vogt, 952-829-7056; jvgt11@gmail.com

Snowshoe, Hike, or XC ski at the

Richardson Nature Center

Tue., Feb. 1; Meet at 10:00 am

8738 Bush Lake Rd., Bloomington

Great trails for both snowshoe and cross country skiing.

The distance is flexible.

Meet at the east side of the building where there are benches to put on your snowshoes.

Exit I-494 at Bush Lake Road and go south. Turn right at the light onto East Bush Lake Road. Richardson Nature Center is about 1.5 miles on the left.

RSVP by Monday, January 30, to Sharon Marini, Home: 952-893-8408, Cell: 612-408-7707

Keep this date open for our ULLR trip to Lanesboro-- August 21, 22, returning 8/23. Details to follow soon.

In case of bad weather or to verify the event is not cancelled, call the event chair.

XC, Snow Shoe, Hike? At Elm Creek Park

Eastman Nature Center,

13351 Elm Creek Rd, Maple Grove, 55369

Saturday February 19, Meet at 1:00 p.m.

See the directions to the Eastman Center, which is located on the north side of the main park, on the flyer at ullr.org

RSVP or questions to James Habeck, 763-559-5593

Meet at Maple Tavern after outing, 9375

Deerwood Ln N, Maple Grove, 55369

Downhill Skiing— no hosts; Meet in main lodge at 9:30am
Jan. 19, Wed., Afton Alps
Jan. 21-23, Winter Carnival
Jan. 24, Mon., Buck Hill
Feb. 3, Thur., Welch

Feb. 9, Wed., Afton Alps
Feb. 14, Mon., Buck Hill
Feb. 24, Thur., Welch
Mar. 2, Wed., Afton Alps
Mar. 10, Thur., Welch
Mar. 13-19, ULLR Big Sky

2022 Outdoor Fun

Jan. 26, Wed., River Bottom [SS] Snowshoe; with John Vogt

Feb. 1, Tue., Richardson Nature Center SS/XC/Hike? with Sharon Marini

Feb. 19, Sat., Elm Creek Park Reserve; 1:00 pm; SS/XC/Hike? with James Habeck

2022 Social Opportunities

Jan. 14, Fri., 7:00 PM, Singles Cards/Games

Jan. 20, Thur., General Meeting

12:00 pm: Socializing (cash bar)

1:00 pm: Business Meeting

1:30 speaker: Katie Zerull "Personal Safety"

Feb. 10, Thur., General Meeting

12:00 pm: Socializing (cash bar)

1:00 pm: Business Meeting

1:30 pm: speaker: Jeff Litfin "25 Documents"

Feb. 22, Tue., 11:15, Singles Fine Dining Lunch

Mar. 5, Sat., 3:00 PM, Bike Season Planning Party

Mar. 8, Tue., 11:00 AM, Russian Museum Tour

Mar. 22, Tue., 11:15, Singles Fine Dining Lunch

Mar. 24, Thu., 12:00 Social; 1:00 General Meeting

May 21, Sat., 5:00 PM, 72nd Annual ULLR Awards Banquet and Dance

There is still time for YOU to plan and add a social event! Please! Tour the Landmark Center. Visit the MIA. Think of places where 6' apart just happens.