



ULLR-71 years strong! A founding member of the Midwest Sport/Ski Council. www.midwestfun.org

NULLR

Visit our website for up-to-date information – ULLR.org

August 2021



ULLRS are up in the air with excitement over the upcoming Anniversary Celebration. Just ask Kathy L.

Margie D, Jan S, and Mary V, don't sit around too long. Send in your check and celebration party reservation now!



Make your reservations soon. Don't miss this special event!



"For Old Times Sake"

Special 70th (plus 1) Anniversary Celebration

Sunday, August 29, 2021

Minnesota Valley Country Club
6300 Auto Club Rd., Bloomington MN 55438

4:00 PM Social Hour

5:00 PM Dinner: Stuffed Chicken Breast or Salmon (Vegetarian meal on request)

6:00 PM Anniversary Celebration

7:00 PM Dancing to American Flyer Band

A special Foundation drawing for a Hilton France/494 overnight stay plus brunch, dining gift card, & wine, a value of \$225.

Dinner Drawing donation - \$5.00

The Program Committee has a lively slide show presentation planned.

Casual dressy attire (No need to dust off your tux or sequined dress!)

Dinner Cost: \$48 - Check to "ULLR Club" (Indicate chicken or salmon on memo line)

Send to: Diane Erlandson, 8200 West 33rd St., Apt. 302, St. Louis Park MN 55426

Reservations are due by August 22

ULLR Cancellation Policy applies

Co-chairs: Jan Swanberg, 651-633-7178 and Joan Roe, 952-914-9124

Present, past, and future members, along with their friends, are invited.

2021 IMPORTANT CONTACTS

See the membership directory for e-mail addresses and phone numbers.

OFFICERS OF THE CLUB

President

Janice Swanberg

Executive VP

Ellise Lamb

Winter Programs VP

Nancy Navis

Summer Programs VP

Pat Nelson

Membership VP

Jan Butler: MembershipVP@ULLR.org

Treasurer

Carol Bush

Secretary

Vicki Johnson

Past President/Advisor

Sharon Marini

PROGRAM COORDINATORS

Alpine-Nordic

Barb Kolbe

Ski Racing

Brian Johnson

What's Cookin' Cashiers

Carole Nelson & Sharon Pappas

What's Cookin' Supply Chair

NEEDED- Volunteer

What's Cookin' Beverage Chairs

Craig & Nancy Navis

Biking

John Stiefel

Singles

Jan Butler

Directory Folding Parties

Nancy Sand

General Meetings

Ellise Lamb

MSC Representatives

Nancy Navis, Dolly Eastman:

MSC: www.midwestfun.org

ULLR Foundation President

Jan Cady

COMMUNICATION

ULLR Webmaster

JJ [Joe] Coursolle: Webster@ULLR.org

NULLR Editor & Designer

Margie Deutsch: NULLR@ULLR.org

ULLRnet

Mary Jane Hochstein

ULLRnet@ULLR.org

LETTER FROM THE PRESIDENT

by Janice Swanberg



The ULLR 70th +1 Anniversary "For Old Times Sake" Celebration originally scheduled for May 20, 2020 is finally about to take place on **Sunday, August 29 beginning at 4 PM**. The Program Committee has created a fun review of the past seven decades so we sincerely hope to see many current and past members reconnect at this Milestone event. It will be at the MN Valley Country Club in Bloomington, a beautiful venue for many past Ullr Banquets. Please sign up soon, or by the **August 22nd deadline**.

To date, the summer ULLR activities are returning back to the pre-pandemic years – yeah! Reviewing the past month, 60+ Ullrs had perfect weather to bike the Paul Bunyan Trail, golf, shop, or hang out at the Nisswa Good Ol' Day's Resort. Eight of us did the Gull Lake Ski Resort Zip Line adventure. It was scary at first, but we enjoyed the thrill and comradery of it. And, we had a great view of Gull Lake standing on the first two of eight platforms (100 ft. high). Thanks to Sharon and Patty for running this event.

The other bike rides in June took place except for two – one cancelled for extreme heat and the other due to construction work on the trail. The Lake Phalen ride was rescheduled to July 13. THANKS to all who planned and have hosted, or are hosting a 2021 bike ride.

This year is a first to have What's Cookin' picnics during the day versus evening, and I think the attendance is comparable as we averaged seventy-one attendees for our June picnics. Brookview's shelter covering and some breeze helped us to handle the hot 90 degree temps just fine. I would like to thank all volunteers who helped: the servers representing the ULLR Board and 70 & 80's group for planning the two meals; our cashiers, Carole & Sharon, beverage providers, Craig & Nancy, and Jim for bringing the "announcement board" and helping me with the speaker system. Also, thanks to Margie D. for inviting ULLR member Ron Machel to entertain us with his accordion music on June 23. We rarely see him as he is kept busy performing at many German related venues. Finally, thanks to the ULLR Foundation Board who sold raffle tickets for three great prizes, plus served wonderful desserts.



Note: the August 4 and 18 What's Cookin' picnics will return to evening hours - 4 to 8 PM.

The **Planning Party** for our fall and winter hiking and skiing events is on **July 11**. If you don't attend, feel free to contact Barb K or Nancy N to offer a hike, ski or snowshoe event. We're always looking for a wide variety of old and newer places to experience together. Look for those upcoming events on the Website and in September's Nullr.

ULLR Webmaster: JJ [Joe] Coursolle
See directory for address
Webster@ULLR.org

NULLR Editor: Margie Deutsch
7600 Golden Valley Road, #505, Golden
Valley 55427 NULLR@ULLR.org

**Directory
Changes**

**Please welcome
these New
Members:**

**Michael F. Bailey
Joe Bailey**

Please print and

keep the complete updates that are sent to you via e-mail. Keep these updated lists with your yellow November 2020 directory.

YOU are being asked to plan an activity for this summer or fall. There ARE fun things to do!! Many events and places are and/or will be opening up. Call or e-mail Pat Nelson, the Summer VP, with your ideas.

FOR NEW OR RENEWAL ULLR MEMBERSHIPS

A Membership Form is available on the ULLR website: www.ULLR.org Also, membership forms are available at the What's Cookin' picnics. Save a stamp. Are you a member? Invite a friend to join!



Barb K, Mike A, Pat N, Nancy N, Linda H, Sharon M, Ken M, Mike N, Lynn S (missing: photographer/leader Nancy S)

ULLRS HIKE AT TERRACE OAKS by Nancy Sand

After two cancellations due to rain and mud, hike host Nancy S kept her fingers crossed for a nice day with good trail conditions on the third try. It worked!

Ten Ullrs came to hike at Terrace Oaks West Park on May 10th. The temperature was cool with some wind, but lots of leaves on the trees protected the group from the wind. Poles were useful as the trails included several short but steep hills. Nancy S cautioned hikers about loose gravel on hills where walking on the trail sides was safer.

Ullrs had hiked at Terrace Oaks in 2019 when the Park was in the process of early restoration of about 26 acres to oak savannah. At that time, we saw areas where trees were marked with pink ribbons that said "Do Not Cut." Everything else in those areas was cleared, and there were lots of piles of debris. This year in 2021, we saw the previously pink-ribboned trees standing tall in sunlight surrounded by grasses.

Following the hike, our Ullrs were grateful to sit down for a while to have lunch at Jensen's Café in Burnsville.



**SKI
BIG
SKY**

**MARCH
13-19,
2022**

- ☑ 5,850 total skiable acres
- ☑ 400 inches of powder average per year
- ☑ 2,300 acres of beginner and intermediate terrain
- ☑ 4,350 vertical feet of skiing
- ☑ Ski lifts with heated seats and bubbles
- ☑ Tram to the top (ride up/ride down)
- ☑ Resort shuttle to shopping and restaurants
- ☑ Snowshoe, cross-country, zip line
- ☑ Discounted lift tickets
- ☑ Up to 5 days of skiing
- ☑ Lodging with an outdoor pool and hot tubs
- ☑ Awesome scenic views
- ☑ Ski in/ski out lodging

The 2022 Big Sky ski trip co-chairs, Sharon M. and Nancy S., are excited the 2022 Big Sky **ski trip is filled, and we have a wait list.**

In addition to the Ullrs who were part of the 2020 cancelled Big Sky trip, we will welcome eight additional people: three who haven't been with us on a western trip for a few years, and five who have never been on an ULLR western trip.

Our wait list currently includes a single female and a single male. If you know a single male or female who might be interested in our trip or anyone else interested in the trip, tell them to contact Sharon M. or Nancy S.

The trip cost of \$1,701 (Land Only \$1,102) includes: roundtrip airfare to Bozeman & bus to Big Sky; lodging at Huntley Lodge in the Mountain Village with 2 per room, daily breakfast buffet, ski valet, and luggage handling; Pre-trip Party and Welcome Party; and Group Dinner at Huntley Lodge.

Payment schedule: \$500 was due 6/1/21,
\$500 due 9/1/21, \$702** due 12/1/21
(* Final payment subject to change)
ULLR cancellation policy applies.

The ULLR



,



and



Social Club.

LANESBORO BIKE & GOLF 2021

August 22-24 (Sunday and Monday nights)

Cost \$121.00/person (2/room), payable on signup. Space available for 28 people. (Single supplement \$100)

Includes:

Two nights lodging @ Green Gables Inn, Lanesboro, 2 to a room; Sunday dinner, Monday social hour with everyone bringing a snack to share (to be determined later). **Bring your own beverages, including your own beer and wine and water.** Monday and Tuesday hot breakfast. Monday night is dinner on your own, after the social hour.

[Up-dated COVID-19 guidance will be observed.]

Options: Bike the Root River Trail – 10, 20, 30 or 40 miles round trip;

Golf at Lanesboro Golf Club in Lanesboro (507-467-3742); Preston Golf & Country Club in Preston (507-765-4485)

Make your own reservations; Scenic Valley Winery in Lanesboro; Historic Forestville: State Park/Mystery Cave; Niagara Caves in Preston; Amish Tours.

Commonweal Theatre: Aug. 22, 1:30 “Dancing Lessons”

The theatre is open, but look for new COVID-19 information on the theatre’s website, <https://commonwealththeatre.org/> or call 800-657-7025. Reservations are required.

Contacts:

Charlotte Navratil 320-327-2396, cell: 612-581-2890 charna1017@embarqmail.com
Or Mary VandeHei, 612-281-4374 mevandi@aol.com
Send checks made out to “ULLR Club” to Charlotte Navratil, PO Box 268, Silver Lake, MN 55381

The trip is full, but there is a waiting list.

Helmets required; ULLR Cancellation Policy applies.

There are many near-by places to stay. Make your own reservation, then share the fun with the Ullrs staying at Green Gables. Bring an appetizer for social hour. Let Charlotte know your plans.



SINGLES CARD/GAME NIGHTS

Contact Jan Butler about Singles' activities or to volunteer to plan and/or host an event: 952-544-8163

or cartooncat@comcast.net

Bring a dish to share, beverage, and any games you would like to play. **Please RSVP to the host!**

Friday, July 9 - 5:00 PM Potluck/games

Host: Jim Maiser, 952-687-1423

40 East Lake Street, Waconia 55387

Friday, August 13 - 5:00 PM Potluck/games

Host: Jim Habeck, 763-559-5593

12030 54th Av. N., Plymouth 55442

Friday, Sept. 10 - 6:00 PM - cards/games

Host: Needed

Hosts are needed for Sept. 10 and Oct. 8 for 6:00 PM gatherings. Call Jan!



SINGLES' FINE DINING on TUESDAYS in 2021

RSVP to Ellise Lamb by the Sunday before the event.

ellise.lamb@mchsi.com or voicemail at 952-442-9332.

Restaurants open at 11:00 AM, come at 11:15 AM

July 27 - Lunch - on the patio at Pinstripes, 3849 Gallagher Dr., Edina, 55435; pinstripes.com

August 24 - Lunch - on the patio at Wise Acre Eatery, 5401 Nicollet Av., Minneapolis 55419; wiseacreeatery.com

September 28 - Lunch at Ciao Bella, 3501 Minnesota Dr., Bloomington 55435; ciabellamn.org

Recalling May & June 2021

We thank all of the planners for their work!

May

3, Roseville Central Park Hike

Barb Kolbe and Kyle McClintick

6, Kick-off City Lakes Ride-Patty Fitzgerald & John Stiefel

10, Terrace Oaks Hike - Nancy Sand

13, Dakota Rail Trail Ride - Patty Fitzgerald & John Stiefel

14, Crosby Farm Hike - Nancy Sand



What's Cookin' Picnics

What's Cookin' Picnics are held in Brookview Park on Highway 55 and Winnetka Avenue in Golden Valley.

What's Cookin' Menu Prices:

Full meal (food, 2 beverages, one dessert) — \$9.00

Attend/socialize only (no food /beverage) — \$2.00

Attending (with 2 beverages) — \$3.00

[Prices includes rental cost for shelter.]

Extra beverage — \$1.00

Sale of alcoholic beverages is prohibited in the park.

July 7 Noon Pulled BBQ Chicken Sandwiches
Bikers (Patty Fitzgerald)

July 21 Noon Subway sandwiches
Skiers (Nancy Sand)

Aug. 4 5:00 PM Hawaiian Theme; pulled pork
Foundation (Jan Cady)

Aug. 18 5:00 PM Chicken salad
Singles (Jan Butler)

Are you a biker, skier, or single? Call the listed host to volunteer to help serve.

20, Cities Ride, Hike, Picnic

Jerry & Marilyn Barnard

20, General Meeting, Bingo & Raffle - Ellise Lamb,

Joan Roe, Carol Bush & Nancy Keyes

June

1, Soo Line Ride - Bill Brechtel

1-4, Good Ol' Days - Sharon Marini and Patty Fitzgerald

9, What's Cookin' Picnic - Sandra Shearer and 70 & 80th Birthday folks

14, Cannon Valley Trail Ride

Sharon & Ken Marini

22, Bloomington Trails Ride

Roger Kemp & Sharon Marini

23, What's Cookin' Picnic - Jan Swanberg, ULLR

Board members, & Margie Deutsch

24, Eden Prairie Ride - Dale Bonham

Cancelled: (muddy, too hot, trail construction)

May 21, Ritter Farm Hike - Karen Holmquist

June 10, Shakopee to Chaska Ride - Pat Nelson

June 17, Dakota Trail Ride - Bill Brechtel



Karen and Linda wonder what it is.

CROSBY FARM HIKE by Nancy Sand
The morning of May 14, Linda H, Karen H, and Nancy S looked at weather radar and decided the scheduled hike at Crosby Farm Park could probably be completed before it rained. When they got to the Park, there were peeks of sun, and sprinkles of rain held off until after the hike and lunch.

The three Ullrs spent an enjoyable hour and 45 minutes walking along the Mississippi and around a lake for about 4 miles. The scenery in this Park is beautiful. It seems like one is walking through a tunnel of huge trees. It is interesting to see how trees have broken and fallen along the trails and



Nancy goes to great depth planning her hikes.

along the sandy beach.

But, trees also fall across the trail! When we saw a biker approach the fallen tree, we suggested he should simply jump the tree with his bike, and we assured him we had phones so we would call 911 if he crashed! We were such a helpful group! He laughed, declined our offer, and lifted his bike over the tree.

A rickety boardwalk separated two lakes, and when we walked onto a fishing pier, we wondered what

kinds of fish one would catch in those waters. Later we admired a tree with white blossoms, but no one knew what the tree was. The white blossoms had very little fragrance. Linda took a leaf, and Nancy took a photo of the blossoms. During lunch Linda searched through her botanical book to identify the tree. Karen found photos of a the Spring Snow Crabapple on her phone, and all agreed that was likely the tree.

The Highland Café & Bakery was the destination for lunch with many tempting treats to take home for dessert!



In Memory
Jerry Duane Aamot
Jun 25, 1933 - March 20, 2019
Jerry was a very active ULLR member years ago and is remembered as a very nice and fun guy.



In Memory
Lois Jean (Hildebrand) Burg
July 6 - Nov. 9, 2020
Lois was an avid skier. She served as president of the Minnesota Ski Council. About 10 years ago she moved to North Dakota.
ULLR sends condolences the extended family.



In Memory
Richard Martin Brown
Oct. 18, 1935 - May 19, 2021
Dick was a long-time ULLR member until 2012. He served on the Board as treasurer for several years. He loved skiing in the Rockies and bicycling all over the Twin Cities. His brother was the late Charlie Brown. ULLR sends condolences to his wife, Dianne Evert, and the extended family.



In Memory
Arden Herbert Griep
Mar. 12, 1938 - May 21, 2021
Arden competed in many downhill ski events as a racer, winning countless medals and trophies along the way. He skied with Ullrs in the earlier '90s. ULLR sends condolences to his wife, June, and the extended family.

Winter Planning Party

JULY 11, 2021 4:00 P.M.

3655 GREENSBORO DRIVE, EAGAN

Help us plan a wide variety of fall and winter events:



Hiking, alpine skiing, cross-country skiing, snowshoeing, and social events.

You only need to set the date, place and

time, and if desired, where to socialize and/or have lunch or dinner.

Food & beverages will be provided.

Bring a chair, \$2 donation requested.

Please RSVP to Nancy Navis at 651-329-4836 or craignavis@gmail.com or Barb Kolbe at 651-633-0936, so we can get a head count for the food.



Individual walks and picnic opportunities

There are bike ride events that also include an invitation to join the bikers for a bring-your-own picnic.

Each place has trails where you can walk first. Come when convenient. The flyers will say approximately when the picnics will begin. Also, bring your own beverage and chair. **See the bike ride flyers for more information at ullr.org**

July 22: Carver Park

July 31: Silver Lake

Sept. 20: At Centennial Lakes Park

Social & Countryside Bike Ride

Saturday, July 31, 11708 200th St., Silver Lake

Bikers: Arrive by 10:00 AM - Short and long rides depart at 10:30. Bike scenic rural countryside or the Luce Line Trail.

Others: for Social & Potluck Picnic. Arrive at 1:00 PM

Everyone: Grilled hamburgers will be provided at 2:30. Donation of \$2.00 is requested. Please bring a dish to share, beverage and a lawn chair. Optional items: mosquito repellent, sunscreen, swim suit & towel.

RSVP to Hosts: Charlotte Navratil and Alan Moore
moorea1895@gmail.com Home: 320-327-2396 or Cell: 612-581-7669. Silver Lake is 38 miles west of 494 on Hwy 7. See the flyer for driving directions.



Roger K, John S., Dan R., Marcia S., Brycen and Bill B.

Cannon Valley Ride

by Sharon Marini

June 14 was one of the nicest biking days thus far in June. Thirteen Ullrs drove to the Cannon Valley Trailhead in Welch and then biked 10 miles to Cannon Falls and then back. The trail provided plenty of shade. The only problem were those "things" flying around us in the sunny areas. Were they large moths? Butterflies? After biking we gathered for a picnic lunch where there was a nice breeze. A fun day.

Summer Social Opportunities

July 7, Wednesday, noon, What's Cookin' Picnic

July 11, Sunday, Winter Planning Party [TBD]

July 13, Tuesday, 12:15, Join bikers for lunch at Lake Phalen Pavilion in St. Paul*

July 21, Wednesday, noon, What's Cookin' Picnic

July 22, Thursday, Join bikers for lunch at Carver Park*

July 31, Saturday, Join bikers for lunch at Silver Lake*

August 3, Tuesday, noon, Join bikers for lunch at Gale Woods*

August 4, Wednesday, 5:00 PM, What's Cookin' Picnic

August 18, Wednesday, 5:00 PM, What's Cookin' Picnic

August 19, Thursday, 12:15, Join bikers for lunch at Theodore Wirth at the Mill Valley Café (See <https://millvalley.market/> for detour information)*

August 22-23 Lanesboro Bike & Golf (see p. 4)

August 29, Sunday, 4:00 PM, 70th +1 Anniversary Banquet

October 7, Thursday General Meeting

***See the bike ride flyers at ullr.org for more information about hiking and/or joining the bikers for lunch**

Good Ol' Days

June 1-4 was the perfect time to head north to Nisswa. The sun shone every day, although it rained one night, and it did not get really warm until Thursday. There were several options for activities other than biking: golfing, shopping, zip lining, canoeing, kayaking, and Margie was available to help with genealogy. All 59 Ullrs had a great time chatting, eating and catching up.

On Wednesday evening we feasted on roasted pulled chicken, rolls, potato salad, Mary V's cabbage salad, and Nancy N's baked beans. That was followed by ice cream with toppings and cookies. No one went away hungry!

E-bike demonstrations were given during happy hour. The group seemed interested in learning more about them. Four or five Ullrs already have them and like them a lot.

It was a fun trip. Please join us next year. The dates are May 31- June 3, 2022.

Shown with an E-bike are event leaders Patty and Sharon.

Thank you both for all of your work on this event both last year (cancelled) and now again this year. Everyone appreciates your dedication to the ULLR club and the work you do so many members can enjoy ULLR activities.



How many Ullrs does it take to fix a flat tire?

Ullrs stick together!

Some brave Ullrs tried zip-lining and later said they enjoyed soaring over the tree tops.

See more event photos at ullr.org/images

2021 Schedule for Bike Rides

Bicycling Program Coordinator: John Stiefel [H] 952-470-5411 [C] 612-743-4565. Please check the ULLR website at ullr.org for flyers with details for each

listed event. **Meet up times are A.M. unless noted.** Helmets are required on all ULLR rides. **Call the contact to see if the ride is cancelled.**

JULY

July 8 - Thursday, 9:15

City ride to Theo. Wirth

Contacts: John Stiefel & Patty Fitzgerald, 952-470-5411

July 13 - Tuesday, 9:15

St. Paul Lakes

Contact: Bill Brechtel
952-474-5295

*July 15 - Thursday, 9:15

Elm Creek Park

Contact: Dale Bonham
bonhamdale51@gmail.com

July 22 - Thursday, 9:30

Carver Park to Excelsior & picnic

Contact: Bill Brechtel
952-474-5295

July 31 - Saturday, 10:00

Silver Lake Ride & picnic

Contacts: Charlotte Navratil & Alan Moore, 612-581-7669 [c], 320-327-2396 [h] (see p.7)

AUGUST

August 3 - Tuesday, 9:15

Gale Woods

Contact: Bill Brechtel
952-474-5295

August 5 - Thursday, 9:15

Douglas State Trail

Contacts: John Stiefel & Patty Fitzgerald, 952-470-5411

August 12 - Thursday, 9:15

Charlie Brown Memorial Ride
Browns Creek/ Stillwater

Contact: Joan Roe
952-914-9124

August 16 - Monday, 9:00

Sakatah Singing Hills Trail

Contacts: John Stiefel & Patty Fitzgerald, 952-470-5411 [h] 612-743-4565 [c]

August 19 - Thursday, 9:15

Luce Line Trail

Contact: Dan Regan
952-471-9318

Aug. 22-24, Sunday-Tuesday

Lanesboro Bike/Golf

Contacts: Mary VandeHei & Charlotte Navratil,
320-327-2396 CN,
612-281-4374 MV

August 26 - Thursday, 9:15

City Ride to U. of M.

Contacts: John Stiefel & Patty Fitzgerald, 952-470-5411

SEPTEMBER

Sept. 2 - Thursday, 10:15

Hastings to Schaars Bluff

Contacts: Rick Huber & Kathy Lucas, 262-424-0772 RH,
952-836-4723 KL

Sept. 9 - Thursday, 9:45

So. Bloomington/ Overlook Drive

Contact: John Vogt
952-829-7056

Sept. 13 - Monday, 2:00 PM

Lino Lakes/ Centerville

Contact: Sharon Tornes
920-540-0298

Sept. 16 - Thursday, 9:15

Mississippi River Excursion

Contact: Bill Brechtel
952-474-5295

*Sept. 20 - Monday, 9:00

Edina to Bloomington

Contact: Pat Nelson
952-893-1045

*Sept. 30 - Thursday, 9:15

Lakes & Hills of Eden Prairie

Contacts: Tom VandeHei & Marcia Switenki, 952-941-6882 MS,
612-730-3145 TV

OCTOBER

Oct. 7 - Thursday, 9:15

City Ride to Sculpture Garden

Contacts: John Stiefel & Patty Fitzgerald, 952-470-5411

*date changed

Where do you want to bike?

Look at the schedule.

There are many areas where Ullrs will be visiting this summer. Check out the biking flyers at ullr.org/EventsAndTrips and see the wide area of metro Minnesota which the rides will cover including, St. Paul, Edina, Golden Valley, Bloomington, Excelsior, Silver Lake, Minnetrista, Stillwater, Pine Island, Waterville, Minneapolis, Hastings, Lino Lakes, Eden Prairie, etc. etc. WOW!



Four people decided which way to go, they became new Ullrs! (L to R) Steve H, Lynn S, Karen C, Mike B, Paul L, Patty F, Jeanne L, Nancy N, Kate C