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April 2021

VIRTUAL BIKE PLANNING PARTY

If you have an idea for a bike ride this season, send your idea(s) and date(s) preferred to patfitzjohns@msn.com or call Patty or John at 952-470-5411 [h] or 612-743-4565 [c]

We would like to bike every Thursday, starting May 6th (weather permitting) and ending October 7th. Ideally, having at least 2 rides per week would be great. Avoid week-end dates as much as possible because more people are riding then. John and Patty will lead an occasional "Thursday City Ride" and will offer other rides to fill the schedule as much as possible. Rides should be 15 to 30 miles in length, with shorter rides early in the season. Rides should have a leader and a trial ride should be done to determine the safest route available.



On March 8 Patty and John took their first bike ride of the 2021 season. They stopped at Minnehaha Falls. The Falls had free flowing water but the area was still filled with ice flows. It was a beautiful sunny day with a high of 58 degrees. This is still winter! They are excited to hear what plans you have for bike rides this year.

Join us at Good Ol' Days Family Resort in Nisswa Tuesday-Friday, June 1-4, 2021

Bike the Paul Bunyan Trail or golf, shop, fish, swim, kayak, zipline

THE SIGN-UP DEADLINE WAS MARCH 1, BUT THERE ARE A FEW SPACES STILL OPEN.

Cost: \$170.00* 2020 paid participants have a \$93 credit and were refunded \$77, balance due \$77. New participants pay \$170. Participants from 2020 not wishing to come in 2021 may find a suitable sub who will reimburse you \$93.

Includes:

- Lodging Tuesday, Wednesday and Thursday nights • Welcome party Tuesday eve – beer & wine provided, bring your own appetizers

- Dinner Wed. eve – beer, wine, main dish, sides and dessert provided, bring your own appetizers.
- COVID-19 restrictions: All food will be served to each guest.

Co-Chairs: Sharon Marini, 952-893-7408 [h] 612-408-7707 [c], sanmarini@comcast.net
Patty Fitzgerald, 952-470-5411 [h] 612-743-4565 [c], patfitzjohns@msn.com

Make check payable to ULLR Club and send to: Sharon Marini, 8201 York Av S, Bloomington, MN 55431. Include a sign-up form with your emergency contact information.

ULLR Cancellation Policy applies.
Helmets required for bikers.

2021 IMPORTANT CONTACTS

See the membership directory for e-mail addresses and phone numbers.

OFFICERS OF THE CLUB

President

Sharon Marini

Executive VP

Ellise Lamb

Winter Programs VP

Linda Heintz

Summer Programs VP

Mary VandeHei

Membership VP

Nancy Sand: MembershipVP@ullr.org

Treasurer

Carol Bush

Secretary

Janice Swanberg

Past President/Advisor

Joan Roe

PROGRAM COORDINATORS

Alpine-Nordic

Barb Kolbe

Ski Racing

Brian Johnson

What's Cookin' Cashiers

Carole Nelson & Sharon Pappas:

What's Cookin' Supply Chair

Nancy Kastner

What's Cookin' Beverage Chairs

Craig & Nancy Navis,

Bruce Warner

Biking

John Stiefel

Singles

Jan Butler

Directory Folding Parties

Nancy Sand

General Meetings

Ellise Lamb

MSC Representatives

Linda Heintz, Dolly Eastman:

MSC: www.midwestfun.org

ULLR Foundation President

Jan Cady

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ULLR Webmaster

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ULLRnet

Fran DeWell & Mary Jane Hochstein

ULLRnet@ullr.org

LETTER FROM THE PRESIDENT

by Sharon Marini



Hi Ullrs,

As I write this article, ski season is ending. It certainly was different this year. Skiers had to put on their boots in their cars in the parking lot. There was no eating inside, but we could warm up in the lodge for 15-20 minutes. This was needed on those below zero days. It just was not the same. Hopefully, next ski season will be more like normal. We really like to talk to each other. The hikes have saved us. Thanks to all who led hikes and snowshoeing.

As of this date, our April and May General Meetings will take place. Be sure to attend and eat at the BEC prior to the social time. The dining room opens at 5:00 and the money we spend on food and drinks helps to defray the cost of the meeting room. Check the website for any last minute changes.

Don't forget our scheduled stay at the Good Ol' Days Resort in Nisswa. That is June 1-4, 2021. Check the website for the flyer and contact information form. A completed contact information form for each member is required to go on the trip, along with your check for \$77 if you had paid last year. For anyone who did not sign up last year, and wants to go with us this year, the cost is \$170. Also, please sign up to lead bike rides this summer beginning in May. Let Patty and John know which ride(s) you would like to lead.

Our What's Cookin' picnics (W/C) have been scheduled for June, July and August. We are hoping that COVID-19 does not keep us from having our picnics. Brookview Recreation Department has limited the number of attending participants to 25 people. We are hoping that will change before June. Stay tuned.

The ULLR bike and golf trip to Lanesboro, lead by Mary VandeHei and Charlotte Navratil, is scheduled for August 22-24. Information for signups is on the website and on p. 4. This event usually fills fast.

Nancy Sand and I are planning a ski trip to Big Sky Montana again for March 2022. I hope that we can stay a little longer this time and not go to Bozeman just to have lunch in the airport and then return home the same day. Watch for details.

Miss you all - please stay safe and keep well.

ULLR Webmaster: JJ [Joe] Coursolle

See directory for address

Webster@ullr.org

NULLR Editor: Margie Deutsch

7600 Golden Valley Road, #505, Golden

Valley 55427 Nullr@ullr.org

**Please welcome these
New Members**

Jeanne Leighton
Paul Leighton

Please print and keep the updates that are sent to you via e-mail. Keep these updated lists with your yellow Nov. 2020 directory.

YOU are being asked to plan an outdoor activity for this spring and/or summer that Ullrs may safely do. Even after you receive your vaccine shots, safe distancing, masks, and hand washing will be needed.

FOR NEW OR RENEWAL ULLR MEMBERSHIPS

A Membership Form is available on the ULLR website: www.ullr.org Invite a friend to join!

The 2021 ULLR General Meetings.

The January, February and March General Meetings were cancelled due to COVID-19. The BEC meeting room is large enough to be socially distanced. Hopefully masked Ullrs may gather together for the **April 8** and **May 20** meetings. [Meeting date changed.]
Meetings are held at the Bloomington Event Center (BEC), 1114 American Blvd W, Bloomington, MN 55420. *Currently the BEC is open with limitations. The*

Fireside restaurant is currently only offering Curbside Take-Out on Wednesday & Friday, 4:00PM - 7:30PM. It is now also accepting online orders! See the menu at <http://bloomingtoneventcenter.com/>
If the dining room is allowed to be open in April, make a meal reservation by calling 952-888-1492. It opens at 5 PM. The costs of our dinners and drinks are credited to the club to offset rental costs.
Socializing at 6 PM - Meetings start at 7 PM.
Invite a friend to come!

The ULLRNET

The ULLRnet was created as a way to receive messages of a personal nature about current and past members. If you

wish to receive or post information, please send an email message to ullrnet@ullr.org Notices must have the permission of the person for whom it is written.



Let's Party!!

Save the Date **Sunday, August 29, 2021 at 4:00 PM**

For Present members, Past members, Future members, and Friends!

At the Minnesota Valley Country Club

Memories and pictures reliving 70 Plus 1 years of ULLR Ski, Bike and Social Club

Be a part of this fun evening!!

Recalling February 2021

We thank all of the planners and leaders for their work!

2, Theodore Wirth Park Hike to find Zug Zug
Barb Kolbe & Kyle McClintick

20, Elm Creek Park XC/ SS/ Hike
Jim Habeck

23, Gale Woods Farm SS
Bill Brechtel

Cancelled due to Extreme Cold
17, Buck Hill Skiing
No host

Cancelled due to COVID-19
2-4 Granite Peak Trip
Nancy Sand

12, ULLR General Meeting
Ellise Lamb

NOTICE OF ELECTION

Election of officers for the ULLR Ski, Bike and Social Club will take place during the Annual Meeting which will be held **Thursday, April 8, 2021**, at the Bloomington Event Center (KC Hall.) Officers to be elected are President, Executive Vice President, Secretary, Treasurer, Winter Programs Vice President, Summer Programs Vice President, and Membership Vice President. (The current President automatically assumes the position of Past President and becomes a Lifetime Honorary Member of the Club.)

Because of restrictions due to COVID-19, the March General meeting was cancelled. Therefore the candidates for offices were presented by the Nominating Committee in the March Nullr. Each member shall have one vote upon each question at the meeting. Only members present at

the meeting shall be entitled to vote, except that a member may vote upon the election of officers by an absentee ballot, the form of which shall be prescribed by the board, and received by the person designated by the Board on or before the date of the Annual Meeting. The vote on Officers of the Club, Honorary Members, and all other issues that require a vote shall be by acclamation, unless otherwise determined by the Board. If the April meeting is cancelled, balloting will be done online.

Directions for Requesting an Absentee Ballot Any member wishing to vote absentee may request an absentee ballot from the ULLR President no earlier than March 15 and no later than March 29. Call Sharon Marini at 952-893-7408 or mail a request to ULLR Ski, Bike and Social Club, PO Box 201409, Bloomington, MN 55420. Completed absentee ballots must be received by the President no later than April 1 at that same address.

Alternate voting plan for this ULLR election.

The Nominating committee chair, Mary Jane Hochstein, will announce the candidates and conduct the election at the April General Meeting. If state restrictions because of COVID-19 do not allow club members to gather for the April meeting, a ballot will be e-mailed to all members. It is requested that members return their marked ballot so the election will be legal as to the By-laws.

The Proposed Candidates

The Nominating Committee thanks these candidates for their willingness to serve on the ULLR board for 2021-22. Our club is successful because of people like these members who are willing to help. The new board takes over on May 1, 2021 and their term ends on April 30, 2022. Candidate statements were in the March Nullr. This is a list of the proposed candidates:

President: Janice Swanberg
Executive VP: Ellise Lamb
Winter VP: Nancy Navis
Summer VP: Pat Nelson
Treasurer: Carol Bush
Membership VP: Jan Butler
Secretary: Vicki Johnson
Past President, Sharon Marini, becomes an advisor.

LANESBORO BIKE & GOLF 2021

August 22-24 (Sunday and Monday nights)

Cost \$121.00/person (2/room), payable on signup. Space available for 28 people. (Single supplement \$100)

Includes:

Two nights lodging at Green Gables Inn, Lanesboro, 2 to a room; Sunday dinner, Monday social hour with everyone bringing a snack to share (to be determined later.) **Bring your own beverages, including your own beer and wine and water.** Monday and Tuesday hot breakfast. Monday night is dinner on your own, after the social hour.

Because of continued concerns of Covid, after being carefully prepared, the food will be served by Mary and Char.

Options: Bike the Root River Trail – 10, 20, 30 or 40 miles round trip;

Golf at Lanesboro Golf Club in Lanesboro (507-467-3742);

Preston Golf & Country Club in Preston (507-765-4485)

Make your own reservations; Scenic Valley Winery in Lanesboro; Historic Forestville (State Park/Mystery Caves) Niagara Caves in Preston; Amish Tours;

Commonweal Theatre: A 2021 performance season has been announced, but details are still being decided due to COVID-19. Look for information on the theatre's website or call 800-657-7025.

Contacts:

Charlotte Navratil 320-327-2396 (cell: 612-581-2890)
charna1017@embarqmail.com

Or Mary VandeHei, 612-281-4374 mevandi@aol.com

Send checks made out to "**ULLR Club**" to Charlotte Navratil, PO Box 268, Silver Lake, MN 55381

Signup deadline: July 10, 2021

Helmets required; ULLR Cancellation policy applies



SINGLES CARD/GAME NIGHTS

Contact Jan Butler about Singles' activities or to volunteer to plan and/or host an event:

952-544-8163 or cartooncat@comcast.net
Bring a dish to share*, beverage, and any games you would like to play. **Please RSVP to the host!**

Friday, May 14- 6:00 PM - cards/games

Host: Jan Butler - 952-544-8163

13506 Larkin Dr., Minnetonka 55305

Friday, June 11 - 5:00 PM Potluck*/games

Host: Ellise Lamb - 952-442-9332.

73 Lakeview Terrance Blvd, Waconia 55387

Friday, July 9 - 5:00 PM Potluck*/games

Host: Jim Maiser, 952-687-1423

40 East Lake Street, Waconia 55387

Hosts are needed for Sept. 10, Oct. 8, and Nov. 12 for 6:00 PM gatherings. Call Jan!

* Pending COVID-19 restrictions. More details later.



SINGLES' FINE DINING on TUESDAYS in 2021

Please RSVP to Ellise Lamb by the Sunday before the event. ellise.lamb@mchsi.com or voicemail at 952-442-9332.

Restaurants open at 11:00 AM, come at 11:15 AM

April 27 - Lunch - at Ike's Food and Cocktails, 4400 W. 78th St., Bloomington, 55435, 952-831-4537, bloomington.ilikeikes.com [*Ike's is temporarily closed but plans to reopen when it is safe to do so.*]

May 25 - Lunch - at Hazelwood Food and Drink, 8150 26th Ave So., Bloomington (East of MOA), 55425, 952-222-4000, hazelwoodfoodanddrink.com

June 22- Lunch - on the patio at Maynards, 685 Excelsior Blvd. W., Excelsior, 55331, 952-470-1800, maynards-excelsior.com



What's Cookin' Picnics

We are pleased to announce that once again, we expect to

enjoy our summer picnics together! Please note that the first four picnics are during the noon period, while the last two follow the 5 pm time frame.

What's Cookin' Picnics are held in Brookview Park on Highway 55 and Winnetka Avenue in Golden Valley.

At this point we're cautiously optimistic that we can follow the previous protocol with hosts and lunch or dinner provided. The status of the virus will determine the final outcome. ***However, this means that we need generous volunteers to step forward and choose a date! Thank you in advance!***

Picnic dates are, **June 9th and 23rd, July 7th and 21st, and August 4th and 18th**. Our picnics are definitely ON; the only thing pending is whether the Board deems it safe to provide food, or safer for everyone to bring their own. The final determination on this will be made at next month's Board meeting. But for planning purposes, please step forward now. Three groups, the Bikers, the Foundation and the Singles have all generously chosen a date to host a picnic this summer.

We have three remaining dates to fill: June 9 and 23 and July 21. Please consider stepping forward if you're turning 70 or 80 this year or last, if you're a skier or if you are just a nice ULLR with a generous heart! Thanks in advance! And, thank you for your patience. There will be more information in the next Nullr and on the website.

Mary VandeHei, Summer VP

TERRACE OAKS WEST PARK HIKE

(12801 Co. Rd. 11,
Burnsville)

WEDNESDAY, APRIL 7

Begin hike at 11:00 a.m.
Hike about 4 miles.

Trail has several short but
steep hills.

Walking sticks or hiking poles
are recommended.

Directions from I-35E

Take Exit 90 and drive north on
County Road 11.
The entrance to Terrace Oaks
West Park is about .7 miles from
Exit 90.

Meet in Parking Lot
**Bring your own lunch,
chair, and beverage for
after the hike.**

RSVP to Nancy Sand

(h) 952-435-5225

(c) 763-280-2600

[Call to confirm hike is OK.]

Tamarack Nature Center Hike

5287 Otter Lake Road

White Bear Township 55110

Wednesday, April 14

Meet at 11:00, Hike at 11:15
(About 3.75 miles) - Lunch TBA

Directions:

Tamarack Nature Center is located about
20 minutes north of downtown St. Paul.
From St. Paul, take I-35E north to Highway
96, go east on Highway 96 to Otter Lake
Road and turn north. Tamarack Nature
Center is located about 2.5 miles on the left
side of the road. (my cell phone GPS took
me right there)

RSVP: Karen Holmquist

H-952-431-1903, C-952-270-4739

Karen.holmquist49@gmail.com

To verify that Hike has not been
canceled, call Event chair on cell.

Central Park Hike

Monday, May 3, Meet at 10:45, Leave at 11:00

Round trip 3+ miles (more or less) on paved trails by Lake
Bennett in Roseville.

Lunch afterwards TBD.

RSVP to Barb Kolbe, 651-633-0936, or Kyle Mc Clintick,
651-644-5919[h], 651-398-6870[c]

Lake of the Isles Hike

Monday, April 19. Meet at 10:30, Leave at 10:45

Meet at 28th Street - East of Lake of Isles,

West of Hennepin Av., in Minneapolis.

Round trip 3+ miles (more or less) on paved trails

around the most scenic lake and neighborhood in
the Chain of Lakes.

Lunch afterwards TBD.

RSVP to Carol Bush, 952-922-8035 [h],
952-240-7880 [c]

For all hikes: In case of bad weather or to verify the event is not cancelled, contact the event chair.
Find event directions on its flyer at ullr.org/EventsAndTrips

Spring Hike through Crosby Farm Regional Park

Friday, May 14. Meet at 10:45 a.m. in
the parking lot at the picnic shelter on
Crosby Farm Road in St Paul. Hike at
11:00 a.m.

Crosby Farm Regional Park is along
Shepard Road in St. Paul between
I-35E and Highway 5.

Lunch after hike TBD

RSVP to Nancy Sand: (h) 952-435-5225
or (c) 763-280-2600

Bits and Pieces from my Co-op newsletter. (Used with permission.)
Some of us are doing exercises together— socially distanced. For many
of us during this time of COVID-19, tossing and turning at night should
be counted as exercise. Now I go to bed wide awake and wake up
tired. Some people are walking in the garage or climbing the stairs. I
feel good getting my legs through my underwear without loosing my
balance. But I did burn 1200 calories yesterday, I forgot the pizza in the
oven. When we were young we would sneak out of the house to go to
parties. Now we sneak out of parties to go home. Life should not be a
journey to the grave with the intention of having a perfectly preserved
body. Rather we should skid in sideways, chocolate in one hand and
wine in the other, body used up and worn out, and screaming, “Whoo
Hoo!! What a ride! Enjoy each day – and reach out to a friend!