

NULLR

Visit our website for up-to-date information – ullr.org

March 2021

A Red Letter Day

By Margie Deutsch



For most people it is a red letter day when they get the date and time for their first COVID-19 vaccine inoculation. If that hasn't happened for you yet, I hope it will be soon.

The article in the February 5th StarTribune, on page 1 by Jeremy Olson, said, "State health officials believe an 80% vaccination rate would produce 'herd immunity' that stifles spread of the novel coronavirus that causes COVID-19." As the vaccines have been approved for ages 16 and over, "in Minnesota that population is 4.48 million; 80%... is 3.58 million people."

This includes you! Get your name on a list at your clinic, insurance provider, drug store, and/or state website, <https://mn.gov/covid19/vaccine> (when it is open.)

Afton Alps – Karen Holmquist

Is it really January? The mild weather on January 13th brought nine Ullrs out to Afton Alps to get some fresh air and exercise! The good news was that we were able to put our boots on in the chalet. The bad news was that we had to lug our boot bags back to

the car! The favorite area to ski was the Highlands area. Plenty of groomed runs! Though the sun only peaked out momentarily, it was a great day to help Birthday Girl, Kyle McClintick celebrate her 29th birthday...or, well, to help Kyle celebrate her birthday!



Nancy, Mike, Barb, Patty, Mike, John, Ursula, Karen (missing is photographer Kyle)

2021 IMPORTANT CONTACTS

See the membership directory for e-mail addresses and phone numbers.

OFFICERS OF THE CLUB

President

Sharon Marini

Executive VP

Ellise Lamb

Winter Programs VP

Linda Heintz

Summer Programs VP

Mary VandeHei

Membership VP

Nancy Sand: MembershipVP@ullr.org

Treasurer

Carol Bush

Secretary

Janice Swanberg

Past President/Advisor

Joan Roe

PROGRAM COORDINATORS

Alpine-Nordic

Barb Kolbe

Ski Racing

Brian Johnson

What's Cookin' Cashiers

Carole Nelson & Sharon Pappas:

What's Cookin' Supply Chair

Nancy Kastner

What's Cookin' Beverage Chairs

Craig & Nancy Navis,

Bruce Warner

Biking

John Stiefel

Singles

Jan Butler

Directory Folding Parties

Nancy Sand

General Meetings

Ellise Lamb

MSC Representatives

Linda Heintz, Dolly Eastman:

MSC: www.midwestfun.org

ULLR Foundation President

Jan Cady

COMMUNICATION

ULLR Webmaster

JJ [Joe] Coursolle: Webster@ullr.org

NULLR Editor & Designer

Margie Deutsch: NULLR@ullr.org

ULLRnet

Fran DeWell & Mary Jane Hochstein

ULLRnet@ullr.org

LETTER FROM THE PRESIDENT

by Sharon Marini

Hi Ullrs,

As March approaches, we think of spring with more daylight and warmer days. Hopefully, the ice on roads and sidewalks are behind us. We have scheduled General Meetings for April and May. It sure will be good to see you all again.



Our ULLR Club has another slate of able candidates to lead us through the 2021-2022 year. You may read their bios in this issue of the Nullr. Due to COVID-19, these nominees will be presented to the membership online in March. Mary Jane Hochstein is again doing that task. Thank you, Mary Jane. Election of Officers will take place at the April 8 General Meeting if COVID-19 restrictions will allow it. If we have to cancel the April meeting, voting will take place online. Installation of Officers will occur at the May 13 General Meeting. We also plan to present the Ole and ULLR of the Year awards from last year at the May meeting and the Foundation is having its bingo and raffle event. Please attend as it will be an exciting evening.

Don't forget our scheduled stay in Nisswa at the Good Ol' Days resort. That is June 1-4, 2021. Check the website for the flyer and contact information form. We need the contact information form from you to go on the trip, along with your check for \$77. For anyone who did not sign up last year, and wants go with us this year, the cost is \$170.

Our What's Cookin' picnics (W/C) have been scheduled for June, July and August. We are hoping that COVID-19 does not keep us from having our picnics. A big thank you to Nancy Kastner for securing these dates for us this year as she has for the past few years. It really takes a lot of Ullrs to keep the club running smoothly; especially those that work behind the scenes and don't always get recognition.

The ULLR trip to Lanesboro, lead by Mary VandeHei and Charlotte Navratil, is scheduled for August 22-24. Watch for information coming soon regarding that trip.

I don't know how many of you have read this article in the January/February 2021 issue in the AARP Bulletin, page 14. It is under "What Works, What Doesn't." "**Disposable gloves.** Health care workers and those in food services use them, but they are also changing them regularly and using sanitizer on them. The fact is, viruses stick to gloves as well as skin so if you're not careful to swap them out repeatedly, you may actually be increasing your risk. [It is] Better to carry hand gel and use it often." The CDC recommends a gel that is at least 60% alcohol. I miss you all - please stay safe and keep well.

ULLR Webmaster: JJ [Joe] Coursolle

See directory for address

Webster@ullr.org

NULLR Editor: Margie Deutsch

7600 Golden Valley Road, #505, Golden

Valley 55427 Nullr@ullr.org

Member Additions

Mary Hartell
Eldon Kaul
Gregory Mortenson

Please print and keep the updates that are sent to you via e-mail. Keep these updated lists with your new 2020 directory.

Thanks to Nancy Sand, for her work with the recent member directory. Having the cell phone numbers added will make it easier for members to stay in contact with members.



DID YOU RENEW YOUR ULLR MEMBERSHIP?

A Membership Form is available on the ULLR website: www.ullr.org Invite a friend to join!

The 2021 ULLR General Meetings.

The January, February and March General Meetings have been cancelled due to COVID-19. The staff of the BEC had made plans for Ullrs to have early lunch meals for planned 1:00 PM meetings. We thank them for their offer and to Ellise Lamb, Executive VP, who made these arrangements.

The BEC meeting room is large enough to be socially distanced. Hopefully masked Ullrs may gather

together for the April 8 and May 13 meetings.

Meetings are held at the Bloomington Event Center (BEC), 1114 American Blvd W, Bloomington, MN 55420. If the dining room is allowed to be open, make a meal reservation by calling 952-888-1492. It opens at 5 PM. The costs of our dinners and drinks are credited to the club to offset rental costs.

Socializing at 6 PM - Meetings start at 7 PM.

Invite a friend to come!

The ULLRNET

The ULLRnet was created as a way to receive messages of a personal nature about current and past members. If you

wish to receive or post information, please send an email message to ullrnet@ullr.org Notices must have the permission of the person for whom it is written.



Who are these Space Aliens?

Buck Hill – Sharon Marini

Five Ullrs enjoyed the sunshine and perfect grooming at Buck Hill on Monday, January 25. Ken did the half pipe while the rest of us skied the other hills. The wind was at our backs as we rode the lifts to the top. It only got to 23° but no one was cold. The hot chocolate was delicious! It was a fun day.

Skiers were: Kayle M, Barb K, Mike A, Ken M, and Sharon M

Recalling January 2021

We thank all of the planners and leaders for their work!

4 Cleary Lake Regional Park SS/XC
Nancy Sand

19 Richardson Nature Center Hike/SS
Sharon Marini

Cancelled due to COVID-19

15 ULLR General Meeting
Ellise Lamb

Begin to plan outdoor activities for this spring and summer that Ullrs may safely do. Even after you receive your vaccine shots, masks, safe distancing, and hand washing will be needed.

NOTICE OF ELECTION

Election of officers for the ULLR Ski, Bike and Social Club will take place during the Annual Meeting which will be held Thursday, April 8, 2021, at the Bloomington Event Center (KC Hall.) Officers to be elected are President, Executive Vice President, Secretary, Treasurer, Winter Programs Vice President, Summer Programs Vice President, and Membership Vice President. (The current President automatically assumes the position of Past President and becomes a Lifetime Honorary Member of the Club.)

Because of restrictions due to COVID-19, the March General meeting is cancelled. Therefore the candidates for offices are being presented by the Nominating Committee in this March Nullr. Each member shall have one vote upon each question at the meeting. Only members present at the meeting shall be entitled to

vote, except that a member may vote upon the election of officers by an absentee ballot, the form of which shall be prescribed by the board, and received by the person designated by the Board on or before the date of the Annual Meeting. The vote on Officers of the Club, Honorary Members, and all other issues that require a vote shall be by acclamation, unless otherwise determined by the Board. If the April meeting is cancelled, balloting will be done online.

Directions for Requesting an Absentee Ballot Any member wishing to vote absentee may request an absentee ballot from the ULLR President no earlier than March 15 and no later than March 29. Call Sharon Marini at 952-893-7408 or mail a request to ULLR Ski, Bike and Social Club, PO Box 201409, Bloomington, MN 55420. Completed absentee ballots must be received by the President no later than April 1 at that same address.

The Proposed Candidates

The Nominating Committee thanks these candidates for their willingness to serve on the ULLR board for 2021-22. Our club is successful because of people like these members who are willing to help. The new board takes over on May 1, 2021 and their term ends on April 30, 2022. Candidate statements are on pages 4 and 5 of this Nullr. This is a list of the proposed candidates:

President:	Janice Swanberg
Executive VP:	Ellise Lamb
Winter VP:	Nancy Navis
Summer VP:	Pat Nelson
Treasurer:	Carol Bush
Membership VP:	Jan Butler
Secretary:	Vicki Johnson

The Past President, Sharon Marini, becomes an advisor.



President - Janice Swanberg

After serving on the ULLR Board the past three years as Executive VP and Secretary, I was encouraged to serve as President. As a member of Ullrs for 33 years, I agreed to accept the committee's nomination to be an ULLR President. This occurs 21 years after my husband Jerry served as President and I was Secretary – my first Board position. I will try to do my best and look forward to your support of the Board of 2021-2022 during this uncertain time with the COVID-19 virus.



Winter V.P. - Nancy Navis

Craig and I have been members since 2015. We have enjoyed biking, skiing hiking and socializing with members of the club. I was the secretary in 2017-2019. I hope that I will be able to continue to serve the club as Winter Programs Vice President.



Executive V.P.

Ellise Lamb [returning]

I have been a member since 1982. I have hosted the Singles' Fine Dining since 2013. I have enjoyed many fun ULLR events and having many ULLR friends.



Secretary - Vicki Johnson

I became an ULLR member in October of 1995. I had been downhill skiing since 10th grade so I was really excited to have so many new friends to ski with me. I soon learned that the club was much more than ski trips. I was meeting new people and making many new friends, including my husband Ken.

In past years I have hosted summer picnics, led cultural events to museums, concerts and theater, and helped host a Progressive Dinner. I served on the Board in 2003, 2004, and 2005 in the positions of Secretary and Vice President. The skills I learned serving on the Board and Chairing events are helping me as Social Chair of the condo building where I now live.



Treasurer - Carol Bush [returning]

I have been an ULLR member since the early 1980s. I have enjoyed participating in club activities. I was on the Foundation Board in the 1990s and early 2000s, and am back on that Board. In the past I have served as ULLR Board Secretary, Membership VP, and Treasurer. I currently have been the

Treasurer since May 2018.



Summer VP - Pat Nelson

I have been an ULLR member since the mid-1990s. I have served as Winter VP, Membership VP, on nominating committees, and the

ULLR Foundation. I take part in the hiking and biking outings.



Past President Advisor - Sharon Marini

Having served as ULLR president for the past two years, I am very happy to turn this position over to our very capable Jan Swanberg. The ULLR Club has been a lifesaver especially during the pandemic. We are still able to have outdoor events. Thank you for allowing me this honor.



Membership VP Jan Butler

I joined ULLR in 1979. For a time, family, health and career kept me away. Now in retirement I have been active in the club and

enjoying old and new friends. I served as Membership VP in 2015, 16, and 17. I am hoping to see new members join as they bring talent, energy and new ideas.

Alternate voting plan for this ULLR election.

The Nominating committee chair, Mary Jane Hochstein, will announce the candidates and conduct the election at the April General Meeting. If state restrictions because of COVID-19 do not allow club members to gather for the April meeting, a ballot will be e-mailed to all members. It is requested that members return their marked ballot so the election will be legal as to the By-laws.

Cross Country Skiing, Snow Shoe, Hike?

Elm Creek Park, Eastman Nature Center

Saturday, Feb. 20, 2021 - 1:00 p.m.

Lunch TBD

The park is located in Maple Grove.

With the opening of Hwy 610 all the way to 94 the route has changed a little. Three ways to get there.

1st Take 94 west to Maple Grove Parkway. Take exit. Go north on parkway to Hwy 81. Go right 1 block to Fernbrook Lane North. Turn left going North. Look

for sign going right to Eastman Nature Center.

2nd Take Hwy 169 North. Take loop west onto Hwy 610. Take 610 to exit at Maple Grove Parkway. Follow Same instruction as above after getting on parkway

3rd Take Hwy 81 northwest to Fernbrook Lane.

Questions? Call James Habeck, 763-559-5593

Call in case of bad weather or to verify the event.

2021 Hikes, Cross Country Skiing, Snowshoeing

Please see the flyers at ullr.org for driving directions. If the weather is uncertain, call the trip leader.

February 20 - Saturday 1:00 PM

Elm Creek Regional Park - Hike/ XC / SS

Meet at the:

[Eastman Nature Center](#)

[13351 Elm Creek Road](#), Osseo

Lunch TBD

RSVP: Jim Habeck, 763-559-5593

February 23 - Tuesday, 10:00 AM

Gale Woods Farm - Snowshoe

(1-3 mi RT on ungroomed trails)

[Gale Woods Farm](#)

[7210 County Road 1190](#), Minnetrista

Snowshoe rental available

Ski poles or walking stick recommended as there are several small hills.

RSVP: Bill Brechtel, 952-474-5295(cell)

March 23 - Tuesday, 10:00 AM

Gale Woods Farm - SS Now you know the terrain, but see what a difference the past month has made.

RSVP: Bill Brechtel, 952-474-5295(cell)

VIRTUAL BIKE PLANNING PARTY

If you have an idea for a bike ride this season, send your idea and date preferred to patfitz-johns@msn.com or call Patty and John at **952-470-5411 [h] or 612-743-4565 [c]**

We would like to bike every Thursday, starting May 6th (weather permitting) and ending October 7th.

Ideally, having at least 2 rides per week would be great. Avoid week-end dates as much as possible because more people are riding then.

John and Patty will lead an occasional "Thursday City Ride" and will offer other rides to fill the schedule as much as possible. Rides should be 15 to 30 miles in length, with shorter rides early in the



Downhill Skiing Schedule

There is no host for area skiing.

Meet at 9:30 at the main lodge.

2/10	Wednesday	Afton Alps
2/17	Wednesday	Buck Hill
2/25	Thursday	Welch
3/9	Tuesday	Afton Alps
3/12	Friday	Welch

season. Rides should have a leader and a trial ride should be done to determine the safest route available.

SINGLES CARD/GAME NIGHTS

All Singles' Card & Game Nights are cancelled. Hopefully they can be resumed soon.

Contact Jan Butler about Singles' activities or to volunteer to plan and/or host an event: 952-544-8163 or cartooncat@comcast.net

SINGLES' FINE DINING on TUESDAYS

No Fine Dining events are scheduled for now. Ellise Lamb is looking forward to the time when it is safe for her to plan dining events again. Contact her at ellise.lamb@mchsi.com or 952-442-9332

TERRACE OAKS WEST PARK HIKE

(12801 Co. Rd. 11,
Burnsville)

WEDNESDAY, APRIL 7

Begin hike at 11:00 a.m.
Hike about 4 miles.

Trail has several short but
steep hills.

Walking sticks or hiking poles
are recommended.

Directions from I-35E

Take Exit 90 and drive north on
County Road 11.

The entrance to Terrace Oaks
West Park is about .7 miles from
Exit 90.

Meet in Parking Lot
**Bring your own lunch,
chair, and beverage for
after the hike.**

RSVP to Nancy Sand

(h) 952-435-5225

(c) 763-280-2600

[Call to confirm hike is OK.]

Tamarack Nature Center Hike

5287 Otter Lake Road

White Bear Township 55110

Wednesday, April 14

Meet at 11:00, Hike at 11:15
(About 3.75 miles) - Lunch TBA

Directions:

Tamarack Nature Center is located about
20 minutes north of downtown St. Paul.
From St. Paul, take I-35E north to Highway
96, go east on Highway 96 to Otter Lake
Road and turn north. Tamarack Nature
Center is located about 2.5 miles on the
left side of the road. (my cell phone GPS
took me right there)

RSVP: Karen Holmquist

H-952-431-1903, C-952-270-4739

Karen.holmquist49@gmail.com

To verify that Hike has not been
canceled, call Event chair on cell.

Lanesboro Bike & Golf Trip

August 22nd and 23rd

Bike the Root River Trail
Golf at Lanesboro Golf club or
Preston Golf and Country Club
Stay at the Green Gables Inn
More information soon.

Join us at Good Ol' Days Family Resort in Nisswa Tuesday-Friday, June 1-4, 2021

Bike the Paul Bunyan Trail or golf, shop,
fish, swim, kayak, zipline

SIGN UP DEADLINE IS MARCH 1, 2021

Cost: \$170.00* 2020 paid participants have a \$93
credit and were refunded \$77, balance due \$77.
New participants pay \$170. Participants from 2020
not wishing to come in 2021 may find a suitable sub
who will reimburse you \$93.

Includes:

- Lodging Tuesday, Wednesday and Thursday
nights • Welcome party Tuesday eve – beer &
wine provided, bring your own appetizers

- Dinner Wed. eve – beer, wine, main dish, sides
and dessert provided, bring your own appetizers.
COVID-19 restrictions: All food will be served to
each guest.

Co-Chairs: Sharon Marini, 952-893-7408 [h]

612-408-7707 [c], sanmarini@comcast.net

Patty Fitzgerald, 952-470-5411 [h]

612-743-4565 [c], patfitzjohns@msn.com

Make check payable to ULLR Club and send to:
Sharon Marini, 8201 York Av S, Bloomington, MN
55431. Include a sign-up form with your emergency
contact information.

ULLR Cancellation Policy applies.

Helmets required for bikers.

Lake of the Isles Hike

Monday, April 19, Meet at 10:30, Leave at 10:45

Meet at 28th Street - East of Lake of Isles,
West of Hennepin Av., in Minneapolis.

Round trip 3+ miles (more or less) on paved trails

around the most scenic lake and neighborhood in
the Chain of Lakes.

Lunch afterwards TBD.

RSVP to Carol Bush, 952-922-8035 [h],

952-240-7880 [c]

Finding Zug Zug in Theodore Wirth Park by Kyle McClintick
 On February 2, 19 Ullrs met at Theodore Wirth Park to search for Zug Zug, the fictional caveman encased in "ice." Zug Zug, was originally created by Zack Schumack and made for an advertising campaign. He is now encased in what looks like a massive block of ice but it really is a mix of plexiglass and epoxy. After locating the caveman and taking pictures with the statue, the group continued hiking 2 miles along Bassett Creek and up into the snowy hills of the park. The trails twisted back and forth and up and down through the woods as we carefully navigated the icy path. It was fun to get together and socialize with our face-masked friends!

Hikers attending were: Sharon, Nancy, Pat, Vicki, Patty, John, Frank, Bonnie, Bruce, Nancy, Sharon, Ken, Jan, Jerry, Roger, Sandra, Jim, Barb, and Kyle.



Frank, Zug Zug & Jim



Richardson Nature Center Hike/Snowshoe

Sharon Marini led this January 19th outing in Bloomington. It was snowing and 17 degrees. One person snowshoed. The others hiked almost 2.5 miles. It was a beautiful day.

*(Back Row) Jim H, Karen H, Kyle M
 (Front Row) Galen H, Mary Jane H, Barb K, Nancy N
 (Front): Ken M*

There still are many dates available for activities in both February and March. Maybe you have a big yard. Invite Ullrs to make a snowman, then serve some warm cocoa or hot mulled cider. Maybe a casual walk could end up at an outside dining patio. Invite some of your ULLR friends to a Zoom trivia game. Think outside the box. Have some ULLR fun!



Here are the dates for the What's Cookin' Picnics

June 9 & 23, July 7 & 21, August 4 & 18
 What's Cookin' Picnics are held in Brookview Park on Highway 55 and Winnetka Avenue in Golden Valley. Because of the uncertainty of how we will be able to gather, these are the plans in place for now. The June and July picnics will be held at noontime, the August picnics at 5:00. Everyone will be asked to bring their own food, beverage, and chair. It is hoped when enough people have their vaccine shots, this may be modified or changed. The webmaster and newsletter editor will keep you informed.