



ULLR-69 years strong! A founding member of the Midwest Sport/Ski Council. [www.midwestfun.org](http://www.midwestfun.org)

# NULLR

Visit our website for up-to-date information – [ullr.org](http://ullr.org)

June-July 2019

## The 69th ULLR AWARDS Banquet and DANCE

### NIGHT OF THE FLOWER MOON

Saturday, May 18, 2019

Chanhassen American Legion

290 Lake Drive East, Chanhassen

5:00 PM Social Hour with Cash Bar

6:00 Buffet Dinner

6:45 Awards Presentation

8:00 PM Dancing to the K J Quartet



*“Lo, the winter is past, the rain is over and gone; the flowers appear on the earth; the time of the singing of birds is come...” Native Americans named this May full moon, the flower moon.*

Celebrate this month’s full moon with your ULLR friends!

**Cost:** \$40 Pay at the ULLR meeting or  
**Send** your check, payable to ULLR, to Diane Erlandson  
 8200 West 33rd St., #302, St. Louis Park 55426  
**Reservation deadline:** Friday, May 10,  
 ULLR Cancellation Policy applies.  
 Chairs: Jan Swanberg and Janet Farber

## Bike Edina-to-Bloomington Loop

Tuesday, May 28, Meet 9:15, Bike 9:30 AM

Start: Park at Macy’s Home Store, 7235 France Ave. S.  
 (park away from the front entrance)

We will start at Macy’s Home Store, ride thru a former golf course, across a long wooden bridge, continue past Braemar Golf Course into Bloomington along residential streets, thru Hyland Park Reserve and return to Edina. Rolling terrain, approximately 20 miles.

Lunch after ride at a local restaurant

RSVP: Pat Nelson, 952-893-1045, [panelson66@msn.com](mailto:panelson66@msn.com)

## Bike Loop: Bloomington thru Eden Prairie

Monday, June 24, Arrive 9:45, Ride 10:00 AM

Meet at Hyland Lake Park Reserve Visitor Center  
 10145 E Bush Lake Rd, Bloomington



Starting at visitor center, riding around Staring Lake, to Eden Prairie transit center, stopping at Veterans Memorial, past shopping center and returning to Bloomington.

Lunch after ride at Willy McCoys, (half price burgers)

RSVP: Pat Nelson, 952-893-1045, [panelson66@msn.com](mailto:panelson66@msn.com)

*Helmets are required. In event of rain, contact ride leader for possible cancellation*



Hiking at Terrace Oaks West Park  
 Monday, May 13

Ullrs are looking forward to:



1st City Bike Ride  
 Thursday, May 16



Spring Awards Banquet & Dance  
 Saturday, May 18



What’s Cookin’ picnics  
 start June 5.



Nisswa Bike, Golf, socialize, relax  
 June 10-13

## 2019 IMPORTANT CONTACTS OFFICERS OF THE CLUB

### President

Sharon Marini: [ULLRPrez@ULLR.org](mailto:ULLRPrez@ULLR.org)

### Executive VP

Janice Swanberg: [ExecVP@ULLR.org](mailto:ExecVP@ULLR.org)

### Winter Programs VP

Linda Heintz: [WinterVP@ULLR.org](mailto:WinterVP@ULLR.org)

### Summer Programs VP

Mary VandeHei: [SummerVP@ULLR.org](mailto:SummerVP@ULLR.org)

### Membership VP

Nancy Sand: [MembershipVP@ULLR.org](mailto:MembershipVP@ULLR.org)

### Treasurer

Carol Bush: [Treasurer@ULLR.org](mailto:Treasurer@ULLR.org)

### Secretary

Judy Burich: [Secretary@ULLR.org](mailto:Secretary@ULLR.org)

### Past President/Advisor

Joan Roe: [PastPrez@ULLR.org](mailto:PastPrez@ULLR.org)

## PROGRAM COORDINATORS

### Alpine-Nordic

Barb Kolbe: See directory

### Ski Racing

Brian Johnson: [Racing@ULLR.org](mailto:Racing@ULLR.org)

### What's Cookin' Cashiers

Carole Nelson & Sharon Pappas:

[WCcashier@ULLR.org](mailto:WCcashier@ULLR.org)

### What's Cookin' Supply Chairs

Nancy Kastner

[WhatsCookin@ULLR.org](mailto:WhatsCookin@ULLR.org)

### What's Cookin' Beverage Chairs

Bruce Warner-water, pop

[Beverages@ULLR.org](mailto:Beverages@ULLR.org)

### Biking

John Stiefel: [Biking@ULLR.org](mailto:Biking@ULLR.org)

### Singles

Jan Butler: [Singles@ULLR.org](mailto:Singles@ULLR.org)

### Folding Parties

Nancy Sand: [FoldingParty@ULLR.org](mailto:FoldingParty@ULLR.org)

### General Meetings

Janice Swanberg: [ExecVP@ULLR.org](mailto:ExecVP@ULLR.org)

### MSC Representatives

Linda Heintz: [WinterVP@ULLR.org](mailto:WinterVP@ULLR.org)

Dolly Eastman: [MSCrep@ULLR.org](mailto:MSCrep@ULLR.org)

MSC [www.midwestfun.org](http://www.midwestfun.org)

### ULLR Foundation President

Jan Cady: [FoundationPrez@ULLR.org](mailto:FoundationPrez@ULLR.org)

## COMMUNICATION

### ULLR Webmaster

JJ [Joe] Coursolle: [Webster@ULLR.org](mailto:Webster@ULLR.org)

### NULLR Editor & Designer

Margie Deutsch: [NULLR@ULLR.org](mailto:NULLR@ULLR.org)

### ULLRnet

Fran DeWell & Mary Jane Hochstein

[ULLRnet@ULLR.org](mailto:ULLRnet@ULLR.org)

## LETTER FROM THE PRESIDENT

by Sharon Marini



It is that time of the year when some Board positions change. I am the 'lucky' one to be your president for the coming year. We have an enthusiastic Board to lead Ullrs for the coming year.

We all look forward to biking, hiking, picnics, socializing etc. in the summer months. Your support and participation of events assures their continuation.

There are many great bike rides both on Thursdays and other days. Check our website, [ullr.org](http://ullr.org), and look at the upcoming Events Schedule. If a response is needed for a potluck or other event, please respond in a timely manner so the hosts can plan food and space or order tickets.

Our western ski trip next year is to Big Sky, Montana. Staying on the hill, we will be able to ski in and ski out. It is a huge ski area and has something for everyone. Please join us next March 2020.

### Little known facts:

The man who found the 5,000 year old corpse, Otzi the Iceman, in 1991 (the oldest natural European mummy) was also found frozen in the ice in 2004. Those of us who biked in northern Italy several years ago saw Otzi in a museum in Italy.

There are McDonald's in every continent except Antarctica. (However, we almost never stop at one on our bike rides.)

A human nose can remember 50,000 different scents. (Are you ready to smell all the scents of spring on our May bike rides?)

If you haven't done so already, please renew your membership at the summer picnics at the low price of \$25 per person. A membership form needs to be signed by each person who is renewing. This not only is convenient, it saves a stamp!

## Membership Spotlight

**Change of email address: Janet Stalpes**

**WELCOME THESE NEW MEMBERS: Richard J Huber & Carol Kemp**

[Members will receive complete member information via e-mail.]

Soon you will receive e-mailed front and back pages for your current membership directory. This orange-colored 2018 Directory was mailed to you in December 2018. Please print and keep these updated pages.

## The ULLRNET

The ULLRnet was created as a way to receive messages of a personal nature about current and past members. If you wish to receive or post information, please send an email message to [ullrnet@ullr.org](mailto:ullrnet@ullr.org) Notices must have the permission of the person for whom it is written.

**ULLR Webmaster:** JJ [Joe] Coursolle

See directory for address

Phone: 612-750-0927;

[Webster@ullr.org](mailto:Webster@ullr.org)

**NULLR Editor:** Margie Deutsch

8940 Northwood Pkwy., New Hope 55427

Phone: 763-545-5845;

[Nullr@ullr.org](mailto:Nullr@ullr.org)

## A Walk down the ULLR Memory Lane as reported in the **June-July 2000 Nullr**.

by Margie Deutsch

**Alan Moore** finished his 2-year Nullr editorial duties and helped Joyce Crozier as she took on the monthly task.



**Colleen Barden** was thanked for co-chairing the Spring Banquet. It was held in conjunction with other area ski clubs at the Decathlon Club and Hotel in Bloomington. (Seven months later, a fire there required the building be demolished. A huge water park is on that site now.) After the meal, Ullrs went to a private room for the club's award ceremony. **Sunny Zenk** was named "Skier of the Year."

**Gwen Kline** and Tom Larkin chaired a noon-time brunch buffet at downtown Brit's Pub. Afterwards Ullrs went up to the grassy rooftop and learned how to do lawn bowling.

The 2001 ski trip season was announced. There were five trips scheduled: Kimberly/Fernie in Canada; Val d'Isere in France; Summit County in Colorado (led by **John Vogt** and

Erl Erlandson); Whistler/Blackcomb (co-leader **Jerry Swanberg**); and Park City, Utah. WOW! All great trips!

Two big golfing events were scheduled. The ULLR classic at Shadow Brooke County Club was chaired by **Ken Ernst** and the Golf Scramble at Applewood Hills Executive was co-chaired by **Ken Johnson**.

**Charlotte Navratil** and **Alan Moore** have kept a fun day going for 19 years. They had just moved from White Bear to Silver Lake. They invited Ullrs to come and visit them, have a bike ride and a pot-luck picnic. Ullrs do keep doing traditional things for a l-o-n-g time.

ULLR president **Joyce Ingalls (Krake)** wrote in her letter that just when members received the newsletter she was marrying the club treasurer, Wally Krake. The year before, the president, **Jerry Swanberg** had married the club secretary, **Jan Pfarr (Swanberg)**. Joyce assured ULLR club members that this was not a requirement to be on an ULLR Board.

Share this newsletter with friends. Invite them to join Ullrs!



### Winter Sports Planning Party

Sunday, July 21 - 4:00 PM

15001 Burnhaven Dr, Burnsville

Gramercy Club Party Room, Hostess: Nancy Sand

Bring your ideas for a one-day or multi-day downhill, cross country, snowshoe, or hiking event. You only need to set

the date, place and time, and if desired, where to socialize and/or eat

lunch or dinner. Please bring a dish to share:

appetizer, salad, vegetable or dessert. The main dish and beverages will be provided.

**RSVP:** Barb Kolbe, 651-633-0936 or

Linda Heintz, 651-454-6152



### Membership Directory Changes

In May, watch for the e-mailed updated front and back pages for the current Membership Directory. The full directory will be mailed in December. Please print this update and also the monthly member's updates.

**Call to be put onto a wait-list. Or find other accommodations nearby and join in on the fun.**

**Nisswa: June 10-13, Monday - Thursday**

**Bike the Paul Bunyan Trail or**

**Golf, shop, fish, swim, kayak, just relax!**

Only \$168, due at sign-up

**Includes:**

3 nights Lodging; Continental breakfasts; Welcome party Monday eve – drinks provided, appetizers by assignment; Dinner Wed. eve – drinks, main dish and dessert provided, appetizers and sides by assignment.

Make check payable to ULLR Club and send to: Maryann Schwebel, 15 Orme Lane, St. Paul, MN 55116. Include

emergency contact, roommate & lodging preferences with your check. Lodging assignments are first come/first served on receipt of check.

*Good Ol' Days Resort* is next to trail, just north of Nisswa. Stay in 2 or 3 bedroom condos or Lodge rooms. For more information, see website: [www.goodolddaysresort.com](http://www.goodolddaysresort.com)

**Chairs:** Charlotte Navratil, 612-581-2890, [charna1017@embarqmail.com](mailto:charna1017@embarqmail.com)

Gail West, 763-360-7445,

[hal.gail.west@prodigy.net](mailto:hal.gail.west@prodigy.net)

Maryann Schwebel, 651-690-3547,

[jpschwbel@stthomas.edu](mailto:jpschwbel@stthomas.edu)



## At the Chanhassen Dinner Theater

Wednesday, August 28



Lunch at 11 AM, Play at 1 PM

Note: Good matinee tickets are going fast, so please join me. I have reserved twenty seats for this date.

**Ticket Price - \$65**

Send check by July 27

**payable to:** Janice Swanberg

2241 Erin Court, New Brighton, MN 55112

651-633-7178

ULLR Cancellation Policies Apply

### Recalling March & April

*A sincere thanks to these Ullrs who planned, organized and/or led an event.*

#### 3/8, Whitetail Woods Hike

Nancy Sand

#### 3/14, ULLR General Meeting:

##### Twin Cities Big Bands

Jerry and Jan Swanberg

#### 3/17 Biking Planning Party

John Stiefel & Patty Fitzgerald

#### 3/27, 4/18 and 24, Code Breakers

##### Programs, Parts 1 & 2

Gary Gray

#### 4/5 & 9, Renewable Energy Talk

Gary Gray

#### 4/12, Singles Card/Game Evening

Jan Butler

#### 4/23, Singles lunch at

##### Margaritaville

Ellise Lamb



### ULLR Membership for 2019

Welcome! You may print a membership form by logging onto [www.ullr.org](http://www.ullr.org) and click on '[Membership Information](#).' Paper copies will also be available at all ULLR picnics. Couples using the same form must both sign at the bottom of the waiver section. If renewing and all of your information is the same as last year, write 'same' on the form. The mailing address is found at the bottom of the membership form. If you wish to have a copy of the ULLR newsletter sent thru the mail, the extra charge is \$15.00 which will increase your check amount to \$40.00. Questions, please contact Nancy Sand at [MembershipVP@ULLR.org](mailto:MembershipVP@ULLR.org)

### Snow, and in April, rain caused these events to be rescheduled in March and April. Thanks to the planners who made changes.

Afton Alps ski day; Bike Planning Party, an energy talk by Gary Gray, and a General Meeting.

**These events were cancelled. However, the planners are still thanked for their work.**

3/19 Gale Woods Farm SS/Hike - Bill Brechtel

4/12 Lake of the Isles Hike - Carol Bush

4/18 Minnehaha Falls Hike - Karen Holmquist

**Thanks to our webmaster, Joe Coursolle, for posting the changes!!**

### (1 room left) LANESBORO BIKE GOLF 2019

**August 25-27** (Sunday and Monday nights)

**Cost:** \$123.00/person (2/room), payable on signup. Single supplement for 1 to a room \$100.

Space available for 28 people.

**Includes:** \* Two nights lodging at Green Gables Inn, Lanesboro, 2 to a room.

\* Sunday and Monday social hour with appetizers, wine, beer and water (bring your own pop). Please bring an appetizer to share for social hour. *(If you are staying somewhere else nearby, please pay \$10 for treats.)*

- Monday and Tuesday breakfast – coffee, tea, continental breakfast (juices, yogurt, fruit & muffins). Dinner is on your own on Sunday and Monday nights.
- Options:** • Bike the Root River Trail – 10, 20, 30 or 40 miles round trip.

- Golf at Lanesboro Golf Club in Lanesboro (507-467-3742) or Preston Golf & Country Club in Preston (507-765-4485.) Make your own reservations.
- Scenic Valley Winery in Lanesboro; Historic Forestville (State Park/Mystery Caves) Niagara Caves in Preston; Amish Tours.
- Commonweal Theatre: Sunday matinee 1:30 pm, "Peter and the Starcatcher" and/or Monday at 7:30 pm, "Boeing Boeing". Call the [Commonweal Theatre](http://CommonwealTheatre.com) at 800-657-7025 if you want a reservation.

**Cost:** \$35.00 per play.

**Contact:** Carol Thelen, 320-333-6642, [carolte@me.com](mailto:carolte@me.com) or Marilyn Barnard, 651-402-0301, [mbarnard3952@gmail.com](mailto:mbarnard3952@gmail.com)

Send checks made out to "ULLR Club" to: Carol Thelen 7517 Shadyview Lane North, Maple Grove, MN 55311

**Signup deadline: June 1, 2019**

ULLR cancellation policy applies.



## Big Rivers Trail Bike Ride

**Tuesday,  
May 21 - Meet at  
9:15 am**

Ride the beautiful Big Rivers trail along the Mendota bluffs and the

confluence of the Minnesota and Mississippi Rivers, through Ft. Snelling to Minnehaha Falls then along the east river road back to the Big Rivers trail. Rolling terrain, approximately 20 miles.

Starting Location: see flyer

**Lunch** after the ride at Lucky 13 Pub, 1352 Sibley Memorial Highway, Mendota Heights 55150

**RSVP** to Nancy Navis, 651-456-9107 (h) or 651-329-4836 (c)

## Hike Terrace Oaks West Park

**Monday, May 13, 2019 Hike begins at 11 AM**

The hike is about 4 miles. The trail has several short but steep hills. Walking sticks or hiking poles are recommended. See oak savannah restoration work at Terrace Oaks. The project will restore 26 acres of the park. Buckthorn and weedy tree species are being removed, and the area will be seeded with prairie and woodland grasses. The end goal of the restoration effort is more usable and aesthetically pleasing areas for park users and improved habitat for plants and wildlife.



Directions from I-35E Take Exit 90 and drive north on County Road 11. The entrance to the park is about .7 miles from Exit 90. Meet in Parking Lot

**Lunch** after hike at: Jensen's Cafe 12750 Nicollet Avenue South, Burnsville

**RSVP:** to Nancy Sand (h) 952-435-5225

(c) 763-280-2600 [nsand878@gmail.com](mailto:nsand878@gmail.com)

## Coming soon: What's Cookin' Picnics!



What's Cookin' Picnics are held in Brookview Park on Highway 55 and Winnetka Avenue in Golden Valley. (See the map in the directory.)

### Picnics start at 5 PM with food served at 6 PM.

Invite your friends. Come and join the fun. The picnics are the best attended ULLR event. The meal ends with delicious desserts made and/or served by the Foundation. In return, the Foundation receives \$.75 per person. The other meal costs are: Shelter - \$2.00; Supplies - \$.25; Food - \$4.00; 2 Beverages - \$1.00. (Water, Lemonade, Arnie Palmer Lemonade/Tea) **Note: the Park Board no longer allows alcohol in the park.**

**Cost: \$8.00 (meal, dessert, and 2 beverages)**

### Non-meal prices are:

\$3.00 for 2 beverages, no meal (includes shelter rental)  
\$1.00 for each beverage over 2  
\$ .75 for extra dessert (to the Foundation)  
\$2.00 attendance only (for the shelter rental)

June 5	Meatloaf supper	ULLR Bikers
June 19	Pulled pork	ULLR Board
July 10	Chicken salad	ULLR Singles
July 24	Mexican fiesta	ULLR Foundation
August 7	TBD	70's & 80's
August 21	German supper	Margie Deutsch & Friends
Sept. 4	Hot dogs	ULLR Skiers

## Pot luck Social and Bike Ride

**Saturday, June 27**

**BIKERS: Arrive by 10:00 - Ride departs at 10:30**

Bike Scenic Rural Countryside or Luce Line Trail

Bike helmets required

**SOCIAL & POT LUCK - Arrive 1:00 pm**

**Pot Luck with grilled hamburgers at 2:30**

\$1.00 Donation Requested

Please bring a dish to share, your beverage and a lawn chair.



Optional items: mosquito repellent, sunscreen, swim suit, towel, sunglasses

**Hosts:** Charlotte Navratil and Alan Moore

11708 200<sup>th</sup> St., Silver Lake, MN 55381

Home 320-327-2396 or Cell 612-581-7669

[moorea0728@embarqmail.com](mailto:moorea0728@embarqmail.com)

**RSVP by email, Text to Cell or Call either Phone**

Silver Lake is located 38 miles west of 494 on Hwy 7. In Silver Lake after the Dollar General turn RIGHT on Co Rd 16. Go WEST approx. 1 mile.

Where the blacktop road makes a sharp right turn: go STRAIGHT on the GRAVEL road.

Where the gravel road curves left, our home is the first house on the right. (See map on [flyer](#))

For more details on these rides, see the flyers at [ullr.org](http://ullr.org)

## Dakota Rail Regional Trail

**Saturday, June 22** Meet at 10 am, Bike at 10:15  
20 miles (with option of more miles)

Bike this paved trail through scenic rural countryside, going west from St Boni to Mayer, or further if you wish.

**Lunch** after the ride at Mackenthurn's Deli,  
**RSVP:** Sally Chevalier, 952-935-7000,  
[salchevalier@yahoo.com](mailto:salchevalier@yahoo.com)



## Cannon Valley Ride

**Thursday, June 27** There are two choices:

40 miles RT - Meet at Welch Trailhead at 8:45 am.  
Ride to Red Wing and back to Welch  
20 miles RT - Meet at Welch Trailhead at 11:00 am.  
Ride to Cannon Falls

**Lunch** in Cannon Falls TBD  
**RSVP:** Sharon & Ken Marini, (H) 952-893-7408,  
Cell (day of ride): 612-408-7707

The First **Thursday City Ride** will be **May 16.**

**Meet 9:15 am, Ride 9:30 am**

Meet in the [Lynnhurst Field](#) parking lot- North side,  
[1500 West 50th Street](#), Minneapolis (Between  
Minnehaha Pkwy & James Avenue.)

## Biking, Strolling, Music, Bratwurst and Beer

Join Ullrs at the Germanic American  
Institute for Deutsche Tage (German Days.)  
301 Summit Av., St. Paul 55102

**Date: Saturday, June 8, 2019**

**Bikers:** Meet there at 10:30 AM for a 15  
mile Fahrradtour (bike tour) ride in the  
Summit Avenue area. This ride is now called the *Manfred  
Deutsch Memorial Ride* as he was the schnitzel fryer at  
the GAI for Deutsche Tage for many years as well as a  
loyal ULLR biker.

**Helmets are required.**

The ride will be led by John Stiefel (cell: 612-743-4565).

**Hikers:** Meet there at 11:30 for a stroll in the area. (No  
leader.)

**Everyone:** Meet at the GAI at 12:30 PM for German  
music, bratwurst, and German beer.

This year there will be two pavilions; an Environmental  
Pavilion focusing on "green" practices in Germany and in  
the U.S. and also an Apprenticeship Pavilion highlighting  
the German Dual Education system and advancements in  
local apprenticeship options.

**Contact:** Margie Deutsch, 763-545-5845 (h),  
763-498-9366 (c), [mandmdeutsch@aol.com](mailto:mandmdeutsch@aol.com)



## Sommerfest

*Will be hot with this tango-  
inspired performance.*

**Friday, July 19, 2019, 8:00 PM**

at Orchestra Hall on the redesigned  
Nicollet Mall.

This concert celebrates and pays homage to some of  
Argentina's greatest musical traditions.



**Price: \$29 per ticket for concert** - main floor seats.

Payment must be received by June 10<sup>th</sup>.

Make checks payable to Carol Burgess

**Mail to:** 16705 12th Av. N., Plymouth, MN 55447.

Contacts: Carol Burgess, 763-404-1010;

[burge003@umn.edu](mailto:burge003@umn.edu) or Ray Hartmann, 612-644-1150

**6:30 to 7:30 PM: Join your ULLR friends for a fun  
evening of music. Meet on Peavey Plaza for  
socializing, food and drinks prior to the concert**



## Glensheen

You have to see for your-  
self how the infamous  
Duluth murder transforms  
into the blockbuster  
musical comedy!!

**Sunday, July 28 at 2 PM**

History Theatre,  
30 E 10th St., St. Paul

Parking is free at meters on Sundays or park-pay in the  
Municipal Ramp at 13 Exchange St. W.

**Dine after show** on your own at award winning

*Black Sheep Coal Fired Pizza*,

512 Robert Street, St Paul

**Cost \$38** Make check to: Joan Roe

**Mail to:** 5800 Creek Valley Rd., Edina, MN 55439  
952-200-1601

Limited to 20 Ullrs Cut-off date: June 28  
ULLR Cancellation policy applies

Look for new event flyers at [ullr.org](http://ullr.org) as many trip leaders are still posting them.



## THE VIKINGS MEET THE VIKINGS

By Nancy Sand

Tuesday, July 30, 2019 Tour 12:45 PM

Join your ULLR friends at the American Swedish Institute (ASI) to tour **The Vikings Begin** – an extraordinary exhibit featuring

Viking boat-grave artifacts with many finds that are around 1400 years old. With Viking helmets, swords and weapons for attack and defense, as well as jewelry, glass vessels, bowls and other objects with magical importance, the artifacts tell stories both about the society and the people buried with them. The installation is divided into thematic sections on Viking warfare, maritime trade, a ship burial, Norse gods, the Baltic Sea and geo-political relationships to other cultures. This collection has never been exhibited outside of Scandinavia.

Following the tour, see items from our local Minnesota

Vikings Museum, showcasing objects and history related to Minnesota Vikings football.

Plus, see a special kinetic sculptural installation by Danny Saathoff that captures the steady change of time. This exhibition is inspired by the shores of Lake Superior and the ways in which the lake is showing us how it is affected by climate change. The subtle movements of Saathoff's suspended sculpture tell of the shifts underneath and the possibilities of finding solutions ahead.

**Optional lunch:** 11:30 a.m. at the French Meadow Bakery & Café at 2610 Lyndale Av.S. Our guided tour at ASI of The Vikings Begin exhibit starts at 1:00 p.m. Following the tour, Ullrs may enjoy coffee and treats at the ASI FIKA Café and visit the MN Vikings and the kinetic sculpture exhibits.

**Cost** is \$20 for the ASI Museum and Museum tour.

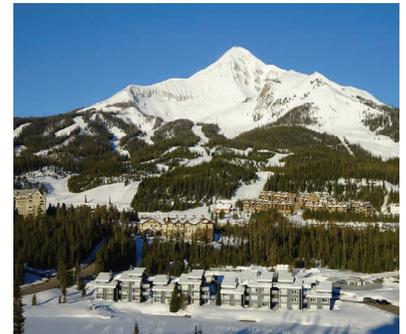
**Send checks** payable to Nancy Sand **no later than July 10.** 15001 Burnhaven Dr., #108, Burnsville 55306.

## BIG SKY - Montana 2020

ULLR skiers, save **March 15-21** for our 2020 ski trip to Big Sky. It has been ten years since our ULLR Club has been to Big Sky, and trip chairs Sharon Marini and Nancy Sand are planning a trip that will check many of what skiers like on a ski trip:

- 5,850 total skiable acres
- 400 inches of powder average per year
- 2,300 acres of beginner and intermediate terrain
- 4,350 vertical feet of skiing
- Ski lift with heated seats and bubble
- Tram to the top (ride up/ride down)
- Resort shuttle to shopping and restaurants
- Snowshoe, cross-country, zip line

- Ski in/ski out lodging
- Discounted lift tickets
- Up to 5 days of skiing
- Lodging with an outdoor pool and hot tubs
- Awesome scenic views



**Trip cost:** \$1,556 (Land Only \$983)

includes: roundtrip airfare to Bozeman & bus to Big Sky; lodging at Huntley Lodge in the Mountain Village with 2 per room; daily breakfast buffet; ski valet, and luggage handling; Pre-trip Party and Welcome Party; and Group Dinner at Huntley Lodge.

**Payment schedule:** \$500 due at signup, \$500 due 9/1/19, \$556\*\* due 12/1/19

(\*\* - Final payment subject to change)

**This trip will be opened to MSC members on June 15. Don't delay! Sign up now to reserve your spot.**

Sign up now to join your ULLR skier friends on the slopes at Big Sky in 2020!

### Looking ahead to 2019-2020

Do you have an idea for a speaker or program? Contact Exec VP Jan Swanberg. Dates for the ULLR General Meetings at the Bloomington Event Center:

Thursdays: October 3, 2019, November 14, 2019, January 16, 2020, February 13, 2020, March 12, 2020, April 23, 2020.

**ULLR will celebrate its 70th anniversary in 2020!**

## 2019 Social Calendar *See [ullr.org](http://ullr.org) for flyers*

**May 18, Saturday - 5:00 PM** (see p.1)  
ULLR Awards Banquet & Dance  
Contact: Jan Swanberg, 651-633-7178

**May 28, Tuesday - 11:15 AM**  
Singles Lunch at Crave Restaurant  
RSVP: Ellise Lamb, 952-442-9332

**June 5, Wednesday - 5:00 PM**  
What's Cookin' Picnic hosted by bikers  
Contact: Mary VandeHei, 952-975-3974

**June 8, Saturday - Around Noon**  
German Days at the GAI (Germanic American Institute) (see p.6)  
Contact: Margie Deutsch, 763-545-5845 or that day: 763-498-9366 (c)

**June 10-13, Monday-Thursday**  
Good Ol' Days: Bike, Hike, Golf  
Gail West, 763-360-7445, (see p.3)  
Char Navratil, 612-581-2890,  
Maryann Schwebel, 651-690-3547

**June 14, Friday - 5:00 PM (summer!)**  
Singles Pot luck/Game Night  
Host: Ellise Lamb, 952-442-9332

**June 19, Wednesday - 5:00 PM**  
What's Cookin' Picnic hosted by the ULLR Board "Pulled pork supper"  
Contact: Mary VandeHei, 952-975-3974

**June 25, Tuesday - 11:15 AM**  
Singles Lunch at *Maynards* Restaurant  
RSVP: Ellise Lamb, 952-442-9332

**July 10, Wednesday - 5:00 PM**  
What's Cookin' Picnic hosted by the ULLR Singles; "Chicken salad"  
Contact: Jan Butler, 952-544-8162

**July 12, Friday - 5:00 PM**  
Singles Pot luck/Game Night  
Host: Jim Habeck, 763-559-5593

**July 19, Friday - meet by 7:30 PM**  
Sommerfest- Minnesota Orchestra  
RSVP: Carol Burgess (see p.6)

**July 21, Sunday - 4:00 PM**  
Winter Planning Party (see p. 3)  
Host: Nancy Sand

**RSVP:** Barb Kolbe, 651-633-0936  
or Linda Heintz, 651-454-6152

**July 23, Tuesday - 11:15 AM**  
Singles Lunch at CöV Restaurant  
RSVP: Ellise Lamb, 952-442-9332

**July 24, Wednesday - 5:00 PM**  
What's Cookin' Picnic hosted by the Foundation "Mexican Fiesta"  
Contact: Jan Cady, 763-425-4238

**July 27, Saturday - Around 1:00** for  
Picnic at Silver Lake (10:00 bike ride)

Contacts: Alan Moore & Charlotte Navratil (see p. 5)

**July 28, Sunday - by 1:45 PM** (see p.6)  
"Glensheen" at the History Theatre  
RSVP: Joan Roe, 952-914-9124

**July 30, Tuesday - 12:45 PM**  
Vikings Meet the Vikings - (see p. 7)  
at the American Swedish Institute  
**11:30 AM** Optional lunch  
Contact: Nancy Sand; 952-435-5225

**August 7, Wednesday - 5:00 PM**  
What's Cookin' Picnic hosted by the 70 & 80 Birthday folks  
Contacts: Karen Holmquist and Mary Jane Hochstein, 763-479-6890

**August 10, Saturday - around noon**  
Non-bikers: Bring your own lunch, come earlier to explore the farm  
RSVP: Bill Brechtel, 952-474-5295

**August 25-27, Sunday-Tuesday**  
Lanesboro Bike, Golf, Explore (see p.4)  
Contact: Carol Thelen, 320-333-6642,  
or Marilyn Barnard, 651-402-0301

**August 28, Wednesday**  
Chanhassen Dinner Theatre for "Mama Mia" (see p. 4)  
Contact: Jan Swanberg, 651-633-7178  
[gswanbe@aol.com](mailto:gswanbe@aol.com)

Contact Jan Butler about Singles' activities or to volunteer to plan and/or host an event: 952-544-8163, [Singles@ULLR.org](mailto:Singles@ULLR.org) or [jscmunch@comcast.net](mailto:jscmunch@comcast.net)

### SINGLES CARD/GAME NIGHTS

Bring a dish to share, beverage, and any games you would like to play. **Please RSVP to the host!**

**Date:** Friday, May 10 - 7:00 PM  
**Host:** Jan Butler - [jscmunch@comcast.net](mailto:jscmunch@comcast.net) - 13506 Larkin Dr., Minnetonka 55305 - 952-544-8163

**Date:** Friday, June 14 - 5:00 PM - Pot-luck/games  
**Host:** Ellise Lamb, 952-442-9332  
[ellise.lamb@mchsi.com](mailto:ellise.lamb@mchsi.com)  
73 Lakeview Terrace Blvd., Waconia 55387

**Date:** Friday, July 12 - 5:00 PM Pot luck/games  
**Host:** Jim Habeck - [james.habeck@q.com](mailto:james.habeck@q.com)  
12030 54th Av.N., Plymouth 55442 - 763-559-5593

### New Hike (see p. 5)

**May 13, Monday - Hike: 11:00**  
Terrace Oaks West Park  
RSVP: Nancy Sand, 952-435-5225

See flyers at [ullr.org](http://ullr.org) for details. In case of bad weather, call the trip leader to verify the event has not been canceled.

### 2018 SINGLES' FINE DINING

Please RSVP to Ellise Lamb by the Sunday before the event. [elise.lamb@mchsi.com](mailto:elise.lamb@mchsi.com) or 952-442-9332

**May 28 - Lunch - 11:15 AM** at Crave American Kitchen & Sushi Bar, 3520 West 70th Street, Edina; [craveamerica.com](http://craveamerica.com)

**June 25 - Lunch - 11:15 AM** at Maynards, 685 Excelsior Blvd., Excelsior 55331; [maynards-excelsior.com](http://maynards-excelsior.com)

**July 23 - Lunch - 11:15 AM** on the deck at CöV Restaurant, 3115 Galleria, Edina 55435; [covedina.com](http://covedina.com)

# Amended Biking Calendar – 2019

**Bicycling Program Coordinator:** John Stiefel [H] 952-470-5411 [C] 612-743-4565. Please check the ULLR website at [ullr.org](http://ullr.org) for flyers with details for each listed event.

**Helmets are required on all ULLR rides. All times are A.M.**  
In case of uncertain weather, call the trip leader

**THURSDAY MORNING RIDES** will begin May 16 and run through Oct. 10. Most rides meet at Lynnhurst Park on 50th Street W. and Minnehaha Pkwy. at 9:15 AM and start at 9:30 AM. Check [ullr.org](http://ullr.org) for alternative locations and times.  
to see if the ride is cancelled.

## MAY

### May 10, Friday - 10:00 (change)

Hopkins to City Lakes  
Contacts: John Stiefel & Patty Fitzgerald, 952-470-5411

### May 16, Thursday - 9:15

First Thursday City Ride  
Contact: John Stiefel, 952-470-5411

### May 21, Tuesday - 9:15 (see p. 5)

Big River Trail - Mendota  
Contacts: Craig & Nancy Navis  
651-456-9107

### May 23 & 30, Thursdays - 9:15

Thursday City ride  
Contact: John Stiefel, 952-470-5411

### May 28, Tuesday - 9:15

Edina-Bloomington Ride (see p. 1)  
Contact: Pat Nelson, 952-893-1045

## JUNE

### June 6, Thursday - 9:15

Thursday City Ride (Meet at Wabun)  
Contact: John Stiefel, 952-470-5411

### June 8, Saturday - 10:30 (see p. 6)

Manfred Deutsch Memorial Ride & a day at the GAI for Deutsche Tage  
Contacts: John Stiefel, 952-470-5411 & Margie Deutsch, 763-545-5845

### June 10-13, Monday - Thursday

Paul Bunyan Trail - Nisswa  
Contacts: Gail West, Char Navratil, Maryann Schwebel, 651-690-3547 (MS)

### June 20, Thursday - 9:00

Gray Cloud Island  
Contact: Karen Clark & Mike Bakula  
651-328-0600 (KC)

### June 22, Saturday - 10:00 (see p. 6)

Dakota Trail - St Boni to Mayer  
Contact: Sally Chevalier, 952-935-7000

### June 24, Monday - 9:45 (see p. 1)

Bloomington to Eden Prairie  
Contacts: Pat Nelson, 952-893-1045  
Marcia Switenki, 952-941-6882

### June 27, Thursday - 8:45 (40 miles);

11:00 (20 miles) (see p. 6)  
Cannon Valley Trail  
Contacts: Sharon & Ken Marini  
952-893-7408

## JULY

### July 4, Thursday - 9:15

Capital Ride/Potluck  
Contacts: Nancy & Craig Navis  
651-456-9107

### July 11, 18 & 25, Thursdays - 9:15

Thursday City Ride (the 18th at Wabun)  
Contact: John Stiefel, 952-470-5411

### July 13, Saturday - 9:00

Elm Creek Park  
Contact: Dale Bonham, 320-309-1023

### July 16, Tuesday

Bruce Vento Trail  
Contact: Nan Fergen, 651-644-3033

### July 27, Saturday - 10:00 (see p. 5)

Silver Lake Ride & Pot-luck Social (1:00)  
Contacts: Alan Moore & Charlotte Navratil, 320-327-2396

### July 29, Monday - 9:15

Nine Mile Creek  
Contact: Joan Roe, 952-914-9124

## AUGUST

### August 1, 15, 22, 29 - Thursdays

9:15 City Rides (the 22nd at Wabun)  
Contact: John Stiefel, 952-470-5411

### August 3, Saturday - 9:00

Douglas Trail  
Contacts: Pat Nelson, 952-893-1045  
Judy Burich, 952-440-3188

### August 8, Thursday - 9:15 (day changed)

Charlie Brown Memorial Ride on the Browns Creek Trail, Stillwater  
Contact: Joan Roe, (c) 952-200-1601

### August 10, Saturday - 9:00

Dakota Trail, Gale Woods Farm Picnic  
Contact: Bill Brechtel, 952-474-5295

### August 13, Tuesday - 9:00

Pine Bend to Hastings  
Contacts: Karen Clark & Mike Bakula  
651-328-0600 (KC)

### August 18, Sunday

Maple Grove Ride/Potluck  
Contacts: Hal & Gail West  
763-427-6254

### Aug. 25-27, Sunday-Tuesday (see p. 4)

Lanesboro Bike & Golf  
Contacts: Carol Thelen, 320-333-6642 & Marilyn Barnard, 651-402-0301

## SEPTEMBER

### September 2, Monday - 10:00

South Bloomington Overlook Drive  
Contact: John Vogt, 952-829-7056

### September 5, 12, 19, 26, Thursdays -

9:15 Thursday City Ride  
Contact: John Stiefel, 952-470-5411

### September 6, Friday - 9:15

Lakes of Eden Prairie  
Contacts: Tom VandeHei, 612-730-3145  
Marcia Switenki, 952-941-6882

## OCTOBER

### October 3, Thursday - 9:15

Thursday City Ride  
Contact: John Stiefel, 952-470-5411

### October 10, Thursday - 9:15

Last Thursday City Ride  
Contact: John Stiefel, 952-470-5411