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April 2019

The 69th ULLR AWARDS Banquet and DANCE

NIGHT OF THE FLOWER MOON

Saturday, May 18, 2019

Chanhassen American Legion

290 Lake Drive East, Chanhassen

5:00 PM Social Hour with Cash Bar

6:00 Buffet Dinner

6:45 Awards Presentation

8:00 PM Dancing to the K J Quartet



“Lo, the winter is past, the rain is over and gone; the flowers appear on the earth; the time of the singing of birds is come...” Native Americans named this May full moon, the flower moon.

Celebrate this month’s full moon with your ULLR friends!

Cost: \$40 Pay at the ULLR meeting or
Send your check, payable to ULLR, to Diane Erlandson
 8200 West 33rd St., #302, St. Louis Park 55426
 Reservation deadline: Friday, May 10,
 ULLR Cancellation Policy applies.
 Chairs: Jan Swanberg and Janet Farber

BRIGHT SUNSHINE AT AFTON - Nancy Sand

A prediction of up to 10” of new snow on an Afton ski day caused seven ULLRs to head to Afton a day ahead of the storm. That decision turned out to be a good one, as the snow was enough to set a new area record for the month of February.

The group skied 25+ runs in cold temperatures, but the bright sunshine and lack of wind made everyone happy they had come. A morning break for hot chocolate and warming fingers and toes near the fire helped everyone continue skiing until lunch and then ski again until mid-afternoon.

Enough lifts were operating that day, so there was access to nearly every run. The day was a good warm-up for the ULLR Whitefish trip.



Can you guess who these well-insulated Ullrs are? See p.4



Hiking by the (maybe) unfrozen Minnehaha Falls April 12



Foundation Bingo & Raffle April 11

Ullrs are looking forward to:



Spring Dinner & Dance May 18 in Chanhassen



1st Bike ride Thursday, May 9



What’s Cookin’ picnics start June 5. **Still need hosts for Sept. 4!**

2018 IMPORTANT CONTACTS OFFICERS OF THE CLUB

President

Joan Roe: ULLRPrez@ULLR.org

Executive VP

Janice Swanberg: ExecVP@ULLR.org

Winter Programs VP

Linda Heintz: WinterVP@ULLR.org

Summer Programs VP

Mary Vande Hei: SummerVP@ULLR.org

Membership VP

Pat Nelson: MembershipVP@ULLR.org

Treasurer

Carol Bush: Treasurer@ULLR.org

Secretary

Nancy Navis: Secretary@ULLR.org

Past President/Advisor

Mary Jane Hochstein: PastPrez@ULLR.org

PROGRAM COORDINATORS

Alpine-Nordic

Barb Kolbe: See directory

Ski Racing

Brian Johnson: Racing@ULLR.org

What's Cookin' Cashiers

Carole Nelson & Sharon Pappas:

WCcashier@ULLR.org

What's Cookin' Supply Chairs

Nancy Kastner

WhatsCookin@ULLR.org

What's Cookin' Beverage Chairs

Dale Evans-water, pop

Beverages@ULLR.org

Biking

John Stiefel: Biking@ULLR.org

Singles

Jan Butler: Singles@ULLR.org

Folding Parties

Nancy Sand: FoldingParty@ULLR.org

General Meetings

Janice Swanberg: ExecVP@ULLR.org

MSC Representatives

Linda Heintz: WinterVP@ULLR.org

Dolly Eastman: MSCrep@ULLR.org

MSC www.midwestfun.org

ULLR Foundation President

Jan Cady: See Directory

COMMUNICATION

ULLR Webmaster

JJ [Joe] Coursolle: Webster@ULLR.org

NULLR Editor & Designer

Margie Deutsch: NULLR@ULLR.org

ULLRnet

Fran DeWell & Mary Jane Hochstein

ULLRnet@ULLR.org

LETTER FROM THE PRESIDENT

By Joan Roe



I'm writing this the beginning of March, anxiously awaiting the snow melt and more hospitable temps as Spring approaches, which can't come soon enough! At least we have long standing record breakers to vouch for what we've been through this February. Ullrs are always forward thinking and so are planning our next biking season and looking forward to several hikes planned for April. Check the schedule.

Our February General Meeting led nicely into the upcoming ULLR Foundation's April Bingo and Raffle. Everyone was very interested in learning more about the amazing contribution the Twin Cities Adaptive Cycling organization (TCAC) is making to enhance the lives of bicyclists who need some extra assistance. Our impassioned speaker, Caito, stirred many of us to want to contribute more to the Foundation for causes like this one! There are lots of good raffle items and Bingo prizes, so be sure to be there April 11.

Jerry Swanberg is the best at sharing his extensive knowledge of "Big Band Jazz in the Twin Cities." Hear him at the March General Meeting on March 14. The remodeling going on at the Bloomington Event Center is creating a gorgeous setting for our meetings. It is a remarkable transformation!

The Whitefish trip was enjoyed by 32 skiers, who all came back intact. There was lots of snow, and beautiful "snow ghosts" could be imagined in unique shapes formed by snow in the trees. Accommodations were excellent. Some took time out from skiing to snow shoe and cross country ski. Local skiing continues at Afton and Welch during March.

Be sure to check the events schedule for Gary Gray's several offerings of his talks on British Women WWII Code Breakers and also on Renewable Energy presented in various places around Minneapolis and St Paul. Thank you so much Gary for giving us these opportunities.

Before long we will be having Summer picnic meetings at Brookview Park. There is a change in policy this year in that alcoholic beverages are not allowed at the picnics. We will serve water, iced tea, and lemonade instead. Since Hennepin Parks have had this policy for a number of years, we were not surprised to learn about this change, and are confident Ullrs will understand. [The German summer picnic moved to St. Paul over 40 years ago because of this rule. Germans enjoy their beer! - Margie]

Think Spring!

The ULLRNET

The ULLRnet was created as a way to receive messages of a personal nature about current and past members. If you wish to receive or post information, please send an email message to ullrnet@ullr.org. Notices must have the permission of the person for whom it is written.

ULLR Webmaster: JJ [Joe] Coursolle

See directory for address

Phone: 612-750-0927;

Webster@ullr.org

NULLR Editor: Margie Deutsch

8940 Northwood Pkwy., New Hope 55427

Phone: 763-545-5845;

Nullr@ullr.org

A Walk down the ULLR Memory Lane as reported in the March 1999 & 2000 Nullrs.

by Margie Deutsch



1999: At Kathio State Park, snowshoers **Linda Heintz** and **Karen Holmquist** won the "Hook a Ranger" award. They took a wrong turn "blazing through virgin territory while creating some anxiety for Jim, the cute DNR Ranger, who went looking for them." Ullrs stayed at the Grand Casino where they began their New Year's exercise program by making endless trips to the buffet with its endless and delicious choices.

* The Southwest Adventure Ski Trip to Telluride, Wolf Creek, and Purgatory was great. The snowy roads once even required the Ullrs to get out and push the bus. It was the first time 3 MSC clubs, Sitzmark, Renegade, and Ski Hawks joined ULLR. There were 4 men who wore helmets and 6 men over 70. [Aren't most of Ullrs that now?]

*34 Ullrs took a 1-day bus trip to Spirit Mountain. They ate

breakfast on the bus, then enjoyed spring skiing conditions, even with a little corn snow. Several Ullrs tried skiing on the NASTAR long and hilly course. **Jerry Swanberg** got a gold medal and **Jan Pfarr** [Swanberg] got a silver. (In 2000, **Jerry and Jan Swanberg** –yes, they got married– repeated their medal winning, this time both got gold medals!

2000: The report on the bus trip for 30 Ullrs to the Wisconsin Dells area for skiing included this: "The roads were so slick, we had to go to the back of the bus to help it get traction." **Jan Cady** made everyone's day a little brighter with her Valentines.

* Accidents can happen. On the Blackjack ski trip **Bill Lyon** slipped on a wet floor, and this caused him to trip on a door jam and fall. He was taken by the local sheriff's car to the a near-by clinic where he got 8 stitches. He came back to the group with a big smile and thanked them for their care and concern.

Share this newsletter with friends. Invite them to join Ullrs!

ULLR General Meetings

Meetings are held at the Bloomington Event Center (BEC), 1114 American Blvd W, Bloomington, MN 55420. Make a reservation for the dining room, which opens at 5 PM, by calling 952-888-1492. The costs of our dinners and drinks are credited to the club to offset rental costs. There is time for socializing after dinner. The meetings start at 7 PM.

Remaining 2019 ULLR General Meeting dates are:

March 14, 2019 – The nominees for the 2019-2020 ULLR Board will be introduced. The program will feature Jerry Swanberg who will talk about and play some cuts of Big Band Jazz in the Twin Cities.

April 11, 2019 - Election of 2019-2020 Board and ULLR Foundation Bingo games and Silent Auction/Raffle.

Bring your friends to any or all meetings.

They may want to join ULLR!



The Raffle prizes include: 2 tickets to the History Theatre \$125, Pinstripes (Bowling and Sunday Brunch for 4) \$100, Backpack and 2 fanny packs \$95, and a bottle of Blue Nun.

Membership Directory Changes for February 2019

By Pat Nelson, Membership VP
MembershipVP@ullr.org

DIRECTORY CHANGES

Change of email address:

Margaret Milne

ADDITIONS

Kathe Magadance

Call to be put onto a wait-list. Or find other accommodations near-by and join in on the fun.

Nisswa: June 10-13, Monday - Thursday

Bike the Paul Bunyan Trail or

Golf, shop, fish, swim, kayak, just relax!

Only \$168, due at sign-up

Includes:

3 nights Lodging; Continental breakfasts; Welcome party Monday eve – drinks provided, appetizers by assignment; Dinner Wed. eve – drinks, main dish and dessert provided, appetizers and sides by assignment.

Make check payable to ULLR Club and send to: Maryann Schwebel, 15 Orme Lane, St. Paul, MN 55116. Include

emergency contact, roommate & lodging preferences with your check. Lodging assignments are first come/first served on receipt of check.

Good Ol' Days Resort is next to trail, just north of Nisswa. Stay in 2 or 3 bedroom condos or Lodge rooms. For more information, see website: www.goodolddaysresort.com

Chairs: Charlotte Navratil, 612-581-2890, charna1017@embarqmail.com
Gail West, 763-360-7445, hal.gail.west@prodigy.net
Maryann Schwebel, 651-690-3547, jpschwbel@stthomas.edu





Afton skiers: John S Patty F Barb K Craig N Rick N Nancy S Nancy N

Recalling February

A sincere thanks to these Ullrs who planned, organized and/or led an event.



2/3, Genealogy 102

Margie Deutsch

2/12, Code Breakers Program, Part 2

Gary Gray

2/13, Lend me a Tenor at the Old Log

Sally Chevalier

2/18, MN River Valley SS/ Hike

John Vogt

2/21 Genealogy at the Library

Margie Deutsch

2/21, ULLR General Meeting

Jan Swanberg

2/24-3/2, ULLR Whitefish Ski Trip

James Habeck & Wayne Jastremski

ULLR Membership for 2019

Welcome! You may print a membership form by logging onto www.ullr.org and click on 'Membership Information.' Paper copies will also be available at all ULLR meetings. Couples using the same form must both sign at the bottom of the waiver section. If renewing and all of your information is the same as last year, write 'same' on the form. The mailing address is found at the bottom of the membership form. If you wish to have a copy of the NULLR newsletter sent thru the mail, the extra charge is \$15.00 which will increase your check amount to \$40.00. Questions, please contact Pat Nelson, Membership VP.

panelson66@msn.com or 952-893-1045.

Hike the Lake of the Isles

Thursday, April 18 - Meet at 10:15

Meet at 28th Street - east of Lake of the Isles and west of Hennepin Avenue, Minneapolis. Round trip 3+ miles (more or less) on paved trails around the most scenic lake and neighborhood in the Chain of Lakes.

Lunch afterwards at Famous Dave's In Calhoun Square

RSVP to Carol Bush (H) 952-922-8035, (C) 952-240-7880

In case of bad weather check with chair to see if event is still scheduled.



LANESBORO BIKE & GOLF 2019

August 25-27 (Sunday and Monday nights)

Cost: \$123.00/person (2/room), payable on signup. Single supplement for 1 to a room \$100.

Space available for 28 people.

Includes: Two nights lodging at Green Gables Inn, Lanesboro, 2 to a room.

Sunday and Monday social hour with appetizers, wine, beer and water (bring your own pop). Please bring an appetizer to share for social hour.

Monday and Tuesday breakfast – coffee, tea, continental breakfast (juices, yogurt, fruit & muffins.)

Dinner is on your own on Sunday and Monday nights.

Options: • Bike the Root River Trail – 10, 20, 30 or 40 miles round trip;

- Golf at Lanesboro Golf Club in Lanesboro (507-467-3742); Preston Golf & Country Club in Preston (507-765-4485) Make your own reservations;
- Scenic Valley Winery in Lanesboro; Historic Forestville (State Park/Mystery Caves) Niagara Caves in Preston; Amish Tours;
- Commonwealth Theatre: Sunday matinee 1:30 pm, "Peter and the Starcatcher" and/or Monday at 7:30 pm, "Boeing Boeing". Call the [Commonwealth Theatre](http://CommonwealthTheatre.com) at 800-657-7025 if you want a reservation.

Cost: \$35.00 per play.

Contact: Carol Thelen, 320-333-6642, carolte@me.com or Marilyn Barnard, 651-402-0301, barnard3952@gmail.com

Send checks made out to "ULLR Club" to: Carol Thelen 7517 Shadyview Lane North, Maple Grove, MN 55311

Signup deadline: June 1, 2019

ULLR cancellation policy applies.

WWII Women Code Breakers

Women worked to help break the Nazi and Japanese codes in WWII. The British women in Bletchley Park were the first, followed by women in the U.S. This story wasn't told due to the long duration of secrecy about code breaking and partly because after the war, most went back to their customary female roles" when the men came back home.

Presented in two parts, come hear about how these women helped in winning the war for both countries.

Part 1 - England's Bletchley Park and Enigma

Part 2 - American Women at Arlington Hall

Wednesday, March 27 - 11 AM; Part 1

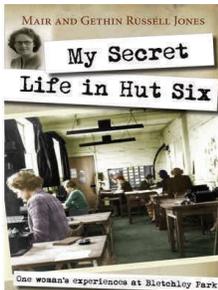
Wednesday, April 24 - 11 AM; Part 2

Realife Cooperative: 12575 Pleasant Avenue
Burnsville, 55337

Thursday, April 18 - 1:00 PM; Part 1

Colonial Church: 6200 Colonial Way, Edina, 55436

Contact: Gary Gray at gdgray@q.com or 952-895-8960 for more information.



Minnehaha Falls Hike

Friday, April 12, 2019

4801 South Minnehaha Park Dr
Meet by the Falls at 10:45 AM
(easy hike along the creek to the Mississippi River)



Lunch after Hike at: Howe Daily Kitchen & Bar
3675 Minnehaha Ave S

RSVP by April 11 to: Karen Holmquist

H: 952-431-1903 C: 952-270-4739

In case of bad weather or to verify the event is not cancelled, call the event chair.

Gale Woods Farm Tuesday, March 19, 10:00 AM

Snowshoe or hike approximately 3 miles (or less) through scenic wooded trails overlooking Whaletail Lake. Snowshoes are available for rental. Walking sticks or ski poles are recommended. Farm animals may be seen. You can also visit the Farm Store for a variety of meat and poultry products raised right on the Farm.

The Farm is located in western Hennepin County, 7210 County Road 110, Minnetrista.

Lunch at Dakota Junction 2281 Commerce Blvd., Mound.

RSVP to Bill Brechtel, 952-474-5295 (cell)

What's New in Renewable Energy?

Our reliance on fossil fuels continues to pollute our environment and promote greenhouse gases global warming. New research in renewable energy will really expand our use of relatively non-polluting solar panels and wind turbines to create electricity and to power our vehicles.

Two major problems: Solar panels obviously can't deliver power when its dark, and wind turbines obviously can't produce power without wind.

More efficient methods for capturing sunlight and wind energies are coming



and better storage methods are being developed to improve both electrical storage batteries and fuels for electric vehicles. What do 7 of these 8 have in common: coal, oil, gas, geothermal power, hydro-power, nuclear power, solar and wind power?

Tuesday, April 2, 2019 at 10 a.m. at Apple Valley Senior Center on 14601 Hayes Road, Apple Valley 55124

Friday, April 5, 2019 at 10 a.m. at Thompson Park Activity Center, 1200 Stassen Lane, West St. Paul 55118

Contact: Gary Gray at gdgray@q.com or 952-895-8960 for information.

Biking Schedule Planning Party

Rescheduled

Sunday, March 17 - 4:00 PM

Please come to the bike planning party and bring your ideas for bike rides for the upcoming biking season.

A main dish & beverages will be provided. Please bring a side dish & \$1.

Where: The party will be at the home of John Stiefel, 19595 Near Mountain Blvd., Shorewood 55331. **RSVP to 952.470-5411 or patfitzjohns@msn.com by March 7th.**

Directions: From 494 and Crosstown CR 62, head West on CR 62, appx. 4 mi to a stop light, which is the end of 62 & beginning of Hwy. 101. Go straight at that intersection and you will be on Hwy. 101 South. Take the 1st right onto Townline Rd. After a block, the road curves sharp right and becomes Vine Hill Rd. Near Mtn. Blvd is the 2nd left turn. The house is appx. 1 ½ blocks down, on the left side.



Ullrs learn about TCAC

Jan Swanberg shared this information about Twin Cities Adaptive Cycling.

At the February ULLR meeting, members learned about a wonderful organization. Last year the ULLR Foundation paid for two of this non-profit organization's bikes. TCAC was started in June 2017 by Tom Dixon and Caito Bowles-Roth. It is based in South Minneapolis along the Greenway Bike Trail. They and other volunteers provide scheduled rides May 1-October 6 (weather permitting) on Tuesdays, Thursdays and Saturdays for individuals with disabilities. A \$50 yearly membership is paid, and then the individual is

Winter Wonder Land

John Vogt led Sally C, John S, Patty F, Bruce W, Craig N and Nancy N on a snowshoeing hike February 18th in the Minnesota River Valley National Wildlife Refuge.

Nancy, that isn't the way most people make snow angels.



fitted to use a particular type bike. The organization now has 38 different styles of bikes to handle a wide variety of disabilities. Many of the bikes belong to a retired doctor and his wife who started the program in 2014, offering rides from their home in South Minneapolis.

In the past two years the program has provided 600 bike rides for 150 individuals. There is now a wait list of 80 more riders, so TCAC has a goal of recruiting more volunteers to help. There is a need for greeters, folks who help adjust the bikes, tandem cyclists who ride with visually impaired riders, other cyclists who ride alongside, and bike mechanics. TCAC hopes to soon start group rides for handicap youth (12-18 years old). See the web site www.tcacycling.org

[Photo: Diane E. tries out one of the bikes.]

ULLR SNOWSHOE TRAIL BLAZERS

By Nancy Sand

Seven ULLRs came to Whitetail Woods on Friday, March 8, to enjoy snowshoeing in bright sunlight. Hike leader Nancy led the group down a hill to the main trail where we watched a large group of children having loads of fun on a sledding hill. The nice temperature with no wind caused us to put on sunglasses, unzip jackets, and soak up the sun!

Nancy S said the plan was to circle Empire Lake on trails for about 4 miles. The first part of the trail was alongside the cross country trail, so we were good stewards and stayed off the ski tracks. When we came to a fork, we separated from the cross country trail and chose the snowshoe trail. The snow was deep, but we followed that trail along the Lake for quite a distance. Then when the trail disappeared, we had to snowshoe through untraveled snow. It was hard work! Nancy S was the lead person breaking the trail. The last person had it the most easy!

The sense of fun and adventure eventually became grueling as we bushwhacked through deep snow and brush, so we contemplated crossing Empire Lake to more quickly get back to the trail on the other side. We could see tracks where other people had done that. The alternative was to continue around the Lake in the deep snow.

A nephew of Patty F was operating the cross country groomer at Whitetail that day, so Patty called him. He said it would be okay to walk across the Lake. Imagine seven ULLRs walking across the Lake in a line. It seemed a bit like walking across the South Pole! After we had lunch at the Market Grill at Hy-Vee, we talked about the next upcoming ULLR ski day at Afton and the next snowshoe/hike day at Gale Woods. We hope for good snow and bright sun!



See more photos at ullr.org/EventPics

2019 Social Calendar *See ullr.org for flyers*

March 14, Thursday - 5:00 PM for an optional dinner; **7:00 PM** - General Meeting; **7:30 PM** - Program (see p. 3)

March 17, Sunday - 4:00 PM
Biking Planning Party (see p. 5)
Hosts: John Stiefel & Patty Fitzgerald

March 26, Tuesday - 11:30 AM
Singles Lunch at
Hazelwood Food & Drink
RSVP: Ellise Lamb, 952-442-9332

March 27, Wednesday - 11:00 AM
Code Breakers - Part 1 (see p. 5)
Contact: Gary Gray; 952-895-8960

April 2, Tuesday - 10:00 AM
What's New in Renewable Energy
Contact: Gary Gray; 952-895-8960

April 5, Friday - 10:00 AM
What's New in Renewable Energy
Contact: Gary Gray; 952-895-8960

April 11, Thursday - 5:00 PM for an optional dinner; **7:00 PM** - General Meeting; **7:30 PM** - Program (see p. 3)

April 12, Friday - 7:00 PM
Singles Cards/Game Night
Host: Jan Butler, 952-544-8162

April 18, Thursday - 1:00 PM
Code Breakers - Part 2 (see p. 5)
Contact: Gary Gray; 952-895-8960

April 23, Tuesday - 11:30 AM
Singles Lunch at *Margaritaville*
Restaurant - Mall of America
RSVP: Ellise Lamb, 952-442-9332

April 24, Wednesday - 11:00 AM
Code Breakers - Part 2 (see p. 5)
Contact: Gary Gray; 952-895-8960

May 10, Friday - 7:00 PM
Singles Cards/Game Night
Host: Jan Butler, 952-544-8162

May 18, Saturday - 5:00 PM
ULLR Awards Banquet & Dance
Contact: Jan Swanberg, 651-633-7178

June 10-13, Monday-Thursday
Good Ol' Days: Bike, Hike, Golf
Gail West, 763-360-7445,
Char Navratil, 612-581-2890,
Maryann Schwebel, 651-690-3547

2018 SINGLES' FINE DINING

Please RSVP to Ellise Lamb by the Sunday before the event.
elise.lamb@mchsi.com or 952-442-9332

March 26 - Lunch - 11:15 AM at Hazelwood Food and Drink,
8150 26th Ave South, Bloomington
hazelwoodfoodanddrink.com

April 23 - Lunch - 11:15 AM at Margaritaville Restaurant
Mall of America; 344 East Broadway, Bloomington
margaritavillemallofamerica.com

May 28 - Lunch - 11:15 AM at Crave American Kitchen &
Sushi Bar 3520 West 70th Street, Edina; craveamerica.com

ULLR Singles' Events are open to all single Ullrs.
Contact Jan Butler about ULLR Singles' activities or
to volunteer to plan and/or host an event: 952-
544-8163,
Singles@ULLR.org or jscmunch@comcast.net

SINGLES CARD/GAME NIGHTS

Bring a dish to share, beverage, and any games you
would like to play. **Please RSVP to the host!**

Date: Friday, April 12 - 7:00 PM
Host: Jan Butler - jscmunch@comcast.net -
13506 Larkin Dr., Minnetonka 55305 - 952-544-8162

Date: Friday, May 10 - 7:00 PM
Host: Jan Butler - jscmunch@comcast.net -
13506 Larkin Dr., Minnetonka 55305 - 952-544-8162

Date: Friday, June 14 - **5:00 PM—Pot-luck supper**
Host: Ellise Lamb, 952-442-9332
73 Lakeview Terrace Blvd., Waconia

Hikes

April 12, Friday - 10:45 AM
Minnehaha Falls Hike
RSVP: Karen Holmquist,
(h) 952-431-1903,
(c) 952-270-4739

April 18, Thursday - 10:15 AM
Lake of the Isles Hike
RSVP: Carol Bush
(h) 952-922-8035,
(c) 952-240-7880

May 1, Wednesday - 10:15 AM
Bunker Hills Regional Park
Hike
RSVP: Nancy Sand, (h) 952-
435-5225, (c) 763-280-2600

May 6, Monday - 10:00 AM
Como Park Hike
RSVP: Barb Kolbe,
651-633-0936
Or Kyle McClintick,
651-644-5919

Downhill Skiing 2019

March 15, Friday - Afton Alps (changed)
Meet in the area lodge at 9:30 AM.
There is no ULLR contact person.

Winter Outdoor Fun

March 19, Tuesday - 10:00 AM
Gale Woods Farm: Hike/SS/
Contact: Bill Brechtel, 952-474-5295

**See flyers at ullr.org for details. In
case of bad weather, call the trip
leader to verify the event has not
been canceled.**

NOTICE OF ELECTION

Election of officers for the ULLR Ski, Bike and Social Club will take place during the Annual Meeting which will be held **Thursday, April 11, 2019**, at the Bloomington Event Center (KC Hall.) Officers to be elected are President, Executive Vice President, Secretary, Treasurer, Winter Programs Vice President, Summer Programs Vice President, and Membership Vice President. (The current President automatically assumes the position of Past President and becomes a Lifetime Honorary Member of the Club.)

Candidates for offices will be presented by the Nominating Committee at the ULLR General Meeting on March 14, 2019. At that time, any additional nominations have to be made from the floor. Any member nominated at the meeting has to be present and must have given the Secretary a written consent to such nomination. Write-in nominees are not allowed.

Each member shall have one vote upon each question before the meeting. Only members present at the meeting shall be entitled to vote, except that a Member may vote upon the election of officers by an absentee ballot, the form of which shall be prescribed by the board, and received by the person designated by the Board on or before the date of the Annual Meeting. The vote on Officers of the Club, Honorary Members, and all other issues that require a vote shall be by acclamation, unless otherwise determined by the Board.

Directions for Requesting an Absentee Ballot Any member wishing to vote absentee may request an absentee ballot from the ULLR President no earlier than March 16 and no later than March 29. Call Joan Roe at 952-914-9124 or mail a request to ULLR Ski, Bike and Social Club, PO Box 201409, Bloomington, MN 55420. Completed absentee ballots must be received by the President no later than April 5 at that same address.

Last month in the March Nullr you met these proposed candidates for the ULLR Board 2019-2020:

President-Sharon Marini; **Vice President**- Jan Swanberg; **Treasurer**- Carol Bush; **Secretary**- Judy Burich; and **Winter Programs**-Linda Heintz. Joan Roe will automatically become the **Past President/Advisor**. Now meet:



**Summer Programs VP:
Mary VandeHei**

The past 9 years my husband Tom and I have relished following Patty and John around the biking trails. We have led a few bike rides in the Chanhassen/Eden prairie areas. I have been a co-chair for the 2015 70's summer picnic, and several Lanesboro bike trips. ULLR socials and hikes have become an enjoyable way to connect with fellow ULLR adventurers. Being part of ULLR has been an inspiring experience for me, so I want to give back just a tiny portion of what I've received.



Membership VP: Nancy Sand

I am honored to be nominated for this position. Since joining ULLR in 2008, I have served on the ULLR Board as your ULLR Winter VP and as ULLR President. I never hesitate to tell ULLR members and potential members how glad I am with my choice to join this Club. I also don't hesitate to promote membership whenever the opportunity arises, and I know it will take all members doing this to ensure the future of our great Club.

March 31st is the deadline to submit a your plan. WESTERN SKI TRIP OR WARM WEATHER GETAWAY PROPOSAL GUIDELINES FOR 2019-2020

The old adage goes: "If you fail to plan, you plan to fail." Now is the time to make plans! The ULLR Ski, Bike and Social Club has great trips for members who love to ski in the mountains or have a spring, summer or fall adventure trip. Each April our members present trip proposals for the following year. If you have had experience running an ULLR club event and have an idea for a trip, please

prepare a proposal for presentation to the combined current and next year's Boards. It is fun to do, and you will have lots of help along the way to make your event a success. Brief guidelines on how to prepare a trip proposal are viewable or download-able at: <http://ullr.org/UllrForms.html> Scan down to "Propose a trip." E-mail your proposal to WinterVP@ullr.org



Whitefish Ski Trip – 2019

By Wayne Jastremski

32 intrepid ULLR skiers left all of Minnesota's snow behind, heading to Whitefish, Montana, looking for snow with mountains under it instead of just hills. Things got off to a bit of a rocky start with icy roads and plowed in driveways slowing things down as we were getting to the airport. We all did make it on time, only to get to practice unloading and then reloading the plane so they could fix a strut. Pleased that the plane was fixed, we headed out to Whitefish while our skis all headed to Salt Lake City! This gave the folks at Kalispell the opportunity to learn how to do batch lost luggage claim tickets, while the intern tried to figure out how our group grew by one.

Eventually we got things squared away, even our wayward skis, and headed for the hotel. We got settled in, had some hors d'oeuvres, heard from a hotel and mountain rep, and had some dinner. Then it was off to bed with visions of blue skies, nice temperatures, and perfect snow. Monday we woke up to grey skies, very cold temperatures, and icy snow. So what's a person to do? Get bundled up and head for the slopes. Because of the cold and wind, the main lift to the top was closed Monday and Tuesday, but we cruised the blues on the lower section, which still dwarfed anything we've got in the Midwest. To warm up, we had a chili fest at lunchtime.

Wednesday the weather broke and the entire mountain opened up. Most headed to the back side where the 5" of new snow was soft as a cloud and there was no wind. We even had a peak of sun in the afternoon. More of the same for Thursday morning, and then it started snowing in the afternoon and didn't stop until Friday. Reports were powder up to a foot deep and so light that you didn't even feel it.

Other activities for the week included snowshoeing, cross country skiing, Nancy N's Montana television debut, shopping and pie in town, and even some hitchhiking when Lee figured out that cross country skiing was much easier down the mountain than going back up. Many good restaurants in town were sampled, and Barb's tower of zeppelins caused quite a stir at Ciao Mambo. We had a couple of minor trips to the clinic, and one run in with a particularly nasty heat pack, but doctor dreamboat took good care of us. Our hotel turned out to be really nice, with big rooms, good food, and wonderful staff – especially the bus drivers. All in all a great week of fun with some adventure thrown in. Then there was the flight home. On time, smooth, and we got home really early – enough said.

Already looking forward to more of the same next year.

*Thanks Jim and Wayne for a great trip!
-from the other 30*



There are many great photos from this ULLR Whitefish trip at ullr.org/EventPics I wanted to print more!

MSC Winter Carnival

By Bryan Stadtler, MSC Winter Carnival Coordinator

This year the Midwest Sport/Ski Council once again went to Indianhead Mountain Resort in Michigan for the 2019 Winter Carnival. There was a total of 148 members from seven different clubs attending this year.

The 7 AM early bus was surprisingly packed as over 45 people wanted to ski that afternoon given the mild weather and great snow conditions in Michigan. They had a great time as there were 22 runs open between Indianhead and Blackjack and rarely any lift lines.

On Saturday at 1:30 PM around 45 people took part in the Human Slalom led by Ullrs. A run or two after that a very large contingent gathered at the Upper Voyager's Sundeck

for the traditional Wine & Cheese Hill Party hosted by Ski Hawks.

By all accounts, this year's Winter Carnival was an even bigger success over last year. Maybe having a top shelf band and free breakfast had something to do with that. Almost everyone wanted to repeat for next year. And so we are! Mark your calendars for the 2020 MSC Winter Carnival, **January 3-5, 2020** at Big Snow Resort. See you then!

This abbreviated report came from the *Sportster* newsletter on www.midwestfun.org. Go to the web site to read the entire article and find out what other clubs are doing. Nancy Navis is the reporter for ULLR. The MSC is looking for people to serve on its Board. Talk to Jerry Schuster.

Editor's note: I have never included an entire article from a past Nullr, but this one from 20 years ago is from the Nullr in April 1999. I think, as we elect another new board in our 69th year, this message is still relevant. —Margie

The Good Old Days Syndrome

by Skip Skinner, Past President

"As a product of the 50's (Class of '57 Bartlesville College High), I'm well acquainted with the good old days. I was there! I remember well the joys of long division, bomb shelters, frequent flat tires, freezing around the floor furnace or wood stove, working for 50 cents an hour and thinking if I ever made \$5,000 in a year I would be rich!

We all have a little different picture of reality, but I'll bet when most of us think back on the good old days of skiing we don't dwell on those long wooden skis, or those soft lace up boots, or those wonderful rope tows that yanked your arms out of their sockets and ate your gloves, or those all-night drives to exotic locations. There may have been something macho and masochistic about it but as far as the good old days of skiing it was better than not skiing, but that's the best I can say in comparison to skiing today.

Today any of us can fly to well-maintained areas and ride comfortable lifts to the top. When we ski down our equipment is responsive and safe. We enjoy being outside as much or more than we ever did and we probably look better than we ever did.

Which brings me to my point (if there is one.) These are the good old days! To paraphrase Jack Nicholson –this may be as good as it gets. What was important about life and skiing years ago is still important: the friendships made, the good times had and the memories that we treasure.

I can remember when my body wasn't so sore after a day on the slopes, but it just makes the hot tub that much better. I can also remember when ULLR Ski Club had over a thousand members (the rooms were smokier and louder and not many people listened then either.) There is nothing to keep me from contacting any of those people to see what has been going on in their lives.

Meanwhile, instead of moaning about what used to be in those "good old days," I'm going to enjoy the companionship and hard work of those people who are making things happen now.

Remember, 20 years from now, you're going to look back on these as the "good old days." So get involved, and let's make them memorable."



Barb, Sharon, Patty & Nancy were making new memories.