

Visit our website for up-to-date information – [ULLR.org](http://ULLR.org)

September 2018

**Barbary Coast Concert** - Jerry & Jan Swanberg

On Thursday, July 26, 18 ULLRS & 5 guests attended a Swinging Concert by the Barbary Coast Dixieland Show Band at the awesome new Ives Auditorium located at the Minnesota Masonic Heritage Center in Bloomington.

The band was comprised of six marvelous and talented musicians who have been touring together for 51 years across the United States playing Dixieland, jazz, swing, gospel and vocal music. Every one of them played

multiple instruments, and they all sang as well. On a number of vocal tunes, they invited the audience to join them, which we did with enthusiasm.

Many of us arrived earlier for a wonderful Southern style buffet lunch, and then we toured the Masonic/Shriner Museum and Lodge Room.

After the concert, the musicians sold us their CDs and visited with us. It was a terrific Event!



Berit R, Jerry S, and Jan S in the Masonic museum.



Carl and Russ



These band members certainly aren't sitting in their rocking chairs. They are rockin'!

## 2018 IMPORTANT CONTACTS

### OFFICERS OF THE CLUB

#### President

Joan Roe: [ULLRPrez@ULLR.org](mailto:ULLRPrez@ULLR.org)

#### Executive VP

Janice Swanberg: [ExecVP@ULLR.org](mailto:ExecVP@ULLR.org)

#### Winter Programs VP

Linda Heintz: [WinterVP@ULLR.org](mailto:WinterVP@ULLR.org)

#### Summer Programs VP

Mary Vande Hei: [SummerVP@ULLR.org](mailto:SummerVP@ULLR.org)

#### Membership VP

Pat Nelson: [MembershipVP@ULLR.org](mailto:MembershipVP@ULLR.org)

#### Treasurer

Carol Bush: [Treasurer@ULLR.org](mailto:Treasurer@ULLR.org)

#### Secretary

Nancy Navis: [Secretary@ULLR.org](mailto:Secretary@ULLR.org)

#### Past President/Advisor

Mary Jane Hochstein: [PastPrez@ULLR.org](mailto:PastPrez@ULLR.org)

### PROGRAM COORDINATORS

#### Alpine-Nordic

Barb Kolbe: See directory

#### Ski Racing

Brian Johnson: [Racing@ULLR.org](mailto:Racing@ULLR.org)

#### What's Cookin' Cashiers

Carole Nelson & Sharon Pappas:

[WCcashier@ULLR.org](mailto:WCcashier@ULLR.org)

#### What's Cookin' Supply Chairs

Nancy Kastner

[WhatsCookin@ULLR.org](mailto:WhatsCookin@ULLR.org)

#### What's Cookin' Beverage Chairs

Bruce Warner-beer, Ken Ernst-wine, &

Dale Evans-water, pop

[Beverages@ULLR.org](mailto:Beverages@ULLR.org)

#### Biking

John Stiefel: [Biking@ULLR.org](mailto:Biking@ULLR.org)

#### Singles

Jan Butler: [Singles@ULLR.org](mailto:Singles@ULLR.org)

#### Folding Parties

Nancy Sand: [FoldingParty@ULLR.org](mailto:FoldingParty@ULLR.org)

#### General Meetings

Janice Swanberg: [ExecVP@ULLR.org](mailto:ExecVP@ULLR.org)

#### MSC Representatives

Linda Heintz: [WinterVP@ULLR.org](mailto:WinterVP@ULLR.org)

Dolly Eastman: [MSCrep@ULLR.org](mailto:MSCrep@ULLR.org)

MSC [www.midwestfun.org](http://www.midwestfun.org)

#### ULLR Foundation President

Jan Cady: See Directory

### COMMUNICATION

#### ULLR Webmaster

JJ [Joe] Coursolle: [Webster@ULLR.org](mailto:Webster@ULLR.org)

#### NULLR Editor & Designer

Margie Deutsch: [NULLR@ULLR.org](mailto:NULLR@ULLR.org)

#### ULLRnet

Fran DeWell & Mary Jane Hochstein

[ULLRnet@ULLR.org](mailto:ULLRnet@ULLR.org)

## LETTER FROM THE PRESIDENT

By Joan Roe



What a wonderful summer this is! If only it were twice as long! Once again there is a full biking schedule, led by John Stiefel and Patty Fitzgerald. My thank you to them for the Thursday morning rides, and also to the many other bikers who lead rides which take us to various places around the state. The picnics have drawn many ULLR friends together for good food, fun and conversation. Thank you to all who have willingly offered their time and effort to make it happen.

The Sommerfest event, led by Carol Burgess and Ray Hartmann, once again provided a fabulous evening at Orchestra Hall. Thank you to Jan and Jerry Swanberg for offering the very talented and entertaining Barbary Coast Dixieland Show Band for our enjoyment. Be sure to frequently check the event schedule online for upcoming events, and also the board at picnics! There is a lot going on which you don't want to miss!

Looking ahead, the Winter Planning Party started the ball rolling for fall and winter events. Thanks to Barb Kolbe and Linda Heintz for heading up this program.

**Check out the [www.ullr.org](http://www.ullr.org) homepage!** It has valuable information, not only for ULLR, but also for Midwest Sport/Ski Council. Scroll down to "More Links" to go to MSC to see their many activities, and even travel tips and trips. The "Sportster" is available to read online. (Long gone are the days it was mailed out). JJ has also added other links to the ULLR site for ski conditions, extensive weather sites, and Twin Cities' bike and ski shop information and discounts. Thank you JJ for being such a great webmaster!

Membership renewal has started, and the \$25 dues deadline is the end of November. Be sure to renew by then to be listed in the annual directory published in December! When our treasury allowed, dues were lowered, but they are now back to the usual \$25. Pat Nelson is happily taking renewals!

Enjoy the rest of summer!

### The ULLRNET

The ULLRnet was created as a way to receive messages of a personal nature about current and past members. The ULLRnet has a voluntary sign-up. If a member or former member has not signed up, and would like to, please send an email message to [ullrnet@ullr.org](mailto:ullrnet@ullr.org). Please notify [ullrnet@ullr.org](mailto:ullrnet@ullr.org) of e-mail changes. If "undeliverable," you are dropped from the list. Mary Jane Hochstein and Fran DeWell are the ULLRs who post information about ULLR members. All notices must be sent only to [ullrnet@ullr.org](mailto:ullrnet@ullr.org). Notices must have the permission of the person for whom it is written.

**ULLR Webmaster:** JJ [Joe] Coursolle

See directory for address

Phone: 612-750-0927;

[Webster@ullr.org](mailto:Webster@ullr.org)

**NULLR Editor:** Margie Deutsch

8940 Northwood Pkwy., New Hope 55427

Phone: 763-545-5845;

[Nullr@ullr.org](mailto:Nullr@ullr.org)

## A Walk down the ULLR Memory Lane as reported in the September 2009 Nullr.

by Margie Deutsch



In President **Diane Erlandson's** letter, she mentioned:

\***Bruce Warner** hosted the Winter Planning Party. The up-coming season will even include a dog sledding event. **Carol Burgess** and **Ray Hartmann** again chaired a Sommerfest Concert at Orchestra Hall. *[They have been doing this since 2004!]* An annual weekend trip to the Train Bell Resort is now done. In 2010 **Marty Wilkes** and **Charlotte Navratil** will chair a weekday trip staying at the Good Ol' Days Resort. **Diane** and **Erl Erlandson**, while biking on Minnehaha Pkwy., saw not a drop of water in the creek or going over the falls. She asked for prayers for rain.

\*Ullrs spent the 4-day Labor Day weekend staying in Tofto and hiking the Superior Hiking Trail. **Karen Holmquist**

planned the event.

\*Two winter ski trips were advertised. **Barb Carpenter** and **Karen Clarke** planned a trip to Utah. **Erl Erlandson** and **Sylvia Scott** plans were for a trip to Big Sky and Moonlight Basin in Montana.

\***Joyce Bolt** planned the monthly Singles' Fine Dining events. That month it was to the Great Waters Brewery in St. Paul.

\***Nancy Sand**, the new Social Coordinator, hoped that more club members would plan social and cultural events with the new, unbudgeted, "Quick Approval" program now in place.

\*The ULLR Foundation was a major player for the challenge grant offered by the U.S. Golf Assn. The Foundation presented a check for \$3,625 to the Sister Kenny Foundation. That amount was one-half the cost of an adaptive golf cart. Braemar Golf paid the other half. Because the challenge had been met, the Assn. donated a second cart. Good work, Ullrs!

Share a newsletter with a friend to let them know about our active club. Invite them to an event or meeting.

### Summertime = What's Cookin' Picnics!



What's Cookin' Picnics are held in Brookview Park on Highway 55 and Winnetka Avenue in Golden Valley. (See the map in the directory.)

**The picnic meal and 2 beverages price is \$9.00**

**Picnics start at 5 PM with food served at 6 PM.**

Invite your friends. Come and join the fun. The picnics are the best attended ULLR event. The meal ends with delicious desserts made and/or served by the Foundation. In return, the Foundation receives \$.75 per person.

The other meal costs are: Shelter - \$2.00 (includes rental fee and liquor permit); Supplies - \$.25; Food - \$4.00; Beverages - \$2.00.

**Non-meal prices are:** \$4.00 for 2 beverages  
\$2.00 attendance only (for the shelter rental)  
\$1.00 for each beverage over 2  
\$.75 for extra dessert (to the Foundation)

August 8	Wraps	70's & 80's
August 22	Baseball Fare	ULLR Foundation
Sept. 5	Croissants	Johnson & Ronning

### DIRECTORY UPDATE

**-Pat Nelson, Membership VP**

DIRECTORY CHANGES

**e-mail:** Marilyn Barnard  
Patty and Bob Rasmussen

**Address:** Sally Chevalier

**Address, phone, email:**

Joyce Crozier

DIRECTORY ADDITIONS

**Renewals:**

Douglas Anders

Robin Benson

Betty Brownell

Wendy Campbell

Samuel Cave

Sharon Erickson

Dale Evans

J R (Judith) Holm

Cecelia F. Houg

Wayne Jastremski

Eldon G. Kaul

Mike Lichty

Jan Murphy

Mary Richgels

Vicki L. Smith

**PLEASE WELCOME THESE**

**NEW MEMBERS**

Mary Jastremski

Barbara A. Miller

Tom O'Connell

Phil Saari

Donna Salmi

### ULLR Membership for 2019

Reminder: November 30, 2018 is the deadline for your membership renewal if you want to be listed in the December 2018 ULLR Directory. Members must submit a signed paper copy of the "Membership Form" and \$25.00. Print a membership form by logging onto [www.ullr.org](http://www.ullr.org) and click on '[Membership Information](#).'

Paper copies will also be available at all ULLR meetings. Couples using the same form must both sign at the bottom of the waiver section. If all of your information is the same as last year, indicate that with 'same' in body of the form. The mailing address is found at the bottom of the membership form. Questions, please contact Pat Nelson, [panelson66@msn.com](mailto:panelson66@msn.com) or 952-893-1045.



Singles enjoy each other's company and the food when dining at a Fine Dining location that Ellise picks for them each month. Pictured here are: Carol B, Jan C, Ellise L, Barb K, Christine A, Karen H, Larry K, (new member) Tom O, Jan B, Carole M, and Nancy K

In any group picture some folks will look great – and some not so great, but that is OK. I usually don't like to include pictures in the Nullr where people are sitting around a table. This one, however, shows the great variety of menu choices when the Singles dined at the Cheesecake Factory on July 24.

**This ULLR SKI TRIP is full. Contact Wayne to be put onto a "wait list."**

**WHITEFISH, MONTANA**

**February 24 – March 2, 2019**

**Cost:** \$1,050 Land Only: \$510

(Air Fare subject to surcharges)

**Trip cost includes:**

- 6 nights lodging – Grouse Mountain Lodge (2 per room, and breakfast)
- Roundtrip airfare to Whitefish, MT
- Free Shuttle bus to/from airport.
- Pre-trip Party and • Welcome Party

**PAYMENT SCHEDULE**

\$400 due at sign up **\$400 due 9/1/18** \$250 due 12/1/18

Make checks payable to: "ULLR Ski, Bike and Social Club" and mail to: Wayne Jastremski

300 7<sup>th</sup> Street NW, St Paul MN 55112

**TRIP CHAIRS**

Jim Habeck (h) 763-559-5593, [james.habeck@q.com](mailto:james.habeck@q.com)

Wayne Jastremski (h) 651-398-6659,

[wjastremski@live.com](mailto:wjastremski@live.com)

**ULLR Membership and Cancellation Policies Apply**

**CANNON VALLEY TRAIL RIDE - Judy Burich**

Thirteen Ullrs who were biking the Cannon Valley Trail on Sunday, July 15, probably didn't realize that the U.S. Interior Secretary, Ryan Zinke, had recently (in May 2018) designated the trail as a National Recreation Trail. The trail links the communities of Red Wing, Welch, and Cannon Falls.

Because it was quite hot and humid, there were only four hardy Ullrs who biked the full 32 miles between Welch and Hay Creek and back. They were Pat N., John E, and Craig and Nancy N. The rest of the energetic group biked the 20-mile round trip between Welch and Red Wing.

Lunch was enjoyed at the *Bierstube* in Red Wing after the ride. As always with Ullrs, a prevailing thought was the Nike slogan, "Just Do It"!

**Recalling July**

*A sincere thanks to these ULLRs who organized and/or led an event. The club is alive because of their creative events and being willing to lead them.*

**4 & 5,** Capitol Ride/ Potluck  
Nancy & Craig Navis

**11,** What's Cookin' Picnic  
ULLR Board

**12, 19,** Thursday Bike Rides  
John Stiefel



**13,** Singles' Cards & Games Night  
Elise Lamb

**15,** Welch to Hay Creek, Cannon Valley  
Trail Ride  
Judy Burich, Cheryl Rogers

**21,** Sommerfest  
Carol Burgess & Ray Hartmann

**22,** Winter Sports Planning Party  
Barb Kolbe, Linda Heintz, Nancy Sand

**24,** Singles Lunch at *Cheesecake  
Factory*  
Ellise Lamb

**25,** What's Cookin' Picnic  
Roberts, Schwebels, Wests

**26.** 25th Annual Chocolate Lovers'  
Ride  
Karen Holmquist

**28.** Sakatah Singing Hills Trail Ride  
Patty Fitzgerald & John Stiefel

Disney & Cameron Mackintosh's

## MARY POPPINS

Sunday, October 21, 2:00 PM  
Bloomington Center for the Arts  
Schneider Theater

1800 W. Old Shakopee Rd

Meet for lunch at 12:00 PM

(optional; tell Janice if dining by Oct. 19)

At: Applebee's, 9601 Lyndale Av. So., Bloomington

Ticket Price - \$35; **Send check by September 28,**

payable to: Janice Swanberg

2241 Erin Ct., New Brighton, MN 55112

ULLR Cancellation Policies Apply



## Get Down and Dirty in Paleontology!

Folks, there's a lot more to paleontology than just finding fossils! For instance:

- How do you know how old things are?
- Do continents really "drift?"
- What were the longest living animals?
- What are the longest still-living biological systems?
- What were the five great extinctions?
- Did all the dinosaurs die?
- What were the biggest dinosaurs?
- How long does evolution really take?
- When did flowers and grass appear?
- And mammals?
- And hominins like us?
- And what are the latest advances in finding fossils? Come hear the answers at



**Apple Valley Senior Center on  
Friday, August 10, 2018, at 11:00 a.m.**

For more information, contact Gary Gray,

952-895-8960, [ggray@q.com](mailto:ggray@q.com)

## JACK-O-LANTERN SPECTACULAR

At the Minnesota Zoo

Wednesday, October 24, 2018

Meet at 7:30 pm by the Bison statue at the South Entrance to the Zoo. Enjoy activities on the Central Plaza where snacks and beverages will be available. Walk the Jack-O-Lantern Spectacular trail on a full-moon evening and see 5,000 LED-lit carved pumpkins displayed with musical vignettes and fog. (Get some ideas for your carved pumpkin.) Boo!

**Cost: \$ 11.00** Send checks by **October 17**

**payable to:** Nancy Sand. **Mail to:** 15001 Burnhaven Drive #108, Burnsville, MN 55306

## ROGERS & HAMMERSTEIN: BROADWAY MASTERS

Minnesota Masonic HERITAGE CENTER

11411 Masonic Home Dr., Bloomington, MN 55437

**Wednesday, September 19, 2018 - 1:00 p.m.**

\$27.00 per person (\$5.00 discount over regular price!)

This new production pays tribute to one of the most successful duos in Broadway musical history. The show will include history about these Broadway Masters as well as songs from some of their most well-loved musicals. A six-piece orchestra will set the mood.

Call 623-680-1605 or email [fdewell39@gmail.com](mailto:fdewell39@gmail.com) to make your reservation. **Deadline: September 14**

Send a check to: Fran De Well, 5607 Green Circle Dr. #304, Minnetonka MN 55343.

ULLR Cancellation policies apply

The old displays are back, better than ever!

## Bell Museum Tour Monday, October 8

Tour the NEW Bell Museum. The 70-minute tour will include the upstairs galleries where the historic dioramas

are on exhibit. Plus, we will also see a 1-hour planetarium show. There will be time after the tour and show to visit the main floor galleries, gift shop, etc.

**12:00 PM** (Optional) Meet for lunch at the Colossal Cafe 2315 Como Av., St. Paul (your cost)

**1:15** Meet at the Bell Museum, 2088 Larpenteur Av. W. (Park in the Museum parking lot—fee \$4)

**1:30** Museum tour

**2:45** Planetarium show

**Cost:** \$18 for Museum tour and Planetarium

Send checks by **Sept. 10** payable to: Nancy Sand

Mail to: 15001 Burnhaven Drive, #108, Burnsville 55306

On memo line, write "yes optional lunch" or "no lunch"



Almost every Thursday there are scheduled bike rides. Detailed here are other rides which are extra opportunities to ride in areas, often times beyond

the local Twin City areas. Helmets are required on all ULLR rides. CALL RIDE LEADER TO BE SURE RIDE IS NOT CANCELLED.

## RESCHEDULED WOODBURY RIDE

**SATURDAY, AUGUST 18**

Meet at 9:15, ride at 9:30 (about 20 miles)

Meet at Carmine's Restaurant, 9900 Valley Creek Road, Woodbury. From there we'll ride around some Woodbury lakes and then head over to Lake Elmo Park Reserve, and then back to Carmine's for lunch. There are bike paths along most of the route, but we will veer off onto a quiet street for a mile or so on the way back from Lake Elmo. Hope to see you there!

RSVP: Sharon Tornes, 920-540-0298

[shrtornes2@gmail.com](mailto:shrtornes2@gmail.com)

If weather looks dicey, PLEASE CALL!



## First Annual Charlie Brown Memorial Bike Ride - Brown's Creek/Gateway Trail

**Thursday, August 16, 2018**

Meet in Stillwater at 9:15, ride at 9:45

Drive east on Hwy 36, north on Hwy 95 into Stillwater, through town, turn right on Laurel St. into public parking lot at Trailhead.

We will ride the Brown's Creek Trail through a beautiful wooded ravine. Then turn right onto the Gateway Trail to Pine Point and



return to Stillwater for total of 21 miles.

Lunch following at *The Dock*

RSVP: Joan Roe, [roejoank@gmail.com](mailto:roejoank@gmail.com)

cell 952-200-1601

## Western Dakota Rail Regional Trail Ride

**Saturday, October 6, 2018**

Meet at 9:00 am at the Mound Transit Center, 5515 Shoreline Drive in Mound. We bike at 9:30 am.

Bike for up to 2-1/2 hours through scenic farm land and lakes in Western Hennepin and Carver Counties. Ride as far as you like, then return to Mound for a noontime lunch and conversation with fellow riders. Choose your distance. The trail will be swept to insure all riders return for lunch. Pick your ride. Round trip to St. Boni is 12 miles, to Mayer is 28 miles and 36 miles to New Germany.

Lunch after the ride at *Dakota Junction Restaurant* next to the trail in Mound. It features locally sourced organic meats and produce. See the menu on its Facebook page. It is at 2281 Commerce Blvd., Mound, MN 55364

RSVP to: Bill Brechtel 952-474-5295 (cell) or

[WJB5295@Hotmail.com](mailto:WJB5295@Hotmail.com)

In case of bad weather or to verify the ride is not cancelled, call the ride leader.

## SOUTH BLOOMINGTON OVERLOOK RIDE

**Saturday, September 22, 2018**

Meet at 10:00 am in the strip mall parking lot by Jerry's Foods, 9625 Anderson Lakes Parkway, Eden Prairie (West side of Highway 169 and Anderson Lakes Parkway.) The ride is about 23 miles.

Some hills are up.  
Some hills are down.

Lunch after the ride at *Bruegger's Bagels*

9641 Anderson Lakes Parkway,  
Eden Prairie (In same strip mall where we parked.)

RSVP to John Vogt, (c) 952-829-7056 [jvgt11@gmail.com](mailto:jvgt11@gmail.com)



## RIDE THE LAKES OF EDEN PRAIRIE

**THURSDAY, AUGUST 23, Meet at 9:15, Ride at 9:30**

Meet at Miller Park, 8200 Eden Prairie Road: drive past the ball fields to the playground parking area. The 18 mile ride is around several of the lakes in

Eden Prairie, mostly on trails. Be prepared for a few hills and some beautiful scenery.

Lunch after the ride at *Lions Tap*, 16180 Flying Cloud Dr, Eden Prairie, MN

RSVP: Tom VandeHei, 612-730-3145,

[heiflyng@aol.com](mailto:heiflyng@aol.com)

# 2018 Social Calendar [See ullr.org](http://ullr.org) for flyers

## August 8, Wednesday - 5:00 PM

What's Cookin' Picnic - Wraps  
Hosts: Folks turning 70 & 80

## August 10, Friday - 11:00 AM (see p. 5)

Paleontology Discussion: Get Down & Dirty!

RSVP: Gary Gray, [gdgray@q.com](mailto:gdgray@q.com)

## August 10, Friday - 5:00 PM

Singles' Cards & Games Night  
Host: Christine Austin-Roehler

## August 22, Wednesday - 5:00 PM

What's Cookin' Picnic - Baseball Fare  
Hosts: Foundation

## August 26 - 28, Sunday - Tuesday

Lanesboro Bike and Golf trip  
Contacts: Nancy Navis, Dale Bonham

## August 28, Tuesday - 11:15 AM

Singles' Lunch at *Ciao Bella*  
RSVP: Ellise Lamb, 952-442-9332

## September 5, Wednesday - 5:00 PM

What's Cookin' Picnic - Croissants  
Hosts: Vicki Johnson & Eileen Ronning  
763-205-9757—Vicki

## September 14, Friday - 7:00 PM

Singles' Cards & Games Night  
Host: Jim Maiser

## September 19, Wednesday - 1:00 PM

ROGERS & HAMMERSTEIN (see p.5)  
**Ticket must be purchased by Sep. 14**

Contact: Fran De Well  
[fdewell39@gmail.com](mailto:fdewell39@gmail.com)

## September 25, Tuesday - 11:15 AM

Singles' Lunch at *Tavern 23*  
RSVP: Ellise Lamb, 952-442-9332

## October 8, Monday - 12:00 PM for an

Optional lunch; **1:15 PM** - Museum  
The new Bell Museum (see p. 5)

**Ticket must be purchased by Sep. 10**

RSVP: Nancy Sand; 952-435-5225  
[nsand878@gmail.com](mailto:nsand878@gmail.com)

## October 12, Friday - 7:00 PM

Singles' Cards & Games Night  
Host: Jean Metz - 541-390-2825

## October 21, Sunday - Optional lunch

12:00 AM, Musical: 2:00 PM (see p. 5)  
*Mary Poppins* [Ticket Deadline Sep. 28]  
Contact: Jan Swanberg; 651-633-7178

## October 24, Wednesday - 7:30 PM

Jack-O-Lantern Spectacular at the  
Minnesota Zoo (see p. 5)  
Contact: Nancy Sand;  
[nsand878@gmail.com](mailto:nsand878@gmail.com)  
**Send your check by Oct. 17 to Nancy**

## The 2018-2019 ULLR General Meeting dates

October 4, 2018  
November 8, 2018  
January 17, 2019  
February 21, 2019 - Twin City  
Adaptive Cycles  
March 14, 2019  
April 11, 2019 - Foundation Bingo  
& Silent Raffle  
Plan ahead! Put these dates on  
your calendars now.  
Other guest speakers are: Surly  
Brewing; Dr. Marilyn Barnard, a  
retired gerontologist with "Part II";  
Big Band Jazz in the Twin Cities –  
Jerry Swanberg. Call Exec.VP Jan  
Swanberg with your ideas,  
651-633-7178

## UPCOMING SINGLES EVENTS

ULLR Singles' Events are open to all single Ullrs.  
Contact Jan Butler about ULLR Singles' activities or to  
volunteer to plan and/or host an event: 952-544-8163,  
[Singles@ULLR.org](mailto:Singles@ULLR.org) or [jscmunch@comcast.net](mailto:jscmunch@comcast.net)

## SINGLES CARD/GAME NIGHTS

Bring a dish to share, beverage, and any games you  
would like to play. **Please RSVP the host!**

**Date:** Friday, August 10 - 5:00 PM

**Host:** Christina Austin-Roehler - 952-442-4751  
1334 Beachcomber Blvd., Waconia 55387

**Date:** Friday, September 14 - 7:00 PM

**Host:** Jim Maiser - 952-687-1423  
40 E. Lake St., Waconia

**Date:** Friday, October 12 - 7:00 PM

**Host:** Jean Metz - 541-390-2825  
1034 Anthony Way, Victoria 55386

**Date:** Friday, November 9 - 7:00 PM

**Host:** Jim Habeck - 763-559-5593  
12030 54th Av. N., Plymouth 55442



## 2018 SINGLES' FINE DINING

Please RSVP to Ellise Lamb by the Sunday before the event.  
[ellise.lamb@mchsi.com](mailto:ellise.lamb@mchsi.com) or 952-442-9332

**August 28 - Lunch** - 11:15 AM at *Ciao Bella*,  
3501 Minnesota Dr., Bloomington 55435

[www.ciaobellamn.com](http://www.ciaobellamn.com)

**September 25 - Lunch** - 11:15 AM at *Tavern 23*,  
7651 France Av. South, Edina 55435

[www.tavern23mn.com](http://www.tavern23mn.com)

**October 23 - Lunch** - 11:15 AM at *The Hilltop*,  
5101 Arcadia Avenue, Edina 55436; 952-925-5628

[www.hilltopedina.com](http://www.hilltopedina.com)

**November 27 - Lunch** - 11:15 AM at *Redrossa Italian Grille*,  
(at Best Western, south of MOA), 1901 Killebrew Drive,  
Bloomington 55425;  
952-814-2710; [www.redrossa.com](http://www.redrossa.com)



# Biking Calendar – 2018

**Bicycling Program Coordinator:** John Stiefel [H] 952-470-5411, [C] 612-743-4565. Please check the ULLR website at [ullr.org](http://ullr.org) for flyers for details for each listed event. **Helmets are required on all ULLR bike rides. All times are A.M.**

**THURSDAY MORNING RIDES** began May 10 and run through Oct. 4. Most rides meet at Lynnhurst Park on 50th Street W. and Minnehaha Pkwy. at 9:15 AM and start at 9:30 AM. Check [ullr.org](http://ullr.org) for alternative locations and times. In case of uncertain weather, call the trip leader to see if the ride is cancelled.

## AUGUST

### August 9, 30 - Thursdays - 9:15

Thursday Ride

Contact: John Stiefel

Phone: 952-470-5411

### August 16, Thursday - 9:15

Charlie Brown Memorial Ride on the Browns Creek Trail, Stillwater

Contact: Joan Roe

Phone: 952-914-9124

### August 18, Saturday - 9:15 NEW!

Woodbury Ride

Contacts: Sharon Tornes

Phone: 920-540-0298

### August 21, Tuesday - 9:00 NEW!

Nine Mile Creek Trail

Contact Pat Nelson

Phone: 952-893-1045

### August 23, Thursday - 9:15

Lakes of Eden Prairie

Contacts: Mary & Tom VandeHei

Phone: 952-975-3974

### Aug. 26-28, Sunday-Tuesday

Lanesboro Bike & Golf

Contacts: Dale Bonham 320-309-1023

& Nancy Navis 651-456-9107

## SEPTEMBER

### September 6, Thursday - 9:15

Dakota Trail Ride; meet at St. Boni trailhead

Contact: Dan Regan

Phone: 952-471-9318

### September 13, Thursday - 9:15

Thursday Ride

Contact: Bill Brechtel

Phone: 952-474-5295

### September 20, Thursday - 9:15

Thursday Ride, start from Wabun

Contact: John Stiefel

Phone: 952-470-5411

### September 22, Saturday - 10:00

South Bloomington Overlook Drive

Contact: John Vogt

Phone: 952-829-7056

### September 27, Thursday - 9:15

Thursday Ride

Contact: John Stiefel

Phone: 952-470-5411

## OCTOBER

### October 4, Thursday - 9:15

Last Thursday Ride

Contact: John Stiefel

Phone: 952-470-5411

### October 6, Saturday - 9:00

Dakota Rail Trail Ride

Contact: Bill Brechtel

Phone: 952-474-5295

### New Ride: **Nine Mile Creek Trail**

**Tuesday, August 21, 2018 - 9:00 AM**

Meet at Macy's Home Store, 7235 France Avenue South, Edina.

This ride (about 18 miles) begins on the new Nine Mile Creek Regional Trail, bikes thru a former golf course, over Highway 100, and across a few wooden bridges next to 9 Mile Creek. See flyer for details.

**RSVP:** Pat Nelson, [panelson66@msn.com](mailto:panelson66@msn.com) or 952-893-1045

## RIDE THE DAKOTA RAIL REGIONAL TRAIL

**Thursday, September 6, 2018**

**Meet at 9:15, Ride at 9:30**, [about 26 miles total] Park at the trailhead in St Bonifacius, 4150 Bell Street (by the bridge over Highway 7)

We will bike into Wayzata on a former railroad bed, a very level trail, easy for all riding levels. Go at your own pace; turn around at any time, or bike into Wayzata, next to Lake Minnetonka in places, and past several beautiful homes. We may take a detour in Wayzata and bike past some mansions too.

**Lunch** after the ride in St Boni - TBD

**RSVP:** Dan Regan 763-645-9708, or [dfregan@msn.com](mailto:dfregan@msn.com)

In case of bad weather, contact ride leader to find out if ride is cancelled.

