



What's Cookin' Picnics

Ullrs love the summer What's Cookin' picnics held at Brookview Park. These "rain or shine" events started the 2018 picnic schedule on a comfortably warm June 6th. The pavilion was filled with 97 Ullrs who had just enjoyed the annual German Bratwurst Dinner. This year the menu was extra-large, tasty brats, warm German-style potato salad,

sour-sweet sauerkraut, tangy cold carrot-coins, and rye bread. Foundation members served yummy cakes. There even was a "Prost" afterwards. Thanks to: Margie Deutsch, Colleen Barden, Patty Fitzgerald and John Stiefel for cooking, Galen Hochstein for grilling, Margo Dinneen, and Jon Zoller for cleaning/wash-up help.

This issue marks the 4th anniversary of the on-line Nullr.

ULLR MEMORIES

For many folks, once you are an ULLR, you always identify yourself as an ULLR. Here are four past "Ullrs of the Year" enjoying a wet weather picnic in Venice, Florida on May 25, 2018. They are L-R: Damaris Peterson Frank (1974), Carl Frank (1990), Vicki Turner Brown (1983), John Brown (1990)



2018 IMPORTANT CONTACTS

OFFICERS OF THE CLUB

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Linda Heintz: WinterVP@ULLR.org

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Carol Bush: Treasurer@ULLR.org

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Ski Racing

Brian Johnson: Racing@ULLR.org

What's Cookin' Cashiers

Carole Nelson & Sharon Pappas:

WCcashier@ULLR.org

What's Cookin' Supply Chairs

Nancy Kastner

WhatsCookin@ULLR.org

What's Cookin' Beverage Chairs

Bruce Warner-beer, Ken Ernst-wine, &

Dale Evans-water, pop

Beverages@ULLR.org

Biking

John Stiefel: Biking@ULLR.org

Singles

Jan Butler: Singles@ULLR.org

Folding Parties

Nancy Sand: FoldingParty@ULLR.org

General Meetings

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LETTER FROM THE PRESIDENT

By Joan Roe



Glorious summer! So many shades of green! How often you hear, "It's so green this year!"

Minnesotans, especially Ullrs, appreciate summer and are found outdoors biking, walking, picnicking, playing, you name it...

Margie Deutsch once again drew a large gathering, 97 Ullrs, for the first picnic. We all know her German cooking is a winner! Thanks so much to Margie and her helpful crew. The Foundation provided outstanding raffle items, and Ullrs contributed generously to help those with disabilities. Thank you to the Foundation for providing bars. Singles served delicious chicken salad at the second picnic on June 20th. Thank you to all who work together for Ullrs to enjoy our picnics and socializing.

John Stiefel and Patty Fitzgerald run a great biking program! Biking started out with a bang having our very own Astronaut, Mark Vande Hei, ride with the Thursday bikers. The rain on June 9th didn't stop a few from enjoying the Manfred Deutsch Memorial Ride and "Deutsche Tage" at the Germanic American Institute on Summit Ave.

Good Ol' Days in Nisswa, June 11-14, drew bikers, golfers, shoppers, and those who just enjoy being at this lovely resort. Co-chairs Carol Thelen and Carol Bush's Chicken Fiesta Dinner was provided and enjoyed by all. Many enjoyed sitting around the campfire.

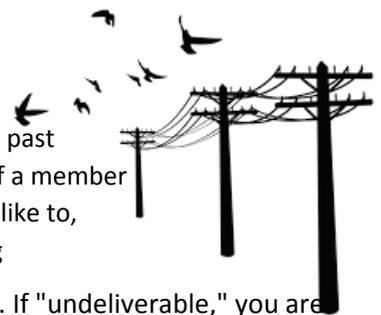
Singles, led by Jan Butler, are enjoying "Fine Dining" lunches around town and card/game nights.

Check out the remaining July events: Sommerfest, winter planning meeting, (Ullrs are so organized in planning ahead!) Barbary Coast Dixieland Show Band, picnics and biking. Enjoy summer and being an ULLR!

The ULLRNET

The ULLRnet was created as a way to receive messages of a personal nature about current and past members. The ULLRnet has a voluntary sign-up. If a member or former member has not signed up, and would like to, please send an email message to ullrnet@ullr.org

Please notify ullrnet@ullr.org of email changes. If "undeliverable," you are dropped from the list. Mary Jane Hochstein and Fran DeWell are the Ullrs who post information about ULLR members. All notices must be sent only to ullrnet@ullr.org Notices have to be with the permission of the person being written about.



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8940 Northwood Pkwy., New Hope 55427
Phone: 763-545-5845;
Nullr@ullr.org

A Walk down the ULLR Memory Lane as reported in the August 2002 Nullr.

by Margie Deutsch



*John Nelson invited Ullrs to a cook-out and square dance in his new pole barn near Lake Pepin.

***Tom Roberts** and **Bob Higgins** co-chaired a 3-day sailing trip amongst the Apostles Islands. This included sleeping on the boat.

***Joyce Krake** organized a dinner and theater evening for 57 Ullrs at the Plymouth Playhouse. (I wonder how many Ullrs agreed with the play's title, "I Love You, You're Perfect, Now Change.") A lovely photo shows theatergoers **Mary Holisak**, **Eileen Ronning** and **Mary Ellen Gabel**.

***Carol Schwebach** and **Gus Bjorklund** co-chaired the Jim Moir ULLR Golf Classic. Jim had been the "key guy" in getting this event organized. Sadly, he died two days before the June 8th Classic at Parkview Golf Club in Eagan.

Judy Bergen and **George Graham** were on the winning golf team, along with Wally Krake and Sharon Kane.

***John Egan** and **Carolyn Buswell** were the Biking Coordinators in 2002. There were the usual rides along with several week-end combination events. Bill Hansacker planned a ride to Drummond, Wisconsin with a Sunday spent canoeing on the Brule River. Gayle Vail led bikers on *The Great River State Trail* in Wisconsin followed by dinner on the Julia Belle Swain Riverboat at Lacrosse. Sunday, after brunch on the riverboat, some Ullrs biked while others golfed.

*The "Wimp Campers" reported these lessons learned: "Take both feet out of the pedal clips." "Remember your towel and quarter before you have removed your clothes." "Bring more champagne."

*Ullrs walked on a red carpet when entering the hosts' homes for the Progressive Dinner. This not only made the guests feel special, it also kept the home carpets clean! (The event team of 10 thought of everything!)

Share a newsletter with a friend to let them know about our active club. Invite them to an event or meeting.

It is time for the What's Cookin' Picnics!

by Mary Ellen Goriesky



What's Cookin' Picnics are held in Brookview Park on Highway 55 and Winnetka Avenue in Golden Valley. (See the map in the directory.)

The picnic meal and 2 beverages price is \$9.00
Picnics start at 5 PM with food served at 6 PM.

Invite your friends. Come and join the fun. The picnics are the best attended ULLR event. The meal ends with delicious desserts made and/or served by the Foundation. In return, the Foundation receives \$.75 per person. The other meal costs are: Shelter - \$2.00 (includes rental fee and liquor permit); Supplies - \$.25; Food - \$4.00; Beverages - \$2.00.

Non-meal prices are: \$4.00 for 2 beverages
 \$2.00 attendance only (for the shelter rental)
 \$1.00 for each beverage over 2
 \$.75 for extra dessert (to the Foundation)

July 11	Pulled Pork	ULLR Board
July 25	Sloppy Joes	Wests, Roberts, Schwebels
August 8	Wraps	70's & 80's
August 22	Baseball Fare	ULLR Foundation
Sept. 5	Croissants	Johnson & Ronning



Pat N, John V, Mary V, Bennett, Tom V, Jim S, Sharon M, Ken M, and (not shown) the photographer John S

Canon River Trail Ride - Sharon Marini

Nine Ullrs and one guest, Bennett, from Buffalo, NY, biked from Welch to Cannon Falls and back again. (According to exploreminnesota.com, this trail is rated as one of the best rail-trails in the U.S.!)

We enjoyed a picnic at Welch after the ride in the beautiful, humidity-free 80° day. (So far in June there had been 12 days in the Twin Cities with temperatures of 85° or hotter and 9 days with some rainfall.) Then several bikers biked further after lunch. A great day!

Recalling May and June

A sincere thanks to these ULLRs who organized and/or led an event. The club could not function without creative event ideas and members willing to carry them out.

May

1, Como Park Hike
Barb Kolbe, Kyle McClintick

5, Hopkins to Minneapolis Bike Ride
John Stiefel

10, 17, 24, 31, Thursday Bike Rides
John Stiefel

16, Battle Creek Park Hike
Nancy Sand

18, 68th Annual Spring Banquet
Joan Roe, Nancy Keyes, Diane Erlandson

27, Shingle Creek/Theodore Wirth
Bike Ride
John Stiefel

June

3, Woodbury Bike Ride
Sharon Tornes

6, What's Cookin' Picnic
Margie Deutsch, Colleen Barden, Patty Fitzgerald, John Stiefel, Margo Dinneen, Jon Zoller

7, 21, 28, Thursday Bike Rides
John Stiefel

8, Program: What Makes a Human a Human
Gary Gray

9, Biking, Bratwurst, and Beer
Margie Deutsch; Biking: John Stiefel & Patty Fitzgerald

11-14, Nisswa Bike & Golf Trip
Carol Bush & Carol Thelen

13, Singles' Cards & Games Night
Jan Butler

20, What's Cookin' Picnic
The ULLR Singles

23, Dakota Trail, St. Boni to Mayer
Sally Chevalier

25, Canon Valley Trail Bike Ride
Sharon & Ken Marini

26, Singles Lunch at *Wise Acre Eatery*
Ellise Lamb



**Biking,
Hiking,
Music,
Brat-
wurst
and Bier**

ULLR Ron Machel played "Roll Out the Barrel" as Karen C, Carol T, Dale B, Mike B, John F, Ron M, John V, Sharon M and Ken M took off for the Manfred Deutsch Memorial Ride. The all-afternoon rain came, but we still enjoyed our bratwurst and Haus-made warm potato salad at Deutsche Tage on June 9.

Deutsche Tage = German Days - Patty Fitzgerald

ULLRs always have a great time at the GAI for the German weekend of music, dancing, German bier and lots of good German food. Nine bikers met for the Manfred Deutsch Memorial bike ride. As we gathered on the corner, Ron Machel, an ULLR, came over to the group with his accordion and told us that he wanted to play for us. Even though it was drizzling, he played "Roll out the Barrel" as we took off down Summit Avenue. Since it wasn't the best

weather, we decided to turn down some side streets and look at the lovely homes of the Crocus Hill area. We shortened up the ride and returned to the GAI to enjoy bier and brats in the lovely home as it was raining. Five other ULLRs joined us for the meal. As we ate our lunch, Margie Deutsch was in the next room giving a talk about the history of the GAI. After lunch and wonderful desserts, most of us left for home but a few decided to stay and take in the entertainment. Despite the rain, we enjoyed the day.



Winter Sports Planning Party

Bring your ideas for a one-day or multi-day downhill, cross-country, snowshoe, or hiking event. You only need to set the date, place and time, and if desired, where to socialize and/or have lunch or dinner.

Please bring a dish to share: appetizer, vegetable, salad, or dessert. The main dish and beverages will be provided.

When: Sunday, July 22, 4:00 PM

RSVP: Barb Kolbe 651-633-0936 or Linda Heintz 651-454-6152

Where: Gramercy Club Party Room, 15001 Burnhaven Dr., Burnsville, 55306. The hostess is Nancy Sand.

Sommerfest

Saturday, July 21, 8:00 PM.

Meet on the Plaza about 6:00 for food and drinks (on your own.)

The Minnesota Orchestra is touring South Africa this summer. This concert will include the Orchestra, Chorale, and South African soloists performing the world premiere of "Harmonia Ubuntu." This piece of music was inspired by Nelson Mandela's work. Also on the program is Beethoven's 9th Symphony, the "Ode to Joy."

Group Tickets have been sold. You may buy a ticket and/or join us on the plaza.

Contact Carol Burgess at 763-404-1010, burge003@umn.edu for news of a cancellation. **ULLR Cancellation Policies Apply**



4th of July Bike Ride - Nancy Navis

I should have known there was a bad omen coming when on July 2nd, I discovered that the route to the Capitol was under water. A quick text to Patty and



John and a new route was done. The morning of July 4th was sunny, but hot. The weather person said the day would be good, but fireworks iffy. At the trailhead at 9:00 a.m., Bill B said bad weather was coming, but the sun was still out, so I was optimistic. It was starting to get dark. A few brave souls started out.

It was not to be... a round trip of 1:55 minutes and .4 miles and we were back at our cars, heading to the pot luck two hours early. No beer and wine yet, but coffee was served. Mother nature then cooperated, the deck was squeeged, covers were removed from furniture. Damaris F. arranged the food and it was time to enjoy food and great company. Then mother nature had her last revenge, another storm. Again, the deck furniture was re-covered and inside we went. [The make-up ride was on Friday and the weather was great.]

Does anyone read the Nullr? This is an update on last month's article. Our webmaster, JJ Coursolle, reported that the total number of website requests since its beginning in 1999 passed 5 million last December! Great work JJ!

This ULLR SKI TRIP has room for one (flying) female.
Contact Wayne about 3 spots for driving folks or to be put onto a "wait list."

WHITEFISH, MONTANTA

February 24 – March 2, 2019

Cost: \$1,050 Land Only: \$510

(Air Fare subject to surcharges)

Trip cost includes:

- 6 nights lodging – Grouse Mountain Lodge (2 per room, and breakfast)
- Roundtrip airfare to Whitefish, MT
- Free Shuttle bus to/from airport.
- Pre-trip Party and • Welcome Party
- Group dinner at Grouse Mountain Lodge

PAYMENT SCHEDULE

\$400 due at sign up \$400 due 9/1/16 \$250 due 12/1/16

Make checks payable to: "Ullr Ski, Bike and Social Club" and mail to: Wayne Jastremski
300 7th Street NW, St Paul MN 55112

Other amenities include:

- *Large pool and hot tub
 - *Free WIFI
 - *Daily Happy Hour
 - *Free shuttles to Whitefish Mt. and Down-town
 - *Free skiing for skiers over 70
 - *Snowshoe and cross country outside the Lodge
 - *Town elevation of 3,028 ft. makes for good sleeping
- www.glacierparkcollection.com



TRIP CHAIRS

Jim Habeck (h) 763-559-5593, james.habeck@q.com

Wayne Jastremski (h) 651-398-6659,

wjastremski@live.com

ULLR Membership and Cancellation Policies Apply

Barbary Coast Dixieland SHOW Band



Farewell Tour

**Thursday,
July 26
1 PM**

The band has entertained crowds for 51 years playing Dixieland, jazz, swing, gospel & vocal music.

Where: Ives Auditorium, Minnesota Masonic Heritage Center

11441 Masonic Home Dr Bloomington, MN

Tickets: \$25 for the 1:00 PM Show, **or** come at 11:00 AM for a Southern Style Gourmet Lunch - \$45

Mail check **by July 18** to: Jerry Swanberg
2241 Erin Ct, New Brighton, MN 5511

Get Down and Dirty in Paleontology!

Folks, there's a lot more to paleontology than just finding fossils! For instance:

- How do you know how old things are?
- Do continents really "drift?"
- What were the longest living animals?
- What are the longest still-living biological systems?
- What were the five great extinctions?
- Did all the dinosaurs die?
- What were the biggest dinosaurs?
- How long does evolution really take?
- When did flowers and grass appear?
- And mammals?
- And hominins like us?
- And what are the latest advances in finding fossils? Come hear the answers at



Apple Valley Senior Center on

Friday, August 10, 2018, at 11:00 a.m.

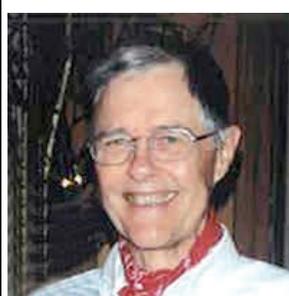
For more information, contact Gary Gray,
952-895-8960, gdgray@q.com

In loving memory

Margaret Ann

**'Margie' (Hedberg) Seklund
July 17, 1939—April 29, 2018**

Margie was a long-time active member of ULLR. She was a coordinator of the Singles' events. For several years she led a gift collection at Christmas time for the residents of a group home. Our condolences to her family and friends.



In loving memory

Albert J. 'Jim' Ronning

Feb. 1, 1927-July 2, 2018

Jim was a 41 year employee of the 3M company and had been an active ULLR for many years. Our sincere condolences to his wife,

Eileen, his son and daughter, his extended family, and many friends.

The old displays are back, better than ever!

Bell Museum Tour Monday, October 8

Tour the NEW Bell Museum. The 70-minute tour will include the upstairs galleries where the historic dioramas are on exhibit. Plus, we will also see a 1-hour planetarium show. There will be time after the tour and show to visit the main floor galleries, gift shop, etc.

12:00 PM (Optional) Meet for lunch at the Colossal Cafe 2315 Como Av., St. Paul (your cost)

1:15 Meet at the Bell Museum, 2088 Larpenteur Av. W. (Park in the Museum parking lot—fee \$4)

1:30 Museum tour

2:45 Planetarium show

Cost: \$18 for Museum tour and Planetarium

Send checks by **Sept. 10** payable to: Nancy Sand

Mail to: 15001 Burnhaven Drive, #108, Burnsville 55306

On memo line, write "yes optional lunch" or "no lunch"



Almost every Thursday there are scheduled bike rides. Detailed here are rides in July and August which are extra opportunities to ride in areas, often

times beyond the local Twin City areas. Helmets are required on all ULLR rides. CALL RIDE LEADER TO BE SURE RIDE IS NOT CANCELLED.

WELCH to HAY CREEK Ride

Sunday, July 15, 2018

Round Trip: 32 miles. Meet at Cannon Valley/Welch Trailhead 9:00 AM & ride at 9:30 AM, \$4.00 Trail Fee
For shorter ride - Round Trip: 12 mi. 10:30 AM: Meet at the Red Wing Trailhead Parking Lot (very end of the Cannon Valley Trail). There is no trail fee to ride Hay Creek Trail.

RSVP Leaders: Judy Burich, jburich@integra.net
Landline: 952-440-3188, Cell: 612-239-3352 (day of ride)

25th Annual Chocolate Lover's Ride

Thursday, July 26, 2018

Meet at 9:00 A.M for Breakfast; Ride at 9:30 A.M
Meet at the Lynnhurst Field Parking Lot, North side of W 50th St. between Minnehaha Parkway and James.

Breakfast "sweets" are provided. Bring money for lunch at Café Latte or Billy's. Bring foil to make a "Hershey Kiss" helmet. Ride is 25 miles, or a shorter 12 mile option (meet at 10:30 AM) from Minnehaha Falls

RSVP: Karen Holmquist, (H) 952-431-1903, (C) 952-270-4739



SAKATAH SINGING HILLS STATE TRAIL RIDE

Saturday, July 28, 2018

Meet at 9:00 AM and bike at 9:30
Approximately 28 miles (or shorter option)
Meet at the Trailhead parking in Faribault, adjacent to the White Pines dog park, 900 Lyndale Ave. N, Faribault, MN. Take I-35 south of Bloomington about 30 miles to Exit 59 (Co Rd 21 South), go south 1.9 miles to White Pines trailhead on the right. (Just past the Cannon River and across from the Ford dealer.)

The trail is completely paved and it wanders through lakes and farm country and is really beautiful! We will stop in the Sakatah State Park for a snack and have lunch at *Depot Bar & Grill*, 311 Heritage Pl, Faribault after the ride.

RSVP TO: John Stiefel/Patty Fitzgerald, 612-743-4565 cell, or patfitzjohns@msn.com



First Annual Charlie Brown Memorial Bike Ride - Brown's Creek/Gateway Trail

Thursday, August 16, 2018

Meet in Stillwater at 9:15, ride at 9:45
Drive east on Hwy 36, north on Hwy 95 into Stillwater, through town, turn right on Laurel St. into public parking lot at Trailhead.

We will ride the Brown's Creek Trail through a beautiful wooded ravine
Then turn right onto the Gateway Trail to Pine Point and

return to Stillwater for total of 21 miles.

Lunch following at *The Dock*

RSVP: Joan Roe, roejoank@gmail.com
cell 952-200-1601



RIDE THE LAKES OF EDEN PRAIRIE

THURSDAY, AUGUST 23, Meet at 9:15, Ride at 9:30

Meet at Miller Park, 8200 Eden Prairie Road: drive past the ball fields to the playground parking area. The 18 mile ride is around several of the lakes in

Eden Prairie, mostly on trails. Be prepared for a few hills and some beautiful scenery.

Lunch after the ride at Lions Tap, 16180 Flying Cloud Dr, Eden Prairie, MN

RSVP: Tom VandeHei, 612-730-3145, heiflyng@aol.com

2018 Social Calendar *See ullr.org for flyers*

July 13, Friday - 5:00 PM

Singles' Cards & Games Night

Host: Ellise Lamb - 952-442-9332

July 21, Saturday - 6:00 PM (see p. 5)

Sommerfest

Contact: Carol Burgess

July 22, Sunday - 4:00 PM (see p. 5)

Winter Sports Planning Party

RSVP: Barb Kolbe 651-633-0936 or Linda Heintz, 651-454-6125

July 24, Tuesday - 11:15 AM

Singles' Lunch at *Cheesecake Factory*,

RSVP: Ellise Lamb, 952-442-9332

July 25, Wednesday - 5:00 PM

What's Cookin' Picnic - Sloppy Joes

Hosts: Wests, Roberts, Schwabels

July 26, Thursday - Optional lunch

11:00 AM, Concert 1:00 PM (see p. 6)

Barbary Coast Dixieland SHOW Band

Tickets must be purchased by July 16

Contact: Jerry Swanberg

Aug. 4, Saturday - 9:30 AM - Bikers

Around noon - Non-bikers (see p.9)

Elem Creek Bike Ride & Pot-luck Lunch

Hosts: Hal & Gail West

August 8, Wednesday - 5:00 PM

What's Cookin' Picnic - Wraps

Hosts: Folks turning 70 & 80

August 10, Friday - 11:00 AM (see p. 6)

Paleontology Discussion: Get Down &

Dirty!

RSVP: Gary Gray, ggray@q.com

August 10, Friday - 5:00 PM

Singles' Cards & Games Night

Host: **NEEDED**

August 22, Wednesday - 5:00 PM

What's Cookin' Picnic - Baseball Fare

Hosts: Foundation

August 26 - 28, Sun.-Tuesday

Lanesboro bike and golf trip

Contacts: Nancy Navis, Dale Bonham

August 28, Tuesday - 11:15 AM

Singles' Lunch at *Ciao Bella*

RSVP: Ellise Lamb, 952-442-9332

September 5, Wednesday - 5:00 PM

What's Cookin' Picnic - Croissants

Hosts: Vicki Johnson & Eileen Ronning

RSVP: Gary Gray, ggray@q.com

September 14, Friday - 7:00 PM

Singles' Cards & Games Night

Host: **NEEDED**

September 25, Tuesday - 11:15 AM

Singles' Lunch at *Tavern 23*

RSVP: Ellise Lamb, 952-442-9332

October 8, Monday - 12:00 PM

Optional lunch; 1:15 PM - Museum

The new Bell Museum (see p. 6)

Ticket must be purchased by Sep. 10

RSVP: Nancy Sand; 952-435-5225

nsand878@gmail.com

The 2018-2019 ULLR

General Meeting dates

October 4, 2018

November 8, 2018

January 17, 2019

February 21, 2019

March 14, 2019

April 11, 2019

Plan ahead! Put these dates on your many varied calendars now.

UPCOMING SINGLES EVENTS

ULLR Singles' Events are open to all single ULLRs.

Contact Jan Butler about ULLR Singles' activities or to volunteer to plan and/or host an event: 952-544-8163,

Singles@ULLR.org or jscmunch@comcast.net

SINGLES CARD/GAME NIGHTS

Bring a dish to share, beverage, and any games you would like to play. **Please RSVP the host!**

Date: Friday, July 13 - 5:00 PM

Host: Ellise Lamb - 952-442-9332

73 Lakeview Terrace Blvd., Waconia 55387

Date: Friday, August 10 - 7:00 PM

Host: **Needed**

Date: Friday, September - 7:00 PM

Host: **Needed**

Hosts are needed for August and September. Call Jan Butler.



What do you put in when you have a small empty space? Maybe a joke.

Celebrity: It's great to be with you folks in this nursing home. Does anyone here know who I am?

Old Woman: No, but don't you worry. Go down to the front desk and they'll tell you your name.

(Is anyone else having a problem remembering names? Margie)

2018 SINGLES' FINE DINING

Please RSVP to Ellise Lamb by the Sunday before the event.

ellise.lamb@mchsi.com or 952-442-9332

July 24 - Lunch - 11:15 AM at *The Cheesecake Factory*, 2715 Southdale Center, Edina 55435

thecheesecakefactory.com

August 28 - Lunch - 11:15 AM at *Ciao Bella*, 3501 Minnesota Dr., Bloomington 55435

ciaobellamn.com

September 25 - Lunch - 11:15 AM at *Tavern 23*, 7651 France Av. South, Edina 55435 www.tavern23mn.com



Biking Calendar – 2018

Bicycling Program Coordinator: John Stiefel [H] 952-470-5411 [C] 612-743-4565 Please check the ULLR website at ullr.org for flyers for details for each listed event. **Helmets are required on all ULLR bike rides. All times are A.M.**

THURSDAY MORNING RIDES began May 10 and run through Oct. 4. Most rides meet at Lynnhurst Park on 50th Street W. and Minnehaha Pkwy. at 9:15 AM and start at 9:30 AM. Check ullr.org for alternative locations and times. In case of uncertain weather, call the trip leader to see if the ride is cancelled.

JULY

July 12, Thursday - 9:15

Thursday Ride

Contact: John Stiefel

Phone: 952-470-5411

July 15, Sunday - 9:00

Welch to Hay Creek, Cannon Valley Trail

Contacts: Judy Burich 952-440-3188

Cheryl Rogers 952-469-1647

July 19, Thursday - 9:15

Thursday ride, Wabun picnic area start

Contact: John Stiefel

Phone: 952-470-5411

July 26, Thursday - 9:00

Chocolate Lover's Ride

Contact: Karen Holmquist

Phone: 952-431-1903

July 28, Saturday - 9:00

Sakatah Singing Hills Trail

Contacts: John Stiefel & Patty Fitzgerald

Phone: 952-470-5411

AUGUST

August 2, 9, 30 - Thursdays - 9:15

Thursday Ride

Contact: John Stiefel

Phone: 952-470-5411

August 4, Saturday - 9:30

Maple Grove Ride/Potluck (see p.9)

Contacts: Hal & Gail West

Phone: 763-427-6254

August 16, Thursday - 9:15

Charlie Brown Memorial Ride on the Browns Creek Trail, Stillwater

Contact: Joan Roe

Phone: 952-914-9124

August 23, Thursday - 9:15

Lakes of Eden Prairie

Contacts: Mary & Tom VandeHei

Phone: 952-975-3974

Aug. 26-28, Sunday-Tuesday

Lanesboro Bike & Golf

Contacts: Dale Bonham 320-309-1023

& Nancy Navis 651-456-9107

SEPTEMBER

September 6, 13, 27, Thursdays - 9:15

Thursday Ride

Contact: John Stiefel

Phone: 952-470-5411

September 20, Thursday - 9:15

Thursday Ride, start from Wabun

Contact: John Stiefel

Phone: 952-470-5411

September 22, Saturday - 10:00

South Bloomington Overlook Drive

Contact: John Vogt

Phone: 952-829-7056

September 30, Sunday

Dakota Trail

Contact: Bill Brechtel

Phone: 952-474-5295

OCTOBER

October 4, Thursday - 9:15

Last Thursday Ride

Contact: John Stiefel

Maple Grove Ride & Pot Luck Picnic

Saturday, August 4

Hal & Gail West invite bikers and non-bikers to come to their home: 921 W River Pkwy, Champlin 55316

Bikers: Arrive at 9:30 AM, ride departs at 10:00 AM

Bike scenic Elm Creek Park Reserve trails. Two routes offered: around 15-20 and 25-30 miles. Bike helmets are required.

Non-Bikers: Come any time after 12:00 PM

Pot Luck Picnic: around 1 to 1:30 PM. Please bring a dish to share & a lawn chair. Meat & beverages provided

\$1.00 donation requested

RSVP to: Hal & Gail West* Cell: 763-360-7445

hal.gail.west@prodigy.net In case of bad weather or to verify the ride/event isn't cancelled, call Hal or Gail: 763-360-7445 (cell)



What ever the weather,
ULLrs like to bike together!

*Highway 169 in Champlin is under major construction. We will provide info on alternative routes to our house to all who RSVP.