



ULLR-68 years strong! A founding member of the Midwest Sport/Ski Council. www.midwestfun.org

NULLR

Visit our website for up-to-date information – ULLR.org

June – July 2018

FIRST THURSDAY BIKE RIDE IS ONE TO REMEMBER!

ULLR bikers had a "blast off" experience with Astronaut Mark VandeHei on May 10th, the group's first Thursday bike ride.

Mark recently returned from the International Space Station and was in town to give a speech at his Alma Mater, St John's University. Mark expressed an interest in biking with our group (even though he is 20+ years younger than most of us.) We quickly found a bike and a helmet for him so that he could join our group.

While at Minnehaha Falls, a person offered to take a picture of our group. When we told them about Mark, they wanted their picture taken with him as well! They were in town from Canada to watch their twin sons graduate with master degrees in dentistry and were taking in the sights of Minneapolis. They had never met an astronaut before. Everyone thought it was pretty cool.



Mark and proud parents Mary & Tom



As this group photo shows, the only required part of biking attire is a helmet.

Dress for biking comfort and the weather and join the ULLR bikers this year.

The 68th Annual Spring Awards Banquet By Joan Roe

[Editor's note, this issue of the Nullr was delayed so photos from the banquet could be included.]

Over sixty Ullrs enjoyed being together on May 18 for the ULLR awards banquet at the beautifully decorated Chanhassen American Legion. This included some returned "snowbirds." *[The story continues on page 6. Photos are throughout this newsletter.]*

Named ULLR of the Year: Mary Ellen Goriesky The OLE awards went to:

- Mary Jane Hochstein - "Madam President"
- Nancy Navis - "Enthusiastic Newbie"
- Joan Roe - "Perpetual Action"
- Joe Schwebel - "It all adds up"
- The ski team medal winner:** John Kasprick - "Fastest Racer" and the team's "Most improved"

2018 IMPORTANT CONTACTS
OFFICERS OF THE CLUB

President

Joan Roe: ULLRPrez@ULLR.org

Executive VP

Janice Swanberg: ExecVP@ULLR.org

Winter Programs VP

Linda Heintz: WinterVP@ULLR.org

Summer Programs VP

Mary Vande Hei: SummerVP@ULLR.org

Membership VP

Pat Nelson: MembershipVP@ULLR.org

Treasurer

Carol Bush: Treasurer@ULLR.org

Secretary

Nancy Navis: Secretary@ULLR.org

Past President/Advisor

Mary Jane Hochstein: PastPrez@ULLR.org

PROGRAM COORDINATORS

Alpine-Nordic

Barb Kolbe: See directory

Ski Racing

Brian Johnson: Racing@ULLR.org

What's Cookin' Cashiers

Carole Nelson & Sharon Pappas:

WCcashier@ULLR.org

What's Cookin' Supply Chairs

Nancy Kastner

WhatsCookin@ULLR.org

What's Cookin' Beverage Chairs

Bruce Warner-beer, Ken Ernst-wine, &

Dale Evans-water, pop

Beverages@ULLR.org

Biking

John Stiefel: Biking@ULLR.org

Singles

Jan Butler: Singles@ULLR.org

Folding Parties

Nancy Sand: FoldingParty@ULLR.org

General Meetings

Janice Swanberg: ExecVP@ULLR.org

MSC Representatives

Linda Heintz: WinterVP@ULLR.org

Dolly Eastman: MSCrep@ULLR.org

MSC www.midwestfun.org

ULLR Foundation President

Jan Cady: See Directory

COMMUNICATION

ULLR Webmaster

JJ [Joe] Coursolle: Webster@ULLR.org

NULLR Editor & Designer

Margie Deutsch: NULLR@ULLR.org

ULLRnet

Fran DeWell & Mary Jane Hochstein

ULLRnet@ULLR.org

LETTER FROM THE PRESIDENT

By Joan Roe



I am honored to be serving as your President as another year unfolds for the ULLR Ski, Bike and Social Club. This is my thirtieth year as an "ULLR." Deciding to join this club has proven to be one of the best decisions I've made. Besides the many activities, indoors and out, I value my many dear friendships, which have evolved over the years into "extended family." I am grateful for all the ways the ULLR Club has added to my life.

"Spring Forward," the Spring Awards Banquet was pushed ahead to May 18 in order to welcome back our snowbirds. Ken Marini is serving as emcee. This special evening provides the opportunity to recognize the efforts of those whose contributions make our club active and enjoyable. The "Ole" Awards and "ULLR of the Year Award" show appreciation to the committed leaders who give generously of their time and energy to make things happen. A sincere thank you to those who have served and are just beginning to serve on the Board, those who have brought about skiing, biking and social events, and all who have helped in many ways. Individual contributions make up the whole!

Our club couldn't function without the excellent communication provided by our Webmaster JJ Coursolle and Nullr Editor Margie Deutsch. Many thanks to you both!

In April the Foundation held its annual Bingo/raffle which was a lot of fun, and raised funds to provide adaptive equipment to individuals with disabilities. Sally Chevalier organized an event to the Old Log Theater to see the delightful play "Guys and Dolls," after having lunch at Maynard's. There were several hikes, and biking kicked off with a ride from the Depot in Hopkins.

We are looking forward to getting together for another summer of fun picnics. Think about and offer your ideas, interests and talents as we plan a new year. There's help available, so it's not difficult at all to run an event. See you at What's Cookin'!



Jan C and Banquet Co-chair Nancy K



Ole winner Joe and Maryann S

ULLR Webmaster: JJ [Joe] Coursolle
 PO Box 201409, Bloomington 55420
 Phone: 612-750-0927;
Webster@ullr.org

NULLR Editor: Margie Deutsch
 8940 Northwood Pkwy., New Hope 55427
 Phone: 763-545-5845;
Nullr@ullr.org

A Walk down the ULLR Memory Lane as reported in the June-July 2009 Nullr.

by Margie Deutsch



***Joe –JJ- Coursolle** was honored for his 8 years as webmaster. [Wow! That means in 2018 he has toiled at this task for 17 years!!! Ullrs are so fortunate to benefit from his great skills and devotion.]

Carol Burgess and **Ray Hartmann** chaired the Spring Banquet for 108 attendees.

Barb Kemmer and **Jim Henn** issued an invitation for 20 Ullrs to visit their home in Bemidji for a week-end in June.

Manfred & Margie Deutsch were thanked for continuing as Folding Party Chairs. [We did this work from April 2008 to May 2012. In the mean time, Margie became the Nullr editor in July 2011.]

The Foundation had its 25th anniversary celebration, a Hawaiian Luau, in June. (It was 25 years as a tax-exempt fund, but really 35 years in total.) The entertainment was Johnny Pineapple and the Waikiki Wildcats. They gave hula lessons to the guests. **Joan Roe** was Foundation President.

Gary Gray organized a July evening attending a St. Paul Saints baseball game for 24 folks. Included was a bus ride there and back from Gabe's Sports Bar.

Laurie Coursolle, the Membership VP, announced that because the Nullr has been on line since March, members could notify her to stop mailing them a copy.

Charlie Brown organized a cruise for the Singles. Run by the Treasure Island Casino, the \$39.95 cost included a Brunch Buffet, a 4-hour cruise on the St. Croix River, \$15 for the slot machines, and a bus ride back to Hudson. [Sounds fun!]

Share a newsletter with a friend to let them know about our active club. Invite them to an event or meeting.

It is time for the What's Cookin' Picnics!

by Mary Ellen Goriesky

What's Cookin' Picnics are held in Brookview Park on Highway 55 and Winnetka Avenue in Golden Valley. (See the map in the directory.)



The picnic meal and 2 beverages price is \$9.00
Picnics start at 5 PM with food served at 6 PM.

Invite your friends. Come and join the fun. The picnics are the best attended ULLR event. The meal ends with delicious desserts made and/or served by the Foundation. In return, the Foundation receives \$.75 per person. The other meal costs are: Shelter - \$2.00 (includes rental fee and liquor permit); Supplies - \$.25; Food - \$4.00; Beverages - \$2.00.

Non-meal prices are: \$4.00 for 2 beverages
\$2.00 attendance only (for the shelter rental)
\$1.00 for each beverage over 2
\$.75 for extra dessert (to the Foundation)

June 6	German supper	Margie Deutsch & helpers
June 20	Chicken Salad	Singles
July 11	Pulled Pork	Board
July 25	Sloppy Joes	West, Roberts, Schwebel
August 8	Wraps	70's & 80's
August 22	Baseball Fare	Foundation
Sept. 5	Croissants	Johnson & Ronning

Recalling April

A sincere thanks to these ULLRs who organized and/or led an event. The club could not function without creative event ideas and members willing to carry them out.

11, Old Log Theatre & lunch at Maynard's
Sally Chevalier

12, General Meeting and Foundation raffle/Bingo
Joan Roe, Nancy Keyes, Jan Cady

13, Singles' Cards & Games Night
Sandra Shearer

15, Minnehaha Falls Hike - cancelled-SNOW!
Karen Holmquist

21, Lake of the Isles Hike
Carol Bush

24, Singles Lunch at *Arezzo Ristorante*
Ellise Lamb

27, Kaposi Park Hike
Sharon Tornes



Nisswa Bike and Golf Trip, June 11 - 14, 2018

No more reservations are being taken. If you are in the area at this time, you are invited to share in the Monday and/or Wednesday evening meals. Wednesday night is a Mexican Fiesta Dinner.

Please bring some food to share and \$15 for beverages.
Co-chairs: Carol Thelen: 320-333-6642, carolte@me.com
Carol Bush: 952-922-8035, carolsbush@aol.com

Kaposia Park Hike

Sharon Tornes led seven Ullrs for a lovely walk along the Mississippi River by Kaposia Park, in South Saint Paul, on April 27th. The path eventually turned up into the woods. Sharon had failed to mention that this mile section of the walk was uphill to the park at the top. "It's good for us!" was one of the several comments that were spoken. And yes, all survived!

The delicious reward for this lengthy walk was a wonderful lunch at the new *Holman's Table* at the St. Paul Holman Airport. The lunch time was very fun, with good food, and great service!



Linda H, John S, Nancy N, Craig N, Karen H, Barb K, & Nancy S enjoyed the warm sunshine after the L-O-N-G winter.



At Buck Hill in Bloomington, the ULLR Foundation gave a check to Padraig's Place. Matt and Brian accepted the check with gratitude. Pictured are Matt Comerford, Joan R, Maryann S, Carol B, Joe S, Jan C, & Brian Foley.



In Memory of
Norman Paul Johns
Nov. 2, 1921-Apr. 17, 2018
A former ULLR member, Norman Johns is fondly remembered by our long-time members. His Celebration of Life will be held later. Our condolences to his family.



May Day at the Park

Seven energetic Ullrs walked around the lake at Como Park, observed the beautiful plants in the Observatory, and had lunch at the *New Spring Café* at the Pavilion. It was a perfectly gorgeous day! No rain! Thanks to the co-leaders, Kyle McClintick and Barb Kolbe, shown here with bodies dappled by the filtered sunlight.

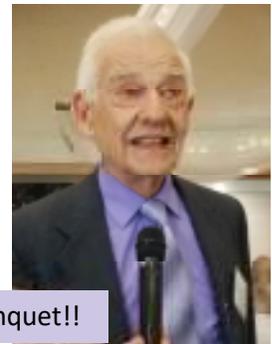


Banquet goers
Paula M
& Fran D

There are more event photos at <http://ullr.org/EventPics.html>

Emcee Ken M had forgotten his glasses, so he couldn't read his notes. It didn't matter as he ad-libbed

like a pro at the Banquet!!



Biking, Hiking, Music, Bratwurst and Beer

Join Ullrs at the Germanic American Institute,
301 Summit Av., St. Paul 55102, for Deutsche Tage

Date: Saturday, June 9, 2018

Bikers: Meet there at 10:30 AM for a 20 mile ride down Summit Avenue and by the Mississippi River. (Helmets are required.) The ride will be led by John Stiefel. (cell: 612-743-4565)

Hikers: Meet there at 11:30 for a stroll in the area. (no leader)

Everyone: Meet at the GAI at 12:30 PM for German music and dancing, bratwurst, and German beer. **Contact:** Margie Deutsch, 763-545-5845; 763-498-9366(c) mandmdeutsch@aol.com



Sommerfest

Come to the exciting concert on
Saturday, July 21, 8:00 PM.

Meet on the Plaza about 6:30 for food and drinks (on your own.)

The Minnesota Orchestra is touring South Africa this summer. This concert will include the orchestra, Chorale, and South African soloists performing the world premiere of "Harmonia Ubuntu." This piece of music was inspired by Nelson Mandela's work. Also on the program is Beethoven's 9th Symphony, the "Ode to Joy."

Cost: \$39.50 Make check payable to Carol Burgess. **Last day to buy a ticket is June 6.** Mail to 16705 12th Av. N., Plymouth MN 55447. Contact Carol at 763-404-1010, burge003@umn.edu

ULLR Cancellation Policies Apply



Just what makes a human a human?

Where did you come from?
Who are your deep-time ancestors?
Just how reliable are these DNA kits?



Why do we live where we live?
What genes, good and bad, did we inherit?
For answers to these questions and more, and to see pictures showing this exciting and ever-changing story of our ancestors and related hominins, come to the discussion at the

Apple Valley Senior Center,

14601 Hayes Rd., Apple Valley, MN 55124

Friday, June 8, at 11:15 a.m.

For more information, contact Gary Gray at gdgray@q.com.

DIRECTIONS. From 35W take County Road 42 east approximately 3 miles to Hayes Road. Turn left (north) onto Hayes Road and continue approximately 3/10 of a mile. Turn left to the parking lot.

From Cedar Avenue, take County Road 42 west, continue approximately 1 mile. Turn right (north) onto Hayes Road and continue approximately 3/10 of a mile. Turn left at the parking lot entrance.

Yes, we know the snow just melted from the mid-April storm. But we are still excited about this ULLR SKI TRIP for 32 people to

WHITEFISH, MONTANA

February 24 – March 2, 2019

Cost: \$1,050 Land Only: \$510

(Air Fare subject to surcharges)

Trip cost includes:

- 6 nights lodging – Grouse Mountain Lodge (2 per room, and breakfast)
- Roundtrip airfare to Whitefish, MT
- Free Shuttle bus to/from airport.
- Pre-trip Party and • Welcome Party
- Group dinner at Grouse Mountain Lodge

PAYMENT SCHEDULE

\$400 due at signup \$400 due 9/1/16 \$250 due 12/1/16

Make checks payable to: "Ullr Ski, Bike and Social Club" and mail to: Wayne Jastremski
300 7th Street NW, St Paul MN 55112

Other amenities include:

- *Large pool and hot tub
 - *Free WIFI
 - *Daily Happy Hour
 - *Free shuttles to Whitefish Mt. and Down-town
 - *Free skiing for skiers over 70
 - *Snowshoe and cross country outside the Lodge
 - *Town elevation of 3,028 ft. makes for good sleeping
- www.glacierparkcollection.com



TRIP CHAIRS

Jim Habeck (h) 763-559-5593, james.habeck@q.com
Wayne Jastremski (h) 651-398-6659, wjastremski@live.com

ULLR Membership and Cancellation Policies Apply



Winter Sports Planning Party

Bring your ideas for a one-day or multi-day downhill, cross-country, snowshoe, or hiking event. You only need to set the date, place and time, and if desired, where to socialize and/or have lunch or dinner.

Please bring a dish to share: appetizer, vegetable, salad, or dessert. The main dish and beverages will be provided.

When: Sunday, July 22, 4:00 PM

RSVP: Barb Kolbe 651-633-0936 or Linda Heintz 651-454-6152

Where: Gramercy Club Party Room, 15001 Burnhaven Dr., Burnsville, 55306. The hostess is Nancy Sand.



In Memory of

Mary Virginia "Ginny" Seals
Aug. 23, 1928-Apr 13, 2018
Ginny will be remembered by her family and friends for her strength, feisty spirit and deep faith. For almost

24 years her loving companion was Jim Stickler. Memorials may be given to the ULLR Foundation. Cards may be sent to Jim at 6908 Inverness Trail, Inver Grove Heights, MN 55077. Our condolences to her family and friends.

Does anyone read the Nullr?

By Margie Deutsch

That was the question I asked JJ, (Joe Coursole) our webmaster, last fall. He really knows his way around the web! He sent me a report about visits to ullr.org. Back when Lee Erickson began the site on July 9, 1999, there were fewer than 5,000 visits a year. In 2008, the year before the Nullr went on line, the year-end count was almost 75,000. In 2010 more people were commonly checking the website, maybe because they didn't have a paper copy of the Nullr, and now cell phones provided easy access to the web. On Dec. 31, 2010, the year's visits totaled 547,523! The rise continued. At the end of 2016, visits numbered 774,439. JJ believed that this summer sometime, the total website requests since its beginning will pass 5 million! Great work and thanks JJ!



Ole winner, Nancy N holds her pot with "Enthusiastic Newbie" etched on its side.

Fastest ski racer,
John Kasprick with ski racing coordinator Brian J



Nedra N and Kathy L enjoy the social time at the Banquet.



This Board's work is done. Mary Jane H, Joan R, Jan B, Nancy N, Karen H, Jim M, and Mary Ellen G

**“Spring Forward” Awards Banquet
[Continued from page 1]**

Co-chairs Joan Roe and Nancy Keyes, after looking at many alternatives, planned this event. Diane Erlandson took reservations and made name tags.

Bill Kansas provided beautiful background music during happy hour. He also generously donated a variety of crystal pieces as table favors, which were placed at each place (yes, trades were allowed!). Nancy Keyes’ beautiful vases of red roses and baby’s breath, dressed up with tulle bows were lovely centerpieces. All enjoyed a delicious buffet dinner of salad, roast beef, chicken Marsala, roasted baby red potatoes, and green beans in almond butter sauce, followed by cake and coffee.

Ken Marini, first-time Master of Ceremonies, spoke with ease as he walked and talked around tables telling how much he appreciates the ULLR Club. He asked, “How can you find a group of people like this?” He commented that the skiers, hikers, and bikers, are people who actively enjoy the outdoors. Ullrs also are interesting, accomplished in their professional lives, have full personal lives, and are talented and giving in many ways. “There are many nurses here, and you know how much I love nurses!” (wife Sharon being one!) His sense of humor had us all laughing! Ken named many Ullrs, thus giving a deeply personal, heart-felt feeling to his presentation, which went on throughout the lively, fun evening!

Brian Johnson, praised the two ULLR racing teams, the Sunday “Foggy Goggles” and the Wednesday “Raiders of the Lost Fjord,” and its member, John Kasprick, who was awarded for being the fastest racer on the team and the

“Most Improved.”

Jan Cady presented the Foundation Board and thanked the Club for their generosity and desire to help those in need, which made donations possible to TCAB (Twin Cities Adaptive Bike), Padraig’s Place (Buck Hill adaptive ski program), and Hammer Residences.

Recipients of last year’s OLE awards honored 4 Ullrs who had spent the most time and effort planning and leading events this past year. [Their names are on page 1.]

Mary Ellen Goriesky was named ULLR of the Year! She received the award for her many years being willing to serve, always with a smile. Mary Ellen ran many bike rides and loves to help make the picnics a lot of fun.



Mary Jane Hochstein presented the retiring Board and welcomed the new Board, several of whom are continuing to serve. Then “The American Flyer Band” filled the dance floor with their lively music – lots of couples and singles, dancing, twisting and singing along! They love playing for us because they have said, “Ullrs have more stamina than younger people. It’s great!” A former ULLR, Bob Gilbertson, by popular demand got on the drums. KBEM radio host, Patty Peterson has said that Bob is “among the Twin Cities’ jazz legends.”

What a fun evening! Thank you to all who do so much to add life to the ULLR Club. As Gary Gray said, “It was a wonderful evening with good food, an excellent band, lots of laughs, and marvelous company.”



Meet the 2018-19 Board L-R: President Joan R, Executive VP Janice S, Treasurer Carol B, Secretary Nancy N, Summer VP Mary V, Winter VP Linda H, and Past-President Mary Jane H. Missing is Membership VP Pat N.

2018 Social Calendar *See ullr.org for flyers*

June 6, Wednesday - 5:00 PM

What's Cookin' Picnic
Hosts: Margie Deutsch, Patty Fitzgerald & John Stiefel

June 8, Friday - 11:15 AM (see p. 5)

What makes a Human a Human?
RSVP: Gary Gray, gdgray@q.com

June 8, Friday - 5:00 PM

Singles' Cards & Games Night
Host: Jan Butler - 952-544-8163

June 9, Saturday - (see p. 5)

Biking, Music, Bratwurst & Beer at the Germanic American Institute (see p. 5)
10:30-Bikers; 11:30-Hikers; All-12:30
Hosts: Margie Deutsch, Patty Fitzgerald & John Stiefel
Contact Margie: 763-545-5845; John: (c) 612-743-4565, (h) 952-470-5411

June 11 - 14, Mon.-Thursday

Nisswa Bike & Golf Trip (see p. 3)
Contact: Carol Bush, 952-922-8035
carolsbush@aol.com

June 20, Wednesday - 5:00 PM

What's Cookin' Picnic - Chicken Salad
Hosts: Singles

June 26, Tuesday - 11:15 AM

Singles' Lunch on the Patio at *Wise Acre Eatery*
RSVP: Ellise Lamb, 952-442-9332

July 11, Wednesday - 5:00 PM

What's Cookin' Picnic - Pulled Pork
Hosts: ULLR Board

July 13, Friday - 5:00 PM

Singles' Cards & Games Night
Host: Ellise Lamb - 952-442-9332

July 21, Saturday - 6:30 PM (see p. 5)

Sommerfest
Buy Tickets by June 6 from Carol Burgess (see article)

July 22, Sunday - 4:00 PM (see p. 6)

Winter Sports Planning Party
RSVP: Barb Kolbe 651-633-0936 or Linda Heintz, 651-454-6125

July 24, Tuesday - 11:15 AM

Singles' Lunch at *Cheesecake Factory*,
RSVP: Ellise Lamb, 952-442-9332

July 25, Wednesday - 5:00 PM

What's Cookin' Picnic - Sloppy Joes
Hosts: Wests, Roberts, Schwebels



Good friends Colleen B and Kathy P

Diane E and Christine A say "cheese."



Marcia S and Charlotte N can share many memories.

UPCOMING SINGLES EVENTS

ULLR Singles' Events are open to all single ULLRs.
Contact Jan Butler about ULLR Singles' activities or to volunteer to plan and/or host an event: 952-544-8163, Singles@ULLR.org or jscmunch@comcast.net

SINGLES CARD/GAME NIGHTS

Bring a dish to share, beverage, and any games you would like to play.

Please RSVP the host!

Date: Friday, June 8 - 5:00 PM

Host: Jan Butler - 952-544-8163
13506 Larkin Dr., Minnetonka 55305

Date: Friday, July 13 - 5:00 PM

Host: Ellise Lamb - 952-442-9332
73 Lakeview Terrace Blvd., Waconia 55387

Date: Friday, August 10 - 5:00 PM

Host: Jim Habeck - 763-559-5593
12030 54th Av. N., Plymouth 55442

Hosts are needed for Sept., Nov., and Dec.



2018 SINGLES' FINE DINING

Please RSVP to Ellise Lamb by the Sunday before the event.
ellise.lamb@mchsi.com or 952-442-9332

June 26 - Lunch - 11:15 AM at *Wise Acre Eatery*,
5401 Nicollet Av. S., Minneapolis 55419;
wiseacreatery.com

July 24 - Lunch - 11:15 AM at *The Cheesecake Factory*,
2715 Southdale Center, Edina 55435
thecheesecakefactory.com

August 28 - Lunch - 11:15 AM at *Ciao Bella*,
3501 Minnesota Dr., Bloomington 55435
ciaobellamn.com



Biking Calendar – 2018

Bicycling Program Coordinator: John Stiefel [H] 952-470-5411 [C] 612-743-4565 Please check the ULLR website at ullr.org for flyers for details for each listed event. **Helmets are required on all ULLR bike rides. All times are A.M.**

THURSDAY MORNING RIDES began May 10 and run through Oct. 4. Most rides meet at Lynnhurst Park on 50th Street W. and Minnehaha Pkwy. at 9:15 AM and start at 9:30 AM. Check ullr.org for alternative locations and times. In case of uncertain weather, call the trip leader to see if the ride is cancelled.

MAY

May 24, Thursday - 9:15

Thursday ride, Wabun picnic area start
Contact: John Stiefel
Phone: 952-470-5411

May 27, Sunday

Shingle Creek/ Theodore Wirth
Contact: John Stiefel
Phone: 952-470-5411

JUNE

June 7, 21, 28 - Thursdays - 9:15

Thursday rides
Contact: John Stiefel
Phone: 952-470-5411

June 3, Sunday

Woodbury ride
Contact: Sharon Tornes
Phone: 920-540-0298

June 9, Saturday - 10:30

Manfred Deutsch Memorial Ride & a day at German Institute
Contacts: John Stiefel 952-470-5411 & Margie Deutsch 763-545-5845

June 11-14, Monday - Thursday

Paul Bunyan Trail - Nisswa
Contacts: Carol Thelen & Carol Bush
Phone: 952-922-8035(C.B.)

June 23, Saturday

Dakota Trail - St Boni to Mayer
Contact: Sally Chevalier
Phone: 952-935-7000

June 25, Monday

Cannon Valley Trail
Contacts: Sharon & Ken Marini
Phone: 952-893-7408

JULY

July 4, Wednesday

Capital Ride/Potluck
Contacts: Nancy & Craig Navis
Phone: 651-456-9107

July 12, Thursday - 9:15

Thursday Ride
Contact: John Stiefel
Phone: 952-470-5411

July 15, Sunday

Welch to Hay Creek, Cannon Valley Trail
Contacts: Judy Burich 952-440-3188
Cheryl Rogers 952-469-1647

July 19, Thursday - 9:15

Thursday ride, Wabun picnic area start
Contact: John Stiefel
Phone: 952-470-5411

July 26, Thursday

Chocolate Lover's Ride
Contact: Karen Holmquist
Phone: 952-431-1903

July 28, Saturday

Sakatah Singing Hills Trail
Contacts: John Stiefel & Patty Fitzgerald
Phone: 952-470-5411

AUGUST

August 2, 9, 30 - Thursdays - 9:15

Thursday Ride
Contact: John Stiefel
Phone: 952-470-5411

August 16, Thursday

Charlie Brown Memorial Ride on the Browns Creek Trail, Stillwater
Contact: Joan Roe
Phone: 952-914-9124

August 18, Saturday

Maple Grove Ride/Potluck
Contacts: Hal & Gail West
Phone: 763-427-6254

August 23, Thursday

Lakes of Eden Prairie
Contacts: Mary & Tom VandeHei
Phone: 952-975-3974

Aug. 26-28, Sunday-Tuesday

Lanesboro Bike & Golf
Contacts: Dale Bonham 320-309-1023 & Nancy Navis 651-456-9107

SEPTEMBER

September 6, 13, 27, Thursdays - 9:15

Thursday Ride
Contact: John Stiefel
Phone: 952-470-5411

September 20, Thursday - 9:15

Thursday Ride, start from Wabun
Contact: John Stiefel
Phone: 952-470-5411

September 22, Saturday

South Bloomington Overlook Drive
Contact: John Vogt
Phone: 952-829-7056

September 30, Sunday

Dakota Trail
Contact: Bill Brechtel
Phone: 952-474-5295

OCTOBER

October 4, Thursday - 9:15

Last Thursday Ride
Contact: John Stiefel
Phone: 952-470-5411



Mary Jane H, Bill L, & Mary Ellen G