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May 2018

ULLRS SKI AT WINTER PARK BY Nancy Sand and Sharon Marini

Sunny skies, groomed runs, corduroy that lasted most of the days – what more could one ask for a perfect skiing trip? Well, maybe for some powder! While we did not have inches of fresh powder for those who love it, thirty-one ULLRs had a great time at Winter Park.



As ULLrs Karen C. and Mike B. live in Colorado for the winter and know Winter Park very well, Mike B. gave us advice on how to navigate around the Resort. Each day we had an exclusive private breakfast buffet when we made plans for the day to ski, shop, eat, nap, hot tub, etc. Then we hopped on the Cabriolet to get from our Hotel to the Resort Village where we loaded our “stuff” onto wagons to get to lockers and lifts. **Continued on page 5**

SPRING FORWARD!

The 68th Annual ULLR Awards Banquet and Dance

Friday, May 18, 2018

Chanhassen American Legion

290 Lake Drive East, Chanhassen, MN 55317

5 PM Social Hour (Cash Bar)

6 PM Buffet Dinner (Vegetarian meal by request)



6:45 PM Awards Presentation

8 PM Dancing to “American Flyer Band”

Cost: \$40; Make check payable to: ULLR Club

Send to: Diane Erlandson, 8200 West 33rd Street #302, St. Louis Park, MN 55426. 952-941-5184

Reservations due by Friday, May 11th.

Co-chairs: Joan Roe and Nancy Keyes
ULLR cancellation policy applies

2018 IMPORTANT CONTACTS
OFFICERS OF THE CLUB

President

Mary Jane Hochstein:
ULLRPrez@ULLR.org

Executive VP

Joan Roe: ExecVP@ULLR.org

Winter Programs VP

Karen Holmquist: WinterVP@ULLR.org

Summer Programs VP

Mary Ellen Goriesky: SummerVP@ULLR.org

Membership VP

Jan Butler: MembershipVP@ULLR.org

Treasurer

Bill Brechtel: Treasurer@ULLR.org

Secretary

Nancy Navis: Secretary@ULLR.org

Past President/Advisor

James Habeck: PastPrez@ULLR.org

PROGRAM COORDINATORS

Alpine-Nordic

Barb Kolbe: See directory

Ski Racing

Brian Johnson: Racing@ULLR.org

What's Cookin' Cashiers

Carole Nelson & Sharon Pappas:
WCcashier@ULLR.org

What's Cookin' Supply Chairs

Nancy Kastner

WhatsCookin@ULLR.org

What's Cookin' Beverage Chairs

Bruce Warner-beer, Ken Ernst-wine, &
Dale Evans-water, pop
Beverages@ULLR.org

Biking

John Stiefel: Biking@ULLR.org

Singles

Jan Butler: Singles@ULLR.org

Folding Parties

Nancy Sand: FoldingParty@ULLR.org

General Meetings

Joan Roe: ExecVP@ULLR.org

MSC Representatives

Karen Holmquist: WinterVP@ULLR.org
Dolly Eastman: MSCrep@ULLR.org

MSC www.midwestfun.org

ULLR Foundation President

Jan Cady: See Directory

COMMUNICATION

ULLR Webmaster

JJ [Joe] Coursolle: Webster@ULLR.org

NULLR Editor & Designer

Margie Deutsch: NULLR@ULLR.org

ULLRnet

Fran DeWell & Joan Roe
ULLRnet@ULLR.org

LETTER FROM THE PRESIDENT

By Mary Jane Hochstein



I can't believe it's time for the May Nullr already. A whole year has gone by so quickly. (OK, so maybe winter lingered a bit too long.) This is my last presidential article as we transition to a new Board and Joan Roe takes the helm. It has been quite the year and I am most grateful for the Board members with whom I served. They were willing and able to try out new ideas, to have conversations about our club financials and current status, and how to move forward into the future. They shared their skills, talents and expertise. So a big "Thank You" to Joan, Bill B, Nancy N, Mary Ellen G, Karen H, Jan B, and Jim H.

One change I would like to elaborate on, as many of you may have noticed the May folding party cancellation on the website, is the once-a-year publishing of the membership directory. This was voted on by the Board. Printing only once a year will save the club \$400. We will publish and distribute the directory in December after the October deadline for renewal. The Membership VP will continue to send out updates on any changes: corrections, addition of new members, etc. You will need to keep those e-mails with the current directory. The Nullr and the website will reflect the Board changes also. Is this decision etched in stone? We don't know. We will need to evaluate the impact of this change and other options that can help save money and keep the ULLR Club viable.

As we move into our summer schedule, I hope everyone can attend the Spring Banquet to celebrate another year of ULLR accomplishments and successes, and to enjoy our friendships, a nice meal and an ULLR favorite, dancing. I'm looking forward to seeing everyone there.

2018 ULLR SUMMER PICNICS

by Mary Ellen Goriesky

Please put these dates on your calendar for the 2018 What's Cookin' Picnics:

June 6 and 20, July 11 and 25, August 8 and 22, and Sept. 5.

What's Cookin' Picnics are held in Brookview Park on Highway 55 and Winnetka Avenue in Golden Valley. The picnic meal price of \$9 will remain the same as last year. Picnics start at 5 PM with food served at 6 PM.

Now is the time to submit your plans for summer events. Contact the Summer Vice President, SummerVP@ullr.org. What do you enjoy doing and where do you enjoy going? (The next Nullr is for BOTH June & July.)



ULLR Webmaster: JJ [Joe] Coursolle
PO Box 201409, Bloomington 55420
Phone: 612-750-0927;
Webster@ullr.org

NULLR Editor: Margie Deutsch
8940 Northwood Pkwy., New Hope 55427
Phone: 763-545-5845;
Nullr@ullr.org

A Walk down the ULLR Memory Lane as reported in the May 2002 Nullr.

by Margie Deutsch



*A new event was announced, camping at the rustic Sawbill Campground at the edge of the BWCA. The trip advertised good walleye fishing.

***Marilyn Gardner** co-chaired the one-day Chippewa Valley Century Bike Ride. It offered a choice of riding 30, 50, 75, or 100 miles. (*In one day!*)

***Karen Holmquist** advertised the 9th Annual Chocolate Lovers Ride, a “fairly easy” 25 miles.

*Week-end 2-4 day events were popular in 2002. Beside the Sawbill Trip, offered were Wimp Camping, Door County, Lake Pepin, Itasca-Park Rapids, Great River Cruise & Biking, and **Tom Robert’s** adventure trip of sailing on Lake Superior.

*Co-chair **Barb Carpenter** wrote about the ski trip to Sun Valley. The trip’s main adjectives were “steep” and “fast.” (It was called 100 mph snow.) This was this first

mountain skiing for **Brian Johnson**. He learned quickly and was soon “zooming down those runs with a smile on his face.” **Jim Habeck** was 1 of 2 winners for the vertical challenge– the most verticals skied during the week.

Erl Erlandson and **Barb Carpenter** skied Limelight without stopping– a 3,150 foot vertical drop, 2-1/2 mile run. Barb commented that Erl could still do this at age 70.

*The report from the Tahoe trip included the mention that **Gary Gray**, who had previously skied at Tahoe, was a good leader for the first-time skiers there. On the last ski day, **Berit Roberts** and **Jan Cady** deserted the mountains and instead rented a car for a drive around the beautiful Emerald Bay. Of course, shopping was also included.

*Eight current ULLrs, were part of the group of 12 ULLrs who went for spring skiing at Mammoth Mountain in California. They are **Gail & Hal West, Lee Erickson, John Vogt, Paula Meserve, Larry Miller, Charlotte Navratil** and **Alan Moore**. It was cold, snowy and a bit windy, but all said it was an incredible place to ski.

Share a newsletter with a friend to let them know about our active club. Invite them to an event or meeting.

The First Spring Hike (It may hit 39°!) Minnehaha Falls Hike

When: Sunday, April 15

Meet 10:45 am, Hike 11:00 am

Where: [4801 South Minnehaha Park Drive](#), Minneapolis. Meet by the Falls. This will be an easy hike along the creek to the Mississippi River.

Lunch after hike at The Howe 5000 Hiawatha Avenue

RSVP to: Karen Holmquist

H: 952-431-1903 C: 952-270-4739

In case of bad weather, or to verify if cancelled, call the event chair.



Welcome to the ULLR April Meeting

Members and guests are invited to ULLR Meetings. They are held at the Bloomington Event Center (BEC), the new name for the Knights of Columbus Hall, 1114 American Blvd W, Bloomington, MN 55420.

Make a reservation in the dining room, which opens at 5 PM, by calling 952-888-1492. The costs of our dinners and drinks are credited to the club to offset rental costs. Come downstairs for socializing after dinner. **The meetings start at 7 PM.**

The **Thursday, April 12** meeting will include the election of ULLR officers. The program is the ULLR Foundation Bingo games and Raffle. Bring your friends! There are many nice raffle items.



Recalling March

A sincere thanks to these ULLRs who organized and/or led an event.

4-10, Winter Park Ski Trip
Sharon Marini and Nancy Sand

9, Singles’ Cards & Games Night
Pam Anderson

15, General Meeting
Joan Roe and speaker, Kathy Thoma

18, Bike Season Planning Party
Patty Fitzgerald & John Stiefel

27, Singles Lunch at *Mccoy’s Public House*—Ellise Lamb

See more
[Winter Park photos](#) on
the ULLR
website.
Also see
details for
upcoming
events at
[ullr.org](#)

The Trip still has some spaces. Sign up **NOW**. Nisswa Bike and Golf Trip, June 11 - 14, 2018

3 Nights lodging: Monday-Wednesday, 3 breakfasts
Wednesday night Mexican Fiesta Dinner

Cost: \$160 (Due at sign-up)

Make check payable to ULLR Club.

Send to: Carol Bush, 5691 Hyland Courts Drive,
Bloomington, MN 55437. Include emergency contact with
your check.

Co-chairs: Carol Thelen: 320-333-6642, carolte@me.com

Carol Bush: 952-922-8035, carolsbush@aol.com

ULLR Cancellation Policy applies. See the flyer at [ullr.org](#)

NOTICE OF ELECTION

Election of officers for the ULLR Ski, Bike and Social Club will take place during the Annual Meeting which will be held Thursday, April 12, 2018, at the Bloomington Event Center (KC Hall.) Candidates for offices were presented by the Nominating Committee at the ULLR General Meeting on March 15, 2018.

Each member shall have one vote upon each question before the meeting. Only members present at the meeting shall be entitled to vote. The vote on Officers of the Club, Honorary Members, and all other issues that require a vote shall be by acclamation, unless otherwise determined by the Board.

The Officer candidates are:

| | |
|--------------------|-----------------|
| President | Joan Roe |
| Executive VP | Janice Swanberg |
| Membership VP | Pat Nelson |
| Summer Programs VP | Mary VandeHei |
| Winter Programs VP | Linda Heintz |
| Treasurer | Carol Bush |
| Secretary | Nancy Navis |

The current President, Mary Jane Hochstein, automatically assumes the position of Past President Advisor and becomes a Lifetime Honorary Member of the Club. The new Board takes over on May 1, 2018 and their terms ends on April 30, 2019

ULLRS TOUR NSCD AT WINTER PARK

By Nancy Sand and Sharon Marini

While other Ullrs were skiing at Winter Park, several took time off the slopes one day to tour the National Sports Center for the Disabled (NSCD).

The NSCD provides therapeutic, adaptive sports and recreational programs for people with disabilities of any age and any ability. Each year the NSCD serves 3,000 children and adults with disabilities who partake in the more than 20 sports and recreational programs, from snow skiing and kayaking to rafting and rock climbing. The NSCD has facilities at Winter Park and at Mile High Stadium in Denver. It trains many Paralympic athletes.



Using an attached stand for skis or snowboard or, maybe a sit-ski, means fun on the slopes!



The NSCD Director and the Volunteer Coordinator led Ullrs on a tour of the Center. Trip co-chair Nancy S. informed the Director and Volunteer Coordinator about our own ULLR Ski for Light Foundation, our fundraising activities, and the types of adaptive equipment we have provided through the generous support of our ULLR members. And, Ullrs participating in the NSCD tour contributed to give a \$130 donation to the Center.



Winter Park ...Continued

Some Ullrs braved the Monday cold/windy weather, but many said “no thanks” and took the day off to explore the Resort Village and the town of Winter Park. During a late afternoon gathering, we raised our glasses in remembrance of our fellow ULLR friend Dick Dinneen.

Tuesday’s weather was better, so everyone was eager to ski. That evening several Ullrs went to the ULLRS Tavern. We presented the Tavern owner with an ULLR bandana, and she in turn presented us with an ULLRS Tavern t-shirt. Look for Sharon M. to model it for us some time.



By Wednesday, lift operators had noticed our ULLR bandanas and were welcoming us as we boarded chair lifts. That evening we went to Smokin’ Moe’s in Winter Park for a BBQ group dinner with a huge Brownie Sunday for dessert.

On Thursday, we again had sun and warm temps. Some Ullrs took time during the day to tour the National Sports Center for the Disabled. See the related story with photos on page 4 and on the [ULLR website](#).

Friday was our last day. We skied, skied, skied and packed, packed, packed. During the week, we skied the gentle green runs and cruised at faster speeds down the groomed blue runs. We were awestruck with the views at 12,000 feet on the top of Mary Jane followed by glade skiing through the trees. Yes, ULLR President Mary Jane skied Mary Jane!

When we boarded the bus on Saturday, we were a sleepy, tired, happy bunch of skiers who had a wonderful week at Winter Park!



A very special thank you to the Winter Park trip leaders, Sharon and Nancy.

Biking, Hiking, Music, Bratwurst and Beer

Join Ullrs at the [Germanic American Institute](#), 301 Summit Av., St. Paul 55102, for Deutsche Tage

Date: Saturday, June 9, 2018

Bikers: Meet there at 10:30 AM for a 20 mile ride down Summit Avenue and by the Mississippi River. (Helmets are required.)

Hikers: Meet there at 11:30 for a stroll in the area. (no leader)

Everyone: Meet at the GAI at 12:30 PM for German music and dancing, bratwurst, and German beer. The ride will be led by John Stiefel. (cell: 612-743-4565)

Contact: Margie Deutsch, 763-545-5845; mandmdeutsch@aol.com



Lake of Isles Hike

Saturday April 21, 2018

Meet at 10:15 AM, Leave at 10:30
Meet at 28th Street - East of Lake of Isles, West of Hennepin Avenue in Minneapolis
Round trip 3+ miles (more or less) on paved trails around the most scenic lake and neighborhood in the Chain of Lakes.

Lunch afterwards at *Famous Dave's* In Calhoun Square in the heart of Uptown
RSVP: to Carol Bush (H) 952-922-8035, (C) 952-240-7880

More Spring Hikes

See ullr.org for more event information
In case of inclement weather check with chair to see if event is still scheduled.



Hike at Kaposia Park

Friday, April 27, 9:30 AM

Meet at 800 Bryant Ave, South St. Paul, (Park at the Kaposia Dog Park, off Concord and Bryant)

After the about 3 mile hike, enjoy

Lunch at *Holman's Table* (Airport), 644 Bayfield Street, St. Paul

RSVP: to Sharon Tornes, 920-540-0298

HIKE IN THE PARK

at Como Park in St Paul

Tuesday, May 1, 2018 - 10:45 AM

Meet at the Pavilion

Directions: The Pavilion is on the east side of Lexington Ave by Lake Como.

We will hike around the lake, and possibly visit the Conservatory

Lunch at a place to be decided later

RSVP: to Barb Kolbe, 651-633-0936 or Kyle McClintick, 651-644-5919

BATTLE CREEK REGIONAL PARK

Wednesday May 16 - 10:30 AM

Meet in the parking lot Hike about 4 miles, mostly on a paved trail.

Lunch after hike at *Bonfire*, 1424 Weir Drive, Woodbury

RSVP: to Nancy Sand (h) 952-435-5225 or (c) 763-280-2600, nsand878@gmail.com



The cabriolet from hotel to the Resort Village



Are we ready to ski? L to R: Clareyse N, Bonnie S, Frank F, Barb K, Galen H, Karen H, Sharon M, Mary Jane H



Modern mode of travel to the ski lifts

Winter Park - 2018

A mountain top experience for Wayne J, Jim H, and Dan R



2018 Social Calendar *See ullr.org for flyers*

April 12, Thursday – ULLR Meeting
6:00 PM Socialize; 7:00 Meeting &
Bingo & Foundation Raffle

April 13, Friday - 7:00 PM
Singles' Cards & Games Night
Host: Sandra Shearer, 952-236-7194

April 24, Tuesday - 11:30 AM
Singles' Lunch at *Arezzo Ristorante*,
RSVP: Ellise Lamb, 952-442-9332

May 11, Friday - 7:00 PM
Singles' Cards & Games Night
Host: Jan Butler, 952-544-8163

May 18, Friday - 5:00 PM
Spring Banquet & Dance (see p. 1)
Contact: Diane Erlandson, 952-941-
5184

May 22, Tuesday - 11:15 AM
Singles' Lunch on the Patio at *Redstone*
RSVP: Ellise Lamb, 952-442-9332

June 6, Wednesday - 5:00 PM
What's Cookin' Picnic
Hosts: Margie Deutsch, Patty Fitzgerald
& John Stiefel

June 9, Saturday -
Biking, Music, Bratwurst & Beer at the
Germanic American Institute (see p. 5)
Hosts: Margie Deutsch, Patty Fitzgerald
& John Stiefel
Contact Margie: 763-545-5845; John:
(c) 612-743-4565, (h)952-470-5411

June 11-14, Mon.-Thursday
Nisswa Bike & Golf Trip (see p. 3)
Contact: Carol Bush, 952-922-8035
carolsbush@aol.com

June 8, Friday - 5:00 PM (or 7:00)
Singles' Cards & Games Night
Host: Needed

June 20, Wednesday - 5:00 PM
What's Cookin' Picnic
Hosts: Singles

June 26, Tuesday - 11:15 AM
Singles' Lunch on the Patio at
Wise Acre Eatery
RSVP: Ellise Lamb, 952-442-9332

Hikes

April 15, Sunday - 10:45 AM
Minnehaha Falls **CANCELLED**
Karen Holmquist - 952-431-1903

April 21, Saturday - 10:15 AM
Lake of the Isles
Carol Bush - 952-922-8035

April 27, Friday - 9:30 AM
Kaposi Park
Sharon Tornes - 920-540-0298

May 1, Tuesday - 10:45 AM
Como Park
Barb Kolbe - 651-633-0936
Kyle McClintick

May 16, Wednesday -10:30 AM
Battle Creek
Nancy Sand - 952-435-5225



*Get those hiking
shoes ready, dress
in layers, stretch
those calves, then
HAVE FUN!*

UPCOMING SINGLES EVENTS

ULLR Singles' Events are open to all single ULLRs.
Contact Jan Butler about ULLR Singles' activities or to
volunteer to plan and/or host an event: 952-544-8163,
Singles@ULLR.org or jscmunch@comcast.net

SINGLES CARD/GAME NIGHTS

Bring a dish to share, beverage, and
any games you would like to play.
Please RSVP the host!

Date: Friday, April 13 - 7:00 PM
Host: Sandra Shearer - 952-236-7194
5225 Grandview Square, #319, Edina 55436

Date: Friday, May 11 - 7:00 PM
Host: Jan Butler - 952-544-8163
13506 Larkin Dr., Minnetonka 55305

Date: Friday, June 8 - 7:00 PM (or earlier?)
Host: Needed

Hosts are needed for 2018 on: 6/8, 9/14, and 11/9.
Call Jan Butler now to volunteer.



2018 SINGLES' FINE DINING

Please RSVP to Ellise Lamb by the Sunday before the event.
elise.lamb@mchsi.com or 952-442-9332

April 24 - Lunch - 11:30 AM at *Arezzo Ristorante*,
5057 France Avenue South, Minneapolis 55410
<http://arezzoristorante.com> [The restaurant opens
at 11:30.]



May 22 - Lunch - 11:15 AM at *Redstone American Grill*,
12241 Wayzata Blvd., Minnetonka 55305 [The exterior of
Ridgedale.] www.redstonegrill.com

June 26 - Lunch - 11:15 AM at *Wise Acre Eatery*,
5401 Nicollet Av. S., Minneapolis 55419; wiseacreeatery.com

Biking Calendar – 2018

Bicycling Program Coordinator: John Stiefel [H] 952-470-5411 [C] 612-743-4565 Please check the ULLR website at ullr.org for flyers for details for each listed event. **Helmets are required on all ULLR bike rides. All times are A.M.**

THURSDAY MORNING RIDES will begin May 10 and run through Oct. 4. Most rides meet at Lynnhurst Park on 50th Street W. and Minnehaha Pkwy. at 9:15 AM and start at 9:30 AM. Check ullr.org for alternative locations and times. In case of uncertain weather, call the trip leader to see if the ride is cancelled.

MAY

May 5, Saturday - 9:45

Hopkins to City Lakes
Contacts: John Stiefel & Patty Fitzgerald
Phone: 952-470-5411

May 10, Thursday - 9:15

First Thurs A.M. Ride
Contact: John Stiefel
Phone: 952-470-5411

May 17, Thursday - 9:15

Thursday ride
Contact: John Stiefel
Phone: 952-470-5411

May 24, Thursday - 9:15

Thursday ride, Wabun picnic area start
Contact: John Stiefel
Phone: 952-470-5411

May 27, Sunday

Shingle Creek/ Theodore Wirth
Contact: John Stiefel
Phone: 952-470-5411

JUNE

June 7, 21, 28 - Thursdays - 9:15

Thursday rides
Contact: John Stiefel
Phone: 952-470-5411

June 3, Sunday

Woodbury ride
Contacts: Sharon Tornes
Phone: 920-540-0298

June 9, Saturday - 10:30

Manfred Deutsch Memorial Ride & a day at German Institute
Contacts: John Stiefel 952-470-5411 & Margie Deutsch 763-545-5845

June 11-14, Monday - Thursday

Paul Bunyan Trail - Nisswa
Contacts: Carol Thelen & Carol Bush
Phone: 952-922-8035 (C.B.)

June 23, Saturday

Dakota Trail - St Boni to Mayer
Contacts: Sally Chevalier
Phone: 952-935-7000

June 25, Monday

Cannon Valley Trail
Contacts: Sharon & Ken Marini
Phone: 952-893-7408

JULY

July 4, Wednesday

Capital Ride/Potluck
Contact: Nancy & Craig Navis
Phone: 651-456-9107

July 12, Thursday - 9:15

Thursday Ride
Contact: John Stiefel
Phone: 952-470-5411

July 15, Sunday

Welch to Hay Creek, Cannon Valley Trail
Contacts: Judy Burich 952-440-3188
Cheryl Rogers 952-469-1647

July 19, Thursday - 9:15

Thursday ride, Wabun picnic area start
Contact: John Stiefel
Phone: 952-470-5411

July 26, Thursday

Chocolate Lover's Ride
Contact: Karen Holmquist
Phone: 952-431-1903

July 28, Saturday

Sakatah Singing Hills Trail
Contacts: John Stiefel & Patty Fitzgerald
Phone: 952-470-5411

AUGUST

August 2, 9, 30 - Thursdays - 9:15

Thursday Ride
Contact: John Stiefel
Phone: 952-470-5411

August 16, Thursday

Charlie Brown Memorial Ride on the Browns Creek Trail, Stillwater
Contact: Joan Roe
Phone: 952-914-9124

August 18, Saturday

Maple Grove Ride/Potluck
Contacts: Hal & Gail West
Phone: 763-427-6254

August 23, Thursday

Lakes of Eden Prairie
Contact: Mary & Tom VandeHei
Phone: 952-975-3974

Aug. 26-28, Sunday-Tuesday

Lanesboro Bike & Golf
Contacts: Dale Bonham 320-309-1023 & Nancy Navis 651-456-9107

SEPTEMBER

September 6, 13, 27, Thursdays - 9:15

Thursday Ride
Contact: John Stiefel
Phone: 952-470-5411

September 20, Thursday - 9:15

Thursday Ride, start from Wabun
Contact: John Stiefel
Phone: 952-470-5411

September 22, Saturday

South Bloomington Overlook Drive
Contact: John Vogt
Phone: 952-829-7056

September 30, Sunday

Dakota Trail
Contact: Bill Brechtel
Phone: 952-474-5295

OCTOBER

October 4, Thursday - 9:15

Last Thursday Ride
Contact: John Stiefel
Phone: 952-470-5411