



ULLR-67 years strong! A founding member of the Midwest Sports/Ski Council.

NULLR

Visit our website for up-to-date information – ULLR.org

December 2017 - January 2018

ULLR HOLIDAY PARTY

Saturday, December 2, 2017



At the Gramercy Club

15001 Burnhaven Drive, Burnsville

5:00 PM - Social with Appetizers

6:30 PM Buffet Dinner

Roast Beef, Chicken, Au Gratin Potatoes, Vegetables, Salad, Dinner Rolls, Assorted Desserts

AFTER DINNER FUN:

Socializing, Billiards, Poker, Shuffleboard, Games

BRING: Games to play after dinner and/or

A new unwrapped toy for Toys for Tots

We will begin to gather at 5:00 PM to socialize with ULLR friends and guests. Beverages and appetizers will be provided. ULLR Bill Kansas will be entertaining us with holiday and other piano music. Maybe he will invite us to sing along!

A catered dinner buffet with dessert will follow at 6:30 PM

The cost per person is \$20.00.

Make checks payable to: ULLR Ski Club

Send to: Diane Erlandson, 8200 West 33rd Street, #302, St. Louis Park, MN 55426.

You can also make your reservation at an ULLR meeting.

Reservations are due by Saturday, November 25, 2017.

Event Co-Chairs: Joan Roe (952-914-9124) and Nancy Sand (952-435-5225).

Come join us for this festive ULLR Holiday Party!

It's Membership Renewal Time

November 30th is the deadline for membership renewal. Print a membership form by logging onto Ullr.org and click on 'Membership Information', or forms will be available at the November member meeting. Be sure to sign the waiver, and if a couple is using one form, to both sign the waiver. Remember to **indicate your interests and willingness to volunteer.** Include a check for \$20 per person and send to the address printed on the form.

Thank you to the Ullrs who led hikes this fall so beautiful landscapes like this were seen and enjoyed.



Lebanon Hills Hike by Linda Heintz

It was a beautiful day and 10 people showed up for the hike. We saw some nice color. The only complaint I heard all day was that the hilly challenging hike was too easy. (That's Ullrs for you!)

2017-18 IMPORTANT CONTACTS
OFFICERS OF THE CLUB

President

Mary Jane Hochstein:
ULLRPrez@ULLR.org

Executive VP

Joan Roe: ExecVP@ULLR.org

Winter Program VP

Karen Holmquist: WinterVP@ULLR.org

Summer Programs VP

Mary Ellen Goriesky: SummerVP@ULLR.org

Membership VP

Jan Butler: MembershipVP@ULLR.org

Treasurer

Bill Brechtel: Treasurer@ULLR.org

Secretary

Nancy Navis: Secretary@ULLR.org

Past President/Advisor

James Habeck: PastPrez@ULLR.org

PROGRAM COORDINATORS

Alpine-Nordic

Barb Kolbe: See directory

Ski Racing

Brian Johnson: Racing@ULLR.org

What's Cookin' Cashiers

Pat Nelson & Sharon Pappas:
WCcashier@ULLR.org

What's Cookin' Supply Chairs

Needed

WhatsCookin@ULLR.org

What's Cookin' Beverage Chairs

Bruce Warner-beer, Ken Ernst-wine, &
Dale Evans-water, pop
Beverages@ULLR.org

Biking

John Stiefel: Biking@ULLR.org

Singles

Jan Butler: Singles@ULLR.org

Folding Parties

Nancy Sand: FoldingParty@ULLR.org

General Meetings

Joan Roe: ExecVP@ULLR.org

MSC Representatives

Karen Holmquist: WinterVP@ULLR.org
Dolly Eastman: MSCrep@ULLR.org

MSC www.midwestfun.org

ULLR Foundation President

Jan Cady: See Directory

COMMUNICATION

ULLR Webmaster

JJ [Joe] Coursolle: Webster@ULLR.org

NULLR Editor & Designer

Margie Deutsch: NULLR@ULLR.org

ULLRnet

Fran DeWell & Joan Roe
ULLRnet@ULLR.org

LETTER FROM THE PRESIDENT

By Mary Jane Hochstein



December already? Where has the year gone? I guess it's true that the older you get, the faster time goes by. December is such a month of contrasts for me. We have beautiful white snow, perfect for skiing, snow-shoeing or hiking and then blustery cold blizzard like conditions that make it difficult to be out and about. We celebrate the holidays with decorated homes, cookies and other delectable foods and drinks, gift-giving and family gatherings. Yet for many people this is not a happy time in their life for whatever reason: personal loss, illness, being alone. I love old traditional movies like "White Christmas" and "Miracle on 34th Street", Christmas music, and making and getting cards. Call me old fashioned or politically incorrect but I like to say "Merry Christmas".

December is the last month of the year, a time of reflection over the previous months for the ULLR Board. How did we do? What did we accomplish? What direction are we going next? These are questions your Board will be addressing. Also we will look at better ways to serve our ULLR population. Your thoughts, opinions and ideas are important. Please share them with us so we have more information moving forward. Consider serving on the Board and sharing your talents. You ARE needed.

May this holiday season, however you celebrate or not, bring you joy and peace. Merry Christmas!

Foundation Corner by Jan Cady

The ULLR Foundation new officers are: President Jan Cady, Vice President Nancy Keyes, Secretary Carol Bush, and Treasurer Joe Schwebel. We look forward to a very productive year. We would like to increase the number of board members. Contact any of the current board members. There is not a lot required, and the benefits are great. The knowledge that you made a difference in the lives of those less fortunate, and knowing that they would be able to participate in the things we take for granted, is heartwarming.

We are starting to gather items for our Bingo Raffle fundraiser in April. We thank all the members for their donations and support for our Foundation.

Volunteer Opportunities

1. The club needs a chair for the picnic supplies for the 2018 summer. The job is to bring the supply bins to and from the picnics, wash and sanitize utensils, and replenish supplies as needed.
2. The club also needs a co-chair for the Lanesboro Bike and Golf summer trip. For more information for these positions, please contact the Summer VP, Mary Ellen Goriesky. SummerVP@ullr.org

ULLR Webmaster: JJ [Joe] Coursolle PO Box 201409, Bloomington 55420 Phone: 612-750-0927; Webster@ullr.org	NULLR Editor: Margie Deutsch 8940 Northwood Pkwy., New Hope 55427 Phone: 763-545-5845; Nullr@ullr.org
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A Walk down the ULLR Memory Lane as reported in the 2006, 08 December Nullrs.

by Margie Deutsch



2006: Singles' Coordinator, **Cheryl Ostlund** (Rogers) began a new monthly winter Saturday matinee movie schedule. The advantages were: no nighttime driving, going to the Edina, Lagoon and Uptown Landmark theaters, and maybe sharing a late afternoon snack or early supper with fellow Ullrs.

2008: The toys and gifts collected at the 2008 holiday ball were brought to the 6 PM, December 9th, KARE 11 TV news broadcast. President **Barb Carpenter**, as spokesperson for the Ullrs gathered there, got in a short mention for the Club.

Karen Holmquist offered a January Thursday-Friday trip to Spirit Mountain for skiing and for snowshoeing, cross country at a state park. They stayed and played in the Black Bear Casino.

Five beautifully attired ULLR Foundation members worked at the raffle booth for a "fun"-raising event for Children's Cancer Research. They were: **Jan Cady, Barb Carpenter, Nancy Keyes, Joan Roe, and Kay Sommers**. The total raffle sales were \$180,000!

The Foundation granted \$3,000 to Courage Center for the purchase of a race runner for its adaptive track program.



In Loving memory

Barbara (Falk) Kemmer

November 12, 1942 ~ October 30, 2017

Barb was an avid gardener and seamstress. She enjoyed all things outdoors. She was an avid skier. Barb met her partner, Jim Henn, on a winter camping trip in 1995. She hiked whenever possible, and had many wonderful trips to destinations such as her birth place in Rumania, Austria, Germany, and Australia, where she hiked to the top of Mt. Warning. Barb was loved and admired by many for her tireless volunteer work at her church and in the community for organizations such as Habitat for Humanity and Lutheran World Relief. Our condolences to Jim, her family, and many ULLR friends.

[In late September, Barb sent a touching good-by note, thanking her ULLR friends for their cards, prayers, etc. She said she had enjoyed the various activities over the years, the friendships, and the new skills learned. She will be missed.]

Today, Print an extra copy of this newsletter or show it at ullr.org to a friend to let them know about our active club. Invite them to an event or meeting. A healthy club keeps growing.

Attend ULLR General Meetings

Members and guests are invited to ULLR Meetings. They are held at the Bloomington Event Center (BEC), the new name for the Knights of Columbus Hall, 1114 American Blvd W, Bloomington, MN 55420. Make a reservation in the dining room, which opens at 5 PM, by calling 952-888-1492. The costs of our dinners and drinks are credited to the club to offset rental costs. Come downstairs for socializing after dinner. **The meetings start at 7 PM.**

Put these General Meeting dates on your calendar: November 9, and in 2018 on January 18, February 8, March 15, and April 12.

On **Nov. 9**, Mary and Tom VandeHei will speak about being parents of a NASA astronaut and Mark's liftoff to the International Space Station September 12, 2017.



This Trip fills up quickly, you may sign up NOW.

Nisswa Bike and Golf trip, June 11 - 14, 2018

3 Nights lodging: Monday-Wednesday, 3 breakfasts

Wednesday night Mexican Fiesta Dinner

Cost: \$160 (Due at sign-up)

Make check payable to ULLR Club.

Send to: Carol Bush, 5691 Hyland Courts Drive, Bloomington, MN 55437. Include emergency contact with your check.

Co-chairs: Carol Thelen: 320-333-6642, carolte@me.com

Carol Bush: 952-922-8035, carolsbush@aol.com

ULLR Cancellation Policy applies. See the flyer at ullr.org

ULLR MEETINGS AND SOCIALS

ULLR Executive VP, Joan Roe, sent members an e-mail on October 29 with this question: "**Would you like to see meetings changed to a luncheon meeting, rather than a dinner meeting?**" The ULLR Board will be discussing this question and it appreciates input from members. As with every issue, there are pros and cons on this issue.

UPCOMING SINGLES EVENTS

ULLR Singles' Events are open to all single ULLRs. Contact Jan Butler about ULLR Singles' activities or to volunteer to plan and/or host an event: 952-544-8163, Singles@ULLR.org or jscmunch@comcast.net



SINGLES CARD/GAME NIGHTS

Bring a dish to share, beverage, and any games you would like to play.

Date: Friday, November 10 - 7:00 PM

Host: Sandra Shearer - RSVP: 952-236-7194
5225 Grandview Square, #319, Edina 55436

Date: Friday, January 12 - 7:00 PM

Host: **NEEDED**

Hosts are needed for 2018: 1/12, 2/9, 3/9, 4/13, 9/14, 10/12, and 11/9. Call Jan Butler now to volunteer.

2017 SINGLES' FINE DINING

Please RSVP to Ellise Lamb, ellise.lamb@mchsi.com or 952-442-9332 by the Sunday before the event.

November 28 - Fine Dining - 5:30 PM or come earlier for Happy Hour at *Woolley's Restaurant* (in the Embassy Suites-Airport), 7901 34th Av. S., Bloomington 55425; woolleysrestaurant.com

January 23 - Lunch - 11:15 AM at *Ike's Food and Cocktails* (adjoining Rasmussen College), 4400 West 78th St., Bloomington 55435

February 27 - Lunch - 11:15 AM at *Wildfire*, 3020 Eden Prairie Center, Eden Prairie 55344



Singles Dining in 2018 will all be at midday. Meet at 11:15 a.m. and order by 11:30 a.m. All chosen restaurants do not open until 11:00 a.m.

Country Walk Around McKnight Lake

Rescheduled to

Saturday, November 18

Meet at 10:00 AM - Hike at 10:15

Meet in the parking lot of the Oakridge Conference Center & Hotel, 1 Oakridge Drive, Chaska. We will have a peaceful and quiet walk.



Lunch after hike at the Center

RSVP to: Sally Chevalier, 952-935-7000

See the classic movie, **White Christmas**, at the beautifully restored Heights Movie theater in Columbia Heights.

Sunday, December 3, for the 2:00 PM showing.

Arrive at 1:00 PM for a special 20 minute concert.

Dinner after the movie to be determined

Send a check for \$12.00 payable to: Karen Holmquist, 1024 Aston Circle, Burnsville, MN **ULLR cancellation**

policy applies. Sorry, event is sold out

A Rewarding Volunteer Opportunity

by Margie Deutsch

Bikers and everyone else have a wonderful opportunity in our Metro area to help thousands of kids have a bike. You may have seen the article in the Star Tribune Oct. 17th. The nonprofit Free Bikes 4 Kidz asked folks to donate a bike on Oct. 7. In four hours 9,000 bikes were donated! Volunteers of all skill levels are needed to clean and/or fix bikes, **no experience necessary.** Work a 3-hour shift. The warehouse is open 7 days a week, now through December 1, 2017. The building is at 7300 49th Av., New Hope, just behind the ice area. A group of Ullrs can schedule by emailing Catherine@fb4k.org Or go to fb4k.org and sign-up yourself. Repaired bikes are distributed by nonprofit partners and schools. Help a child be happy and healthy. Volunteer!



There are more event flyers at ullr.org. See them for driving directions. In case of bad weather or to verify the event is not cancelled, contact the event chair.



Halloween Party Hosts Galen & Mary Jane Hochstein

Halloween Party

by Mary Jane Hochstein

It was a "Happy Halloween" at the Hochstein's with 22 ULLR friends, many arriving in costume, and some came as themselves. Great food, like chili, potato soup, salads, cheese and crackers and a variety of delicious desserts, was enjoyed by all. Nobody goes hungry at an ULLR gathering. A number of "minute-to-win-it" games were played testing everyone's manual dexterity and steadiness of hand. The afternoon ended on a happy note and with sunshine, as an added treat. Everybody had time to get home to give out treats in their neighborhood.



Named as the best costumes were Miss Google-eyes with her flashing, multicolored smile (Nancy H) and Miss Rock & Roll (Jeff F)

Twins fan (Joyce c) and Witch Hazel (Mary Ellen G)

Our local dressed-up hillbillies, Carol B and Ray H

Wanda the Witch is alive here (Laurie C) along with the Wichita Lineman ready for the Halloween Hustle (Joe C)



See more event photos at ullr.org



Ullrs like to have fun. Thanks to Mary Jane and Galen Hochstein for hosting this party and sending these photos. See more at ullr.org Submit YOUR idea for a social event!

THE ULLR RACE TEAMS

Have you, a friend or relative ever thought it might be fun to be on a ski racing team? If you would like to try racing this winter, we can find a team in the league that needs another racer. Team members are happy to mentor you to help you get started. If you have questions, Contact Brian Johnson at (763) 494-4622 or Lostswede@comcast.net



2017 Social Calendar

See ullr.org for flyer's information

November 9, Thursday - ULLR Meeting
6:00 Socialize; 7:00 Meeting "Being Parents of an Astronaut" (see p.3)
Contact: Joan Roe, 952-914-9124

November 10, Friday - 7:00 PM
Singles' Cards & Games Night
Host: Sandra Shearer, 952-236-7194

November 28, Tuesday - Fine Dining
5:30 PM or come earlier for Happy Hour at *Woolley's Restaurant*
RSVP: Ellise Lamb, 952-442-9332

December 2, Saturday - 5:00 PM
ULLR Holiday Party (see p. 1)
Hosts: Nancy Sand & Joan Roe

December 3, Sunday - 1:00 PM
Movie: White Christmas **SOLD OUT!**

December 8, Friday - Noon
ULLR Directory Folding Party at home of Sally Chevalier (see p. 7)
Contact: Nancy Sand, 952-435-5225 or nsand878@gmail.com

January 12, Friday - 7:00 PM
Singles' Cards & Games Night
Host: **NEEDED**

January 18, Thursday - ULLR Meeting
6:00 Socialize; 7:00 Meeting
Contact: Joan Roe, 952-914-9124

January 23, Tuesday - Singles' Lunch
11:15 AM at Ike's Food and Cocktails
RSVP: Ellise Lamb, 952-442-9332

PLAN A WINTER SOCIAL EVENT NOW!

Ullrs like to have fun!

How about you planning an event or party? Maybe a Super or Souper Bowl Party, a Valentines for Everyone Party, a St. Patty's Party, or *your idea* for a party. Or, what about an evening at a comedy club, a Winter Carnival activity, or a college game? Tell your plan to V.P. Joan Roe.

Photos:

Right: Karen H, Nancy S, Barb K, Bill B, and John S hike in the brisk 32° October 28th morning.

Bottom: Bill, Nancy, Barb, Patty F and John all tried to remember how they tied those knots when they were scouts. Oh, that was SO long ago!

Carver Park Hike by Patty Fitzgerald

On October 28th, 6 ULLRs met at the Carver Park Reserve in Victoria for a hike. It was cold and cloudy, but we found the wooded terrain to be out of the wind and very scenic. We managed to hike 4 miles, around Crosby Lake and over several wetland areas on the moving bridges made from heavy duty plastic. We stopped to see a huge growth on one of the trees and to try our luck at tying knots. Patty tried to tie Barb K up but the rope was too short. Nancy S was successful at recreating one of the knots on the board. We found a Chickadee overlook where there were several benches with fake wooden people sitting on them and dressed in hats and scarves. We



decided it was done so that the birds wouldn't be scared away when people came near. We checked out the owl and hawk that are in cages in the park because they are blind due to accidents. Then we checked out the Lowry Nature Center which has many interesting stuffed specimens and some live critters too. After the hike we went to lunch at *The School of the Wise*, a new restaurant in Victoria, which everyone said was a great choice.

2017 Fall Hikes

November

8, Wednesday - 10:00 AM

Coon Rapids Dam Hike

Contact: Carol Bush; 952-922-8035

15, Wednesday - 11:00 AM

Nine Mile Creek Hike

Contact: Linda Heintz; 651-454-6152

18, Saturday - 10:00 AM-Rescheduled

Country Walk Around a Lake (see p 4)

Contact: Sally Chevalier; 952-935-7000

20, Monday - 10:15 AM

Mississippi River & Milwaukee Avenue

Historical District Walk

Contacts: Pat Fitzgerald & John Stiefel
952-470-5411

December

9, Saturday - 1:30 PM

French Regional Park Hike (or XC,
snowshoe)

Contact: Jim Habeck, 763-559-5593

Snowshoe Schedule

December

9, Saturday - 1:30 PM

French Regional Park (or hike, XC)

Contact: Jim Habeck, 763-559-5593

January

16, Tuesday

Gale Woods

Contact: Bill Brechtel, 952-474-5295

31, Wednesday

Hyland Hills (or XC)

Contact: Sharon Marini, 952-893-7408

February

5, Monday - 10:30 AM

Minnesota River Valley National
Wildlife Refuge (or hike)

Contact: John Vogt, 952-829-7056

12, Monday - 11:00 AM (or hike)

Whitetail Woods Regional Park

Contact: Nancy Sand, 952-435-5225

17, Saturday - 1:00 PM

Elm Creek Regional Park (or XC,
hike)

Contact: Jim Habeck, 763-559-5593

Recalling October

*A sincere thanks to these ULLRs who
organized/led an event.*

5, Last Thursday bike ride

John Stiefel

5, General Meeting

Joan Roe and speaker Marilyn Barnard

7, Tour the State Capitol

Nancy Sand

11, Arboretum Hike

Jim Habeck

13, Singles' Cards & Games Night

Margie Deutsch

14, Crosby Farm Regional Park Hike

Nancy Sand

15, Genealogy 101

Margie Deutsch

18, Lebanon Hills Regional Park Hike

Linda Heintz

24, Fine Dining at McCormick &

Schmick's

Ellise Lamb

26, Hyland Lake Park Reserve Hike

Pat Nelson

28, Carver Park Reserve Hike

Pat Fitzgerald & John Stiefel

31, Halloween Party

Mary Jane & Galen

Hochstein



Ski Schedule 2017-18

Dec. 14, Thursday, 9:30, Welch

Dec. 20, Wednesday, 9:30, Afton Alps

Jan. 4, Thursday, 9:30, Welch

Jan. 5-7, Indianhead & Blackjack

Jan. 11, Thursday, 9:30, Welch

Jan. 17, Wednesday, 9:30, Afton Alps

Jan. 25, Thursday, 9:30, Welch

Feb. 1, Thursday, 9:30, Welch

Feb. 7, Wednesday, 9:30, Afton Alps

Feb. 15, Thursday, 9:30, Welch

Feb. 22, Thursday, 9:30, Welch

Feb. 25-28, Lutsen

Mar. 4-10, Winter Park

We are the ULLR Ski, Bike, and Social Club. The activity winter calendars are full with fun events. The Social calendar has **NO** events planned after December 8. Some members flee south for the winter— but the rest of the members like to get together. **Will YOU plan an event, PLEASE?**

ULLR MEMBERSHIP DIRECTORY FOLDING PARTY

Friday, December 8, 2017 - Noon

You are invited to come. Directory folding will follow lunch.

Host: Sally Chevalier; 4108 Kerry Court, Minnetonka

RSVP: salchevalier@yahoo.com; 952-935-7000

A main dish and beverages are provided. Members should bring an appetizer, salad, or dessert to share and contribute \$1.00 per person.

For more information, contact Nancy Sand, Folding Party Coordinator, 952-435-5225 or nsand878@gmail.com

Make sure your Directory contact information is correct. Contact the Membership VP with any changes or corrections by November 30!

MSC Winter Carnival January 5th-7th, 2018 Big Snow Resort at Indianhead!

- * Round trip motor coach from Minneapolis or Rochester
- * Skiing available Friday, Saturday and Sunday at both Indianhead and Blackjack Ski Areas
- * 2-day downhill ski lift ticket
- * X/C and Snowshoeing available on 69 km of groomed trails at ABR Park with free shuttle to and from Indianhead



Contact: Jerry Schuster, 952-888-0860;
jeschus@usjet.net or at the November ULLR meeting

ULLRS at WINTER PARK March 4-10, 2018

There is an [opening for one male](#) to go on the Winter Park Ski Trip. Talk with your friends who like to ski. Tell them about our trip and how much fun they could have skiing with ULLrs. Tell them to act now! A WAIT LIST has been started.

Go to the ULLR website for more information about the trip. Contact a trip co-chair, Sharon Marini, 952-893-7408 or Nancy Sand, 952-435-5225.

**Right: Jan S and Barb K visit a most unusual tree monster.
Bottom: Cheryl R, Woody R, Marcia S, Jan S, Linda H, Jerry S,
Barb K, Glen M, Nancy S**



ULLRS ENCOUNTER HIGH WATERS ON CROSBY FARM HIKE by Nancy Sand

Before driving down the hill to meet in the parking lot for the October 14 Crosby Farm hike, everyone stopped at the high overlook to view Fort Snelling in the distance and the confluence of the Mississippi and Minnesota rivers below.

Then eight ULLRs and a guest, the son of hike leader Nancy S, walked along the Mississippi River bottoms marveling at all the greenery down there compared to the abundance of brightly colored leaves seen on other ULLR hikes. The trail was crowded with hikers and bikers. We frequently called out "biker up" and "biker back" notifications to our group.



Magnificent tall cottonwood trees with giant tree trunks towered above us. We saw many large logs of old trees that had fallen years ago or that had fallen into and were braced by other still-standing trees. Cottonwood leaves on the trail provided lots of crunchy sounds as we walked. On a side trail that circled a pond, we saw many geese and an eagle nest high up in the trees.

The Mississippi and other Minnesota rivers had crested a couple of days earlier causing the portion of trail closest to the River to be closed due to high water, but we walked as far as possible towards the River from both ends to see the water.

When we turned around at the far end of the trail to head back, we looked at the area where goats had been fenced during the summer to eat and reduce ground cover including buckthorn.

A week prior to the October 14 Crosby Farm hike, rain was predicted, but the rain held off until after our lunch at *Buca di Beppo* which is noted for very large portion servings. Everyone went home happily with a to-go box.