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June-July 2017

The Spring Banquet by Sharon Marini

The 67th Annual Awards Banquet and Dinner Dance was held at the Chanhassen American Legion on April 29. Mistress of Ceremony Nancy Sand, welcomed everyone and introduced guests Christine Roehler and Lorelei Swan. Ullrs socialized and enjoyed a delicious buffet dinner and marble cake for dessert.

Following dinner, awards were presented. The Raiders of The Lost Fjord downhill race team members were awarded medals. They were Jim Habeck, Lee Erikson, Torch Dorn, Kathy Lucas, Mick Ganley and John Kasprick. They all qualified for Nationals.

Several Ullrs were recognized for their outstanding contributions to the club. The Ole Award recipients and awards were: Bill Brechtel - "Pedal-Paddle," Jerry Weiskopf - "Steady as a Rock," Ellise Lamb - "Wine and Dine," and Jim Habeck - "Our Prez." ULLR of the Year was awarded to Carol Bush.

The American Flyer Band played "our" music, and it seemed that all 68 Ullrs danced and filled the dance floor. Ullrs know how to have fun.

Fresh flower arrangements by the Flower Box were given away. Nancy Sand announced the Western Ski Trip to Winter Park, CO will be March 4-10, 2018. Sign-ups are now being taken. A big thank you to Nancy Sand, our Mistress of Ceremony, and our photographer Alan Moore. *[Thanks also to the evening's planners, Mary Jane Hochstein, Sharon Marini, and Diane Erlandson.—Margie]*



Mary Jane H presented the Ole Award to Jerry W. He was honored for his strong commitment to, and his leadership of, the ULLR Foundation.



Jim M congratulates Carol B. She was honored for her work on the Board, chairing the Nisswa trips, and for leading hikes and singles events.

More photos are in this issue.



Co-chair Diane E and Charlotte N enjoyed meeting with ULLR friends at the Spring Banquet.

2017 IMPORTANT CONTACTS OFFICERS OF THE CLUB

President

Mary Jane Hochstein:

ULLRPrez@ULLR.org

Executive VP

Joan Roe: ExecVP@ULLR.org

Winter Program VP

Karen Holmquist: WinterVP@ULLR.org

Summer Programs VP

Mary Ellen Goriesky: SummerVP@ULLR.org

Membership VP

Jan Butler: MembershipVP@ULLR.org

Treasurer

Bill Brechtel: Treasurer@ULLR.org

Secretary

Nancy Navis: Secretary@ULLR.org

Past President/Advisor

James Habeck: PastPrez@ULLR.org

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Alpine-Nordic

Barb Kolbe: See directory

Ski Racing

Brian Johnson: Racing@ULLR.org

What's Cookin' Cashiers

Pat Nelson & Sharon Pappas:

WCcashier@ULLR.org

What's Cookin' Supply Chairs

Nancy Harman & Jeff Fischer:

WhatsCookin@ULLR.org

What's Cookin' Beverage Chairs

Bruce Warner-beer, Ken Ernst-wine, &

Dale Evans-water, pop:

Beverages@ULLR.org

Biking

John Stiefel: Biking@ULLR.org

Singles

Jan Butler: Singles@ULLR.org

Folding Parties

Nancy Sand: FoldingParty@ULLR.org

General Meetings

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MSC www.midwestfun.org

ULLR Foundation President

Jerry Weiskopf: See Directory

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ULLRnet

Fran DeWell & Joan Roe

LETTER FROM THE PRESIDENT

By Mary Jane Hochstein

Hi everyone! I know you are reading this probably enjoying summer wear, flip-flops and shades, but I'm writing this huddled under a warm throw, having pointed and clicked my start-a-fire at the fireplace, with my PC on my lap and a cup of hot chocolate on hand. It's cold and rainy. Wait, that can't be...SNOW??



Well, it's Minnesota. Today I am thinking about yesterday's Spring Banquet, welcoming old and new friends, socializing, enjoying the comfort food buffet and the cake with LOTS of frosting, and getting my 10,000 daily steps all on the dance floor (just try keeping up with Ken Marini!) Our very excellent Mistress of Ceremonies Nancy Sand spoke eloquently of how much the ULLR Club means to her, and I'm sure her words echoed all of our feelings. We are like family, developing relationships, supporting each other and having fun together. Last night we recognized, as we do each year with the Ole awards, the individual contributions to the club. Recipients demonstrated creativity, commitment, generosity and leadership. A grateful thanks to them and to the out-going Board for their service and dedication to all things ULLR.

Many events have already taken place in April: Bingo sponsored by the Foundation, Sally Chevalier's outing to the Old Log Theatre, Margo Dinneen and Jon Zoller's Social party, and several hikes. In May there is the Directory Folding party, Gary Gray's Climate Change discussion, the biking program will be in full swing, and the return of *What's Cookin'* starts in June. Great people are putting in a lot of effort to give diverse opportunities for ULLR members to participate. You have heard it said "it takes a village to raise a child," well, it also takes engaged members to keep a club vital and sustainable.

I highly recommend "ReMember" a book authored by Jason Barger. He defines ReMember (verb): to renew/recommit to your highest priorities, in mind and action. His book is "about breaking out of the staleness of the status quo and renewing our memberships with passion, focus and leadership," and taking a more active ownership in the life we live. Jason says "membership isn't about merely 'belonging.'" It is a choice about how we engage and where we contribute our gifts and strengths." So now we start anew, "New Beginnings", (the theme for the Spring Banquet,) a new Board, new ideas, and new ways of doing things. ReThink your ULLR membership, the role you play or could play. This Club is no slouch when it comes to talent and experience. We need everyone to share their ideas, thoughts and hopes to ensure a future for the ULLR Ski, Bike and Social Club. Let's hear from you, and I'll see you at *What's Cookin'*!

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NULLR Editor: Margie Deutsch

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Phone: 763-545-5845;

Nullr@ullr.org



Barb S & Barb K were all smiles at the Spring Banquet.

ULLR SUMMER EVENTS

It is not too late to submit your plans for summer events. Contact the SummerVP@Ullr.org What do you enjoy doing? Where do you enjoy going? How about inviting other Ullrs to join you. Start planning now.

WHAT'S COOKIN PICNICS

at Brookview Park on Highway 55 in Golden Valley. See the map in the ULLR directory.

Time: 5 PM - food served at 6

June 7 Deutsch, Stiefel, Fitzgerald, Berry

June 21 Singles

July 12 Board

July 26 Wests, Roberts, Schwebels

August 9 Foundation

August 23 *The 70's & 80's* - Gail West and Jan Swanberg

Sept. 6 Jean Metz and Bob Stiles

The August 23rd picnic is hosted by ULLRs who turn 70 or 80 this year. Is that you? Be a part of that team.

Call Gail, 763-360-7445 or Jan, 651-633-7178 to volunteer.

The cost of the meal will increase. Our average attendance last year was in the 70s and the rental cost for the shelter is \$160 for each picnic. The meal cost breakdown is as follows: Shelter - \$2.00 (includes rental fee and liquor permit); Supplies - \$.25; Food - \$4.00; Beverages - \$2.00; Dessert - \$.75 (to Foundation)

Picnic Costs: \$9.00 for meal, dessert & 2 beverages

\$4.00 for 2 beverages (no meal)

\$2.00 attendance only (for the shelter rental)

\$1.00 for each beverage over 2

\$.75 for extra dessert (to the Foundation)

Remember to invite a friend to a picnic. It is a great way for someone to feel ULLR friendliness— and maybe join!



A Walk down the ULLR Memory Lane as reported in the 2005 June-July Nullr.

by Margie Deutsch

Advertised for July were:



1. The Foundation Dinner being held at the home of Ali Kalish & Mary Ellen Haggerty. Northern Italian Cuisine was the dinner feature. Guests could enjoy seeing Mary Ellen's studio where her beautiful hand painted dishes were created and fired.

2. An afternoon in Shoreview at the home of Lolly & Dick Dahlen. Folks could swim in Turtle Lake and/or soak in their hot tub.

August events advertised were:

1. A biking weekend at Giant's Ridge led by Linda Heintz.
2. Jazz cruise on the St. Croix River led by Jerry Swanberg.

The summer picnics earlier had been called Beer and Brats. That tradition held on for this year when 3 of the 7 picnics were serving bratwurst. One meal was prepared by Laurie and Joe Coursolle.

The Singles party at Gloria Dombrock's home was a card party for people who aren't serious about playing cards, want to have fun and make friends. [That is still true today.]

Gary Gray had been named ULLR of the Year at the Spring Banquet. He had served on the Board for three years, one as president. He was "instrumental in getting the name of the club changed to reflect the diverse interests of its members." He also started the Singles group.

Barb Carpenter and Charlotte Navratil were honored with the "Distinguished Service Award" for 25 years of exceptional service to the club. "Both had chaired, co-chaired or coordinated just about every activity the club has to offer." They also had served on the Board many times.

A "Back Page" letter was from Iowa Jan Hotvedt. She thanked Ullrs for their support and prayers after a tragic airplane crash. Her daughter and granddaughter died and another granddaughter was seriously burned and was in for a long hospitalization. [I called Jan and asked if I could retell this story. She said Caryn is now an amazing 20 year old, living a full life, and a blessing to all who know her.—Margie]

The ULLRNET

The ULLRnet was created as a way to receive messages of a personal nature about current and past members. The ULLRnet has a voluntary

sign-up. If a member or former member has not signed up, and would like to, please send an email message to ullrnet@ullr.org Also, inform us of email address changes.

The April Social By Margo Dinneen

A cozy group of ten Ullrs gathered at Jon Zoller and Margo Dinneen's home for 4 1/2 hours midday on Tuesday, April 25th. Ten painted lady butterflies had just hatched on Sunday so first we fed them in their tent. Then we socialized and had a great lunch of yummy food, the ULLR tradition, along with lots of laughs and fun stories. Seven of us chose to walk around Jeffers Pond, a nature preserve donated by Robert Jeffers. He lived in a cabin there until 1998 when he donated the land, via a conservation easement, for nature enjoyment and education in perpetuity. A light drizzle sent some back but two of us truly enjoyed the walk in the woods and on the fishing pier. Upon returning, we had refreshments and viewed a video about Jeffers Pond. There was something special about a small group and cozy conversation. Ellise surprised us by saying her birthday had been the day before and that she was celebrating all week!



At the Spring Banquet, Brian Johnson told the ULLR members about the difficult skiing conditions the racing teams experienced this past season. Please go to the ULLR page to read about all of the racers on the two ski teams.

www.ullr.org/Events-AlpineRacing.html



Savannah Sipping Society – by Margie Deutsch

How do you find healing after a job loss, a divorce, having a parent with Alzheimer's, or a spousal death? That serious question was the reason 4 women found each other, formed an informal support group, and found lasting friendships. Now this might not sound like a theme for a comedy, but a very-full audience enjoyed just that. Sally Chevalier planned a fun afternoon Wednesday, April 19. Sally reported, "We started out with lunch at Maynards, which was outstanding. Then 19 Ullrs attended the Old Log Theatre to see the 'Savannah Sipping Society.' The play was very fast paced with one-liners – and these kept the laughs coming."

Thanks, Sally, and to all Ullrs who plan social outings. They keep the club fun and vibrant.



In Loving Memory

Mohammed 'Allie' Kalish
Nov. 19, 1934—April 13, 2017

Allie was a long time ULLR member. In 2011, he was named as an "honorary member of the Raiders of the Lost Fjord ski team, our number one rooter and supporter." He was a cheerleader for the team, especially for his partner, Mary Ellen Haggerty, the team member who picked this team's name. He and Mary Ellen were co-chairs for the 2008 Holiday Ball. They hosted several Foundation fund-raising meals in their home. Our condolences to Mary Ellen, his family and friends.



In Loving Memory

Raymond E. Wilkinson
Oct. 25, 1939—April 13, 2017

Ray was an ULLR who loved to bike. He was still working for Hennepin County, so weekend rides, Nisswa and Lanesboro were the times that Ray would be one of the leaders of the bikers. "People enjoyed his easy-going, pleasant personality along with his corny jokes, stories, and conversations." A memorial service is going to be held on Monday, May 15, 2017, at Salem Covenant Church, 2655 - 5th Street N.W., New Brighton. Visitation is at 10:00 AM followed by a service at 11:00 AM. In lieu of flowers, memorials preferred to Union Gospel Mission, Salem Covenant Church, or ULLR Foundation. Our prayers and thoughts are with his wife, Ginny, their children, and their family and friends.

UPCOMING SINGLES EVENTS

ULLR Singles' Events are open to all single ULLRs. Contact Jan Butler about ULLR Singles' activities or to volunteer to plan and/or host an event: 952-544-8163, Singles@ULLR.org or jscmunch@comcast.net



SINGLES CARD/GAME NIGHTS

Bring a dish to share, beverage, and any games you would like to play.

Date: Friday, May 12 - 7:00 PM

Host: Jan Butler - **RSVP:** 952-544-8163
13506 Larkin Dr., Minnetonka 55305

Date: Friday, June 9 - 4:30 PM for Boating, Pot-luck & Cards/Games

Host: Ellise Lamb - **RSVP:** 952-442-9332
73 Lakeview Terrace Blvd., Waconia 55387

Date: Friday, July 14 - 4:30 PM for Boating, Pot-luck & Cards/Games

Host: Jim Maiser - **RSVP:** 952-687-1423
40 E. Lake St., Waconia 55387

Date: Friday, August 11 - 4:30 PM for Boating, Pot-luck & Cards/Games

Host: Jim Habeck - **RSVP:** 763-559-5593
12030 54th Av. N, Plymouth 55442

Hosts are needed for the September, October and November Card/Game Nights. Call Jan to volunteer.

2017 SINGLES' FINE DINING

Please RSVP to Ellise Lamb, ellise.lamb@mchsi.com or 952-442-9332 by the Sunday before the event.

May 23 - Lunch on the Patio 11:15 AM at *Patrick's Bakery Cafe* (inside Bachman's),
6010 Lyndale Av. S., Richfield, 55419

June 27 - Lunch on the Patio -
11:15 AM at *Maynards on the Lake*, 685 Excelsior Blvd.,
Excelsior, 55331; <http://maynards-excelsior.com>



July 25 - Lunch on the Patio -
11:15 AM at *Pinstripes*, 3849 Gallagher Dr., Edina 55435

August 22 - Lunch on the Patio - 11:15 AM at *Grizzly's Restaurant*, 220 Carlson Pkwy. N., Plymouth 55447



Winter Sports Planning Party

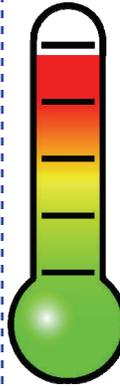
Bring your ideas for a one day or multi-day down-hill, cross-country, snowshoe, or hiking event. You only need to set the date, place and time, and if desired, where to socialize and/or have lunch or dinner. Please bring a dish to share: appetizer, vegetable, salad, or dessert. The main dish and beverages will be provided.

When: Sunday, July 23, 4:00 PM

RSVP: Barb Kolbe 651-633-0936

Where: Gramercy Club Party Room, 15001 Burnhaven Dr., Burnsville

Climate Change—Oh, Oh, Look Out!



What's going on? They had to bring in snow for the dog sled races in Alaska while Boston was getting inundated with snow.

And remember the warm winter we had until the bottom dropped out? And what about the western droughts, coupled with the rainstorms flooding other parts of the U.S.?

And if the climate is getting warmer, why are we having spectacularly cold weather here and there?

We are going to look at the science of climate and weather, especially the role of carbon burning and why the sunlight bouncing off the earth is different from the sunlight coming through the atmosphere from the sun.

As reflected light from the earth hits greenhouse gases, the earth heats up. Is this true? The new administration says climate change is a hoax. Is it? Why are the politics of climate change so complex?

Come to hear what learned scientists have to say about this issue. Be a part of the discussion led by Gary Gray.

When: Saturday, May 20, 2 PM

Where: Nancy Sand's Gramercy Club party room, 15001 Burnhaven Dr., Burnsville, MN 55306

Contact: Gary Gray for more information:
gdgray@q.com, 952-895-8960.

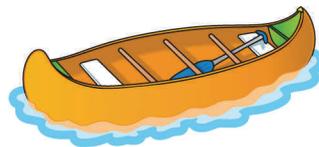
St. Croix River Paddling

Tuesday, July 11 - 11 AM

Canoe or kayak, rain or shine, from Taylors Falls for a 7-mile trip down river. Previous paddling experience is advised. There will be an island stop in the 4-5 hour ride for you to eat your bag lunch. You may use your own canoe or kayak. Or, pay a \$30 rental fee by June 30. (No refunds after July 7.)

Checks payable to: Bill Brechtel. Mail to 924 Kimberly Ln., Chanhassen 55317. See the flyer for more details.

Questions? 952-474-5295; WJB5295@hotmail.com



SCULPTURES, FOUNTAINS, AND FLOWERS

Join Ullrs for a stroll through the Minneapolis Sculpture Garden and Loring Park. The renovated Minneapolis Sculpture Garden reopens this summer with the return



of favorite artworks plus 16 new pieces. Enjoy beautiful fountains and flowers at Loring Park, see the new sculptures, have lunch at the Esker Grove Restaurant in the Walker Art Center, and if you would like, stay longer to browse the galleries in the Art Center.

Meet: Tuesday, July 18, 2017 at 10:30 a.m. outside the main entrance to the Walker Art Center. Park in the Walker Art Center ramp. **RSVP** to Nancy Sand, 952-435-5225 (h), 763-280-2600 (c), nsand878@gmail.com

Minnesota Zoo - Adults only Night

Friday, July 28 - 6:00-9:00 PM

Come to the Minnesota Zoo for an Adults Only "After Hours" Night Out. Enjoy your favorite Adult beverage/food while exploring the various zoo exhibits. Take the summer only Australian walkabout among the kangaroos, wallabies and emus. Experience the "down under!" Nancy Sand, Zoo volunteer, has agreed to be our guide for the evening. **RSVP** to Karen by July 23.

Send \$10 check payable to Karen Holmquist to 1024 Aston Circle Burnsville, MN 55337 (H) 952-431-1903, (C) 952-270-4739

kholmquist@frontiernet.net

Meet by 5:45 PM outside by the Bison Statue at the Zoo South Entrance (Parking is free.)



You are invited to come to the

ULLR MEMBERSHIP DIRECTORY FOLDING PARTY

Friday, May 19, 2017 - 6:30 PM

Directory folding will follow a light dinner.

Hosts: Jan and Jerry Swanberg

2241 Erin Court, New Brighton

RSVP: 651-633-7178 or gswanbe@aol.com

A main dish and beverages are provided.

Members should bring an appetizer, salad, or dessert to share and contribute \$1.00 per person to help with costs.

For more information, contact Nancy Sand,

Folding Party Coordinator

952-435-5225 or nsand878@gmail.com

Sommerfest!!!

Summertime, and the music is lovely. Come

join ULLR friends and music lovers for

"A Severinsen Celebration." The evening's host,

Doc Severinsen, will share personal stories

about his hand-picked classical favorites. Osmo

Vänskä will conduct six well-known selections.

We'll meet about **6:30 PM** on the Plaza for food and drinks (on your own). Look for our balloons.

Date: Friday, July 21, 8 PM concert

Music by our own Minnesota Orchestra. (We have excellent Main Floor seats.) Orchestra Hall is located on the Nicollet Mall in downtown Minneapolis.

Contact: Carol Burgess (763-404-1010) or Ray Hartmann (612-644-1150)

Cost: \$33 for the evening's concert

Make checks payable to Carol Burgess.

Mail to: 16705 12th Ave. N., Plymouth, MN 55447 **by June 7**

ULLR Cancellation and Membership Policies Apply



Biking, Hiking, Bratwurst and Beer

Join ULLRs at the Germanic American Institute, 301 Summit Av., St. Paul 55102, for Deutsche Tage

Date: Saturday, June 10, 2017

Bikers: Meet there at 10:30 AM for a 20 mile ride down

Summit Avenue and by the Mississippi River. (Helmets are required.)

Hikers: Meet there at 11:30 for a stroll in the area. (no leader)

Everyone: Meet at the GAI at 12:30 PM for German music and dancing, bratwurst, and German beer. Optional, bring your stein for a "Prost."

The ride will be led by John Stiefel. (cell: 612-743-4565)

Contact: Margie Deutsch, 763-545-5845; mandmdeutsch@aol.com



MEMBER SPOTLIGHT

[The new information does not appear in the Online NULLR. You will find this information in an e-mail sent to you by the webmaster, Joe Coursolle.]

For April

DIRECTORY CHANGES

Carol Schwebach—new phone

Kathy Potter—new e-mail

PLEASE WELCOME THESE NEW MEMBERS

Christine Austin-Roehler

Roz Rockman

2017 Social Calendar *See ULLR.org for flyers*

May 12, Friday - 7:00 PM
Singles' Cards & Games Night
Host: Jan Butler; RSVP: 952-544-8163

May 19, Friday - 6:30 PM (see p.6)
Membership Directory Folding Party
Hosts: Jan & Jerry Swanberg
RSVP: 651-633-7178

May 20, Saturday - 2:00 PM (see p.5)
Climate Change Discussion led by Gary Gray. RSVP to Gary, 952-895-8960

May 22, Battle Creek Regional Park Hike - 10:30 AM
Nancy Sand, 952-435-5225

May 23, Tuesday - 11:15 AM
Singles' Lunch on the Patio at *Patrick's Bakery Cafe*
RSVP: Ellise Lamb, 952-442-9332

June 7, Wednesday - 5:00 PM
What's Cookin' Picnic - Brats
Contact: Margie Deutsch, 763-545-5845

June 9, Friday - 4:30 PM
Singles' Boating, Cards & Games Night
RSVP Host: Ellise Lamb, 952-442-9332

June 10, Saturday - 10:30 and/or 12:30
Bike Ride **and/or** German Day at the Germanic American Institute (see p.6)
Contacts: John Stiefel; 952-470-5411 & Margie Deutsch; 763-545-5845

June 12-15, Good Ol' Days Bike & Golf in Niswaga (see p.7)
Contact: Carol Bush; 952-922-8035

June 21, Wednesday - 5:00 PM
What's Cookin' Picnic— Chicken Salad
Host: Singles
Contact: Jan Butler, 952-544-8163

June 27, Tuesday - 11:15 AM
Singles' Lunch on the Patio at *Maynards on the Lake*
RSVP: Ellise Lamb, 952-442-9332

July 11, Tuesday 11:00 AM
St. Croix River Paddling
Bill Brechtel; 952-474-5295

July 12, Wednesday - 5:00 PM
What's Cookin' Picnic - Board
Mary Ellen Goriesky; 952-942-0178

July 14, Friday - 4:30 PM
Singles' Cards & Games Night
Singles' Boating, Cards & Games Night
RSVP Host: Jim Maiser, 952-687-1423

July 18, Tuesday - 10:30 AM (see p. 6)
Sculpture Garden & Loring Park
Nancy Sand, 952-435-5225

July 21, Friday - 6:30 PM (see p. 6)
Sommerfest at Orchestra Hall
Carol Burgess, 763-404-1010

July 23, Sunday - 4:00 PM (see p. 5)
Winter Sports Planning Party
Barb Kolbe, 651-633-0936

July 25, Tuesday - 11:15 AM
Singles' Lunch on the Patio at *Pinstripes*
RSVP: Ellise Lamb, 952-442-9332

Recalling April

A sincere thanks to these ULLRs who organized/ led an event.

10, Schulze Lake Hike
Nancy & Craig Navis

13, General Meeting
Mary Jane Hochstein & Foundation members

14, Singles' Cards & Games
Pam Anderson

19, Old Log Theater Savannah Sipping Society - Sally Chevalier

22, Lake of the Isles Hike
Carol Bush

25, April Social & Potluck
Margo Dinneen & Jon Zoller

25, Singles Fine Dining at Lou Nanne's, Ellise Lamb

29, Spring Awards Banquet
Sharon Marini, Mary Jane Hochstein, & Diane Erlandson



July 26, Wednesday - 5:00 PM
What's Cookin' Picnic
Westes, Roberts, Schwebels

July 28, Friday - 5:45 PM (see p. 6)
Minnesota Zoo Adult Night
Karen Holmquist, 952-431-1903

July 29, Saturday 10:00 AM/ 1:00 PM
Countryside Bike Ride & Potluck Social
Charlotte Navratil & Alan Moore
RSVP: 320-327-2396

Niswaga Bike and Golf trip, June 12 - 15, 2017

(The trip is full. A Waiting List has begun.)

Co-Chairs: Carol Thelen, 320-333-6642, carolte@me.com
Carol Bush, 952-922-8035, carolsbush@aol.com
ULLR Cancellation Policy applies. See the flyer at ULLR.org

Save the dates August 27-29 for the Lanesboro Bike and Golf Trip.

More details are on page 9. Deadline to sign up is June 1. This trip fills up fast!

Pot Luck Social & Countryside Bike Ride

When: Saturday, July 29

Bikers: Arrive by 10:00 AM - Ride departs at 10:30 (Short & long routes are offered.)

Others: Arrive at 1:00 PM

Grilled hamburgers will be provided. Donate \$1 .00
Bring a dish to share, your beverage and a lawn chair.
Optional items: mosquito repellent, sunscreen, swim suit & towel

RSVP to Hosts: Charlotte Navratil and Alan Moore
11708 200th St., Silver Lake (38 miles west of 494 on Hwy 7); 320-327-2396 or Cell 612-581-7669

moorea0728@embargmail.com

See the [flyer](#) for driving directions.

Biking Calendar – 2017

Bicycling Program Coordinator: John Stiefel [H] 952-470-5411 [C] 612-743-4565 Please check the ULLR website at ullr.org for flyers for details for each listed event. **Helmets are required on all ULLR bike rides. All times are A.M.**

THURSDAY MORNING RIDES will begin May 11 and run through Oct. 5. Most rides meet at Lynnhurst Park on 50th Street W. and Minnehaha Pkwy. at 9:15 AM and start at 9:30 AM. Check ullr.org for alternative locations and times. In case of uncertain weather, call the trip leader to see if the ride is cancelled.

MAY

May 11, Thursday - 9:15

First Thurs A.M. Ride
Contact: John Stiefel
Phone: 952-470-5411

May 16, Tuesday - 9:30

Gale Woods Ride/Picnic
Contact: Bill Brechtel
Phone: 952-474-5295

May 18, 25 - Thursdays - 9:15

Thursday rides
Contact: John Stiefel
Phone: 952-470-5411

JUNE

June 1, 8, 29 - Thursdays - 9:15 (June 1, different start, see flyer)

Thursday rides
Contact: John Stiefel
Phone: 952-470-5411

June 10, Saturday - 10:30

Ride & a day at German Institute
Contacts: John Stiefel 952-470-5411
& Margie Deutsch 763-545-5845

June 12-15, Monday - Thursday

Paul Bunyan Trail– Good Ol' Days
Contacts: Carol Thelen & Carol Bush
Phone: 952-922-8035(C.B.)

June 22, Thursday - 9:00

Browns Creek– Meet in Stillwater
Contacts: Joan Roe 952-914-9124
& Charlie Brown 651-436-8233

June 25, Sunday - 10:00 (ride at 10:15)

Dakota Trail, St. Boni to Mayer
Contact: Sally Chevalier
Phone: 952-935-7000

JULY

July 4, Tuesday - 9:45

Capital Ride/Potluck
Contact: Nancy Navis
Phone: 651-456-9107

July 6, 13, 20, 27 - Thursdays - 9:15 (July 20, different start, see flyer)

Thurs A.M. Ride
Contact: John Stiefel
Phone: 952-470-5411

July 8, Saturday - 9:00

Elm Creek Park North Loop
Contact: Dale Bonham
Phone: 320-309-1023

July 16, Sunday - 9:15

Woodbury Ride (Meet at Carmine's)
Contact: Sharon Tornes
Phone: 920-540-0298

July 24, Monday - 8:45 (40 miles) or 11:00 (20 miles)

Cannon Valley Trail
Contact: Sharon Marini
Phone: 952-893-7408

July 29, Saturday - 10:00

Silver Lake Ride/Potluck
Contacts: Alan Moore & Charlotte
Navratil; Phone: 320-327-2396

AUGUST

August 3, 17, 24, 31 - Thursdays - 9:15 (August 17, different start, see flyer)

Thurs A.M. Ride
Contact: John Stiefel
Phone: 952-470-5411

August 5, Saturday - 9:00

Douglas Trail
Contact: Judy Burich
Phone: 952-440-3188

August 10, Thursday - 9:15

Lakes of Eden Prairie
Contact: Tom VandeHei
Phone: 952-975-3974

August 13, Sunday - 8:45

Shingle Creek/Theodore Wirth
Contact: John Stiefel & Patty F.
Phone: 952-470-5411

August 19, Saturday

Maple Grove Ride/Potluck
Contacts: Hal & Gail West
Phone: 763-427-6254

Aug. 27-29, Sunday-Tuesday

Lanesboro Bike & Golf
Contacts: Joan Roe 952-914-9124
& Nancy Navis 651-456-9107

SEPTEMBER

September 5, Tuesday

South Bloomington Overlook Drive
Contact: John Vogt
Phone: 952-829-7056

September 7, Thursday - 10:00

Grand Rounds– 50 miles
Contact: John Stiefel
Phone: 952-470-5411

September 14, 28 - Thursdays - 9:15 (Sept. 14, different start, see flyer)

Thurs A.M. Ride
Contact: John Stiefel
Phone: 952-470-5411

September 21, Thursday - 9:00

Chocolate Lovers Ride
Contact: Karen Holmquist
Phone: 952-431-1903

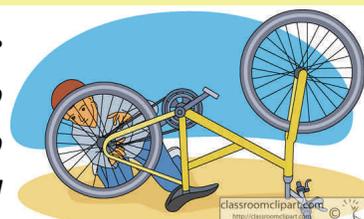
OCTOBER

October 5, Thursday - 9:15

Last Thurs A.M. Ride
Contact: John Stiefel
Phone: 952-470-5411

Many rides have an easier alternative.
Ask the trip leader if one is offered.

*Now is the
time to
tune-up
your bike!*



SKI WINTER PARK WITH ULLRS

The ULLR Ski Club announces its **March 4-10, 2018**, ski trip to Winter Park in Colorado. It has been several years since ULLR went there, so plan now to join your ULLR friends at Colorado's longest continually operated ski resort (75 years), often regarded as "Colorado's Favorite."

WP receives over 29 feet of snow annually with 3,081 total skiable acres, 25 lifts, and 166 trails. The longest trail is 4.5 miles on Mary Jane Mountain. The elevation ranges from 9,000 to 11,200 feet.

Trip cost is \$1,046 (\$679 for land only) and includes:

- » Roundtrip airfare to Denver
- » Roundtrip coach bus between Denver and WP with a grocery stop
- » Lodging at the Vintage Hotel at WP Resort (2 per room, luggage handling, ski lockers, and a daily breakfast buffet)
- » Pre-trip party, welcome party at the Hotel, and group dinner at Smokin' Moe's in the town of Winter Park

The payment schedule is \$400 due at signup, \$400 due 9/1/17, \$246 due 12/1/17. The final payment is subject to change. **Make checks payable to ULLR SKI CLUB, and send to Sharon Marini, 8201 York Av. S., Bloomington 55431.**



Trip options are up to 5 days of skiing at WP, discounted lift tickets, and travel insurance. In addition, participants can enjoy an evening at Hot Sulphur Springs (extra cost), a group tour of the National Sports Center for the Disabled (no cost), and some late afternoon tubing at Coca-Cola Tubing Hill (extra cost) that is adjacent to our Hotel.

Flyers and signup sheets will be available at our summer What's Cookin' picnics and general meetings. You can also view and print them from the ULLR website.

Trip Chairs Sharon Marini and Nancy Sand encourage you to sign up soon. In mid-summer, the trip will be opened to all MSC members, so write that first check and submit the signup sheet now to guarantee your spot on the trip.

ULLR cancelation policy applies.

Lanesboro Bike and Golf August 27-29, 2017

Come to bike the Root River Trail or to golf in Lanesboro or Preston. Enjoy a state park, caves, a winery or theatre.

Cost: \$120, payable on sign up. This includes 2 nights lodging, 2 social hours and 2 breakfasts. **Send trip check,** payable to ULLR CLUB to Nancy Navis, 3655 Greensboro Drive, Eagan MN 55123

The Commonweal Theatre is offering 2 plays: "Steel Magnolias" on Sunday at 1:30 PM and "The Elephant Man" on Monday at 7:30 PM. If you want to attend, **send a check** payable to Joan Roe, **for \$30 per play**, and indicate which play (or both) to Joan, 5800 Creek Valley Road, Edina 55439. **Deadline is June 1. ULLR cancellation policy applies.**

Spring Banquet Party-goers:

left: Jan B, Mary Ellen G

right: Ellise L, Jim H

