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August 2015

Nisswa by Carol Thelen

June 3rd, under cloudy skies, 64 ULLRs arrived at Good Ol' Days Resort in Nisswa with bright spirits ready to bike, golf, eat and socialize. We almost took over the resort except for one cottage that had previously been reserved.

The weather was threatening as we were preparing for the welcome party on Wednesday night, but the resort offered us the lodge dining rooms and porch to set up our drinks and food. They even set up extra serving tables to accommodate us. The hospitality was greatly appreciated. Thursday evening the sun arrived just in time to eat dinner outside. The menu included pulled-chicken sandwiches, cole slaw, calico beans and trays and trays of beautiful delicious appetizers brought by our fellow members. Although Wednesday and Thursday were cloudy, Friday was bright and sunny, so a large group drove to the Deer

River-Grand Rapids area to bike the rolling hills in the Chippewa National Forest before heading home.

A special thank you to all who came and for bringing all the delicious gourmet dishes to share. Also, thank you for being so understanding to have to resend your payments after the first payments got misplaced by the post office.



Everyone made it home safely, and we still have not heard if Ray brought his pet duck home with him in his back seat. Everyone had fun, and many have requested that next year's trip be extended by a day. [Also see p.8]

The First 2015 Bike Ride

by Patty Fitzgerald and John Stiefel



The ULLR biking season started on May 9th with 20 riders showing up at *The Depot* in Hopkins. Patty lead the more casual group (pictured here), which had quite a harrowing experience on the Cedar Lake Trail. We headed east on the trail and very quickly came upon a group of about 1,000 riders biking west, 2 and 3 abreast. They came at us in waves of 100 or so. Just when we thought they were all past us, another group would come speeding by us! We never did find out what organized ride they were on, but it was a bit scary for our group of 12 riders. We all stayed single file and as far to the right as we could. It was certainly

not what we expected for our leisurely ride to the lakes. But we survived the swarm and actually finished our ride about 20 minutes before the faster group, so, the slower group became the faster group! We were sure to let the other group, led by John, know how speedy we were. Several of us went to lunch after the ride at the *Big 10* restaurant in Hopkins. We all agreed we are hoping for lots of nice weather this summer so we can get in plenty of miles riding on our bikes.

(Editor's note: The *Bike MS: Sam's Club Twin Cities Ride* was May 9, 2015. The 50-mile route option went from St. Paul to Minneapolis along Cedar Lake, and back to the Summit Brewery in St. Paul.)

2015 IMPORTANT CONTACTS

OFFICERS OF THE CLUB

President

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Summer Programs VP

Jim Habeck: SummerVP@ullr.org

Membership VP

Jan Butler: MembershipVP@ullr.org

Treasurer

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Secretary

Sandra Shearer: Secretary@ullr.org

Past President/Advisor

Karen Gray: PastPrez@ullr.org

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Brian Johnson: Racing@ullr.org

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Nancy Harman & Jeff Fischer:

WhatsCookin@ullr.org

What's Cookin' Beverage Chairs

Manfred Deutsch, Dale Evans, &

Bill Handsaker

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John Stiefel: Biking@ullr.org

Singles

Margie Seklund: Singles@ullr.org

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Nancy Sand: FoldingParty@ullr.org

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LETTER FROM THE PRESIDENT

By Patty Fitzgerald

Hi fellow ULLRs,

The summer outdoor season is off to a great start. The Good Ol' Days trip in Nisswa was so successful that there is talk of expanding that trip to 3 nights next summer. The bikers have had some perfect weather for our Thursday rides, and also some not so perfect (rainy) Thursdays, but our group keeps growing. We recently biked through Eden Prairie, led by Tom and Mary Vande Hei and John Stiefel, and we had our largest group of 23 bikers. Last weekend the bikers were rained out at the German Days festivities, but that didn't stop 35 people from coming to St. Paul to the German American Institute to partake in lots of good German food and beer and plenty of fun entertainment. We kicked off our picnic season with 100 ULLRs enjoying a perfect summer evening at Brookview Park. If you know someone who may want to join our club, bring him/her along to a picnic. They will enjoy a free dinner. We have plenty of social and cultural events planned throughout the summer so be sure to check out the website for all we offer.



MEMBERSHIP SPOTLIGHT By Jan Butler, Membership VP

[Information does not appear in the Online Nullr. It will come to you in an e-mail sent by the web master, JJ Coursolle.]

Directory Changes: Carol Thelen

New Members: Frank Fallon, John Kasprick, Craig Navis,
Nancy S. Anderson Navis

**There are many more photos
from past activities on the ULLR
web site, ullr.org**

**Fun photos show people doing
things. Keep taking pictures
with a good camera. Thanks!**

NOTICE OF AMENDMENT TO THE BY-LAWS

This is official notice to all members of the ULLR Ski, Bike & Social Club of the two board-approved amendments to the By-Laws. These amendments shall be voted on by all members present at the August 5th ULLR picnic.

1. The name of the board position, "Ski Programs Vice President" shall be changed to "Winter Programs Vice President."

2. The due date for membership dues shall be changed from November 30th to October 31st.

(This is to conform to the new publishing dates for the directory.) If you have any questions about either of these amendments, please contact a board member.

ULLR Webmaster: JJ [Joe] Coursolle

PO Box 201409, Bloomington 55420

Phone: 612-750-0927;

webster@ullr.org

Nullr Editor: Margie Deutsch

8940 Northwood Pkwy., New Hope 55427

Phone: 763-545-5845;

nullr@ullr.org

O’KAY Summer Events

Thanks Kay Sterling for finding these fun summer activities for ULLRs. Co-chairs will help with reservations.

Saturday, July 11, 5:30 – 9:00 PM

MINNEAPOLIS POPS ORCHESTRA CONCERT & PICNIC

Picnic will be “pot luck”

Location: Lake Harriet Bandstand, Minneapolis. (No Fee)

Co-Chair: Jan Butler; RSVP: jscmunch@comcast.net or 952-544-8163

Saturday, July 18, 11:45 – 5:00 PM

CANTERBURY DOWNS “EXTREME RACE DAY”

(Horse Races + Fun Ostrich, Camel and Zebra Races!)

Location: 1100 Canterbury Rd S., Shakopee, MN, 55379

(\$8.00 gate fee) Meet in the Wild Horse Saloon at Canterbury.

Co-Chair: Bill Handsaker

RSVP: whandsaker@gmail.com or 952-594-9061



Thursday, August 6, 6:15 – 8:30 PM

“ELVIS” OUTDOOR FUN CONCERT

Location: Hopkins City Park, 40 Ninth Ave. S., Hopkins downtown (No Fee)

Fresh Raspberry Ice Cream Sundaes available for purchase.

Co-Chair: Nancy Harman; RSVP: 952-935-5856 or fischerking@usfamily.net

Sunday, August 23 – 10:45 AM

HISTORIC ST. PAUL “GANGSTER TOUR”

Walking tour of Wabasha “Mushroom Cave” + an entertaining 2-hour narrated motor coach tour of “St. Paul’s famous Gangster Sites” with many stories and some very interesting history. Included is a light lunch after the tour.

RSVP: by August 5. Call 651-634-3600 for more information. Reservations are limited.

Make your \$35.00 check payable to Kay Sterling. Include your phone #. **Mail to:** Kay Sterling, 271 Palomino Drive, Apple Valley, MN 55124

ULLR Cancellation Policies Apply.

A Walk down the ULLR Memory Lane As reported in the August 2000 Nullr

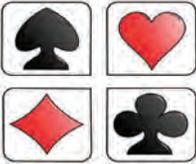
by Margie Deutsch

Planning for the BIG “50 Birthday Bash” at the Wyndham Gardens Hotel was in high gear. Over 50 volunteers were led



by co-chairs, **Barb Carpenter** and **Joyce Ingalls Krake**. Also in this Nullr was the wedding photo of Joyce and Wally Krake. They met at an ULLR meeting in 1996. Co-chair **John Vogt** advertised the “Ski Summit County” ski trip. (This is being repeated in 2016.) **Bill Handsaker** led a “Mystery Bike Ride.” (I wonder where they went? Maybe Bill didn’t know himself at time of publication.) The minority of ULLRs who were not working enjoyed day activities on Thursdays with the “*Out of the Rut Gang.*” **Lorna Berglund (Higgins)** led a “Gateway Trail” bike ride. (She married Bob Higgins in 2002.) **Karen Hemmingson** was one of the 60+ “Wimp Campers.” She biked the Willard Munger Trail. Other campers golfed in Moose Lake or paddled the Moose River. Everyone enjoyed the pig roast. **Jan and Ken Farber’s** hosta gardens were admired at one of the Progressive Dinner locations. The 50 diners went place-to-place on a tourist bus. **Gwen Kline** and **Tom Larkin** chaired lunch and lawn bowling on the roof of Brit’s Pub. **Kathe Magadance** and **Jim Ronning** were two of the winners. The 50 Named people mentioned so far in these “Memory Lane” articles in the last 5 Nullrs are all still members today. ULLRs like to be ULLRs!

ULLR Bridge



On July 21, Mary Holisak will host. 2125 Highland Pkwy., St. Paul 55116
RSVP: 651-698-1239

Dear Nullr readers:

When I write an article, or re-type the information from a flier or from the ULLR web site, I probably proof-read EVERYTHING 5-10 times. Also, at least two other ULLRs read the newsletter to help me find errors and fine-tune the edition. But still, an error can happen. If you find an error please contact me, the editor and typist. That way, if the article is carried into another edition, the misinformation won’t be repeated. Then I will also ask JJ Coursole, the ULLR club web-master, to correct the on-line version. A mistake is my fault, not JJ’s. Thanks. Margie Deutsch Nullr@ullr.org



ULLR [Cancellation](#) and [Communication](#) Policies can be reviewed at www.ullr.org



WHAT'S COOKIN' PICNICS

Summer is here! (Some say there is winter and road repair!)

What's Cookin' Picnics are July 8, 22, August 5, 19, and Sept. 2 at Brookview Park on Hwy. 55 in Golden Valley. See map in the ULLR directory.

The September 2nd picnic is hosted by ULLRs who turn 70 this year. Is that you? Be a part of that team with Mary VanDe Hei.

Time: Meet 5:00 PM. Food served at 6:00 PM.

Costs: \$8.00 for meal, dessert & 2 beverages

Potlucks: \$5.00 if you bring food, \$8 if you don't.

\$3.00 for 2 beverages [no meal]

\$2.00 for desserts only

\$1.00 attendance only **or** for each beverage over 2

[All of these costs include shelter rental of \$1.]

WHAT'S COOKIN' GOLF

Date: Wednesday before each What's Cookin' Picnic

New Time: 11:30 AM

Location: Meet at Hollydale Golf Course, 4710 Holly Lane N., Plymouth, MN. Groups will form as ULLRs arrive. After golfing, you may drive to the **What's Cookin' Picnic** only 10 minutes east on Hwy 55.



Contact: James Habeck, 763-559-5593,
Cost: \$21 for 18 holes for Senior walkers.

Biking, Hiking, Brats & Bier

At the Germanic American Institute *Deutsche Tage*, St. Paul

by Margie Deutsch

On Saturday morning, June 13, 2015, it was raining. That didn't keep hardy ULLRs away. About 35 ULLR members joined other Fest-goers. Nancy Sand led a few on a short walk. The rain stopped by noon, and the Bier Garden started to fill up. Folks enjoyed music from 3 different bands, eating bratwurst, sauerkraut, warm potato salad, various tortes, and drinking BIER.

Manfred and Margie Deutsch helped to peel and slice 350 lbs.

of potatoes on Friday. Early Saturday

morning they trimmed, cut, and

pounded 70 lbs. of pork for schnitzel.

(Sunday, they breaded the pork cutlets.

Manfred and friend, Manfred, fried the

meat in the 90° kitchen, a 4-hour task.)

Despite the rainy morning (which didn't

stop the 5K "*Lederhosen Lauf*"), 18 kegs

of beer were sold on Saturday. That is

2,970 12-oz. glasses of beer! Yes, ULLRs

know how to have fun!

In the Munich *Oktoberfest* style of reporting,

here are the statistics for the two days: about

2,800 visitors - 2,500 Brats - 40 gallons of

Sauerkraut - 330 Schnitzel - 400 lbs of potato

salad - 35 kegs of beer (5,786 12-oz. glasses)

- many tortes - 9 musical groups.



Musicians and dancers from the Freistadt, Wis. area are members of the Pommerische Tanzdeel, a group that celebrates a part of Germany that today mostly lies in the northern part of Poland.



Biking Calendar – 2015

Bicycling Program Coordinator: John Stiefel [H] 952-470-5411 [C] 612-743-4565 Please check the ULLR website at ullr.org for flyers to obtain details for each listed event. **Helmets are required on all ULLR bike rides.**
All times are A.M.

THURSDAY MORNING RIDES will run through October 1. Most rides meet at Lynnhurst Park on 50th Street W. and Minnehaha Pkwy. at 9:15 AM and start at 9:30 AM. Check ullr.org for alternative locations and times. In case of uncertain weather, call the trip leader to see if the ride is cancelled.

JULY

July 12, Sunday - 9:15

Prior Lake ride
 Contact: Cheryl Rogers
 Phone: 952-469-1647

July 19, Sunday - 8:45-long; 11:00-short (see flier)

Cannon Valley Trail
 Contacts: Sharon & Ken Marini
 Phone: 952-893-7408

July 23, Thursday - 9:15

See ullr.org for different start place

July 25, Saturday - 9:30

Gateway to Stillwater
 Contacts: Charlie Brown & Joan Roe
 Phone: 952-914-9124 (J.R.)

July 28, Tuesday - [see web]

Wabun Park to Como Lake
 Contact: Karen Clarke
 Phone: 651-328-0600

AUGUST

August 1, Saturday - 8:45

Theo. Wirth-Shingle Creek
 Contacts: Patty Fitzgerald & John Stiefel
 Phone: 952-470-5411

August 6, Thursday - 9:30

Chocolate Lovers Ride
 Contact: Karen Holmquist
 Phone: 952-431-1903

August 9-10, Sunday-Monday

Douglas Trail, optional overnight in Rochester [see web]
 Contacts: Joan Roe & Charlie Brown
 Phone: 952-914-9124 (J.R.)

August 15, Saturday - [see web]

Chaska River Bottom
 Contact: Cheryl Rogers
 Phone: 952-469-1647

Aug. 22, Saturday - 12:45

Biking before Beach Party (see flier)
 Contact: John Stiefel
 Phone: 952-470-5411

Aug. 26-28, Wednesday-Friday

Lanesboro Bike & Golf
 Contacts: Mary Vande Hei & Cathy Hartle 320-761-0140 (C.H.)

SEPTEMBER

September 3, Thursday - 9:15

See ullr.org for different start place

September 12, Saturday - 8:30 or 9:30

Elm Creek to Coon Rapids Dam
 Contact: Bill Brechtel (see flier)
 Phone: 952-474-5295

September 17, Thursday - 9:15

See ullr.org for different start place

September 20, Sunday - 9:00

Sakatah Singing Hills Ride
 Contacts: John Stiefel & Patty Fitzgerald
 Phone: 952-470-5411

See the event fliers for more information at ullr.org

CONGRATULATIONS! Minneapolis' growing network of bike lanes and a well-used bike-share program led to recognition from a Danish design firm that annually publishes a worldwide index of bike-friendly cities. Minneapolis is No. 18 on the list, which is led by Copenhagen, Denmark, and two Dutch cities: Amsterdam and Utrecht. The only other North American city to make the top 20 is Montreal, Canada, at No. 20.

RECALLING PAST EVENTS

A sincere thanks to these ULLRs who organized and/or led an event in June. **VOLUNTEER!** Call a program coordinator with your idea.

June

3-5 – Paul Bunyan Trail
 Joan Roe & Carol Thelen
 10, 24 – Golf before picnic
 Jim Habeck
 10 – What's Cookin'
 ULLR Board

11, 25 – Thursday Rides
 John Stiefel
 12 – Singles Boating & Pot-luck
 Ellise Lamb
 13 – German Days (no ride)
 Margie Deutsch
 16 – ULLR Bridge
 Eileen Ronning
 18 – Eden Prairie Lakes Ride
 Tom Vande Hei & John Stiefel
 22 – Kayaking Essentials
RESCHEDULED TO AUG. 17

23 – Singles Patio Lunch at *Wisecacs*
 Ellise Lamb
 25 – Cannon Falls Ride
 Sally Chevalier
 25 – Last Thursday Happy Hour at *Louis Ristorante*
 Joy Knudson & Pam Anderson
 27 – Dakota Trail
 Bill Brechtel
 30 – Spring Lake Park Ride
 Joella Wilson



SOCIAL & CULTURAL CALENDAR – 2015

More details and event flyers are at ullr.org

July 8, Wednesday - 11:30 AM

Golf at Hollydale

RSVP: Jim Habeck 763-559-5593

July 8, Wednesday - 5:00 PM

What's Cookin' Picnic & Raffle

Hosts: Vicki Johnson & Eileen

Ronning, 763-416-4585 (E.R.)

July 11, Saturday - 5:30 PM

Lake Harriet Potluck Picnic & Concert

Contact: Jan Butler [see p. 3]

Phone: 592-544-8163

July 15, Wednesday - 4:00 PM

Winter Planning Party [see p.8]

Hosts: Sharon & Ken Marini

RSVP: 952-893-7408

July 18, Saturday - 5:00 PM

Extreme Race Day at Canterbury

Downs in Shakopee [see p. 3]

Contact: Bill Handsaker

RSVP: **by July 14th** to 952-594-9061

July 21, Tuesday [noon]

ULLR Bridge

Host: Mary Holisak, 2125 Highland

Pkwy., St. Paul 55116

RSVP: 651-698-1239

July 21, Tuesday - 6:00 PM

Singles' Dinner &/or Beverage &

Movie Night [see p.7]

July 22, Wednesday - 11:30 AM

Golf at Hollydale

RSVP: Jim Habeck 763-559-5593

July 22, Wednesday - 5:00 PM

What's Cookin' - Sloppy Joes

Hosts: Gail & Hal West 763

-427-6254

July 24, Friday - 6:30 PM [see p.8]

Sommerfest at Orchestra Hall

Contact: Carol Burgess (call to see if a

ticket is available) 763-404-1010

July 28, Tuesday - 11:15 AM

Singles Lunch on the Patio,

Maynards, 685 Excelsior Blvd.,

Excelsior [see p.7]

RSVP: by July 26 to Ellise Lamb

Phone: 952-442-9332

July 30, Thursday - 3-6 PM

All-ULLR "Last Thursday Happy Hour"

at Psycho Suzi's Motor Lounge 1900

Marshall St. NE Mpls. 55418. (Patio

on the river)

RSVP: Joy Knudson 952-240-8418 or

Pam Anderson 763-315-3772

August 5, Wednesday - 11:30 AM

Golf at Hollydale

RSVP: Jim Habeck 763-559-5593

August 5, Wednesday - 5:00 PM

What's Cookin' Picnic

Hosts: Foundation; Contact: Jerry

Weiskopf, 651-324-7470

August 6 - Thursday - 6:15 PM

Echoes of Elvis Concert [see p. 3]

RSVP: Nancy Harman

Phone: 952-935-5856

August 14, Friday - 4:30 PM

Singles: Boating, Pot-luck supper,

cards & games [see p. 7]

Host: Jim Habeck, 763-559-5593

August 16, Sunday - 3:45 PM

Minnehaha Steamboat Cruise

Contact: Sally Chevalier

RSVP: 952-935-7000

August 17, Monday - 9:30 AM

(Rescheduled from June 22)

Kayaking Essentials at French

Regional Park (see [web page](#))

Contact Bill Brechtel

RSVP: 952-474-5295

August 18, Tuesday - 6:00 PM

Singles' Dinner &/or Beverage &

Movie Night [see p.7]

August 19, Wednesday - 11:30 AM

Golf at Hollydale

RSVP: Jim Habeck 763-559-5593

August 19, Wednesday - 5:00 PM

Bratwurst Dinner

Hosts: Margie & Manfred Deutsch

763-545-5845

August 22, Saturday -

12:45 PM if biking;

3:00 PM if coming for Beach Party,

Pot-luck & Social [see p.9]

Ride: John Stiefel 952-470-5411

Host: Jim Maiser

RSVP: 952-687-1423

August 23, Sunday - 10:45 AM

Gangster Tour [see p. 3]

RSVP: **by August 5** to Kay Sterling

Phone: 651-634-3600

August 25, Tuesday - 11:15 AM

Singles Lunch on the Patio, at

Pinstripes, 3849 Gallagher Dr., Edina

RSVP: by August 23 to Ellise Lamb

Phone: 952-442-9332

August 26-28 Wednesday-Friday

Lanesboro Bike & Golf [see p. 8]

Cathy Hartle 320-761-0140,

Mary Vande Hei 952-975-3974

August 29, Saturday - 6:00 PM

Tractor & Garden Pot-luck Social

Hosts: *Shelly & Ron Larson*

RSVP: 952-469-1824 [see p. 8]

September 2, Wed. - 11:30 AM

Golf at Hollydale

RSVP: Jim Habeck 763-559-5593

September 2, Wed - 5:00 PM

What's Cookin' Picnic

Hosts: Singles Turning 70

Mary Vande Hei 952-975-3974



Become a member

Send your check payable to ULLR (\$25 per person) and a SIGNED WAIVER. Forms can be downloaded off the website. On the ULLR homepage, go to "Membership Information" and download the [Application/Waiver Form](#). Print, complete and sign the form. **MAIL TO:** ULLR, PO Box 201409, Bloomington, MN 55420.

UPCOMING SINGLES EVENTS

[See detailed flyers on the website www.ullr.org]

ULLR Singles' Events are open to all single ULLRs. Please tell me if you have any suggestions for other activities. Thank you. Margie Seklund – 952-808-8141.

DINNER &/OR BEVERAGE & MOVIE NIGHTS

Dates: Tuesdays, July 21, August 18, & Sept. 15

Order dinner by 6:00 PM or come for a beverage.

Location: Big 10 Restaurant and Bar
1106 Main Street, Hopkins, MN 55343
www.big10restaurant.com

Movie after dinner: at the close-by Mann Hopkins Cinema Six Theater. For a listing of movies call 952-931-7992 or go to www.manntheatresmn.com/locations

A Patriotic May 16th Social

by Margie Deutsch

This social had a perfectly planned picnic-style menu: Chips & dip, crackers & cheese, nuts, Deviled eggs, fresh fruit bowl, meatballs, scalloped potatoes, baked beans, taco salad, pie and brownies.

This meal was enjoyed by ULLRs attending the ULLR May Social- but it wasn't PLANNED, it just mysteriously happened! Nineteen ULLRs, appropriately dressed in red, white and blue, supplied this pot-luck supper!

This evening included two USA Trivia games. The first asked folks to respond with the correct state names to the camp song (barely) sung by weak-voiced Margie Deutsch. What did Mis-sis-sip? (*Her Minne-soda.*) What did Ida-hoe? (*Her Mary-land.*) What did Dela-ware? (*Her New Jersey.*) Margie's 35-question United States trivia quiz got teams of two to put on their thinking caps. After the initial shock of the first reading, almost everyone said they enjoyed the challenge of the varied questions. Everyone knew that the mountain range from Alabama to Quebec was the Appalachians. No one knew that Mississippi was the last state to vote to ratify the abolition of slavery, the 13th Amendment, in 1995. Stranger yet, until February 7, 2013, the state of Mississippi had never submitted the required documentation to the U.S. Archivist, meaning it had never officially abolished slavery. After seeing the movie, "Lincoln," an immigrant from India worked together with a life-long southerner to resolve the oversight.

Thanks to Carol DeVore for planning and organizing the Social and decorating the Party Room in a patriotic theme. It was a fun evening.

MINNE-SODA



SINGLES CARD/GAME NIGHTS

Bring a dish to share, beverage, and any games that you would like to play.

Date: Friday, July 10, 2015 – 4:30 PM (for boating, pot-luck supper & games)

Host: Jim Maiser **RSVP:** 952-687-1423

Location: 40 East Lake St., Waconia 55387

Date: Friday, August 14, 2015 – 4:30 PM (for boating, pot-luck supper & games)

Host: Jim Habeck **RSVP:** 763-559-5593

Location: 12030 54th Av. N., Plymouth 55442

Date: Friday, September 11, 2015 – 7:00 PM

Host: Jean Metz **RSVP:** 541-390-2825

Location: 1034 Anthony Way, Victoria 55386

SINGLES FINE DINING

Please RSVP to Ellise Lamb, 952-442-9332 or elise.lamb@mchsi.com by the Sunday before the event.

Date: Tuesday, July 28, 11:15 AM
Lunch on the Patio

Location: Maynards, 685 Excelsior Blvd., Excelsior, 55331
maynards-excelsior.com



Date: Tuesday, August 25, 11:15 AM
Lunch on the Patio

Location: Pinstripes, 3849 Gallagher Dr., Edina, 55435
pinstripes.com

Date: Tuesday, September 22 – 5:30 PM
[Or at 5:00 PM for Happy Hour.]

Location: Timber Lodge Steak House,
7989 Southtown Center, Bloomington, 55431;
timberlodgesteakhouse.com

CANNON FALLS RIDE by Sally A. Chevalier

After arriving in Cannon Falls for a bike ride on June 15, six hardy ULLRs waited out the rain at Nick's Diner and at the park shelter. John Vogt was checking the weather report. It kept saying we were right on the edge. Then it



cleared and we had an enjoyable ride in sun and on a dry trail. Although it may look grim, ULLRs are positive thinkers and adjust to the program. It was a great day.

Sommerfest!!!

Come join ULLR friends and music lovers for "Strauss: The Waltz King" We'll meet about **6:30 PM** on the Plaza for food and drinks (on your own).



Date: Friday, July 24, 8 PM concert
Music by our own Minnesota Orchestra at Orchestra Hall on the Nicollet Mall in downtown Minneapolis.

Contact: Carol Burgess (763-404-1010) or Ray Hartmann (612-644-1150) **Call Carol to see if any cancellations.**

Cost: \$29 for the evening's concert
Make checks payable to Carol Burgess.

ULLR Cancellation and Membership Policies Apply

ULLR Social Party Tractor and Garden Day Saturday, August 29, 2015, 3:00 PM

Ron and Shelly Larson

22251 Pillsbury Ave, Lakeville



Ron has a collection of antique tractors dating back to the 1930's that he has restored and uses to

pull floats in local parades. We also have a huge garden and we will give away the veggies if you are willing to pick them yourselves. Bring a container.



Provided: water, lemonade and coffee.

Bring: a dish to share, your own beverage, \$1, and a lawn chair

RSVP: to Shelly, 952-469-1824

Email: RonShellyLarson@aol.com

In case of bad weather, call to ask if cancelled.

Directions: Please see the flier on the web for complete driving directions.

No ULLR event happens without leadership. Co-chairing the larger events is a difficult job, but often it is made easier by reading the careful notes made by previous leaders. A special thanks is extended to Carol Thelen and Joan



Roe for co-chairing the Nisswa trip. They read the notes, added their own, were very flexible, and did a great job!

Lanesboro Bike & Golf 2015

This trip filled quickly. The motel has space for 28 guests. However, there are many other accommodations in the area, so you can join the fun! Tell Cathy where you will stay. If off-site, there is a small Social-Hour food charge.

Dates: August 26-28th, Wednesday and Thursday nights
Cost: \$120.00/person (2/room), payable on signup (Single supplement for 1 to a room \$93)

This Includes: Two nights lodging at the Green Gables Inn in Lanesboro; Wednesday & Thursday Social Hour with Appetizers, wine and water; Thursday & Friday breakfast.

Partial List of Options (at your expense):

*Bike The Root River Trail – 10, 20, 30 or 40 miles RT
*Golf at Lanesboro Golf Club in Lanesboro (507-467-3742); Rivers Bend in Preston (800-552-2512; and/or Ferndale Country Club in Rushford (507-864-7626) Make your own reservations
*Scenic Valley Winery; Four Daughters Winery; Historic Forestville (State Park); Niagara Caves. In Harmony visit "Slim's Woodshed", the largest woodcarving museum in the USA, with an antique & gift shop.

*Wednesday: Group dinner at The Branding Iron

*Thursday 7:30 pm: Commonwealth Theatre: "Charley's Aunt" (\$30 if 20 or more prepay.)

Contacts: Cathy Hartle, 320-761-0140 cell;
cathyhartle46@gmail.com or

Mary Vande Hei, 952-975-3974; mevandi@aol.com

Send checks: made out to "ULLR Club" to Cathy Hartle 17705A Gayle Drive, Little Falls, MN 56345

Call if you want to be on a wait list. You can also send a \$30 check, payable to "Cathy Hartle" for the play.

Winter Sports Planning Party

It is time to plan for the 2015-2016 winter season. Please come to help plan a wide variety of winter sports: hiking, cross country and alpine skiing, and snowshoeing. We need your input and leadership for another successful season. You may plan for a one-day or a multi-day event. You only need to set the date, place, time and where to socialize and/or have lunch/dinner if desired.

Date: Wednesday, July 15, 2015, at 4:00 PM

Where: The home of Ken & Sharon Marini
8201 York Ave. So., Bloomington, MN 55431

Please bring a dish to share: appetizer, salad, vegetable or dessert. The main dish will be provided.

RSVP: By July 10 to: WinterVP@ullr.org or 952-893-7408



SKI SUMMIT COUNTY [Breckenridge—Keystone—Arapahoe Basin—Copper Mountain]

with the ULLR SKI CLUB FEB. 28—MAR. 5, 2016

Trip includes: Roundtrip air to Denver; Bus between Denver & Breckenridge; 6 nights at the Double Tree Hilton; Pre-trip and Welcome Parties; Private bus, once each to Copper and Keystone; Group Dinner at the Quandary Grille

Many options including: discounted lift tickets and up to five days of skiing (see flier for others)

Cost: \$1,143 - Land only \$843 (cost subject to surcharges) \$400 at signup; \$400 due Sep. 15; \$343 due Dec. 1 (final payment subject to change)

Make checks to: ULLR Ski Club; **Mail to:** Nancy Sand, 15001 Burnhaven Dr., #108, Burnsville, MN 55306

Trip Chairs: Nancy Sand (h) 952-435-5225; (c) 763-280-2600; nsand878@gmail.com
Karen Holmquist: (h) 952-431-1903; (c) 952-270-4739; kholmquist@frontiernet.net



ULLR Cancellation Policy applies.

Minnehaha Steamboat Cruise

Sunday, August 16

Enjoy a 1-1/4-hour cruise past Victorian Gems and cottage treasures on Lake Minnetonka.

Meet 3:45 PM at the Excelsior City Dock.

Cost: \$16.00; **Make checks to:** Sally Chevalier;

Mail to: 4108 Kerry Ct., Minnetonka MN 55345
(H) 952-935-7000; (C) 952-484-6146 (just that day)

Optional dinner will follow. Place to be decided. ULLR Cancellation Policy applies.



BEACH PARTY POT LUCK AND SOCIAL — Saturday, August 22; 3:00 PM to ?? Pot Luck at 5:00 PM

Where: 40 E Lake Street, Waconia, Jim Maiser, 952-687-1423

Provided: Brats, Hot Dogs, Kraut and Lemonade **Bring:** Dish to Share, your beverage and lawn chair.

This is a beach party. Plan a day on the lake. We will have two pontoons, runabout, tubing, water skiing, kayaking, swimming etc. Bring a swim suit and towel. You may get wet.

Waconia is located 15 miles west of Chanhassen on MN Hwy 5. At the first stop light in Waconia take a right, this is Main Street or County Road 59. Proceed on Main St. to Pine St.; (just past the city park), take a right, go one block to Lake Street and my home. Come to the back of the house. **RSVP:** jimmaiser@gmail.com

[See p. 5 and the flier at ullr.org for information about a bike ride before the party.]



Foundation News by Nancy Keyes

The "ULLR Ski for Light" Foundation board members, President Jerry Weiskopf, Nancy Keyes, and Lorri Christenson, traveled to Red Wing recently to present a \$700 check for much-needed exercise equipment. Over the past several years, ProAct has received over \$10,000 from the ULLR Foundation for adaptive exercise equipment to be used by their consumers with various levels of disabilities. As Program Director Sally Ogren (shown) said, "If it wasn't for the ULLR Foundation, we would not be able to offer an exercise room at this location. It is used many times

throughout each day as we focus on wellness and health through the equipment use. We affectionately call it our ULLR Exercise Room." Find out more about ProAct at its website, www.proactinc.org