



Founding Member of the
Minnesota Sports/Ski Council

ULLR SKI, BIKE & SOCIAL CLUB

June
-
July
2013

HAVE YOU VISITED US ON THE WEB LATELY? WWW.ULLR.ORG

ULLRS PLUNGE INTO SPRING

By Nancy Sand

With great glee ULLRs plunged into spring on April 27 at the Minnesota Valley Country Club. After weeks of chilly snowy weather, Mother Nature treated us with a glorious warm evening. Ladies in their finest, handsome men in suits—it couldn't get any better. ULLRs were ready to party!

Banquet chairs Karen Clarke, Sharon Marini, and Diane Erlandson planned a grand evening of celebration and fun with Jan Cady serving as the official photographer. The evening began with friendly talk and laughter during the social hour. Lots of ULLR stories were shared along with music provided by ULLR entertainers Joyce Crozier and Bill Kansas. The attentive Country Club staff served a delicious dinner, and then we took time to honor some special ULLRs.

John Vogt did a super job as Master of Ceremonies moving us through the program. Foundation President Jerry Weiskopf introduced the Foundation Board and informed us the April raffle generated over \$450 for the Foundation. He also thanked those who have donated memorials to the Foundation.

Racing medals and plaques were awarded to ULLR Ski Race Team members by Ski Racing Coordinator Brian Johnson. Several team members qualified for nationals and racer Lezley Johansen won a gold medal at nationals.

ULLRs Barb Kolbe, Joyce Crozier, Bill Kansas, Karen Clarke, Sally Chevalier, and Nancy Sand were honored with 2013 Ole Awards for their service and dedication to our Club.

ULLR President Nancy Sand introduced the 2012-13 Board of Directors. She recognized each for their special contributions to the Club and particularly thanked Karen Clarke, Karen Holmquist, and John Vogt for their service as they complete their terms. Jim Maiser, Carol Bush, Mary Ellen Goriesky, and Marcia Switenki will continue on the 2013-14 Board in their same positions. New Board members Cheryl Rogers (President), Mary Ellen Gabel (Executive Vice President), and Pam Anderson (Ski Programs Vice President) were welcomed to the Board.

Patty Fitzgerald, last year's ULLR of the Year, kept us in suspense as her presentation for the 2013 ULLR of the Year teased us with hints about who this year's winner was. Needless to say, John Stiefel was very surprised when he realized Patty was talking about him. This is a well-deserved honor for John based on his history of

participation, promotion, and special contributions to the Club.

The program closed with the much anticipated announcement of the destination for the 2014 western ski trip which will be Steamboat. Patty Fitzgerald and Karen Holmquist have put together a seven day trip with up to five days of skiing. The remainder of the evening was spent dancing the night away to the beat of the American Flyer Band.

ULLR OF THE YEAR



Patty surprised John with the award and gifts.



Mary Ellen, Alan and Karen socialize.

For more banquet photos see pg 7

2013 Important Contacts

Officers of the Club

President

Cheryl Rogers: UllrPrez@ullr.org

Executive VP

Mary Ellen Gabel: ExecVP@ullr.org

Ski Programs VP

Pam Anderson: SkiVP@ullr.org

Summer Programs VP

Mary Ellen Goriesky: SummerVP@ullr.org

Membership VP

Carol Bush: MembershipVP@ullr.org

Treasurer

Jim Maiser: Treasurer@ullr.org

Secretary

Marcia Switenki: Secretary@ullr.org

Past President/Advisor

Nancy Sand: PastPrez@ullr.org

Program Coordinators

Alpine

Barb Kolbe: See directory

Nordic

Karen Holmquist: Nordic@ullr.org

Ski Racing

Brian Johnson: Racing@ullr.org

What's Cookin' Cashier

Nadine Carr: Summer@ullr.org

What's Cookin' Supply Chairs

Karen & David Oakland:
WhatsCookin@ullr.org

What's Cookin' Beverage Chairs

Joyce Bolt, Manfred Deutsch & Dale Evans
Beverages@ullr.org

Biking

John Stiefel: Biking@ullr.org

Singles

Margie Seklund: Singles@ullr.org

Folding Parties

Patty Fitzgerald & John Stiefel:
FoldingParty@ullr.org

General Meetings

Mary Ellen Gabel: ExecVP@ullr.org

MSC Representatives

Pam Anderson: SkiVP@ullr.org
Dolly Eastman: MSCrep@ullr.org

ULLR Foundation President

Jerry Weiskopf: See directory

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LETTER FROM THE PRESIDENT

By Cheryl Rogers



365 thanks for your trust in electing me as your new President. These are big shoes to fill when one considers all of the Presidents (since 1950) who have preceded me. One of my goals is to look for ways to bring more members into our club. I want to work with ULLRs to create a more fun atmosphere at our General Meetings. I am open to all suggestions.

I keep a master calendar of our events and counted 74 from today through September. Still, if you are looking for a day to run an ULLR social event, there are many open days and evenings. Don't be shy! If you have any questions how to go about this, please ask me or another Board member.

In April we held our joint Board meeting to transition the duties of incoming Board - and to choose a Western ski trip. We chose one western trip in 2014 for 36 ULLRs. Patty Fitzgerald and Karen Holmquist will be promoting their Steamboat trip in the Nullr and also at What's Cookin' events at Brookview Park in Golden Valley (the first is June 12.) I expect this very reasonably priced trip will fill up quickly! At my first official Board in May we were busy learning our new jobs and planning for the 2013-2014 year. We will do our best to make this a fun and busy year for all. We would love to hear from you if you have something to share.

The Spring Awards Banquet at the Minnesota Valley Country Club in Bloomington was a fantastic evening thanks to the dedicated and hard working co-chairs: Karen Clarke and Sharon Marini. It was a lovely setting, and our weather cooperated with our first 70 degree temperature since October. The American Flyer band played a lot of our favorites for listening and dancing. Congratulations to all of our members who received Ole Awards, racing team members and especially to the ULLR of the Year, John Stiefel. We all appreciate the time, energy and thought that go into providing our club with many fun activities. Our club has continued to subsidize our members' banquet cost.

JUNE MEMBERSHIP SPOTLIGHT

By Carol Bush, Membership VP

(This information does not appear in the online Nullr for security reasons.)

PLEASE WELCOME THIS NEW MEMBER!

DALE W. BONHAM

Visit our website at
www.ullr.org
for updated details

**ULLR Cancellation and Communication Policies
can be reviewed at www.ullr.org**

ULLR Webmaster: JJ (Joe) Coursolle
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Nullr Editor: Margie Deutsch
8940 Northwood Pkwy, New Hope, MN 55427
Email: nullr@ullr.org
Phone: 763-545-5845

UPCOMING SINGLES EVENTS *(see detailed flyers on the website www.ULLR.org)*

ULLR Singles' Events are open to all single ULLRs. You can call coordinator Margie Seklund at 952-808-8141 or email Singles@ullr.org for any additions or changes. If you have an idea of what we can do for an outing or activity, please contact Margie.

SINGLES CARD/GAME NIGHTS

Bring a dish to share, beverage, and any games you'd like to play. Come at 4:30 PM for boating or later for games.

Date: Friday June 14, 2013 – 4:30 PM
Host: Ellise Lamb
Location: 73 Lakeview Terrace Blvd., Waconia 55387
RSVP: Call Ellise at 952-442-9332

Date: Friday July 12, 2013 – 4:30 PM
Host: Jim Maiser
Location: 40 E. Lake St., Waconia 55387
RSVP: Call Jim at 952-687-1423

Date: Friday Aug 9, 2013 – 4:30 PM
Come at 4:30 for boating or later for games.
Host: Jim Habeck
Location: 12030 54th Ave. N., Plymouth 55442
RSVP: Call Jim at 763-559-5593

DINNER &/OR BEVERAGE & MOVIE NIGHTS

Dates: Tuesdays, May 21, June 18, July 16, and August 20. Order dinner by 6:00 PM or join in for a beverage
Host: Sherrie Mitchell
Location: Big 10 Restaurant and Bar
1106 Main Street, Hopkins, MN 55343
www.big10restaurant.com
Movie after dinner at the close-by
Mann Hopkins Cinema Six Theater
For a listing of movies call 952-931-7992 or go to www.mantheatresmn.com/locations
RSVP: Call Sherrie at 952-942-8898

MONTANA IN THE SUMMER *(Call about availability)*

See www.ullr.org for Trip highlights:

Enjoy a week-long trip to Whitefish, Montana. We will travel round-trip on Amtrak with 6 nights lodging at the Morning Eagle Condos at Whitefish Mountain.

Dates: Sunday, July 28 – Monday, August 5, 2013

Cost: \$1,214 *(No refund after May 1.)*

Make checks payable to ULLR Club and send to:
Karen Clarke, 6484 Bonner Court
Inver Grove Heights, MN 55076

Questions? Call the Chairs:

Karen Holmquist - cell: 952-270-4739, kholmquist@frontiernet.net
Karen Clarke – 651-457-4007, clarke.k.j@hotmail.com

ULLR cancellation fees and policies apply.

SINGLES FINE DINING

We meet at 5:30 PM and order by 6:00 PM. Those that want to come for Happy Hour meet in bar area at 5:00 PM.

Please RSVP by the **Sunday** preceding each event to Ellise Lamb 952-442-9332 or ellise.lamb@mchsi.com.

Date: Tuesday, May 28, 2013
Location: RedRossa Italian Grille
(at Best Western across from MOA)
1901 Killebrew Drive
Bloomington, MN 55412
www.redrossa.com

SINGLES LUNCH ON THE PATIO

Date: Tuesday, June 25, 2013 at 11:15 AM
Location: Wiseacre Eatery
5401 Nicollet Avenue South
Minneapolis, MN 55419
www.wiseacreeatery.com

Date: Tuesday, July 23, 2013 at 11:15 AM
Location: Chianti Grill
14296 Plymouth Avenue South
Burnsville, MN 55337
www.chiantigrill.com

Date: Tuesday, August 27, 2013 at 11:15 AM
Location: Patrick's Bakery & Cafe
6010 Lyndale Avenue
Bloomington, MN 55419
(in Bachman's main store)
www.patricksbakerycafe.com

Last Minute News

Sunday, May 19 - Luce Line Hike

Time: 10:45 AM, LEAVE: 11:00 AM

Meet at McGarry's Irish Pub, 5189 Main St. E.

Maple Plain 55359 *(Take I-394 West, becomes Hwy 12, thru Wayzata & Long Lake, to Maple Plain)*

We will carpool the short distance to the Luce Line, have a nice hike and return to pub for lunch.

www.mcgarryspub.com

Contact: Sally Chevalier

Phone: 952-935-7000, (c) 952-484-6146

salchevalier@yahoo.com *(In case of bad weather, or to verify that the event is not cancelled call Sally.)*

RECALLING PAST EVENTS

A sincere thanks to these ULLRs who organized and/or led an event in May. VOLUNTEER! Call a program coordinator with your program idea.

MAY

5 – Hopkins to City Lakes Ride

Patty Fitzgerald & John Stiefel

7 – Cleary Lake Hike (with dogs)

Nancy Sand

9, 16, 23 & 30 – Thursday Morning Rides

John Stiefel

10 – Singles' Card/Game Night

Kay Sommers

11 – Western Dakota Rail Trail Ride

Bill Brechtel

17 – Folding Party

Sally Chevalier

18 – Gateway State Trail Ride

Sandra Shearer

19 – Luce Line Hike

Sally Chevalier

21 – ULLR Bridge Club

Cheryl Rogers

21 – Dinner/Beverage/Movie Night

Sherrie Mitchell

27 – Dakota Rail Trail Casual Ride

Mary Ellen Goriesky

28 – Fine Dining at RedRossa Italian

Ellise Lamb

Visit our website at
www.ullr.org
for updated details

ULLRS WERE HONORED WITH OLE AWARDS

Six ULLRs were honored with Ole Awards at the 2013 Spring Plunge Banquet. Presenters were the 2012 Ole honorees who kept the audience in suspense eagerly listening to clues of the identities. Our 2013 Ole Award Honorees included ULLRs who have made a difference to our Club with their involvement in and dedication to the Club. Here are some excerpts from the presentations.

Nancy Sand – 2013 Miz President Award (Presented by John Vogt)

Rode in from the West, sun at the back, glint in the eye.

Knew about rules and just what to do.

Gathered a posse and went on the "hunt" to find some new members and round up some strays.

Energy driven, spurred on the crowd. Plied them with Brandy "Alexander" style.

Skied in the mountains, hiked on the trails, relentlessly searching, for an ULLR within.

Tales will be told and exploits relived of that "quick draw."

Barb Kolbe – 2013 Ski Ambassador Award (Presented by Cheryl Rogers)

Works hard to run trips to make great skiing fun for all.

You can hear her infectious laugh at the KC Hall, and she has the biggest smile of all.

When the snow stops she's teeing up on the course.

Loves to shop and sports the cutest tops.

She knows how to have a ball – is a best friend to all.

Joyce Krozier & Bill Kansas – 2013 The Entertainers Award (Presented by Diane Erlandson)

Our ULLR Club has the best two for one deal available.

I do not know of any two people that work better in concert than this couple.

How about outstanding, lively, extraordinary parties at their home.

And singing and playing their wonderful duets at our Christmas parties and banquets.

"Let us entertain and serve you" is their motto.

Karen Clarke – 2013 Social Butterfly Award (Presented by Mary Ellen Goriesky)

No matter what the season, this ULLR is our beacon.

The light above her head is always flashing ideas to be read.

From social activities to walking tours to skiing, biking or hiking, this ULLR leads us on paths to our liking.

She meets a possible new recruit and sails with ease to anchor a new member to the ULLR crew.

Sally Chevalier – 2013 A+ Participant Award (Presented by Woody Rogers)

A smile and pleasant conversation are just who she is.

She is active in so many events but also leads many of her own.

She brings programming diversity to the ULLR members.

Events at the Old Log Theatre, to boat rides on Lake Minnetonka, just to name a few.

She helps make sure ULLRs truly have something for everyone.

LAKE OF THE ISLES HIKE

By Carol Bush

On Saturday April 13, eight ULLRs met at Lake Calhoun. We crossed Lake Street and hiked around Lake of the Isles. We enjoyed the scenery as we gazed at the homes surrounding the lake. It was decided that as the leader of the hike I could afford one of those homes if I got a significant number of ULLRs to join me in living there. I guess that's not going to happen! As we completed the hike, the April snow was so tempting our Prez Nancy started a snowball fight. Yes!!! We had fun. After finding out my first choice where to eat did not open until later – I obviously didn't do my homework – we ended up dining at Famous Dave's in Calhoun Square. Photo: The group used their last snowballs to make this tiny ULLR snowman!



OUR MAN FOR ALL SEASONS – JOHN STIEFEL 2013 ULLR OF THE YEAR

(This *abridged* presentation was written and read by
Patty Fitzgerald)



The ULLR of the year award is the highest award our club has to offer. The award goes back to 1972. It is given to honor an ULLR member for outstanding service in our ski, bike & social club over several years.

Our 2013 ULLR of the Year loves the outdoors! This ULLR can be seen hiking in the spring and fall, biking in the summer and skiing in the winter.

This ULLR can be found leading hikes or joining others in parks, in the woods, around swamps or lakes, anywhere they want to go, as long as it is outdoors! In the winter he skis down hills and mountains with grace and style. Our ULLR enjoys carving those turns and has taken time to teach new members just what skiing is all about. Our ULLR has co-chaired a ski trip to Granite Peak.

All summer this ULLR will hop on his bike and lead his ULLR friends on Thursday rides through the cities and along beautiful paths near and far. In fact he has been our biking coordinator for 4 years and is planning to continue because he enjoys showing us the roads less traveled. He has been co-chair of the popular Lanesboro bike trip and several other day biking adventures. He has received an Ole called the “Spinning Spokes” award.

When our ULLR has to stay indoors you can find him reading, or you will find him at folding parties, either hosting or as our folding party coordinator. He also enjoys the company of his ULLR friends at concerts and picnics and many other social activities. I am pleased to present the 2013 ULLR of the Year award to our man for all seasons, John Stiefel.

**Visit our website at
www.ullr.org
for updated details**

WHAT'S COOKIN' AT BROOKVIEW PARK

- Date:** Wednesday, June 12 – Pulled Pork
Hosts: ULLR Board
Contact: Mary Ellen Goriesky
Phone: 952-942-0178
- Date:** Wednesday, June 26 – All ULLR Potluck
Hosts: ULLR Singles (Margie Seklund)
Phone: 952-808-8141
- Date:** Wednesday, July 10 – Bratwurst Dinner
Hosts: Manfred & Margie Deutsch
Phone: 763-545-5845

- Date:** Wednesday, July 24 – Famous Sloppy Joes
Hosts: Wests, Roberts & Higgins
Phone: Gail West – 763-427-6254

We have four picnics in June and July. Meet 6-9:00 PM.
Food served at 6:30 PM.

- Cost:** \$5.00 for meal & 2 beverages
 \$3.00 for 2 beverages (no meal)
 \$1.00 attendance only (for shelter rental or for each beverage over 2)

Menu: Anyone who would like a meatless meal needs to notify the hosts at least one week prior to the event so that arrangements can be made.

WHAT'S COOKIN' GOLF

- Date:** Wednesday before each
What's Cookin' Picnic
- Time:** 12:30 PM
- Location:** Meet at Hollydale Golf Course, 4710 Holly Lane North, Plymouth, MN. Groups will form as

ULLRs arrive. After golfing, drive to the **What's Cookin' Picnic** only 10 minutes east on Hwy 55.

- Contact:** James Habeck
Phone: 763-559-5593
(call to tell him you are coming)
- Cost:** \$20 for Senior walkers



THE 2014 ULLR SKI TRIP WILL BE TO STEAMBOAT!



**This trip will fill quickly at \$850*
 Sunday-Saturday, February 2-8, 2014 – Limit 36**

Trip includes: Roundtrip airfare to Denver (**price subject to fuel surcharge*), Condo for six nights at “The Lodge,” Pretrip and Welcome Parties, Roundtrip coach bus from Denver & Group dinner at Ore House

Some Trip Options: Discounted lift tickets (ski 1-5 days), Winter Carnival activities, Hot air balloon ride, Hot springs pool, Mountain snowshoe tours, Travel insurance available

Payment Schedule: \$300 upon sign-up; \$300 August 1, 2013; \$250 October 1, 2013 Checks to “ULLR Club”

Mail to: Patty Fitzgerald, 19595 Near Mountain Blvd., Shorewood MN 55331

Trip Chairs: Patty: H 952-470-5411, C 612-743-4565; patfitzjohns@msn.com
 Karen Holmquist: H 952-431-1903, C 952-270-4739; kholmquist@frontiernet.net

[ULLR Cancellation Policy applies. Reservations confirmed when 6-person condo filled.]

ULLRS LEARN ABOUT THE HUMAN BODY

By Nancy Sand

Did you know...

When you sneeze, you produce wind speed equal to a tornado or hurricane.

If you laid your blood vessels end-to-end, they would circle the earth twice.

At every stage of life, the heart is about the size of a closed fist.

You have 300 bones at birth, but 206 bones as an adult.

Your heart beats approximately 35 million times in a year.

Thirteen ULLRs and a guest spent several hours on April 2nd re-learning the science of the human body at the Body Worlds Exhibit at the Science Museum of Minnesota. We saw bones, muscles, tendons, nerves, blood vessels, and organs. We saw the effects of good health (drink red wine), poor health (be careful to limit



*Shopping in the gift store -
Jeff F, Nancy S, Vickie L, Brian J*

the amount of alcohol consumed), and lifestyle choices (eat healthy and exercise.)

We were fascinated with the athletic poses that illustrated the use of muscle systems while playing sports. We would have liked to see a skier! The Body Worlds exhibit and the "Human Body" film in the Omnitheatre increased our knowledge of anatomy and physiology.

Following the exhibit and film, most of the group went to Patrick McGovern's where Bill Kansas joined us for beverages and dinner. What did we order? Two people had red wine. Some ULLRs drank no alcohol, but several enjoyed special beers. Some ordered healthy salads, but we also saw lots of French fries on plates.

Everyone did walk from the Museum to the restaurant and back to our cars, so we got some exercise. So, did we learn anything from our Museum visit? You be the judge!

ULLR SKI RACING TEAM HONORED

By Nancy Sand

At the 2013 ULLR Spring Plunge Banquet, members of the ULLR ski racing teams were recognized for their achievements. Brian Johnson, ULLR Racing Coordinator, presented medals and plaques to the highly skilled racers who represent the ULLR Club on the racing hills.

Lezley Johansen, Jen Thorkildson, Torch Dorn, Daniel Rymer, Lee Erickson, Don Pyatt, Connie Pyatt, and Sylvia Scott were honored for qualifying for nationals. Some racers received special awards: Lee Erickson – "Team Fastest - Buck Hill" and Don Pyatt – "League Most Improved Male - Buck Hill."



Racer Lezley Johansen received three awards: "League Most Improved Female - Buck Hill", "League Most Improved Female - Wild Mountain", and a Gold Medal at the NASTAR nationals in Aspen Colorado.

LAKE COMO HIKE

By Mary Ellen Goriesky

After a questionable start on a cold April 6th, the hiking day turned out having a very positive outcome. We started with a Saturday morning jam session in the Pavilion, followed by walking two miles around Como Lake, admiring the many large older homes and the many pug dogs out for a stroll. At the Conservatory we learned about spices. The flowers were beautiful and multicolored, particularly the hydrangeas and the many varieties of lilies. Our final destination was the Zoo. Did you know the magnificent giraffe has only seven vertebrae in his neck, the same as you and I? The primates also entertained us. We lunched at the Black Bear Restaurant which offered a variety of tasty food.



Sally C, Mary Ellen G, Barb K, Pam A

Social & Cultural Calendar – 2013 ULLR Summer Events

May 19 – Sunday

Luce Line Hike & Lunch

Contact: Sally Chevalier
Phone: 952-935-7000
(c) 952-484-6146

May 21 – Tuesday

ULLR Bridge Club

Host: Cheryl Rogers
Phone: 952-469-1647

May 21 – Tuesday

Dinner &/or Beverage & Movie Night

Contact: Sherrie Mitchell
Phone: 952-942-8898

May 28 – Tuesday

Singles Fine Dining at

RedRossa Italian

Contact: Ellise Lamb
Phone: 952-442-9332

June 5-7 – Wednesday-Friday

Golf and Bike the Paul Bunyan

Co-Chairs: Mary Ellen Gabel &
Sharon Marini
Phone: 612-789-7832 (M)
952-893-7408 (S)

June 12 – Wednesday

Golf at Hollydale

Host: Jim Habeck
Phone: 763-559-5593

June 12 – Wednesday

What's Cookin' Picnic

Host: ULLR Board
Contact: Mary Ellen Goriesky
Phone: 952-942-0178

June 14 – Friday - 4:30 PM

Singles' Card/Game Night

Contact: Ellise Lamb
Phone: 952-442-9332

June 18 – Tuesday

ULLR Bridge Club

Contact: Mary Holisak
Phone: 651-698-1239

June 18 – Tuesday

Dinner &/or Beverage & Movie Night

Contact: Sherrie Mitchell
Phone: 952-942-8898

June 25 – Tuesday

Singles Lunch on the Patio at
Wisecre Eatery

Contact: Ellise Lamb
Phone: 952-442-9332

June 26 – Wednesday

Golf at Hollydale

Host: Jim Habeck
Phone: 763-559-5593

June 26 – Wednesday

What's Cookin' Potluck Picnic

Host: ULLR Singles
Contact: Margie Seklund
Phone: 952-808-8141

July 10 – Wednesday

Golf at Hollydale

Host: Jim Habeck
Phone: 763-559-5593

July 10 – Wednesday

What's Cookin' Picnic

Hosts: Manfred &
Margie Deutsch
Phone: 763-545-5845

July 12 – Friday – 4:30 PM

Singles' Card/Game Night

Contact: Jim Maiser
Phone: 952-687-1423

July 16 – Tuesday

ULLR Bridge Club

Contact: Eileen Ronning
Phone: 763-416-4585

July 16 – Tuesday

Dinner &/or Beverage & Movie Night

Contact: Sherrie Mitchell
Phone: 952-942-8898

July 19 – Friday

Folding Party

Contacts: David & Karen Oakland
Phone: 952-949-2262 (K)

July 23 – Tuesday

Singles Lunch on the Patio – Chianti Grill

Contact: Ellise Lamb
Phone: 952-442-9332

July 24 – Wednesday

Golf at Hollydale

Host: Jim Habeck
Phone: 763-559-5593

July 24 – Wednesday

What's Cookin' Picnic

Hosts: Hal & Gail West
Phone: 763-427-6254

July 28 – Aug. 5– Sun. – Mon.

Montana in the Summer

Co-chairs: Karen Clarke
651-457-4007 &
Karen Holmquist
(c) 952-270-4739

August 7– Wednesday

Golf at Hollydale

Host: Jim Habeck
Phone: 763-559-5593

August 7– Wednesday

What's Cookin' Picnic

Host: ULLR Foundation
Contact: Joan Roe
Phone: 952-914-9124

August 9 – Friday – 4:30 PM

Singles' Card/Game Night

Contact: Jim Habeck
Phone: 763-559-5593

Aug. 11-13 – Sunday – Tuesday

Lanesboro Bike and golf

Contacts: Patty Fitzgerald &
Mary VandeHei
Phone: 952-470-5411 (P)
952-975-3974 (M)

August 16 – Friday

Folding Party

Contacts: Manfred &
Margie Deutsch
Phone: 763-545-5845

August 20 – Tuesday

ULLR Bridge Club

Contacts: Gwen Kline &
Tom Larkin
Phone: 952-906-2931

Aug. 20 – Tuesday

Dinner &/or Beverage & Movie Night

Contact: Sherrie Mitchell
Phone: 952-942-8898

August 21– Wednesday

Golf at Hollydale

Host: Jim Habeck
Phone: 763-559-5593

August 21– Wednesday

What's Cookin' Picnic

Hosts: Kay Sterling &
Jan Butler
Phone: 651-408-5686 (K)
952-544-8163 (J)

August 27 – Tuesday

Singles Lunch on the Patio at
Patrick's Bakery & Cafe

Contact: Ellise Lamb
Phone: 952-442-9332

Visit our website at
www.ullr.org
for updated details

2013 ULLR Biking Calendar

Bicycling Program Coordinator:

John Stiefel (H) 952-470-5411 (C) 612-743-4565

Please check the ULLR Ski, Bike & Social Club website at www.ullr.org for flyers to obtain details for each listed event.

Helmets are required on all ULLR bike rides.

MAY

May 18 – Saturday

Event: Gateway Trail
Contact: Sandra Shearer
Phone: 651-774-3549

May 23 & 30 – Thursdays

Event: Thursday AM Ride
Contact: John Stiefel
Phone: 952-470-5411

May 27 – Monday

Event: Dakota Trail for Casual Riders
Contact: Mary Ellen Goriesky
Phone: 952-942-0178

JUNE

June 2 – Sunday

Event: Cannon Valley Trail
Contacts: Tom & Mary VandeHei
Phone: 952-975-3974

June 11 – Tuesday

Event: Spring Lake Park Reserve
Contacts: Joella Wilson
Phone: 651-436-2324

June 13 – Thursday

Event: Dakota Trail Ride
Contact: Bill Brechtel
Phone: 952-474-5295

June 20 & 27 – Thursdays

Event: Thursday AM Ride
Contact: John Stiefel
Phone: 952-470-5411

June 22 – Saturday

Event: Western Dakota Trail
Contact: Bill Brechtel
Phone: 952-474-5295

June 29 – Saturday

Event: Fish Lake
Contact: Bill Lyon
Phone: 612-722-8352

JULY

July 4, 18, 25 – Thursdays

Event: Thursday AM Ride
Contact: John Stiefel
Phone: 952-470-5411

July 6 – Saturday

Event: Silver Lake Ride & Potluck Social
Contacts: Alan Moore & Charlotte Navratil
Phone: 320-327-2396

July 11 – Thursday

Event: Lake Minnetonka Regional Trail
Contacts: Cheryl & Woody Rogers
Phone: 952-469-1647

July 13 – Saturday

Event: Lake Minnetonka Regional Trail
Contact: Sally Chevalier
Phone: 952-935-7000

July 20 – Saturday

Event: Elm Creek Ride
Contacts: Hal & Gail West
Phone: 763-427-6254

July 27 – Saturday

Event: Chaska-Shakopee River Bottom Ride
Contacts: Cheryl & Woody Rogers
Phone: 952-469-1647

AUGUST

August 8, 15, 22 & 29 – Thursdays

Event: Thursday AM Ride
Contact: John Stiefel
Phone: 952-470-5411

August 18 – Sunday

Event: Chocolate Lovers Ride
Contacts: Karen Holmquist & Sherrie Mitchell
Phone: 952-431-1903 (K)
952-942-8898 (S)

August 24 – Saturday

Event: Prior Lake Ride
Contacts: Cheryl & Woody Rogers
Phone: 952-469-1647

SEPTEMBER

September 5 & 19 – Thursdays

Event: Thursday AM Ride
Contact: John Stiefel
Phone: 952-470-5411

THURSDAY MORNING RIDES will begin May 9th, weather permitting and run thru September 19th. Most rides meet at Lynnhurst Park on 50th Street West and Minnehaha Parkway at 9:15 AM and start at 9:30 AM. The ULLR website will list alternative locations and times.

OCTOBER

October 1 – Tuesday

Event: Red Cedar Trail
Contacts: John Stiefel & Patty Fitzgerald
Phone: 952-470-5411

MAJOR EVENTS

Call about availability!

June 5-7 – Wednesday-Friday

Event: Bike the Paul Bunyan Trail
Co-Chairs: Mary Ellen Gabel & Sharon Marini
Phone: 612-789-7832 (M)
952-893-7408 (S)

August 11-13 – Sunday-Tuesday

Event: Lanesboro Bike and Golf
Co-Chairs: Patty Fitzgerald & Mary VandeHei
Phone: 952-470-5411 (P)
952-975-3974 (M)

September 9-12 – Mon-Thurs

Event: Bike in Door County
Co-Chairs: Cheryl & Woody Rogers
Phone: 952-469-1647

DOOR COUNTY BICYCLE TRIP

Monday-Thursday, Sept 9-12, 2013

Lodging for 3 nights \$145 or \$170.

Limit 16 people (2 per room)

Trip includes: Stay at Julie's Café & Motel, 4020 Hwy. 42 in Fish Creek, Wisconsin, Nightly social hour and appetizers, Biking at near-by Peninsula State Park

Some Trip Options: Summer theatre; golf; sand beach; Segway tours; Fish boil; Washington Island tour. See daily activities on flyer on the ULLR website

Payment Schedule: \$145 for Queen bed (4 rooms); \$170 for 2-Queen or 1-King Bed. Checks to "ULLR Club." Mail to Cheryl & Woody Rogers, 9600 Credit River Blvd., Prior Lake MN 55372. Call Cheryl at 952-469-1647 about room availability before mailing check.

Sign-up deadline June 30, 2013. ULLR Cancellation Policy applies.

MORE BANQUET PHOTOS!



Photographer Jan C



Lorrie C & Joan R greet 1964-65 President, Jim Rupert



Dan R, Carol B, Karen C, Sylvia S & Lee E toast Sylvia's return



Nancy H and Jeff F enjoyed dinner



Charlotte N and Alan M on the dance floor



Laurie & Joe C swing to the music

MSC 2013 ELECTIONS



ULLR member, Jerry Schuster, was just elected president of the Midwest Sport/Ski Council. From the MSC website, www.midwestfun.org "In 1963 the Council was organized by several clubs in the area" (ULLR was one) "to take advantage of group rates for Western and European ski trips. Today... MSC has clubs that are represented in more than

15 cities in Minnesota and Wisconsin. Through the Council, many MSC Clubs continue to promote snow sport activities, but now include activities surrounding bicycling, camping, golf, hiking, tennis, and many more." Congratulations, Jerry!

ULLR FOUNDATION NEWS

By Jerry Weiskopf, President

Majestic Hills Ranch has asked the ULLR Foundation for a grant for special equipment for their horses. Foundation Board members will be touring the ranch in May. In the past, the Foundation has granted monies for equipment at the Minnetonka location. Every person, when given the opportunity, adds value to our world.

Three Board members Jerry Weiskopf, Nancy Keyes, and Lorri Christenson, promoted our club while volunteering at Opportunity Partners 60th Anniversary Celebration on May 4, 2013.

ULLR Ski, Bike & Social Club

PO Box 201409

Bloomington, MN 55420-1409

Place
Stamp
Here

Address Label

Visit our website at
www.ullr.org for meeting,
event and trip news,
photos and recipes.

FOLD LINE ↓

<p>Future Folding Parties:</p> <ul style="list-style-type: none"> • August 16, 2013: Margie & Manfred Deutsch • September 20, 2013: Carol Burgess & Ray Hartmann • October 18, 2013: Jim Habeck • November 15, 2013: Host Needed 	<p>Folding Parties are fun to host and attend and are a great way for members to get acquainted. Parties begin at 6:30 PM. A main dish is provided. Please bring a snack, salad or dessert to share and a \$1.00 donation for beverages. <i>If you are interested in hosting the November 15th Folding Party, please call the Folding Party Chairs: Patty Fitzgerald & John Stiefel 952-470-5411. (An allowance is provided to help defray costs.)</i></p>
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**The next Folding Party is Friday, July 19, 2013
hosted by Karen and David Oakland**

10505 57th Avenue North, Plymouth, MN 55442

Please RSVP to: Karen at 952-949-2262

(so she can plan food)

DIRECTIONS:

**From the South
(from I-394W and US-169N):**

- Drive north 6 miles to CR-10 W/Bass Lake Road.

**From the North
(from I-94W/I-694W and US-169S):**

- Drive south 1.7 miles to CR-10 W/Bass Lake Road

For Both:

- Exit, drive west on Bass Lake Road .7 miles.
- Turn left onto Trenton Lane N
- Drive .2 miles, then take the 2nd right onto 57th Ave. N. 10505 is on the left.

We're in the NE corner of the 4-plex—house and drive face Trenton, yellow fire hydrant at end of drive.

