



Founding Member of the
Minnesota Sports/Ski Council

ULLR SKI, BIKE & SOCIAL CLUB

April
2013

HAVE YOU VISITED US ON THE WEB LATELY? WWW.ULLR.ORG

YES, IT HAPPENED IN SUN VALLEY

By Bruce Warner

Shoppers, hot pool users, diners, sleigh riders, beer drinkers, Para gliders, and yes, skiers travelled to Sun Valley, Idaho the week of February 2-9. This spectacular resort, founded in 1936 and the first downhill ski resort in the U.S., is famous for its hospitality and welcome. Both were in enormous display while we were there.

The Trip chairs, Pat Nelson and Bruce Warner, led 36 eager folks to experience Sun Valley's earned reputation. Skiers from North Star, Red Eye, Knob Hill, Tuesday Wipeouts, Ski Hawks, and Snofuls, from Oregon, Wisconsin, Idaho, and Florida, joined a core of ULLRs to partake in a week of outstanding weather with sun every day. This week of cost effective enjoyment in luxurious condos, non-stop airplanes, (only one lost bag), and superior service by the Sun Valley Lodge made for trip memories to last forever.



Above:
ULLRs and Red Eyes
Ski together.

Right:
Trip leaders –
Bruce & Pat

Above Right:
Nancy soars over
Sun Valley



63RD ANNUAL SPRING AWARDS BANQUET AND DANCE – PLUNGE INTO SPRING!

Saturday, April 27, 2013

At the Minnesota Valley Country Club
6300 Auto Club Road • Bloomington, MN 55438

5:30 – Socializing & cash bar

6:30 – Dinner

7:15 – Awards Program

8:00 – midnight – Dance to
The American Flyer Band

Cost: Members - \$43;
Guests - \$46

RSVP by April 17 with
check payable to ULLR Club
and menu choice(s) to:
Diane Erlandson
8200 West 33rd St., #302
St. Louis Park MN 55426

ULLR Cancellation Policy Applies.

Banquet Chairs: Karen Clarke (651-457-4007) and
Sharon Marini (952-893-7408)

Choose one of the following:

1. Pan seared Chicken breast with mushroom cream sauce
2. Almond crusted walleye with lemon beurre blanc cream sauce
3. Petite Tender of Beef with demi-glaze and fried onions

All entrées are served with a mixed green salad, rolls, green beans, roasted garlic mashed potatoes, and apple streusel with vanilla ice cream.



2013 Important Contacts

Officers of the Club

President

Nancy Sand: UllrPrez@ullr.org

Executive VP

Karen Clarke: ExecVP@ullr.org

Ski Programs VP

Karen Holmquist: SkiVP@ullr.org

Summer Programs VP

Mary Ellen Goriesky: SummerVP@ullr.org

Membership VP

Carol Bush: MembershipVP@ullr.org

Treasurer

Jim Maiser: Treasurer@ullr.org

Secretary

Marcia Switenki: Secretary@ullr.org

Past President/Advisor

John Vogt: PastPrez@ullr.org

Program Coordinators

Alpine

Barb Kolbe: See directory

Nordic

Pam Anderson: Nordic@ullr.org

Ski Racing

Brian Johnson: Racing@ullr.org

What's Cookin' Cashier

Pat Nelson: Summer@ullr.org

Social Coordinator

(Position Open) Social@ullr.org

What's Cookin' Supply Chair

Karen & David Oakland:

WhatsCookin@ullr.org

What's Cookin' Beverage Chairs

Gus Bjorklund, Dave Lyons, George Halder

Beverages@ullr.org

Biking

John Stiefel: Biking@ullr.org

Singles

Margie Seklund: Singles@ullr.org

Folding Parties

Patty Fitzgerald & John Stiefel:

FoldingParty@ullr.org

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Karen Clarke: ExecVP@ullr.org

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LETTER FROM THE PRESIDENT

By Nancy Sand



"Celebrate! Celebrate! Dance to the music!" Are you ready to party at our ULLR Spring Awards Banquet on Saturday, April 27, at the Minnesota Valley Country Club? This is the event when we give awards to ULLRs who have done something special for our Club. We recognize departing and incoming ULLR Board members and present medals to our race team.

We talk and laugh with friends and dance the night away. Be sure to get your ticket by April 17.

However, prior to this wonderful evening of partying is another important event—our ULLR annual meeting on Wednesday, April 11. At this meeting you will elect your next ULLR Board of Directors. These are the people who will make decisions that affect you. Come and cast your ballot.

You will also hear a financial report from your treasurer at the April annual meeting. A few years ago your Board decided it was time to spend down some of its funds. So, over the past few years, your Boards have "given back to you" in many ways. The cost for What's Cookin' picnics was reduced; the Christmas and spring banquets were generously subsidized; ski bus trips were subsidized; more money was made available for hosting some of the major planning meetings; you enjoyed cake and coffee at a couple of general meetings; and the 3% administrative fee on multi-day trips was suspended. At the same time, some other operating expenses have increased, such as the cost for publishing the NULLR, while dues have remained at \$25 per member. At this year's annual meeting, you will hear the current balances, and your incoming Board will determine whether to continue or change recent practices.

THE APRIL 11 ANNUAL MEETING IS IMPORTANT—BE THERE!

APRIL MEMBERSHIP SPOTLIGHT

By Carol Bush, Membership VP

(This information does not appear in the online Nullr for security reasons.)

DIRECTORY ADDITIONS

Jean Buchholz

Barb Kemmer

Dennis Nelson

PLEASE WELCOME THESE NEW MEMBERS!

Liz & Ken Slagle

For updated details visit our website

www.ullr.org

**ULLR Cancellation and Communication Policies
can be reviewed at www.ullr.org**

ULLR Webmaster: JJ (Joe) Coursolle
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UPCOMING SINGLES EVENTS

(see detailed flyers on the website www.ULLR.org)

ULLR Singles' Events are open to all single ULLRs. You can call coordinator Margie Seklund at 952-808-8141 or email Singles@ullr.org for any additions or changes.

If you would like to host a card/game night at your home August 9, 2013 or if you have an idea of what we can do for an outing or activity, please contact Margie.

SINGLES CARD/GAME NIGHTS

Bring an appetizer, beverage, & any games you'd like to play.

Date: Friday April 12, 2013 – 7:00 PM
Host: Pam Anderson
Location: 6217 Creekview Ln. N., Brooklyn Park 55443
RSVP: Call Pam at 763-315-3772

Date: Friday May 10, 2013 – 7:00 PM
Host: Kay Sommers
Location: 6721 Valley Place N., Crystal, MN 55427
RSVP: Call Kay at 763-535-7163

DINNER &/OR BEVERAGE & MOVIE NIGHTS

Dates: Tuesdays, April 16 and May 21. Order dinner by 6:00 PM or join in for a beverage
Host: Sherrie Mitchell
Location: Big 10 Restaurant and Bar
1106 Main Street, Hopkins, MN 55343
www.big10restaurant.com
Movie after dinner at the close by
Mann Hopkins Cinema Six Theater
For a listing of movies call 952-931-7992 or go to www.mantheatresmn.com/locations
RSVP: Call Sherrie at 952-942-8898

SINGLES FINE DINING

We meet at 5:30 PM and order by 6:00 PM. Those that want to come for Happy Hour meet in bar area at 5:00 PM.

Please RSVP by the Monday preceding each event to Ellise Lamb 952-442-9332 or ellise.lamb@mchsi.com.

Date: Tuesday, March 26, 2013
Location: Porter Creek
4201 Burngarten Drive, Burnsville 55306
(faces County Road 42)
952-698-1888
www.portercreek.com

Date: Tuesday, May 28, 2013
Location: RedRossa Italian Grille
(at Best Western across from MOA)
1901 Killebrew Drive
Bloomington, MN 55412
www.redrossa.com

ULLR GENERAL MEETING

Date: Thursday, April 11, 2013
Location: Marian Knights of Columbus Hall
1114 American Blvd., Bloomington, MN 55420
Times: 5:00 or 5:30 PM if you come to dine
6:00 PM Socializing
7:00 PM Meeting

The meeting will include the election of the ULLR Board, details of Spring activities, reservations accepted for the Spring Banquet on Saturday, April 27, 2013, and; hopefully, a speaker talking about, "Hiking in Europe."

Details: The KC Hall dining area opens at 5:00 PM. **Please contact Lisa at 952-888-1492 to reserve space.** The costs of the meals and drinks are credited to the club to help defray the rental cost of the meeting room. (See *ULLR directory for map*).

SPECIAL NOTE:

Our **March 14, 2013** General Meeting will start at 7:30 PM allowing plenty of time for dining upstairs or socializing in the Great Hall. Jim Maiser, our ULLR Treasurer, has offered to talk about taxes at this meeting. I'm sure we all have different needs and questions, so I am asking that you send your questions to me, Karen Clarke, prior to the meeting at ExecVP@ullr.org

Please, only general questions such as, "It is better to take the standard deduction or itemize now that my retirement income is down?"

NOTICE OF ELECTION

Election of officers for the ULLR Ski, Bike and Social Club will take place during the Annual Meeting which will be held Thursday, April 11, 2013, at the Bloomington KC Hall. Officers to be elected are President, Executive Vice President, Secretary, Treasurer, Ski Programs Vice President, Summer Programs Vice President, and Membership Vice President. (The current President automatically assumes the position of Past President and becomes a Lifetime Honorary Member of the Club.) Candidates for offices were presented by the Nominating Committee at the ULLR General Meeting on March 14, 2013. At that time, any additional nominations were made. Write-in nominees are not allowed.

The vote at the Annual Meeting will be by secret ballot. Only ULLR members present at the Annual Meeting will be entitled to vote, except a member may vote on the election of officers by an absentee ballot prescribed by the Board.

Directions for Requesting an Absentee Ballot

Any member wishing to vote absentee may request an absentee ballot no earlier than March 20 and no later than March 27. Call Carol Bush at 952-922-8035 or mail request to ULLR Ski, Bike and Social Club, PO Box 201409, Bloomington, MN 55420. Completed absentee ballots must be received no later than April 5.

RECALLING PAST EVENTS

A sincere thanks to these ULLRs who organized and/or led an event in March. VOLUNTEER! Call a program coordinator with your program idea.

MARCH

1 – Home from Ski Utah! Trip

Barb Carpenter and Joe Fischenich

2 – Pike Island (Fort Snelling) Hike

Joyce Butler

8 – Singles' Card/Game Night

Char Strand

9 – Elm Creek Park Hike

Jim Habeck

14 – General Meeting at KC Hall

Karen Clarke and Jim Maiser

15 – Folding Party

Roger & Shirley Spiry

17 –Bicycling Planning Party

John Stiefel and Patty Fitzgerald

19 – ULLR Bridge Club

Mary Ann & Joe Schwebel

19 – Dinner/Beverage/Movie Night

Sherrie Mitchell

26 – Singles Fine Dining at

Porter Creek

Ellise Lamb

ICE CASTLES EXHIBIT

By Nancy Sand

Four ULLRs went to see the Ice Castles exhibit at the Mall of America on January 31 when the outdoor temperature was 5 below with a wind-chill of 25 below and a 17 mph wind. You can decide if these four ULLRs are the bravest or most foolish of our members! We were definitely the most determined members going to see this exhibit no matter what the weather was and taking some photos to prove we were there. Taking pictures was definitely challenging as, of course, we had to take off our mittens and expose our hands to the elements. A metal camera casing at 25 below feels **veeery** cold.

In spite of the weather, the Ice Castles exhibit was beautifully lit with white and colored lights. We all agreed it reminded us of the icy house scenes from "Dr. Zhivago." Although the Twin Cities has had some very warm days, we learned Ice Castles has sprinklers to make more ice when the temperatures are cold enough to do so.

When we left the exhibit, we went over to Twin City Grill for dinner. Hot tea and coffee helped warm us, and wrapping our hands around hot mugs helped thaw our frozen fingers. Other ULLR members should be proud of us. We dressed for the outdoor elements as best we could, and we liked the exhibit and the beautiful dark starry Minnesota sky.



Linda H and Joyce B



Karen H and Nancy S

THE VALENTINE GENERAL MEETING

By Karen Clarke

Fifty-six ULLR members and friends showed up at the February 14 General Meeting. The KC Hall offered a special Valentine Dining Menu. The tables were set beautifully, and our ULLRs enjoyed their meals. The General Meeting featured Joyce Crozier and Bill Kansas serenading us with special show tunes. We sang "Happy Birthday" to Manfred and had a Valentine trivia game. The winners won Nut Goodies. (Actually, we had to just start giving the candy away because some of us don't really know our Valentine trivia! We will have to try that again some time.) At the end of the meeting, we served coffee and cake. Oh, we had a meeting too!



Nancy K, Lorri C, Jerry W, Nancy K, Jim M, Jan S

**ULLR Combined
Calendar**

April-foolishness 2013

April 2 – Tuesday
Science Museum “Body Worlds”
Contact: Nancy Sand
Phone: 952-435-5225

April 6 – Saturday
Lake Como Hike
Contact: Mary Ellen Goriesky
Phone: 952-942-0178

April 11 – Thursday
Optional dining and
General Meeting at KC Hall
Contact: Karen Clarke
Phone: 651-457-4007

April 12 – Friday
Singles’ Card/ Game Night
Contact: Pam Anderson
Phone: 763-315-3772

April 13 – Saturday
Lake of Isles Hike
Contact: Carol Bush
Phone: 952-922-8035

April 16 – Tuesday
ULLR Bridge Club
Contact: Cheryl Rogers
Phone: 952-469-1647

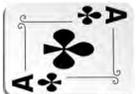
April 16 – Tuesday
Dinner &/or beverage & Movie
Night
Contact: Sherrrie Mitchell
Phone: 952-942-8898

April 19 – Friday
Folding Party
Contact: Sharon & Ken Marini
Phone: 952-893-7408

April 20 – Saturday
Fish Lake Park Hike
Contact: Pam Anderson
Phone: 763-315-3772

April 27 – Saturday
Spring Award Banquet & Dance
Contact: Karen Clarke 651-457-4007
Tickets: Diane Eriandson 952-941-5184

May 10 – Friday
Singles’ Card/ Game Night
Contact: Kay Sommers
Phone: 763-535-7163

Sun	Mon	Tue	Wed	Thu	Fri	Sat
7 A skier and his money are soon parted. 	1 Never believe in mirrors or news-papers. 	2 Body Worlds 	3 ULLR women go to bed with 2 men: Ben Gay and Art Rittisi	4 ULLR Elections 	5 Tomorrow's hike for all Como-Sexuals	6 Como Zoo Hike 
8 A skier and his money are soon parted.	15 Tax Day A penny saved isn't much! 	9 Bridge 	10 Tomorrow's meeting: voting and money—it seems they are always together.	11 ULLR Elections	12 Single Card Night 	13 Lake Isles Hike 
14 Remember! Reservations for Banquet due by the 17th.	22 Life is like a 10 speed bike, we have gears we never use. 	16 Bridge Singles' Movie 	17 Bridge, a game of mind over chatter.	18 ULLR Elections	19 Folding Party 	20 Fish Lake Hike 
21 Tune up your bike today. 	23 ULLR nametad: 	24 The road to success is always under construction. 	25 April showers bring wet clothes-go find your umbrella. 	26 Get ready to shine! 	27 Award Dinner & Dance 	28 Friends are like bras: close to your heart and there for support. 

ULLR BOARD ELECTION CANDIDATES - 2013-2014

The Nominating Committee was happy to present the following slate of candidates for the ULLR board at the March general meeting. The election will be held in April at the general meeting.



President: Cheryl Rogers

The ULLR club is near and dear to my heart. I am excited to have this opportunity. I have been an ULLR member since 1993/94 when the club's main focus was on skiing and there were over 800 members. I joined to find new friends who also loved to ski. The spring of 1994 I purchased my first "adult" bike so I could ride on the ULLR bike rides. At that time most of the club members were still working.

My ULLR leadership roles have been: 2001-2002 V.P. Special Activities, ULLR Singles Coordinator 2004-2006 and Co-Chair of the Alpine Program. I received an Ole Award in 2005, ULLR of the Year in 2006, and an Ole Award in 2012 (with my husband, Woody.) In addition to the awards received, I started the ULLR Book Club several years ago (and it continues today off calendar), led bicycle rides, and hosted social events.

Our ULLR club has meant a lot to me and I want it to continue and to grow. As our members grow older I anticipate there will be greater emphasis on social activities. I think a 60+ year old potential new member is not apt to want to learn to ski for the first time, but s/he may be very interested in our numerous other activities. How can you tell an ULLR? They are fitter, more energetic, interested in the world around them and always looking for fun things to do!

These current board members are running again.

Treasurer:

Jim Maiser
(no photo available)



Past President/Advisor
Nancy Sand



Summer Programs VP
Mary Ellen Goriesky



Membership VP
Carol Bush



Secretary
Marcia Switenki



Executive VP: Mary Ellen Gabel

I have been an ULLR since the early 1980's and have enjoyed every minute of it! It has been like a second family for me. I have done XC and Alpine skiing, biking and many of the social activities. Since I retired in 2000 I have been on the ULLR Board three times as Secretary, have run local bike and ski trips as well as Orchestra Hall and Chanhassen outings. I ran the bike program when it was new years ago and once again more recently. I have had many ULLR parties at my house. I feel it is important to give back when you can. This position will be a learning experience for me and I hope if you have any suggestions for activities at meetings and for other social outings, you will let me know. This is your club and it should reflect what you want.



Ski Programs VP: Pam Anderson

I have been an ULLR member for about 9 years. I've been active in many activities including attending general meetings, hiking, skiing, picnics, singles cards & game night, golfing and an officer on the Foundation Board. I look forward to being on the ULLR Board, helping to organize more activities and getting to know more ULLRs.

WHATS COOKIN'

Summer will be here soon and What's Cookin' is almost filled. We need 2 afternoon cooking helpers for Margie and Manfred on July 10th and other folks turning 70 for the 70's picnic on September 4th. Please contact Mary Ellen Goriesky at SummerVP@ullr.org. or call to say you can help or host the September 4 picnic. Our summer picnics success depends on the help of all its members.

Many thanks to Pat Nelson who will be resigning as What's Cookin' cashier. Pat did a great job monitoring our costs and revenues.



Colleen B, Carol S, Lori C, Barb K, Karen G, and Sharon M. These smiling 70's hosted in 2012. Do you turn 70 this year?

Last Minute Reminder

SEE "BODY WORLDS & THE CYCLE OF LIFE" AT THE SCIENCE MUSEUM OF MINNESOTA

Checks are due to Nancy by March 15

Join ULLRs on Tuesday, April 2, at the Science Museum of Minnesota to view the special "Body Worlds & The Cycle of Life exhibit." This exhibit builds upon and enhances an earlier exhibit that appeared at the SMM in 2006. In a new special presentation, witness the human body living through time—as it changes, grows, matures, peaks and finally wanes.

In "Body Worlds & The Cycle of Life," you'll see the body throughout the human life cycle and across the arc of aging. Real human specimens, preserved through the remarkable process of plastination, will reveal the human body in all its phases and stages of health. You'll see individual organs and systems, as well as full-body plastinates in various action poses, including a baseball player, a ballet dancer, a pair of ice skaters, a woman in a yoga pose, a male gymnast, and more.



Date: Tuesday, April 2. Meet at 2:00 PM in the lobby of the Science Museum in St. Paul. Enjoy coffee and a bakery treat • 3:00 PM visit the exhibit • 6:00 PM View the Omnitheatre film, "Human Body." • End the evening with dinner at nearby Patrick McGovern's Pub. (www.patmccgoverns.com)

Cost: \$22 per person or \$9 for Museum members. This includes general admission, the Body Worlds exhibit, coffee and bakery treat, and the film. Optional audio for the exhibit is an additional \$4.

Make check payable to: Nancy Sand. (Museum members should write their member number on their check.)

Send to Nancy, 15001 Burnhaven Drive #108, Burnsville, MN 55306

EXPERIENCE MONTANA IN THE SUMMER

Twenty-nine folks have signed up! There is still room for one man and one "two-some." A wait list will be started if needed.

Trip highlights include:

- Red Bus Tour "Road to the Sun" in Glacier
- Rafting on the Flathead River, BBQ dinner included
- Brewery tour in town with dinner afterward and music on the boardwalk.
- Hiking on the "Danny on Trail" with scenic ride back down.
- Play at the Alpine Theater Project
- Optional items as listed on the flyer include Zip lining, tree-top walking, biking, golfing, boating
- 4 Evening dinners

Enjoy a week-long trip to Whitefish, Montana. We will travel round-trip on Amtrak with 6 nights lodging at the Morning Eagle Condos at Whitefish Mountain.

Dates: Sunday, July 28 – Monday, August 5, 2013

Cost: \$1,214 (No refund after May 1.)

Make checks payable to ULLR Ski Bike and Social Club and send checks to: Karen Clarke, 6484 Bonner Court Inver Grove Heights, MN 55076

Questions? Call the Chairs: Karen Holmquist - cell: 952-270-4739, kholmquist@frontiernet.net

Karen Clarke – 651-457-4007, clarke.k.j@hotmail.com

ULLR cancellation fees and policies apply.



SKI TRIVIA:

Which ski area in the continental United States averages the most snowfall?

Mount Baker in Washington averages 615 inches (over 50 feet) of yearly snowfall. The world record for the most snow in one year is now also held by Mount Baker – elevation 10,775 feet. Mount Baker Ski Area reported 1,140 inches (95 feet or 29 meters) of snowfall for the 1998-1999 season. The mountain also beat its own record for most snowfall in a month with 304 inches!

ULLR Ski, Bike & Social Club

PO Box 201409

Bloomington, MN 55420-1409

Place
Stamp
Here

Address Label

Visit our website at
www.ullr.org for meeting,
event and trip news,
photos and recipes.

FOLD LINE ↓

<p>Future Folding Parties:</p> <ul style="list-style-type: none"> • May 17, 2013: Sally Chevalier • July 19, 2013: Karen & David Oakland • August 16, 2013: Margie & Manfred Deutsch • September 20, 2013: Carol Burgess & Ray Hartmann 	<p>Folding Parties are fun to host and attend and are a great way for members to get acquainted. Parties begin at 6:30 PM. A main dish is provided. Please bring a snack, salad or dessert to share and a \$1.00 donation for beverages. <i>If you are interested in hosting the November 15th Folding Party, please call the Folding Party Chairs: Patty Fitzgerald & John Stiefel 952-470-5411.</i> (An allowance is provided to help defray costs.)</p>
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**The next Folding Party is
Friday, April 19, 2013
hosted by Ken and Sharon Marini**

8201 York Avenue South • Bloomington, MN 55431
*Please RSVP to Sharon at 952-893-7408
(so she can plan food)*

Directions from I-494:

From the West: Exit I-494 onto France Avenue; Turn right (south) Drive one short block. Turn left (east) onto American Blvd. Turn right (south) on Xerxes Avenue. Turn right (west) onto 82nd Street. Drive to York Avenue.

From the East: Exit I-494 onto Penn Avenue; Turn left (south). Turn right (west) onto 82nd Street. Drive to York Avenue.

8201 York is at the corner of 82nd Street and York Avenue. The driveway is on 82nd Street.

