



ULLR

SKI, BIKE &
SOCIAL CLUB

December
2011
-
January
2012

HAVE YOU VISITED US ON THE WEB LATELY? WWW.ULLR.ORG

CALL NOW TO RESERVE YOUR TICKET TO THE 2011 HOLIDAY BALL

Friday, December 2, 2011

Open to ULLR members and guest(s).

Reservations due by November 26, 2011. Cost \$35.

Fort Snelling Officers' Club

Post Road & Hwy. 5, St. Paul, MN 55111

5:30 SOCIAL GATHERING (cash bar)

7:00 DINNER

Choose one Entrée:

Apple Pecan Stuffed Chicken with Champagne Sauce

OR Parmesan Encrusted Walleye

Either Entrée will be served with a Wild Field Greens Salad (with Toasted Walnuts & Raspberry Vinaigrette), Assorted Dinner Rolls, Garlic Mashed Potatoes, Chef's Seasonal Vegetables and a Chef's Gourmet Creation Dessert

8:00 DANCE to the Changing Times Band

Make checks payable to ULLR Ski Club.

Mail your check and entrée choice to:

Diane Erlandson, 9721 Dorset Ln, Eden Prairie, MN 55347
952-941-5184

ULLR Cancellation Policy applies.

Chairs: Karin Cole & Karin Schullian (Decorations),
Diane Erlandson & Karen Gray

Please bring and donate a new, unwrapped toy for "Toys for Tots."



THE FOUNDATION CORNER

Bill Kansas, President, ULLR Foundation

I'm happy to report that the Bingo and Raffle Event at the October ULLR meeting was a fun time and a financial success. We were able to put nearly \$700 into our treasury – thanks to all the ULLRs who came and participated.

The photo shows ULLR foundation members handing over a check for \$5,800 to Padraig's Place. The funds were the result of the Benefit Golf Tournament that many of you participated in and was managed masterfully by Co-Chairs Gus Bjorklund and Carol Schwebach.

The funds will be used to buy equipment for the Adaptive Skiing & Snowboarding Program at Buck Hill.

[I am adding to Bill's article. I worked at the Ski Expo October 22. Courage Center had one of the many booths there. I saw an adaptive ski – and even sat in it. I told the booth worker that I was from the ULLR Ski Club and that the club donates money for such equipment. He responded with great enthusiasm, "Your ski club is great. You will never know what a difference your donations have made to so many people. Thank you, thank you." Margie Deutsch]



2011-2012 Important Contacts

Officers of the Club

President

John Vogt: UllrPrez@ullr.org

Executive VP

Karen Gray: ExecVP@ullr.org

Ski Programs VP

Nancy Sand: SkiVP@ullr.org

Summer Programs VP

Sharon Marini: SummerVP@ullr.org

Membership VP

Patty Fitzgerald: MembershipVP@ullr.org

Treasurer

Jim Maiser: Treasurer@ullr.org

Secretary

Carol Bush: Secretary@ullr.org

Past President/Advisor

Bruce Warner: PastPrez@ullr.org

Program Coordinators

Alpine

Barb Kolbe: See directory

Nordic

Jim Habeck: Nordic@ullr.org

Ski Racing

Brian Johnson: Racing@ullr.org

Summer Coordinator

Pat Nelson: Summer@ullr.org

Social Coordinator

Social@ullr.org

What's Cookin'

Nancy Harman & Jeff Fischer:

WhatsCookin@ullr.org

Beverage Chairs

Gus Bjorklund, Dave Lyons, Erl Erlandson:

Beverages@ullr.org

Biking

John Stiefel: Biking@ullr.org

Singles

Joy Knudson: Singles@ullr.org

Folding Parties

Margie & Manfred Deutsch:

FoldingParty@ullr.org

General Meetings

Karen Gray: ExecVP@ullr.org

MSC Representatives

Nancy Sand: SkiVP@ullr.org

Dolly Eastman: MSCrep@ullr.org

Communication

ULLR Webmaster

(JJ) Joe Coursolle: Webster@ullr.org

Nullr Editor

Margie Deutsch: Nullr@ullr.org

ULLRnet

Fran & Gary DeWell: Ullrnet@ullr.org

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LETTER FROM THE PRESIDENT

By John Vogt



Proposed ULLR Club name change: ULLR SKI, BIKE, SOCIAL AND FOOD CLUB.

Discussion has been held after the release of stats compiled by J.J. Courselle relative to the ULLR "Favorite Recipes" web site. Since the recipes' postings, 5,279 hits have been recorded. It is indeed a World Wide Web as recorded hits have come from throughout the U.S., Russia, the Czech Republic and Andorra (*a small Republic in the eastern Pyrenees*). See

article on page 7 of this issue. Just think, tonight someone in Andorra might be sitting down to dinner to enjoy an ULLR "Garbanzo Bean Cole Slaw Salad." Thanks J.J.!

Courage Center Update: An on-line auction will be held from December 1-12, 2011 through the *Jobs Foundation* to provide equipment and gear to skiers with disabilities. If you have any skis or related items you would like to donate to the auction, please bring them directly to Courage Center no later than November 28, 2011. An announcement was made at the November 10 General Meeting regarding the auction web site location.

Ski Thursdays at Welch Village: beginning December 15 (or earlier if Welch opens earlier). Invite your friends and neighbors to join us every Thursday! See ULLRs in action skiing, socializing and eating.

As this Nullr edition goes to the web site, it will be your last chance to sign up for the Holiday Ball December 2. Don't miss the party! December is the time ULLRs will be getting ready for record snowfalls, downhill and cross-country skiing, snowshoeing and social events. Whatever you do, don't stay home!

MEMBERSHIP SPOTLIGHT – DEC 2011/JAN 2012

By Patty Fitzgerald

**The Membership Spotlight will not appear in online version of the Nullr for security reasons.*

DIRECTORY CHANGES:

Shari Kopesky • New email address

Cathy Hartle • New email address

Doug Larsen • New email address

Linda Heintz • New email address

DIRECTORY ADDITIONS:

King Jobson

Address & Phone number added

PLEASE WELCOME THESE NEW MEMBERS:

Diane Schultz

Mark Kaliszewski

**ULLR Cancellation and Communication Policies
can be reviewed at www.ullr.org**

ULLR Webmaster: JJ (Joe) Coursolle
PO Box 201409, Bloomington, MN 55420

Email: webster@ullr.org

Phone: 612-750-0927

Nullr Editor: Margie Deutsch
8940 Northwood Pkwy, New Hope, MN 55427

Email: nullr@ullr.org

Phone: 763-545-5845

Activity Calendar 2011-2012 ULLR Winter Events (tentative)

2011 EVENTS

December 4 – Sunday

Snowmass Pre-Trip Party

Contacts: Barb Carpenter &
Joe Fischenich

December 9-11 – Friday-Sunday

Alpine / Cross Country / Snowshoe
MSC Winter Carnival at Indianhead

Contact: Jerry Schuster

December 15 – Thursday

Alpine – Thursdays at Welch

*Begin December 15 every Thursday until Welch
Closes in March*

December 17 – Saturday

Cross Country / Snowshoe

Location: French Park
Contact: George Halder

December 22 – Thursday

Alpine – Thursdays at Welch

December 29 – Thursday

Alpine – Thursdays at Welch

2012 EVENTS

January 1 – Sunday

Alpine

Location: Afton Alps
Contact: Pam Anderson

January 5 – Thursday

Alpine – Thursdays at Welch
Every Thurs until Welch Closes in March

January 12 – Thursday

Alpine – Thursdays at Welch

January 14 – Saturday

Cross Country / Snowshoe
Location: Lake Rebecca
Contact: Pam Anderson

January 17 – Tuesday

Alpine / Cross Country / Snowshoe
Location: Afton Alps
Contact: Jerry Swanberg

January 19 – Thursday

Alpine – Thursdays at Welch

January 22-24 – Sun-Tuesday

Alpine / Cross Country / Snowshoe
Location: Granite Peak
Contacts: John Stiefel &
Patty Fitzgerald

January 26 – Thursday

Alpine – Thursdays at Welch

February 2 – Thursday

Alpine – Thursdays at Welch

February 4-11 – Sat-Saturday

Alpine
Location: Snowmass
Contacts: Barb Carpenter &
Joe Frischenich

February 9 – Thursday

Alpine – Thursdays at Welch

February 16 – Thursday

Alpine – Thursdays at Welch

February 18 – Saturday

Cross Country/Snowshoe/Hike
Location: Cleary Lake
Contact: Karen Holmquist

February 23 – Thursday

Alpine – Thursdays at Welch

February 24-26 – Fri-Sunday

Alpine/Cross Country/Snowshoe
Location: Giant's Ridge
Contact: Mary Ellen Gabel

MEMBERSHIP RENEWAL

By Patty Fitzgerald, Membership VP

Your 2011 ULLR MEMBERSHIP EXPIRED NOVEMBER 30TH

*(If you joined May 1st or later this year, your membership
does not expire until November 2012.)*

Please, if you have not already sent in your membership form, do so today. You are not eligible for ULLR trips and events unless you are an active member. You will not be in the next ULLR Directory, receive the Nullr newsletter or ULLR email announcements if you are not a member.

Renewal forms are available on the web at

<http://ullr.org/Membership.html>

Be sure to sign the waiver at the bottom of the form and return it with your \$25 check made out to ULLR Ski, Bike and Social Club to: PO Box 201409, Bloomington, MN 55420.

Are you a past President or honorary member? We still need you to sign the waiver form and mail it in so you will continue to be an active member.

Thank you!

ULLR "TOYS FOR TOTS" EVENTS

ULLRs may help at the "Toys For Tots" Warehouse, 2360 Pilot Knob Road, in Mendota



Heights, on Tuesday, December 6, 2011, from 1:00 p.m. to 4:30 p.m. Arrive at the Warehouse by 12:45 p.m. Meet for dinner afterwards at Axel's River Grille, 1318 Sibley Memorial Highway, in Mendota Heights.

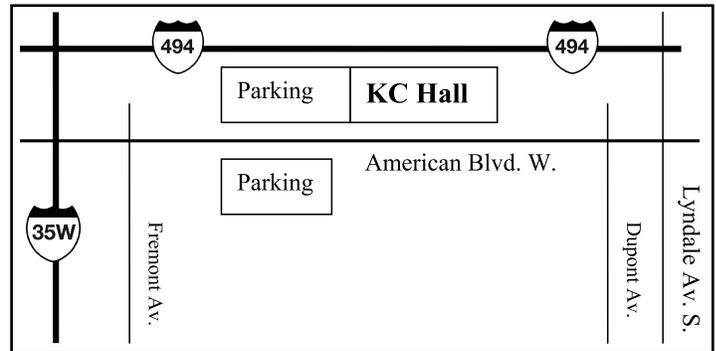
RSVP the Warehouse/Dinner Event by December 1 to Nancy Sand (H) 952-564-6022 or (C) 701-226-6300.

Visit our website at
www.ullr.org
for updated details

GREET FELLOW ULLRS AT THE WINTER GENERAL MEETINGS

Date: Thursday, January 12, 2012
Location: Marian Knights of Columbus Hall
1114 American Blvd., Bloomington, MN
Times: 6:00 pm Socializing
7:00 pm Meeting

Details: The KC Hall will set aside a special area upstairs for dinners before our meetings. The dining area opens at 5:00 pm. **Please contact Lisa at 952-888-1492 to reserve space.** Let her know how many persons are attending and arrival time so they can set aside an area designated for ULLRs. The costs of the meals and drinks are credited to the club to help defray the rental cost of the meeting room.



RECALLING PAST EVENTS

Thank you to the ULLRs who organized and/or hosted an event last month. Their efforts help to keep this Club strong and vibrant. What event would YOU like to host? Contact a chairperson with your ideas. See the ULLR website for more on these events.

November 3

Hike at Fort Snelling
Carolyn Buswell & John Egan

November 6

Pine Tar Party
Mary Ellen Gabel

November 17

Play: Dracula
Nancy Harman & Patty Fitzgerald

November 18

Folding Party
Carol Burgess & Ray Hartmann

November 30

Singles: Re-Entry House Party
Margie Seklund

THE MIDWEST SPORT/SKI COUNCIL

By Hal Yngve, MSC President • www.midwestfun.org

The Spirit of volunteerism within the MSC Member Clubs is Awesome. During our last two MSC Booth events we had 22 individual volunteers from 9 member clubs. Your participation makes these events possible. I would like to give thanks and recognition to the following individuals and their member clubs. If you happen to see them at the MSC Winter Carnival at Indianhead, please extend to them warm and grateful acknowledgement for their efforts.

Lorri Christenson, *ULLR*
Stephanie Croteau, *North Stars*
Manfred Deutsch, *Red Eyes, ULLR*
Margie Deutsch, *ULLR*
Carol Devore, *Elan Vital, Yodelers, Tuesday Wipeouts, ULLR*
Dolly Eastman, *Yodelers and ULLR*
Mary Ellen Goriesky, *ULLR*
Sally Hed, *Sitzmark*
Ann Holland, *Yodelers*
Mike Holland, *Yodelers*

John Janscek, *Ski Hawks*
Bob Marion, *Yodelers*
Steven O’Gorman, *Sitzmark*
John Olson, *Sitzmark*
Judi Peterson, *Tuesday Wipeouts*
Kathy Rocco, *Ski Hawks*
Nancy Sand, *ULLR*
Lynn Schmitz, *Tuesday Wipeouts*
Jim Sears, *Sitzmark*
Stephanie Small, *Four Seasons Adventure Club*
Susan Willis, *Tuesday Wipeouts*
Regina Zendell, *Tuesday Wipeouts*
Cameron Zuege, *Sitzmark*

Also, there are many other volunteers working behind the scenes making all our fun events happen. We all know them, shake their hand and say, “Thank you.”

My wishes for everyone: Have fun; ski and snowboard well!

Upcoming Singles Events (see detailed flyers on the website at www.ULLR.org)

ULLR Singles' Events are open to all single ULLRs. Be sure to check the website Singles@ullr.org or call coordinator, Joy Knudson, 952-240-8418, for additions or changes. [Please accept Joy's request to become the new coordinator!]

HOLIDAY PARTY AT REENTRY HOUSE

Date: Wednesday, November 30
Location: ReEntry House
5812 Lyndale Avenue South
Minneapolis, MN 55419
Details: For more information call
Margie Seklund at 952-808-8141

SINGLES' FINE DINING

We meet at 5:30pm and order by 6:00pm

Date: Tuesday, January 24, 2012
Location: Santorini
13000 Technology Drive
Eden Prairie, MN 55344
RSVP: Please RSVP to Ellise Lamb by
January 22 at 952-442-9332 or
ellise.lamb@mchsi.com

Upcoming ULLR Events (see detailed flyers on the website at www.ULLR.org)

WINTER CARNIVAL 2011 AT INDIANHEAD MOUNTAIN RESORT Friday – Sunday, December 9-11, 2011

\$209/quad, \$241/double, \$339/single

Sign-up Deadline is December 2nd or when the 280 bus spots are filled.

If you plan to go on this trip, sign up NOW. Jerry Schuster will need to have your reservation before he can reserve rooms in the preferred "Lodge Complex" building. With the other MSC member clubs also making reservations, late sign-ups will have to be fit into the remaining available lodging.

Cost includes: Motor coach transportation to/from Michigan from the Twin Cities, Rochester and Eau Claire; 2 nights lodging; 2 days lift tickets; live band; Après Ski Party; Saturday night dinner and more!

Take the Early Bus from the Twin Cities on Friday:

- Friday Lift ticket available for only \$18/person.
- Special Dinner menu for early bus attendees: Fish Fry, Steak & Salmon.
- Brewski Micro Brew tasting on Friday, December 9th from 3:00pm to 10:00pm in Dudley's Saloon at \$21 per person for 10 samples – minimum 15 people. (See Brewski flyer for full details.)

ULLR Club Trip Leader: Jerry Schuster 952-888-0860
jeschus@usjet.net

Checks (payable to ULLR) to Jerry at:
8407 Emerson Avenue South, Bloomington, MN 55420
MSC Membership & Cancellation Policies Apply.

See the ULLR website for information and a sign-up sheet or get it at ULLR General Meeting.

SKI COLORADO: Aspen–Snowmass Aspen Hills–Buttermilk February 4-11, 2012

Barb Carpenter is currently taking names for a waiting list.

For details see

<http://ullr.org/Flyers/2012/120204-SnowmassTrip-TIF.pdf>
or go to www.ullr.org



SKI GRANITE PEAK Wausau, Wisconsin January 22-24, 2012

Carpool to Wausau, WI (an easy 3 hour drive), 2 nights lodging & breakfast at *Courtyard by Marriott*. Ski Monday and Tuesday on 700' vertical, 74 runs, 400 acres, and 7 chair lifts. Optional XC & snowshoe at "Nine Mile Forest" with 20 miles of trails.

\$118/2 to a room (Due by December 15th).

**Mail check (payable to ULLR)
to Patty Fitzgerald at:**
19595 Near Mountain Blvd.
Shorewood, MN 55331

ULLR cancellation policy applies.

ULLR Social and Cultural Calendar – Winter 2011-2012

2011 EVENTS

November 29 – Tuesday

“Identity & Nature Unleashed”
at the Science Museum of MN

Contact: Gary Gray
Phone: 952-895-8960

November 30 – Wednesday

Singles at ReEntry House

Contact: Margie Seklund
Phone: 952-808-8141

December 2 – Friday

Holiday Ball

Contact: Karen Gray
Phone: 952-895-8960

December 6 – Tuesday

Help Toys for Tots and Dinner
at Axel’s River Grille

Contact: Nancy Sand
Phone: 952-564-6022

December 20 – Tuesday

3rd Tuesday Bridge

Contact: Joyce Krake
Phone: 952-472-8361

December 28 – Wednesday

Chanhassen “Plaid Tidings”

Contact: Joyce Krake
Phone: 952-472-8361

2012 EVENTS

January 12 – Thursday

ULLR General Meeting

Contact: Karen Gray
Phone: 952-895-8960

January 17 – Tuesday

3rd Tuesday Bridge

Contact: Karen Gray
Phone: 952-895-8960

January 24 – Tuesday

Singles “Fine Dining” at Santorini

Contact: Elise Lamb
Phone: 952-442-9332

February 16 – Thursday

ULLR General Meeting

Contact: Karen Gray
Phone: 952-895-8960

February 28 – Tuesday

Singles “Fine Dining”
at David Fong’s

Contact: Elise Lamb
Phone: 952-442-9332

March 8 – Thursday

ULLR General Meeting

Contact: Karen Gray
Phone: 952-895-8960

March 18 – Sunday

Bicycle Events Planning Party

Contact: Patty Fitzgerald
Phone: 952-470-5411

Visit our website at
www.ullr.org
for updated details

ULLR HOLIDAY OUTING – AN ANNUAL EVENT – DECEMBER 28, 2011

Chanhassen Dinner Theatres brings you *Plaid Tidings*, the special holiday edition of *Forever Plaid*, the popular four-part harmony group that has been a hit for years singing 50’s favorites. This musical gem is filled with favorite holiday standards and more!

Date: Wednesday, December 28 for lunch and a matinee performance in the Fireside Theatre.

Location: Chanhassen Dinner Theatre
501 West 78th Street
Chanhassen, MN 55317

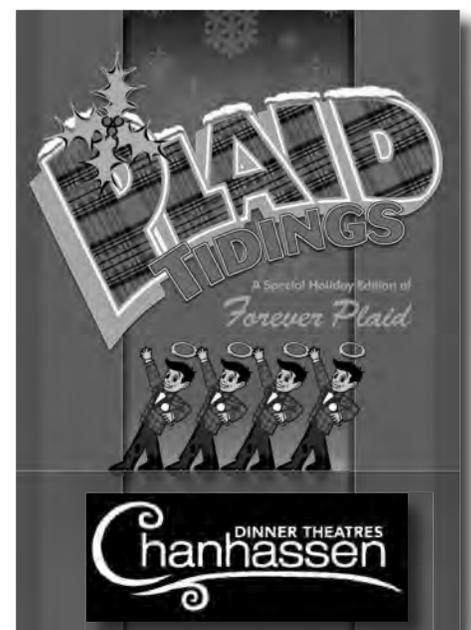
Cost: Dinner & Ticket – \$40 (includes ticket, meal, tax & tip). Make your check payable to Joyce Krake.

Mail to Joyce at
14319 Stewart Lane, #106
Minnetonka, MN 55345

Details: Arrive between 11:00am and 11:30am. We will be directed to the dining room where our group will be eating. We will be able to order off a menu that has both light and heavier entrée items. Show begins at 1:00pm and will be over at approximately 3:00pm. We have 20 seats reserved. Matinee shows are selling out.

Deadline: November 26, 2011

Contact: Joyce Krake
952-472-8361 or
cocaptjoyce@comcast.net



IT'S DECEMBER – ARE YOU READY FOR WINTER By Nancy Sand



It is time to sharpen and wax skis, find poles, helmets, goggles, and gloves, check bindings on boots and snow shoes, and move warm jackets, sweaters, and ski pants to the front of the closet. It is time for ULLRs to sign up to participate in our winter activities.

In addition to the MSC trip to Indianhead, ULLR

has four multi-day trips to Granite Peak, Snowmass, Giant's Ridge, and Spirit Mountain. We have cross country and snowshoe events at French Park, Lake Rebecca, Cleary Lake, and Baker Park. We have a full-moon hike at Woodlake Nature Center. We will celebrate New Year's Day at Afton and go back again another day. We will meet at Welch on Thursdays beginning December 15.

For more information and to sign up for these winter events, contact names are listed in the NULLR. More detailed information is available on the ULLR website.

Remember not only to tune up your gear, but exercise regularly to be in shape for all this winter fun!



SCIENCE MUSEUM SPECIAL EXHIBITS: IDENTITY & NATURE UNLEASHED

When: Discussion Sunday, 1:00 pm November 20 at Karen and Gary Gray's House; See exhibits on Tuesday, 1:00 pm, November 29, meet in Science Museum lobby.

Details: Both these great special exhibits focus on humans: What are the factors that give us our "Identity" and what happens to us when "Nature [Is] Released" in the form of earthquakes, volcanoes, hurricanes and tornadoes. Can we influence either one? We'll meet at 1:00 pm in the lobby, see exhibits, movie at 4:00 pm, meet in the lobby at 5:00 pm and walk to the Great Rivers Brewery for libations and sustenance.

Cost: Free for members. See Gary for free tickets (Includes "The Amazon").

Host: Gary Gray – 952-895-8960
gdgray@q.com.

ULLR RECIPES HAVE A WIDE APPEAL

By Joe Coursolle

While updating the monthly website statistics, I was once again surprised at the popularity of the ULLR Favorite Recipes. So I thought I would share the recipe stats with you. As you can see, there are a couple of runaway favorites, although every recipe gets visits most weeks. If you are amazed at the number of total visits to the "Pretzel Rolo Candy" and "Sweet Crispix Party Mix" pages, remember that they are accessible through internet search engines, and have been posted since 2004. If you Google "pretzel rolo candy," ULLR is hit #2 worldwide. Many of the visits were from outside the USA, including (*in decreasing frequency*) Russia, Poland, France, The Czech Republic, France, Sweden, Portugal, Romania, and Andorra. This is why I minimize members' personal information exposure on the website.



As of Monday, October 24, 2011

Visits since posting	Visits last 7 days	Recipe File Name
3609	5	PretzelRoloCandy.pdf
571	6	SweetCrispixPartyMix.pdf
98	2	HungarianMushroomSoup.pdf
84	1	AntipastoFor100.pdf
83	2	CheeseburgerPie.pdf
81	1	CaptainCrunchBars.pdf
68	1	PopcornSalad.pdf
67	2	BlueberryCountryCake.pdf
59	0	CranberryRelishSalad.pdf
46	3	SalmonRiceLoaf.pdf
43	2	7-LayerShrimpAppetizer.pdf
42	1	DeviledEggs.pdf
39	1	BrownieGoodyBars.pdf
39	1	GarbanzoBeanColeSlaw.pdf
35	2	HoneySoyBroiledSalmon.pdf
35	3	Kavatini.pdf
35	1	OrientalChickenSalad.pdf
35	35	PeanutNoodleSalad.pdf
32	0	PeanutButterFingers.pdf
32	0	PineappleAuGratin.pdf
32	32	UglyDucklingCake.pdf
29	2	CherryChocolateCake.pdf
29	2	MandarinOrangeCake.pdf
29	3	RefrigeratorPickles.pdf
27	1	MicrowaveShrimpDip.pdf

ULLR Ski, Bike & Social Club

PO Box 201409

Bloomington, MN 55420-1409

Place
Stamp
Here

Address Label

Visit our website at
www.ullr.org for meeting,
event and trip news,
photos and recipes.

FOLD LINE ↓

<p>Future Folding Parties:</p> <ul style="list-style-type: none"> • December 2011: No folding party • January 20, 2012: Mary Ellen Gabel • February 17, 2012: Karen & Gary Gray • March 16, 2012: Margo Dinneen & Jon Zoller 	<p>Folding Parties are fun to host and attend and are a great way for members to get acquainted. Parties begin at 6:30pm. A main dish is provided. Please bring a snack, salad or dessert to share and a \$1.00 donation for beverages. <i>If you are interested in hosting a Folding Party, please call the Folding Party Chairs: Margie or Manfred Deutsch at 763-545-5845.</i> (An allowance is provided to help defray costs.)</p>
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The next Folding Party is

Friday, January 20, 2012 hosted by Mary Ellen Gabel

3213 Skycroft Drive NE, Minneapolis, MN 55418

Please RSVP to: Mary Ellen at 612-789-7832

(so she can plan food)

Directions from the South:

Go North on I-35W. Exit on New Brighton Blvd/Hwy 88 (exit 21A)

Turn left onto Stinson Blvd. and continue going North to 33rd Avenue North.

Turn Right (east) and drive .4 mile to Skycroft Drive NE (2nd RIGHT after Silver Lake Road.

Turn right (south) for .1 mile.

Directions from the North:

I-694 to Silver Lake Road (exit 39); drive 2.5 miles South.

Turn left (east) on 33rd Avenue North, go 2 blocks to

Skycroft Drive, turn right (south) for .1 mile

