



Founding Member of the
Minnesota Sports/Ski Council

ULLR SKI, BIKE &
SOCIAL CLUB

ULLR

October
2011

HAVE YOU VISITED US ON THE WEB LATELY? WWW.ULLR.ORG

THE 2011 ULLR FOUNDATION GOLF TOURNAMENT

The Aug. 23rd ULLR Foundation Golf Tournament at River Oaks was a huge success! We exceeded our goal of raising \$5,000 for special needs kids to participate in downhill skiing at Buck Hill through the Padraig's Place program. This program purchases adaptive ski equipment.

Another success was that we were able to award a plethora of prizes for team and individual efforts including a putting contest and door prizes for golfers and dinner-only people. The raffle was another success with several people winning some very nice items. A special thanks to Nancy Keyes for getting many of the prizes and organizing the distribution of them.

The 93 golfers who competed far exceeded our goal of 72. We also met our goal of having 18 hole-sponsors. Our dinner-only crowd was 37, primarily ULLR members. Thank you to the golfers, the sponsors, and the diners who all enjoyed the beautiful day.

The entertainment was also a success. Two of the band members had something in common with the kids who participate in the Padraig's Place program with one being blind and one having a physical disability. They played some great familiar, danceable music.

A special thanks to all the hardworking ULLR Foundation Board members, Carol Schwebach, and Jerry Weiskopf who all worked to make these successes possible.



Nancy K. at the auction



2011 Golf Tournament

2011-2012 Important Contacts

Officers of the Club

President

John Vogt: UllrPrez@ullr.org

Executive VP

Karen Gray: ExecVP@ullr.org

Ski Programs VP

Nancy Sand: SkiVP@ullr.org

Summer Programs VP

Sharon Marini: SummerVP@ullr.org

Membership VP

Patty Fitzgerald: MembershipVP@ullr.org

Treasurer

Dick Wilkes: Treasurer@ullr.org

Secretary

Carol Bush: Secretary@ullr.org

Past President/Advisor

Bruce Warner: PastPrez@ullr.org

Program Coordinators

Alpine

Barb Kolbe: See directory

Nordic

Jim Habeck: Nordic@ullr.org

Ski Racing

Brian Johnson: Racing@ullr.org

Summer Coordinator

Pat Nelson: Summer@ullr.org

Social Coordinator

Social@ullr.org

What's Cookin'

Nancy Harman & Jeff Fischer:

WhatsCookin@ullr.org

Beverage Chairs

Gus Bjorklund, Dave Lyons, Erl Erlandson:

Beverages@ullr.org

Biking

John Stiefel: Biking@ullr.org

Singles

Joy Knudson: Singles@ullr.org

Folding Parties

Margie & Manfred Deutsch:

FoldingParty@ullr.org

General Meetings

Karen Gray: ExecVP@ullr.org

MSC Representatives

Nancy Sand: SkiVP@ullr.org

Dolly Eastman: MSCrep@ullr.org

Communication

ULLR Webmaster

(JJ) Joe Coursolle: Webmaster@ullr.org

Nullr Compiler

Margie Deutsch: Nullr@ullr.org

ULLRnet

Fran & Gary DeWell: Ullrnet@ullr.org

LETTER FROM THE PRESIDENT

By John Vogt



The grass is brown; the leaves are turning gold and red. Biking gives way to hiking and a summer's worth of What's Cookin' is behind us. Tacos and "trimmings" were served to 108 ULLRs and twelve guests and potential members on August 17. Joyce Krake, Vicki Johnson and company served up another international dinner featuring Italian cuisine for the final What's Cookin' on September 7.

Thirty-six ULLRs showed up in Lanesboro for the last major bike and golf weekend of the year on August 28-30. Mary Ellen Gabel stated it was a "smashing" success. We all hope her arm recovers quickly after a collision between her bike and a pot hole.

The first fall general meeting is October 6, 2011. Don't miss exciting stories and information from your Club officers. Following the meeting, the ULLR Foundation will present a bingo night with huge prizes. On August 31, 2011 the Star Tribune ran an article about "Cowpie Bingo" featuring a unique format involving a cow, a marked grid, no letters, and only one number (2). Foundation President, Bill Kansas, neither confirmed nor denied that any "adaptive" Bingo "techniques" would be employed.

The Singles may play cards and games in Halloween costumes Oct. 14!

It's time to start rummaging through our ski gear –"Winter Wonderland" and "Frosty the Snowman" are coming soon. Please pay particular attention to skis and gear that you no longer use. Courage Center will gladly accept donations of used ski equipment – more on that later.

MEMBERSHIP SPOTLIGHT – OCTOBER 2011

By Patty Fitzgerald

**The Membership Spotlight will not appear in online version of the Nullr for security reasons.*

DIRECTORY CHANGES

Carol DeVore

New Address & Phone Number

David & Karen Oakland

New Address

Larry Karkela

New Email

Cathy Hartle

New Email

PLEASE WELCOME THESE NEW MEMBERS:

Edwin Lanning

Dick Johnson

**ULLR Cancellation and Communication Policies
can be reviewed at www.ullr.org**

ULLR Webmaster: JJ (Joe) Coursolle
PO Box 201409, Bloomington, MN 55420

Email: webster@ullr.org

Phone: 612-750-0927

Nullr Compiler: Margie Deutsch
8940 Northwood Pkwy, New Hope, MN 55427

Email: nullr@ullr.org

Phone: 763-545-5845

ULLR SUMMER PICNICS – THIS YEAR OF 2011

By Carol Burgess

It's been quite a summer—first rainy and cold, then hot and humid and, finally, as August neared its end, some glorious summer days. We had a variety of menus—sub sandwiches, Lena's famous hot dish, brats and homemade German potato salad, sloppy Joes, pot luck, taco night, and Italian for the finale on September 7th.

Ray Hartmann, Carol Burgess, Mary Ellen Haggerty and Ali Kalish organized the taco night on August 17th. They tasted tacos at a number of places and picked those from Pancho's Mexican Grill located near our picnic spot at Brookview. Pancho's make their tortillas from scratch and then lightly grill the soft tortillas before adding the fillings—chopped chicken, pulled pork, mild, medium and hot tomato salsa, corn salsa, lettuce, cheese, and sour cream. Included in our Taco feast were Mexican rice and black beans along with dark blue tortilla chips—yummy! Marco, Pancho's manager, brought in electric heaters to keep food warm as we served—and then Marco even helped us with the serving! Behind the table workers included the

hosts, Ken Ernst, and our ULLR guest, Wendy Burton. They were really kept busy! To add to the ambience, authentic Mexican music by "Trios Mexicanos" greeted ULLRs as they approached the food line to fill their plates. The music along with speakers was provided by local musician Jack Weston, another of Carol and Ray's guests.

Rounding out the night, Bruce Warner subbed for President John Vogt and conducted the regular ULLR meeting; the Foundation sold dessert goodies; beer, wine and sodas were quaffed. Another summer of ULLR picnic successes!



Carl and Damaris F.

GREET FELLOW ULLRS AT THE FALL GENERAL MEETINGS

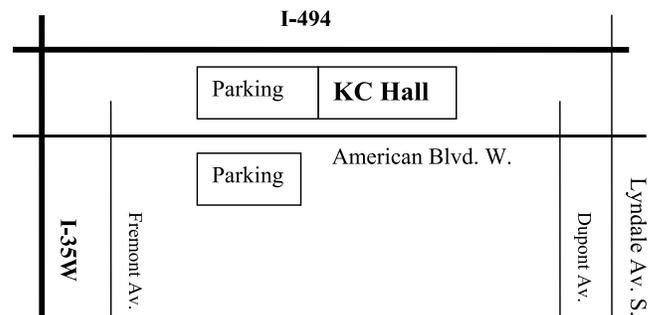
Date: Thursday, October 6

Location: Marian Knights of Columbus Hall
1114 American Blvd., Bloomington, MN

Times: 6:00 pm Socializing
7:00 pm Meeting
8:00 Super Bingo and Raffle Night

Details: The KC Hall will set aside a special area upstairs for dinners before our meetings. The dining area opens at 5:00 pm. **Please contact Lisa at 952-888-1492 to reserve space.** Let her know how many persons are attending and arrival time so they can set aside an area designated for

ULLRs. The costs of the meals and drinks are credited to the club to help defray the rental cost of the meeting room.



MSC— MIDWEST SPORTS/SKI COUNCIL AND JUMPING ON TRAMPOLINES WEARING SKIS

ULLR is proud to have been a founding member in 1963 of the Minnesota (now Midwest) Sports/Ski Council. The MSC was organized by several clubs in the area to take advantage of group rates for Western and European ski trips. Now the Council is the umbrella organization for 20 ski and social clubs in Minnesota and Wisconsin. As a member of ULLR, you receive the Midwest Sportster newsletter. (Thank you Carol Bush for the interesting and informative article about ULLR in this fall's issue!) Did you know that as an ULLR member, you can also go on another club's trip if space is available?

The MSC is currently looking at various ways to help clubs stay alive and vibrant. On Sept. 10th, several ULLR members attended a seminar on marketing and promotion. If you would like to help promote the ULLR Ski, Bike, and Social Club, talk to member, Jerry Schuester. (Remember when the ULLR club had over 1,000 members?)

So what do skiers on trampolines have to do with MSC?

October 21- 23, Friday-Sunday, the Minnesota Ski/Snowboard Expo will be at the Mall of America. MSC is asking for volunteers from area ski clubs to hand out information. Please call Nancy Sand (952-564-6022) if you can help for three hours one (or more) of those three days. The Expo will feature many ski areas which will offer preseason specials. There will be Giveaways every half hour in the Best Buy Rotunda—be sure to stop by for your chance to win lift tickets, trips, and ski & snowboard gear. See the latest in ski clothing and equipment. Watch films of skiing and snowboard highlights. And watch a high-flying trampoline show featuring show-stopping maneuvers featuring snow skis and snowboards. This is entertainment you and your grandkids will enjoy!

LANESBORO BIKE AND GOLF TRIP

By Patty Fitzgerald

36 enthusiastic ULLRs took part in the Lanesboro bike and golf trip. We arrived on Sunday and about ½ of us biked and the other ½ went to see “To Kill a Mockingbird” at the Commonwealth Theatre. We then enjoyed fun and fellowship at our 3 hour “happy hour” with lots of good food and libations. We awoke on Monday to clouds and cool weather, but it quickly became a glorious day to be on our bikes or to golf. First we bulked up for the day with eggs, fruit and other goodies and then it was off for a day of fun and adventure.

There were several successful bike outings, including one unnamed female that won an Olympic medal and I believe she was quoted as saying “eat my dust.” We had one minor incident on the trail that day when Mary Ellen G. hit a hole on the trail and went down and hurt her shoulder. Fortunately she was not injured too severely and she made it back for a great group dinner at the Old Village Hall in town. Tuesday morning was cloudy and misty so we ate breakfast and most of us packed up and drove home. It was a great trip filled with food, fun and frolic.

Co-chaired by Patty Fitzgerald, John Stiefel and Cathy Hartel.

RECALLING PAST EVENTS

Thank you to the ULLRs who organized and/or hosted an event last month. Their efforts helped to keep this Club strong and vibrant. What event would YOU like to host? Contact a chairperson with your ideas. See the ULLR website for more on these events.

September 1
Thursday Ride
Susan Casey

September 7
Golf
Jim Habeck

September 7
Picnic
Joyce Krake & Vicki Johnson

September 8
Thursday Ride
Karen Clarke

September 9
Singles Cards
Larry Johnson

September 15
Thursday Ride
Jerry Swanberg
[on his birthday!]

September 16
Folding Party
Jim Habeck

September 20
3rd Tuesday Bridge
Karen Oakland

September 24
Cannon Valley Trail
Cheryl & Woody Rogers

September 27
Singles Fine Dining
Ellise Lamb

September 30
Hike at Nerstrand
Nancy Sand

WHY DO WE BIKE?

By Margie Deutsch

We are called the ULLR Ski, Bike, and Social Club. Now that October is here, many folks will be putting their bikes away in storage and getting their ski equipment ready. Have you ever thought about why we bike?

In the Star Tribune August 22, 2011 there was an article titled “Riding in Tandem with God” by Christy DeSmith. She told about the blessing of the bikes event at the Basilica this summer. The worship leader asked for the patron saint of cyclists, Our Lady of Ghisallo, to give the riders “safe and pleasant travels.” In the Roman Catholic Church, a local priest managed to persuade Pope Pius XII in 1949 to admit this saint as the patroness of cyclists. [See <http://www.cyclingnews.com/features/la-madonna-del-ghisallo-the-patron-saint-of-cycling>] [Sorry, the old Norse god, Ullr, wasn’t mentioned at the blessing. We know Ullr is the ski-god as his skis are reminiscent of the shield he is most often pictured with. This is how Ullr protects the skiers! But I digress.] The article went on to talk about reasons why bikers feel a special relationship with God. People who cycle feel they are being good ecological stewards of the earth by reducing their footprint. Others feel that cycling promotes human dignity and independence. Riders from Wooddale Church say the emphasis is on “nurturing personal relationships – with God and fellow riders.”

The article got me to wondering, why do ULLRs ride their bikes? So I took an e-mail survey of 46 ULLRs who I know go biking now and then. I asked them to give me two reasons why they bike. I received 22 replies. You may be surprised at their answers. (Remember, everyone had two answers.)

Of course, 14 folks said it was good exercise. Ten said they enjoyed the company of friends. Other answers were: feeling free and/or young; keeping in shape/ keeping arthritis at bay; to see the neighborhoods better; to compare self to others with a more challenging exercise; adventure; low/no cost transportation; it’s nice to be outside; it’s an adventure! Bill Lyon added “Falling over a retaining wall is way down on my list.” And Tom Roberts summed it up this way, “**Remember we are an eating club with a biking disorder.**”



Patty and Cathy on the way to Lanesboro

Upcoming ULLR Events *(see detailed flyers on the website at www.ULLR.org)*

Everybody Loves Opal at the Old Log Theatre

Enjoy this classic comedy about the infectiously cheerful Opal Kronkie and a trio of down and out con artists. Opal, a middle aged recluse, lives in a tumble-down mansion at the edge of the municipal dump. The crooks decide that what Opal needs is plenty of insurance, a rapid demise, and three beneficiaries (themselves). See the havoc unfold as every plan backfires.

Date: Wednesday, October 19 at 11:30am for optional lunch at Maynard's in Excelsior or 1:10pm at Old Log Theatre

Location: Old Log Theatre
5185 Meadville Street, Greenwood, MN

Cost: \$18.50. [Make checks to Sally Chevalier].
Mail to 4108 Kerry Ct. Minnetonka 55345

Deadline: To purchase tickets is October 1

ULLR Cancellation Policy Applies

Upcoming Singles Events

(see detailed flyers on the website at www.ULLR.org)

ULLR Singles' Events are open to all single ULLRs. Be sure to check the website Singles@ullr.org or call coordinator, Joy Knudson, 952-240-8418, for additions or changes. [Please accept Joy's request to become the new coordinator!]

Card or Game Night Hosted by Margie Seklund

Date: Friday, October 14 at 7:00 pm

Location: 2715 River Hills Drive S.
Burnsville, MN 55337

Phone: 952-808-8141

Details: Bring a dish to share, and your own beverage. Bring games you'd like to play. Halloween Costumes Are Optional. *(There may even be a prize for the best costume.)*

Singles' Fine Dining

We meet at 6:00pm and order by 6:30pm

Date: Tuesday, Nov 22

Location: Rudolph's (barbeque)
1933 Lyndale Avenue S.
Minneapolis, MN 55403

RSVP: Please RSVP to Ellise Lamb by November 20 at 952-442-9332 or ellise.lamb@mchsi.com

GET READY TO SKI AND SNOWBOARD Join ULLRs for Dinner and a Movie Saturday, October 29

Join your ULLR winter enthusiast friends in Minneapolis Saturday, October 29, for dinner and see Warren Miller Entertainment's new film "*Like There's No Tomorrow.*"

Meet at 6:00 p.m. for dinner at the Rock Bottom Brewery, 800 Lasalle Plaza. See "*Like There's No Tomorrow*" at 8:00 p.m. at the State Theatre, 805 Hennepin Avenue

ACT SOON TO PURCHASE YOUR OWN MOVIE

TICKETS IN ADVANCE. \$21.00 in person at the State Theatre (no extra fees). \$21.00 (plus extra fees) from Ticketmaster online, by phone, or by fax. For more information: <http://www.hennepintheatretrust.org/events/warren-millers-theres-no-tomorrow>

The common themes of "*Like There's No Tomorrow*" are snow, steeps, and the skiers and snowboarders who throw themselves into both with an abandon that will amaze and inspire us all. Well-known skiers drop into the runs we see in our dreams as we wait for the seasons to change.

Hosted by Jonny Moseley and shot on location in Colorado, Utah, California, New Zealand, Chile, Alaska and British Columbia, "*Like There's No Tomorrow*" is your annual reminder that winter is on its way and, with it, months of an adrenaline-fueled dance with gravity.

RSVP to Nancy Sand by October 20 and let her know (1) you are coming to the Rock Bottom Brewery for dinner and (2) you have purchased your tickets for the movie. (H) 952-564-6022 or (C) 701-226-6300.



For more information on any of our events please visit www.ullr.org

ULLR Social and Cultural Calendar – Autumn 2011

September 27 – Tuesday

Singles “Fine Dining” at Biella

Contact: Ellise Lamb
Phone: 952-442-9332

October 4 – Tuesday (NOTE CHANGE OF DATE!)

Hyland Lake Park Reserve Ride

Contact: Barb Carpenter
Phone: 952-881-6838

October 6 – Thursday

ULLR general meeting

Contact: Karen Gray
Phone: 952-895-8960

October 18 – Tuesday

3rd Tuesday Bridge

Contact: Karen Gray
Phone: 952-895-8960

October 19 – Wednesday

Old Log Theater

Contact: Sally Chevalier
Phone: 952-935-7000

October 21 – Friday

Folding Party

Contact: Marty & Dick
Wilkes
Phone: 763-479-2834

October 29 – Saturday

Dinner and Movie

Contact: Nancy Sand
Phone: 952-564-6022

November 10 – Thursday

ULLR General Meeting

Contact: Karen Gray
Phone: 952-895-8960

November 18 – Friday

Folding Party

Contact: Carol Burgess
Phone: 763-404-1010

Contact: Ray Hartmann
Phone: 612-644-1150

November 22 – Tuesday

Singles “Fine Dining” at Rudolphs

Contact: Ellise Lamb
Phone: 952-442-9332

December 2 – Friday

Holiday Ball

Contact: Karen Gray
Phone: 952-895-8960



*Attentive ULLRs hear
about upcoming events.*

December 6 – Tuesday

Help Toys for Tots

Dinner

Contact: Nancy Sand

December 20 – Tuesday

3rd Tuesday Bridge

Contact: Joyce Krake
Phone: 952-472-8361

SKI COLORADO: Aspen–Snowmass Aspen Hills–Buttermilk February 4-11, 2012

Barb Carpenter is currently
taking names for
a waiting list.

For details see
[http://ullr.org/
Flyers/2012/120204-
SnowmassTrip-TIF.pdf](http://ullr.org/Flyers/2012/120204-SnowmassTrip-TIF.pdf)
or go to www.ullr.org



FOUNDATION CORNER

By Bill Kansas, President, ULLR “Ski for Light” Foundation

We’re just coming down from a high from our successful Benefit Golf Tournament.

Our thanks to all the ULLRs and their friends who helped to make this such a great success so more young people can have an enjoyable winter experience.

Also, it is the end of our summer picnics so you will all have to wait until next year to taste those wonderful bars. Thank you to all who made a donation to have a taste.

Another thank you to all those who bought golf cards. That’s another win-win.

We are now preparing to entertain you with a Super Bingo & Raffle Night at the first indoor meeting on October 6. It is always a lot of fun and there are great prizes for bingo and more super raffle items to be won.

We will also have Happenings Books on sale for \$30 for those who want them.

We look forward to seeing you at the Great Bingo Extravaganza on October 6.

Visit our website at
www.ullr.org
for updated details

Activity Calendar

2011-2012 ULLR Fall and Winter Events (tentative)

2011 EVENTS

September 30 – Friday

Hike

Location: Nerstrand
State Park

Contact: Nancy Sand

October 7 – Friday

Hike

Location: MN Landscape
Arboretum

Contact: Jim Habeck

October 20 – Thursday

Hike

Location: Rice Creek
Contact: Jerry & Jan
Swanberg

October 21-23 – Fri-Sunday

Ski Expo

Location: Mall of America

November 3 – Thursday

Hike

Location: Fort Snelling
State Park

Contact: Carolyn Buswell
& John Egan

November 6 – Sunday

Pine Tar Party

Contact: Mary Ellen Gabel

December 3 – Saturday

Cross Country / Snowshoe

Location: Elm Creek

Contact: Bill Lyon

December 4 – Sunday

Snowmass Pre-Trip Party

Contact: Barb Carpenter &
Joe Fischenich

December 9-11 – Fri-Sunday

Alpine / Cross Country / Snowshoe
MSC Winter Carnival at Indianhead

Contact: Jerry Schuster

December 15 – Thursday

Alpine – Thursdays at Welch

*Begin December 15 every Thursday until
Welch Closes in March*

December 17 – Saturday

Cross Country / Snowshoe

Location: French Park

Contact: George Halder

December 22 – Thursday

Alpine – Thursdays at Welch

December 29 – Thursday

Alpine – Thursdays at Welch

2012 EVENTS

January 1 – Sunday

Alpine

Location: Afton Alps

Contact: Pam Anderson

January 5 – Thursday

Alpine – Thursdays at Welch

*Every Thursday until Welch Closes
in March*

January 12 – Thursday

Alpine – Thursdays at Welch

January 14 – Saturday

Cross Country / Snowshoe

Location: Lake Rebecca

Contact: Pam Anderson

January 17 – Tuesday

Alpine / Cross Country / Snowshoe

Location: Afton Alps

Contact: Jerry Swanberg

January 19 – Thursday

Alpine – Thursdays at Welch

January 22-24 – Sun-Tuesday

Alpine / Cross Country / Snowshoe

Location: Granite Peak

Contact: John Stiefel &
Patty Fitzgerald

January 26 – Thursday

Alpine – Thursdays at Welch

Visit our website at
www.ullr.org
for updated details

ULLR “TOYS FOR TOTS” EVENTS



Once again, ULLR members will brighten the holidays for children by participating in the “Toys for Tots” program. All ULLRs attending the December 2nd Holiday Ball are asked to bring a toy or cash donation to the Ball.

ULLR members not attending the Holiday Ball should bring toys or cash donations to our November 10 ULLR General Meeting. Toys should be new and unwrapped. Checks should be made out to: Toys for Tots Foundation. If you prefer, you may send your donation to: Nancy Sand, 15001 Burnhaven Drive #108, Burnsville, MN 55306.

ULLRs may help at the “Toys For Tots” Warehouse, 2360 Pilot Knob Road in Mendota Heights, on Tuesday, December 6, 2011 from 1:00 p.m. to 4:30 p.m. Arrive at the Warehouse by 12:45 p.m. Meet for dinner afterwards at Axel’s River Grille, 1318 Sibley Memorial Highway in Mendota Heights.

RSVP the Warehouse/Dinner Event by December 1 to Nancy Sand at (H) 952-564-6022 or (C) 701-226-6300.

ULLR Ski, Bike & Social Club

PO Box 201409

Bloomington, MN 55420-1409

Place
Stamp
Here

Address Label

Visit our website at
www.ullr.org for meeting,
event and trip news,
photos and recipes.

FOLD LINE ↓

<p>Future Folding Parties:</p> <ul style="list-style-type: none"> • November 18: Carol Burgess & Ray Hartmann • December: No folding party • January 20, 2012: Mary Ellen Gabel • February 17, 2012: Host needed • March 16, 2012: Margo Dinneen & Jon Zoller 	<p>Folding Parties are fun to host and attend and are a great way for members to get acquainted. Parties begin at 6:30pm. A main dish is provided. Please bring a snack, salad or dessert to share and a \$1.00 donation for beverages. <i>If you are interested in hosting a Folding Party, please call the Folding Party Chairs: Margie or Manfred Deutsch at 763-545-5845.</i> (An allowance is provided to help defray costs.)</p>
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**The next Folding Party is
October 21, 2011
hosted by Marty & Dick Wilkes**
3055 Lake Shore Avenue
Maple Plain, MN 55359
Please RSVP to: 763-479-2834

Directions from Minneapolis:

Go west on 394 which becomes Highway 12. Drive 9.9 miles west of 394/494 interchange staying in the left hand lane to bypass Long Lake. Continue to first stoplight. (Holiday gas station on right)

Turn right (north) on Cty 29/Baker Park Road. [Cty. 29 becomes Cty. 19] and drive 2.3 miles.

Turn left (west) onto Lake Shore Avenue [the north shore road of Lake Independence]. At the second stop sign, angle left. Sixth house on the left hand side is 3055.

