



Founding Member of the
Midwest Sport/Ski Council Inc

ULLR SKI, BIKE &
SOCIAL CLUB

June-
July
2011

HAVE YOU VISITED US ON THE WEB LATELY? WWW.ULLR.ORG

Foundation Donation to ProAct

Nancy Keyes

On April 12, a gorgeous, sunny Minnesota day, several ULLR Foundation members drove to Red Wing on a special mission. The photo at right was taken in the **ProAct ULLR Exercise Room** as additional funding was presented to staff. More people will now be able to participate in exercise programs because your generous donations through the ULLR Foundation helped purchase additional equipment. Staff and clients are very appreciative; just ask any of us who were there.

Also to note: ProAct clients create wonderful pendant jewelry from used bowling balls.

The balls are crushed and pieces polished. The pendants sell for \$5.00 with a \$2.00 ribbon strand to hang them on. They are actually quite beautiful and as you can see, we shopped a bit while we were there.

On the drive home Foundation members stopped for lunch at the famous King's Inn in Miesville and toasted to a heartwarming and successful meeting time!

Foundation activities are open to all ULLR Ski, Bike & Social Club members and we welcome new participants.

L—R: staff member, Sally C—Jan C—Lorri C



2 Staff—Nancy K—Lorri C—Jan C—Sally C



The Foundation Corner

Bill Kansas, Foundation President

As you know, the ULLR Foundation has had the good fortune to have Joan Roe at the helm for the last three years. Last month's Foundation Corner column recounted the many accomplishments of those years. Joan, and members, thank you for all you've done — all the hours you've given.

I am fortunate that the Foundation by-laws call for the past president to remain as advisor to the new board and appreciate that Joan will do her best to keep me from "sinking the ship". I will try to carry on the legacy that Joan and Board members have created and am happy to be working with a very capable and caring board — all of whom take our Foundation mission to heart.

Thanks to all the generous ULLRs who participated in our Raffle Night at the April General Meeting. Over \$500 was raised to support our mission. Isn't that great??

April 12, Jan Cady, Lorri Christenson, Sally Chevalier and Nancy Keyes drove to ProAct in Red Wing, MN, to present a check for \$2373.04 to further furnish their exercise room. Following our 2010 donation, the room has been renamed "**The ULLR Exercise Room**", and clients have fun saying the name.

The ULLR Foundation has great opportunities and events planned for the coming year, including:

- "What's Cookin'" June 22: a return of Ole and Lena at the dinner and Pam Anderson as Head Chef
- PGA Discount cards — See Gus Bjorklund
- Happenings Discount Books — See Jan Cady
- Golf Tournament/Dinner Fundraiser, August 23. Proceeds go to the Buck Hill Disabled Ski and Snowboard Program. (see ad in this Nullr or contact Gus Bjorklund)
- Future Bingo and Raffle Nights (dates to be determined)

The Foundation thanks all ULLRs for your generosity and your continued support of worthwhile programs.

2011-2012 Important Contacts

Officers of the Club

President

John Vogt: UllrPrez@ullr.org

Executive VP

Karen Gray: ExecVP@ullr.org

Ski Programs VP

Nancy Sand: SkiVP@ullr.org

Summer Programs VP

Sharon Marini: SummerVP@ullr.org

Membership VP

Patty Fitzgerald: MembershipVP@ullr.org

Treasurer

Dick Wilkes: Treasurer@ullr.org

Secretary

Carol Bush: Secretary@ullr.org

Past President/Advisor

Bruce Warner: PastPrez@ullr.org

Program Coordinators

Alpine

Barb Kolbe: See directory

Nordic

Pam Anderson: Nordic@ullr.org

Ski Racing

Brian Johnson: Racing@ullr.org

Summer Coordinator

Pat Nelson: Summer@ullr.org

Social Coordinator

Social@ullr.org

What's Cookin'

Nancy Harman, Jeff Fischer

WhatsCookin@ullr.org

Beverage Chairs

Gus Bjorklund, Dave Lyons, Erl Erlandson

Beverages@ullr.org

Biking

John Stiefel: Biking@ullr.org

Singles

Joy Knudson: Singles@ullr.org

Folding Parties

Margie & Manfred Deutsch:

FoldingParty@ullr.org

General Meetings

Karen Gray: ExecVP@ullr.org

ULLR Foundation President

Bill Kansas: FoundationPrez@ullr.org

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Nancy Sand: SkiVP@ullr.org

Dolly Eastman: MSCrep@ullr.org

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Nullr Editor

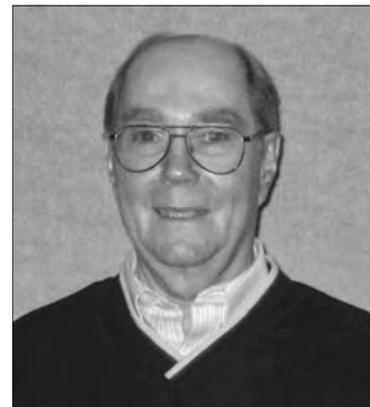
Karen Oakland: Nullr@ullr.org

ULLRnet

Fran & Gary DeWell: ULLRnet@ullr.org

FROM THE PRESIDENT

Years ago a common question was: "Now that you're retired, what are you going to do with all that spare time?" If you get caught looking like you might have some of that "spare time", be careful or you might get elected president of some organization!



Greetings from your 2011

ULLR President. It is indeed a pleasure and a privilege. As I try to get somewhat of a grasp of what's going on around me, the experienced ULLR Board of Directors is moving right along planning, meeting, and scheduling activities to help all of us fill that "spare time" void. As their leader, I must hurry to catch up with them. I was greatly impressed with the Bike Planning Party hosted by Patty Fitzgerald and John Stiefel. A houseful of volunteers vied to run weekday and single weekend bike rides, virtually filling the entire summer and fall biking schedule. As I am writing this on May 2, I am forecasting that the May 6 "Spring Bling" will be a great success and that everyone will have a wonderful time!!

On a personal note, I completed my 19th, and perhaps final, Ironman Bike Ride on May 1 under arduous conditions. My plan was to "ride my age" and, by adding a few extra miles, I was able to reach my goal.

So, "how old is John?" you might ask.....

Multiple choice: a) 46 - b) 75 - c) 104 ???
(answer at the first "What's Cookin'")

John Vogt, President

Recalling Past Events

Thank you to ULLRs who hosted an event last month. The Club could not function without creative ideas and members willing to carry out those ideas. A short summary of the event and additional color photos, can be found on the ULLR Ski, Bike and Social Club website.

May 6 / Fri	ULLR Spring Banquet	Colleen Barden, Karen Gray, Diane Erlandson, Vicki Johnson,
May 14 / Sat	Biking Kick-Off Ride	John Stiefel, Patty Fitzgerald
May 17 / Tues	3rd Tues Bridge	Vicki Johnson
May 20 / Fri	Nullr Folding Party	Ken & Sharon Marini
May 21 / Sat	Luce Line Ride	Cheryl & Woody Rogers
May 23 / Mon	Dakota Trail Ride	Mary Ellen Goriesky
May 24 / Tues	Singles Fine Dining Luci Ancora	Ellise Lamb

What's Cookin' at Brookview Park

The summer picnic for ULLRs A Meet-Greet-Eat Extravaganza

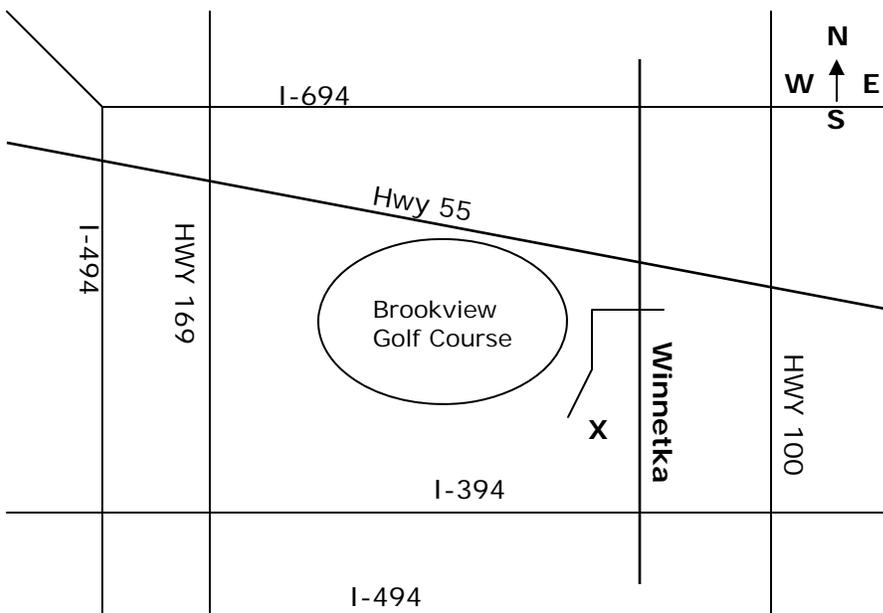
First Picnic: Wed, June 1

6:00 pm - 10:00 pm

Food served at 6:30 PM

Directions:

- From Hwy 55/Olson Memorial Hwy, either East or West, turn South on Winnetka Ave.
- After one block, turn Right/West on Brookview Pkwy.
- Follow Brookview to the second parking area and second shelter. ULLR signs will be posted.



Everybody loves What's Cookin' because it's full of food, fun and friends. The **cost is \$1 less** than last year: \$5 for dinner with 2 beverages, \$3 for 2 beverages - no meal (both include facility rental fee), (\$1 per additional beverage and \$1 facility rental fee if no meal or drinks.)

If you are vegetarian, contact the chair well ahead of the event to request a meatless offering!

See you there! Pat Nelson, Summer Coordinator

What's Cookin' Dates & Details

Date	Hosts	Contact	Menu
Wed / June 1, 2011	ULLR Board of Directors	Sharon Marini	Burgers & "all the fixing's"
Wed / June 22, 2011	ULLR Foundation Board	Bill Kansas	"Ole & Lena" Part 2 MN Hot Dish
Wed / July 6, 2011	Deutsch & Helpers	Margie Deutsch	German Brat Dinner
Wed / July 20, 2011	West's, Roberts', Higgins'	Gail West	Simple Sloppy Joes
Wed / Aug 3, 2011	ULLR Singles	Mary Ellen Goriesky Ellise Lamb	Pot Luck
Wed / Aug 17, 2011	Carol Burgess Mary Ellen Haggerty	Carol Burgess	TBD
Wed / Sept 7, 2011	Joyce Krake	Joyce Krake	TBD

"What's Cookin' Golf"

When: 12:30 PM, Wednesday, before each What's Cookin' Picnic.

Where: Meet at Hollydale Golf Course in Plymouth.

It's walk on golf during the week; just show up; we will form groups.

After our rounds, drive back to What's Cookin', only 10 minutes east on Hwy 55.

Coordinator: James Habeck PH: 763-559-5593

ULLR Cancellation and Communication Policies can be reviewed at: www.ULLR.org

Nullr Editor: Karen Oakland

PO Box 201409, Bloomington, MN 55420

E-mail: nullr@ullr.org **Telephone:** 952-949-2262

ULLR Webmaster: JJ (Joe) Coursolle

PO Box 201409, Bloomington, MN 55420

E-mail: webster@ullr.org **Telephone:** 612-750-0927

Upcoming ULLR Events (see detailed flyers on the website at www.ullr.org)

Bike the Paul Bunyan Trail

from the **Good Ol' Days Family Resort at Nisswa, MN**

Dates: Wednesday - Friday, June 8-10, 2011

Cost: \$142, due at sign up (***note: trip is currently full, but you may put your name on a wait list***)

Includes: Wed. eve welcome party drinks & hors d'oeuvres, Thurs. night cookout - dinner and drinks, Wed. and Thurs. nights lodging, Thurs. and Fri. continental breakfasts.

Options: Bike-Golf-Shop-Socialize-Fish-Swim-Eat- Sit around the fire pit- Play in the sand!
Resort is next to trail, just outside Nisswa; **see www.goodolddaysresort.com**

Chairs: Marty Wilkes, 763-479-2834 and Charlotte Navratil, 320-327-2396

Checks: Payable to **ULLR CLUB**, mail to Sharon Marini, 8201 York Ave S, Bloomington, MN 55431

ULLR Cancellation Policy Applies

Celebrate Independence Day (early)

Pot Luck Social & Bike Ride*

Date: July 2 – Saturday

Cost: \$2.00 Donation Requested

Details: 10:00 am: Bikers arrive - 10:30 am: Ride departs - Bike 19-24 Scenic Rural Countryside miles
1:00 pm: Afternoon Social & Pot Luck - Grilled hamburgers will be provided

Please bring a dish to share, your beverage and a lawn chair

Chairs: Charlotte Navratil and Alan Moore, 11708 200th St., Silver Lake, MN

PH: 320-327-2396 or Cell 612-581-7669, Email: moorea0728@embarqmail.co

Directions on flyer and on website

RSVP is not required, but would be helpful *Bike helmets required

Minnesota Orchestra Sommerfest

Date: Friday, July 22nd at 8:00 PM

Cost: \$34.00 (covers only performance tickets for center front seats)

Times: 6:00 PM - Gather on Plaza for food-beverages from Plaza vendors

8:00 PM - Performance: **The Magnificent Mozart**

9:40 PM - Desert or libation at Brits (across Nicollet Mall from Orchestra Hall)

Chairs: Carol Burgess - 763-404-1010, and Ray Hartmann - 612-644-1150

Mail checks: (payable to Carol Burgess) to Carol at 16705 12th Avenue North, Plymouth, MN 55447
checks **due by June 15**

Get your ticket now---only 26 seats are reserved!

No cancellations—You may substitute another person for ticket but must let hosts know.

Winter Events Planning Party

Date: Wednesday, July 27

Cost: Salad or dessert to share (brats & beverage provided)

Time: 4:00 PM - 7:00 PM

RSVP: by July 15 to Nancy Sand 952-564-6022 or nsand@avvidonline.net

Come one — Come all — Bring your ideas for a Fall 2011 or Winter 2012 Activity

2011 ULLR Foundation Fundraiser GOLF TOURNAMENT & DINNER

Date: Tuesday, August 23

Time: 12:30 Shotgun Start

Where: River Oak Golf Course (Cottage Grove on Highway 61)

Format: Scramble with 3 flights: all male, all female or mixed; form your own teams
(a handicap system will be used for equity)

Golfer Cost: \$85.00 Includes Green Fees, use of Driving Range, Riding Cart,
Post-game dinner in Banquet Room, Tax & tip, Prize Money.

Non-Golfer Time & Cost: \$25.00 includes 5:30 pm Socializing and Silent Auction; 6:30 Dinner

Golf Chairpersons: Gus Bjorklund - 651-698-4636, and Carol Schwebach - 763-551-7915

Dinner Chairperson: Bill Kansas - 651-227-0286

Checks: (payable to ULLR Foundation) to Joe Schwebel, 15 Orme Lane St Paul, MN 55116

Upcoming ULLR Events (continued)

Lanesboro Bike & Golf

Bike the Root River Trail or Golf at 3 area courses

Dates: Sun-Tues, August 28-30th

Cost: \$118, due at sign up. Sign up by June 30th (\$90 for single supplement)

Includes: 2 Nights lodging at Green Gables Inn, (2 to a room); Sunday & Monday Night social hour with appetizers and beverages; Monday coffee, juice, breakfast casserole, fruit & muffins

Options: Monday night dinner at the Old Village Hall;
Sunday matinee play at Commonweal Theatre ("*To Kill a Mockingbird*")

Chairs: Patty Fitzgerald & John Stiefel - 952.470-5411, Cathy Hartle - 320-632-9199

Mail checks: payable to **ULLR Club**, to Patty at 19595 Near Mountain Blvd, Shorewood, MN 55331

ULLR Membership and Cancellation Policies apply

Ski Colorado: Aspen—Snowmass—Aspen Highlands—Buttermilk

Dates: Saturday, February 4 - Saturday, February 11, 2012 (available for 36 ULLRs)

Cost: \$1065 (subject to fuel surcharges), \$370 due at signup, \$370 by 10/1/11; balance due 12/1/11

Includes: Airfare to Denver, coach bus to Snowmass; 8 days/7 nights at 5-Star ski-in/ski-out *Top of the Village* Condos (3 BR/3 Ba) in Snowmass Village; luggage handling at condos, pre trip party, welcome party, free express shuttles to the other three ski areas.

Options: Discount lift tickets - interchangeable between Snowmass, Aspen, Aspen Highlands and Buttermilk), meeting places for lunch, après ski, group dinner.

Chairs: Barb Carpenter & Joe Fischenich, Ph: 952-881-6838 or email: barb.carp@yahoo.com or jfischenich@yahoo.com

Checks: Make out to ULLR Ski Club; Mail to Barb Carpenter, 11256 Xavier Ct, Bloomington, MN 55437

ULLR Membership and Cancellation Policies apply

ULLR Singles' Highlights by Joy Knudson, 952-240-8418 or Singles@ullr.org

Singles Events are open to all ULLR singles. Sometimes get-togethers may be organized after the deadline for Nullr publication, or locations may change, so be sure to check www.ullr.org or with Joy.

June 10 / Fri, 7:00 PM: Card or Game Night hosted by Jim Maiser, 44 W 1st St, Waconia, MN
PH: 952-442-7082

July 9 / Fri, 7:00 PM: Card or Game Night hosted by Jim Habeck, 12030 54th Ave N, Plymouth, MN
PH: 763-559-5593

Bring games, a dish to share and your own beverage to Card-Game Night.

June 21 & July 19 / Tues, 6:00 PM: Dinner & "2-Buck" Movie Night in Hopkins:

Meet at the Big 10 Restaurant for dinner, then attend movie at the Mann Hopkins Cinema Six Theater. (first arrival please save tables)

Singles' "FINE DINING" (We meet at 6:00 pm and order by 6:30 pm)

This is the 7th year ULLR Singles will dine at TCO Restaurants. When we dine on Tuesday evenings, we receive double points. When 150 points are reached, your card will be credited for \$10.00.

Please RSVP for Fine Dining to Ellise Lamb by the Sunday preceding the event.

Ellise Lamb at 952-442-9332 or ellise.lamb@mchsi.com

Tues, July 26, 2011: Wooley's Steakhouse - 7901 34th Ave S, Bloomington, MN PH: 952-854-1010

Extra: 3 summer *non-TCO* Wed "Lunch On The Patio" dates (Meet at 11:00 am - order by 11:30 am)

June 15: Maynard's Restaurant in Excelsior, 685 Excelsior Blvd, Excelsior, MN PH: 952-470-1800

July 12: Lord Fletcher's on Lake Minnetonka, 3746 Sunset Dr, Spring Park, MN PH: 952-471-8513

August 9: Cheesecake Factory, 2715 Southdale Center, Edina, MN PH: 952-653-3333

Joy Knudson, Singles Coordinator, is seeking someone to take over her position.

She even has events and hosts in place for the next several months to give the new volunteer an easy start. Please call Joy (952-240-8418), or another ULLR Board member, to volunteer.

2011 Biking Schedule

Helmets are required on all ULLR rides!

Bicycling Program Coordinator: John Stiefel PH: h-952-470-5411 c-612-743-4565

Please check flyers on the ULLR Ski, Bike & Social Club website at <http://www.ullr.org> for ride details.

Thursday Morning RIDES, organized by Susan Casey

Begin May 19th, weather permitting, and run thru September 15th. **(no ride Thurs, June 9)**

9:15 AM: Meet at Lynnhurst Park on 50th Street W. and Minnehaha Parkway, rides start at 9:30 AM

Date	Event	Contact(s)	Phone
JUNE			
June 4 – Sat	Swede Hollow	Sandra Shearer	651-774-3549
June 8-10 Wed-Fri	Bike the Paul Bunyan Trail	Marty Wilkes & Charlotte Navratil	763-479-2834 320-327-2396
June 18 - Sat	Watertown to Winsted	Sally Chevalier	952-935-7000
June 25 – Sat	Douglas Trail	Karen Hemmingson	651-457-3889
June 26 - Sun	Chocolate Lovers Ride	Sherrie Mitchell & Karen Holmquist	952-431-1903
June 27 - Mon	Dakota trail for casual riders	Mary Ellen Goriesky	952-942-0178
JULY			
July 2 – Sat	Silver Lake Ride	Alan Moore & Charlotte Navratil	320-327-2396
July 9 – Sat	Rice Creek to Centerville	Jerry & Janice Swanberg	651-633-7178
July 13 – Wed	Cannon Valley for casual riders	Mary Ellen Goriesky	952-942-0178
July 16 - Sat	Fish Lake to Elm Creek Park	Bill Lyon	612-722-8352
July 23 - Sat	Maple Grove Ride	Hal & Gail West	763-427-6254
July 25 - Mon	Dakota Trail for casual riders	Mary Ellen Goriesky	952-942-0178
July 30 - Sat	Dakota Trail to St Boni ride	Cheryl & Woody Rogers	952-469-1647
July 31 - Sun	Fridley Frolic	Janet & Ken Farber	763-574-1947
AUGUST			
Aug 6 - Sat	Gateway Trail	Sandra Shearer	651-774-3549
Aug 13 - Sat	Lake Independence	Marty & Dick Wilkes	763-479-2834
Aug 20 - Sat	South LRT to Chaska	Cheryl & Woody Rogers	952-469-1647
Aug 21 - Sun	Mississippi Stone Arch Bridge	Jerry & Janice Swanberg	651-633-7178
Aug 22 - Mon	TBD for casual riders	Mary Ellen Goriesky	952-942-0178
Aug 24 - Wed	Grey Cloud Island	Janet & Ken Farber	763-574-1947
Aug 28-30 Sun-Tue	Lanesboro	John Stiefel & Patty Fitzgerald	952-470-5411
SEPTEMBER			
Sept 15 - Thurs	Last Thursday ride	Susan Casey	952-835-1651
Sept 24 - Sat	South Ride	Cheryl & Woody Rogers	952-469-1647
OCTOBER			
Oct 5 - Wed	Hyland Lake Park Reserve	Barb Carpenter	952-881-6838

DIRECTORY CHANGES June—July 2011

Patty Fitzgerald, Membership VP

The Membership Spotlight will not appear in the online version of the Nullr for security reasons.

Because of personal information security issues, the ULLR Membership Directory changes that appeared in the paper copy of the Nullr have been removed for this online version.

The names have been retained to alert you that a change was made. Membership Directory changes will be emailed to the Ullr-Info email distribution list once a month. When you receive these directory update emails, please print them and keep them with your paper copy of the yellow May 2011 Membership Directory.

Name	Address	City	State	Zip	Telephone	Email
Mary Elsholtz	New Summer Address				New Summer Phone	New Email
Bill Elscholtz						New Email
Late Directory Additions or Renewals						
Jim Rupert	New Address				New Phone	New Email

Comprehensive Calendar
ULLR Social and Cultural Events
 Spring—Summer 2011

Date	Event	Contact	Phone
June 1 / Wed	What's Cookin'	ULLR Board Sharon Marini	952-895-8960
June 8 - 10 Wed - Fri	Good Ol' Days Family Resort, Nisswa, MN	Marty Wilkes	763-479-2834
June 15 / Wed	Singles "Lunch on the Patio" at Maynards	Ellise Lamb	952-442-9332
June 21 / Tues	3rd Tuesday Bridge	Karen Gray	952-895-8960
June 22 / Wed	What's Cookin	Foundation Board Bill Kansas	651-227-0286
July 3 / Sun	Independence Day Celebration	Alan Moore Charlotte Navratil	Home: 320-327-2396 Cell: 612-581-7669
July 6 / Wed	What's Cookin'	Deutsch & Helpers	763-545-5845
July 19 / Tues	3rd Tuesday Bridge	Karen Gray	952-895-8960
July 12 / Tues	Singles "Lunch on the Patio" at Lord Fletchers	Ellise Lamb	952-442-9332
July 20 / Wed	What's Cookin'	Florida Group: Higgins, West, Roberts	Gail West: 763-427-6254
July 22 / Fri	MN Orchestra Sommerfest	Carol Burgess Ray Hartmann	763-404-1010 612-644-1150
July 27 / Wed	Winter Events Planning	Nancy Sand	952-564-6022
August 3 / Wed	What's Cookin'	Ellise Lamb Mary Ellen Goriesky	952-442-9332 952-942-0178
August 9 / Tues	Singles "Lunch on the Patio" at Cheesecake Factory	Ellise Lamb	952-442-9332
August 16 / Tues	3rd Tuesday Bridge	Karen Gray	952-895-8960
August 17 / Wed	What's Cookin"	Carol Burgess Mary Ellen Haggerty	763-404-1010 763-559-7244
August 23 / Tues	ULLR Foundation Golf Tournament & Dinner	Bill Kansas Gus Bjorklund	651-227-0286 651-698-4636
August 28 - 30 Sun - Tues	Lanesboro Golf & Bike	Patty Fitzgerald John Stiefel, Cathy Hartle	952-470-5411 320-632-9199
September 7 / Wed	What's Cookin'	Joyce Krake Vicki Johnson	952-472-8361 763-425-9513

Golf Savings Opportunity

What: The ULLR Foundation is selling **2011 MPGA Golf Cards**

Cost: \$35.00 (with the Foundation netting \$15.00) includes:

- 4 free rounds of golf (buy one, get one free) at more than 175 participating golf facilities,
- Golf cart and driving range specials at most courses,
- Discounts at several indoor golf simulator centers and practice facilities.
- Purchase cards at General Meetings, summer "What's Cookin'?" picnics or by contacting Gus Bjorklund at 651-698-4636 or gustheskier@yahoo.com.

ULLR Ski, Bike & Social Club
PO Box 201409
Bloomington, MN 55420-1409



FOLD LINE ↓

Future Folding Parties:

- Aug 19: Margie & Manfred Deutsch
- Sep 16: Jim Habeck
- Oct 21: Marty & Dick Wilkes
- Nov 18: Carol Burgess, Ray Hartmann

**The next Folding Party is
July 15, 2011**

Hosts: Woody & Cheryl Rogers
9600 Credit River Blvd, Prior Lake,
MN 55372 PH: 952-469-1647

Directions from I-494:

- South on either I-35E or I-35W
- Continue south on I-35 to
- County Rd 70 / 210th St—Exit 81
- Exit around cloverleaf and north through stoplight on Keokuk Ave
- At County Rd 68 turn Left / West
- Continue 1 mile west (County 68 turns in to Credit River Blvd)
- Watch for Judicial Rd on Right
- Continue 0.4 mile
- Arrive 9600 Credit River Blvd
- Turn Right (up hill) on driveway (Total distance I-494 to house only about 15 miles)

