



Founding Member of the
Midwest Sport/Ski Council Inc

ULLR SKI, BIKE & SOCIAL CLUB

February
2010

HAVE YOU VISITED US ON THE WEB LATELY? WWW.ULLR.ORG

ULLR Holiday Generosity

Several ULLR Foundation Board members visited Courage Center November 3rd, to present a **\$3500** check and to learn more about their ski program. The funds will be used to purchase a Bi-Ski for their Adaptive Alpine Ski Program and for the new Veterans Ski Program.



Margie S & Santa

ReEntry Holiday Social

December 1, seven ULLR singles, with some of Margie Seklund's friends, went to the ReEntry halfway house in south Minneapolis to sing Christmas carols and socialize with residents. Margie's friend, Ray, in a Santa outfit, passed out a couple of bags of Christmas gifts to each of the residents — each of whom were very pleased with the gift items. The staff at ReEntry provided apple cider, appetizers and Christmas cookies for everyone. It was a very rewarding and happy occasion. **Thanks to all the ULLRs who were so generous in providing gifts and money to purchase gifts for the residents.** They were very appreciated.

Thank you to the ULLR singles who participated in this event.

"Deck the Halls" Holiday Ball 2009

Co-chaired by Vicki Johnson and Colleen Barden

On Friday, December 4th 95 ULLRS and their guests gathered at the Fort Snelling Officers' Club to enjoy an evening of dining, dancing and holiday cheer. After a delicious dinner of Walleye Pike or Prime Rib, door prizes were awarded and dancing began. "Changing Times" was our band, for the fourth year in a row (because we like them so well!), and everyone got into a festive spirit. Many members brought toys to be donated to the "Toys for Tots" campaign to be presented on KARE 11 TV, Tuesday, December 8th. A big thank you to Nancy Sand for coordinating this project. **Eight large bags of toys plus over \$500.00** was collected.



Karen C, Jan C, Barb K, Kay S, Karen H, Nancy

Great job ULLRs!

ULLRS DONATE TO TOYS FOR TOTS



Nancy , Vicki , Marine, Diane , Erl , Colleen

Between the November general meeting and our holiday ball, ULLR members donated **\$525 and ten bags of toys and games** for Toys for Tots. These were delivered by Nancy Sand to the Toys for Tots tent at KARE11 in Golden Valley.

On Tuesday, December 8, five ULLR members braved wintry weather and icy roads to attend the Marine sponsored Toys for Tots portion of the KARE11 Television News Broadcast.

Participating members were Colleen Barden, Diane Erlandson, Erl Erlandson, and Vicki Johnson. In spite of everyone allowing

extra travel time due to the weather to get to KARE11, Diane and Erl arrived with only minutes to spare, and Nancy Sand arrived a few minutes too late for the presentation, but in time to take some photos. President Diane Erlandson represented ULLRs during the broadcast. Thank you to all ULLRs who donated toys and money to help make a brighter Christmas for many children.

2009-2010 Important Contacts

Officers of the Club

President

Diane Erlandson: UllrPrez@ullr.org

Executive VP

Karen Clarke: ExecVP@ullr.org

Ski Programs VP

Bruce Warner: SkiVP@ullr.org

Summer Programs VP

Sharon Marini: SummerVP@ullr.org

Membership VP

Laurie Coursolle: MembershipVP@ullr.org

Treasurer

Dick Wilkes: Treasurer@ullr.org

Secretary

Joyce Crozier: Secretary@ullr.org

Past President/Advisor

Barb Carpenter: PastPrez@ullr.org

Program Coordinators

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Barb Kolbe: see directory

Nordic

Jim Habeck: Nordic@ullr.org

Ski Racing

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Summer Coordinator

Kae Jewell: Summer@ullr.org

Social Coordinator

Nancy Sand: Social@ullr.org

What's Cookin'

Nancy Harman, Jeff Fischer
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Beverage Chairs

Gus Bjorklund, Dave Lyons, Erl Erlandson
beverages@ullr.org

Biking

John Stiefel: Biking@ullr.org

Singles

Joy Knudson: Singles@ullr.org

Folding Parties

Margie & Manfred Deutsch:
FoldingParty@ullr.org

General Meetings

Karen Clarke: ExecVP@ullr.org

ULLR Foundation President

Joan Roe: FoundationPrez@ullr.org

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Bruce Warner: SkiVP@ullr.org
Dolly Eastman: MSC rep@ullr.org

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Fran & Gary DeWell: ULLRnet@ullr.org

FROM THE PRESIDENT

This is being written as I'm looking outside at the beautiful, memorable white Christmas Day and hoping you all had a safe and blessed holiday.

The Holiday Ball, was again a great success. You gave over \$500.00 and over 150 gifts. Both cash and gifts were presented to the Marines and Toys For Tots at KARE 11 December 8. As you may recall the weather was a challenge and I made it to the station with only two minutes to spare!

Thank you Vicki Johnson, Colleen Barden and Nancy Sand for your excellent work.

What a great time we had at Indianhead's Winter Carnival. Jerry Schuster, you took great care of us. One bus made a late arrival, but all were able to ski Saturday and Sunday. I had never seen a "Turtle Race" before, but now I have seen everything! Thanks to John Egan and Pam Anderson for the entertainment of the weekend!. They won 1st prize and each received \$100.00 off their next MSC ski trip. You must look at the pictures on the Nullr website and check out the fun video on YouTube. WOW!

Doc Severenson at Orchestra Hall did his usual outstanding performance. Thanks to Joyce Krake for arranging the concert and our luncheon buffet at the Hilton prior to the performance.

Members who attended Gary Gray's Titanic pre trip dinner and trip to the Science Museum learned how/why the Titanic went down (and if they went down with it!). Fifteen of us made an impromptu trip to Afton Alps on Tuesday, December 22nd for a wonderful day of skiing. If you have an idea for an impromptu party, get-together, or whatever, talk to a Board member and we can notify the membership.

The Utah trip is looking for one gal to complete their trip and the chairs would like a wait list. The Montana trip would also like a wait list, because, as you know, things can happen at the last minute!

2010 will be here by the time you read this and trip proposals for the 2011 season should be given to Bruce Warner, our Ski VP, by the end of March. The Boards (both the old and the new) will then review the proposals. The chosen trip proposals will be announced at the Spring Banquet in April.

We (the current Board) are again pleading for volunteers for the 2010-2011 Board. See Barb Carpenter's article "Nominees for 2010—2011 ULLR Board" on page 5.

My wish for 2010 is that we will see peace around the world and a prosperous and healthy time for everyone.

Your prez, Diane Erlandson



**ULLR Cancellation and Communication Policies
can be reviewed at: www.ULLR.org**

Meet old friends,
Make new friends
At ULLR General Meetings

Thursdays:

March 11 & April 8

Marian Knights of Columbus Hall

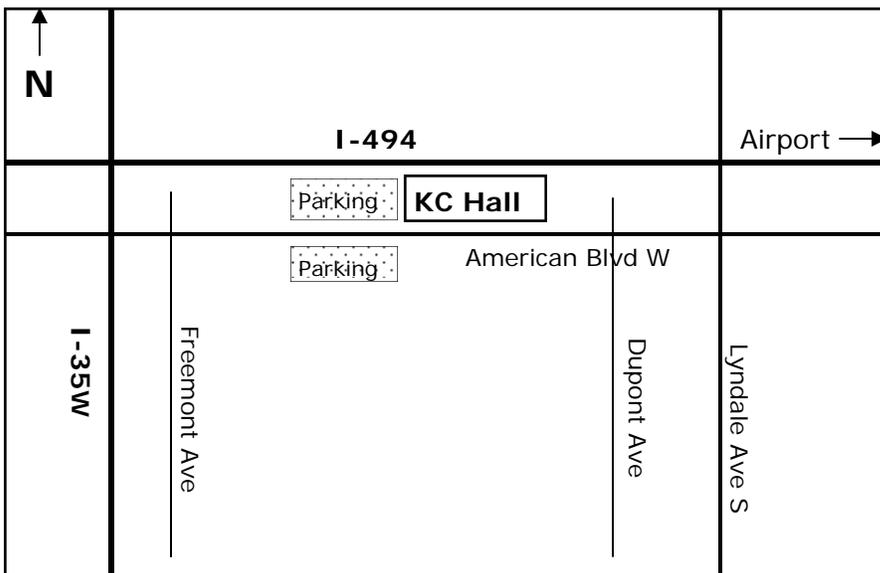
1114 American Boulevard
(old W 79th St), Bloomington, MN
..Note map to Right..

6:30 pm Socializing

7:00 pm General Meeting

(note earlier meeting start time)

When dining at the KC Hall before our meetings, **phone 952-888-1492 for reservations.** They will arrange special ULLR seating for us. Questions??? Contact Karen Clarke, Ex. VP.



Please park on the west side of the KC Hall or across the street on the south side of American Blvd West

Recalling Past Events:

Thank you to ULLR's who hosted an event in the last two months. The Club could not function without creative ideas and members willing to carry out those ideas. A short summary of the event highlights, as well as color photos, can be found on the ULLR Ski, Bike and Social Club website: www.ullr.org

ReEntry House Caroling	Dec 1	Margie Seklund
ULLR Holiday Ball	Dec 4	Colleen Barden, Vicki Johnson
Tatanic Dinner— Discussion & Tour	Dec 6 & 8	Gary Gray
Toys for Tots Donation at Kare 11 TV	Dec 8	Nancy Sand
MSC Winter Carnival Ski	Dec 11	Jerry Schuster
Crowhassen XC Ski, Hike	Dec 19	Bill Lyon
Holiday MN Orchestra	Dec 20	Joyce Krake
Afton Alps	Jan 1	Pam Anderson
Welch Village	Jan 7	Bruce Warner
General Meeting	Jan 14	Karen Clarke
Folding Party	Jan 15	Joyce Crozier, Bill Kansas
Mt Kato	Jan 19	Jerry Swanberg
Schultz Lake XC, SS	Jan 23	Vicki Lee
Singles Fine Dining	Jan 26	Joyce Bolt
Spirit Mt Ski	Jan 28, 29	Karen Holmquist
Carver-Victoria XC, SS	Jan 31	Joyce Butler



ULLR's always have fun!!

Left: John, Patty, Dick, Lolly, Gary, Pat & Karen on the Grand Staircase of the Titanic.

Below: John E and Pam A win the Turtle Races at MSC Indianhead.



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Upcoming ULLR Events

SKI THE MOUNTAIN TERRAINS OF UTAH!

- When:** Sun, Feb 7—Sat, Feb 13, 2010 **Signup Deadline was Nov 12;** But we do need a Wait-List!
Cost: was \$1307* – **now reduced to \$1241!** includes lift tickets, double occupancy lodging at SLC Embassy Suites (2 room suite w/galley kitchen), RT air, private coach bus to mountain resorts, breakfasts, pre-trip and welcome parties, cocktail reception each evening, and much more!
Chairs: Barb Carpenter (952-881-6838), Karen Clarke (651-457-4007)
Checks: payable to ULLR Club; mail to Karen, 6484 Bonner Ct., Inver Grove Heights 55076
this trip is **MSC Endorsed** – so sign up early!
Must be an ULLR or other MSC Club Member - - ULLR Cancellation Policy Applies
*Price subject to airfare price and does *not* include airline baggage charges.

SKI MONTANA

- Dates:** Sun, March 7—Sat, March 13, 2010
Cost: \$1111* per person
Includes: Pre trip party, RT flight MSP—Bozeman, bus transportation Bozeman to Big Sky, 6 nights at Big Horn Condos, Welcome Pizza Party. Ski-In / Ski-Out via Poma Lift to High speed lift; Access to Huntly Lodge Pool & Fitness Center.
Options: Yellowstone Snowmobile outing; Sleigh ride dinner, Dog sled rides, Discounted Lift Tickets.
Chairs: Erl Erlandson: 952-941-5184 & Sylvia Scott: 763-560-9726.
Mail checks, made to ULLR Ski, Bike & Social Club, to Erl at 9721 Dorset Ln, Eden Prairie, MN, 55347
*Cost does *not* include airline baggage charges and is subject to airfare price change.
MSC endorsed; ULLR Membership & Cancellation policies apply

Dog Sled — XC Ski — Snow Shoe

- Dates:** Sun-Tues; March 21—23 (3 days/two nights; Drive up/Car-Pool for 20 ULLR's only)
Cost: \$210 per person with \$50 due December 1, remaining \$160 due by February 1, 2010
Includes: Half day of dog sledding & all lodging at luxurious Grand Ely Lodge/2 people per room
Options: Group Dinner, additional full (\$160) or half (\$95) day dog sled again on different trail, (includes trail lunch at 25% discount), Cross Country Ski or Snow Shoe on trails around Ely, Downhill ski at Giants Ridge. Stay over 4th or 5th day on your own for any of the above, or visit International Wolf Center or North American Bear Center.
Send Check, payable to ULLR Club, to Jerry Swanberg, 2241 Erin Ct., New Brighton, MN, 55112
ULLR Membership and Cancellation policies apply

Bike the Paul Bunyan Trail

- from the **Good Ol'Days Family Resort at Nisswa, MN**
Dates: Wed & Thurs nights, June 16 & 17, 2010
Cost: \$151, due at sign up; sign up by March 15
Includes: Wed eve Welcome Party with drinks & hors d'oeuvres—Thurs night Cookout - Thurs & Fri Continental Breakfasts
Options: **Bike—Golf— Shop— Socialize—Fish—Swim—Eat—Sit around Fire Pit—Play in Sand**
Resort is next to trail, just outside Nisswa; see www.goodolddaysresort.com
Chairs: Marty Wilkes, 763-479-2834 and Charlotte Navratil, 321-327-2396
Mail checks, payable to ULLR Club, to Marty at 3055 Lakeshore Ave, Maple Plain, MN 55359
ULLR Membership and Cancellation Policies apply

Preservation Hall Jazz Band performs New Orleans Jazz with MN Orchestra

- Date:** March 20, 2010
Times: 5:00 PM Dinner at Brit's; then
7:00 Dessert and Coffee at Orchestra Hall
8:00 Jazz Performance
Cost: \$43 for show, Dinner at Brit's & dessert "on your own".
Chairs: Carol Burgess (763-404-1010) and Ray Hartmann (612-644-1150)
Send check to Carol at 16705 12th Ave N, Plymouth, MN 55447 by March 10

"Save the Date Notice" from Sharon Marini:

Bike Planning Party--Sunday, March 14, 4 pm, at the home of Patty Fitzgerald and John Steifel.
Details in March 2010 Nullr.

The Foundation Corner

by Joan Roe, Foundation President

The ULLR Foundation looks forward to another year of giving to enhance the lives of the less fortunate among us. On November 3, Board members Gus, Ed, Jan, Lorri, Sunny, Nancy Keyes and Nancy Kastner were pleased to present a check for \$3500 to Courage Center in Golden Valley to purchase a Bi-Ski for their Adaptive Alpine Ski Program. The Adaptive Alpine Ski Program is a new program to help veterans who return home without their "ski legs" be able to resume skiing.

At the November 12 General Meeting ULLRs enjoyed a demonstration by Courage Center of the Bi-Ski and Race Runner, both donated by the ULLR Club. Gus held the tethers for a "disabled" Barb Carpenter using the Bi-Ski. The race runner stabilizes runners.

Jan Stalpes has joined the Foundation Board, and a big thank you to Gloria Dombrock, who has resigned.

To show gratitude for the generous hearts of ULLRs, Nancy Keyes and Joan Roe held a drawing for a nice box of Godiva chocolate candies at the Holiday Ball. Tom and Mary Vande Hei, new ULLR members, won the box and got to share it together.

You give the gifts that keep giving! May you be blessed with happiness and good health in 2010.

NOMINEES: 2010-2011 ULLR BOARD OF DIRECTORS

President	Bruce Warner*
Executive VP	Karen Gray
Ski Programs VP	Open
Treasurer	Dick Wilkes*
Summer Programs VP	Sharon Marini*
Secretary	Open
Past President/Advisor	Diane Erlandson*

*Currently serving and agreeing to stay another year.

It was very disappointing that no non-board members volunteered to be on the Nominating Committee this year. Therefore, the current Board has been working hard to find someone to succeed them; but so far, we have been able to recruit only one new volunteer for next year – thank you **Karen Gray** for stepping up to the plate! As noted above, we have four current board members who have committed to continue for one more year – the Club is fortunate to have the dedication of these members. Please give them your thanks and OFFER TO HELP them as they work to give us all the fun times we have enjoyed in the past.

I received a message from one of our long time members and am quoting some of it below as it exemplifies the need for the continued support of our members:

"It is increasingly difficult to get members to volunteer for the work needed to keep the Club running. I am sad that so many members are unwilling to come forward to fill the board and other operating positions. The core 20 or 30 [members] cannot continue to carry the load.

"Our efforts to promote volunteering do not seem to be working. We have asked for volunteers, stated that the Club cannot exist without volunteers and worked to simplify the jobs. Somehow the members need to become convinced that the benefits they receive from belonging make it mandatory to give back some of their time to helping the Club to exist. (I like the idea of "Paying It Forward.")

"I feel I speak for many of my long time ULLR friends when I state that the Club has contributed immeasurably to the quality of our lives for many years, and it is our desire to see it continue to prosper."

With that said – **We need volunteers for the two open positions.** Please talk to Bruce Warner (current Ski VP) or Joyce Crozier (Secretary) regarding their responsibilities, or see the job descriptions on our website. Or, say YES when one of the board members contacts you to determine your interest!

Elections will be held at the April 8, 2010 General Meeting.

Barb Carpenter, Chair, Nominating Committee and Past President/Advisor

ULLR 2010 Winter-Spring Activities Schedule Alpine, Cross Country, Snowshoe, Hiking and Biking

Feb 7-13/Sun-Sat	Western Trip: Ski Utah	Barb Carpenter Karen Clark	952-881-6838 651-457-4007
Feb 20 / Sat	Cleary Lake, XC, SS, Hike	Vickie Lee Judy Burich	952-432-0304 952-440-3188
March 7-13 / Sun-Sat	Western Trip: Ski Big Sky	Sylvia Scott Erl Erlandson	763-560-9726 952-941-5184
March 20 / Sat	French Park, XC, SS, Hike	Jim Habeck	763-559-5593
Mar 21-23/Sun-Tues	Dog Sled, Snow Shoe	Jerry Swanberg	651-633-7178
June 16-17 / Wed-Thurs	Bike the Paul Bunyan Trail	Marty Wilkes Charlotte Navratil	763-479-2834 321 -327-2396

ULLR 2010 Social & Cultural Events

Details can be found at www.ullr.org & on Flyers at the General Meetings

Date	Event	Contact	Phone
Feb 12 / Fri	Singles Card-Game Night	Kay Sommers	763-535-7163
Feb 19 / Fri	Nullr Folding Party	P Fitzgerald, J Steifel	952-470-5411
March 2 / Tues	Omnifest	Gary Gray	952-895-8960
March 11 / Thurs	General Meeting	Karen Clarke	651-457-4007
March 14 / Sun	Bike Planning Party	John Steifel	952-470-5411
March 19 / Fri	Nullr Folding Party	C Burgess, R Hartmann	612-644-1150
March 20 / Sat	MN Orchestra Hall	Carol Burgess	763-404-1010
March 23 / Tues	Singles Fine Dining	Joyce Bolt	952-894-1790
April 8 / Thurs	General Meeting	Karen Clarke	651-457-4007
April 16 / Fri	Nullr Folding Party	Rick & Susan Nesbitt	952-881-6469
May 21 / Fri	Nullr Folding Party	David & Karen Oakland	952-949-2262
April 24 / Sat	Spring Awards Banquet-MN Valley CC	Dick & Lolly Dahlen	651-484-1990
May 25 / Tues	Singles Fine Dining	Joyce Bolt	952-894-1790
July 27 / Tues	Singles Fine Dining	Joyce Bolt	952-894-1790

ULLR SINGLES' Highlights by Joy Knudson, 952-240-8418 or Singles@ullr.org

Singles Events are open to all ULLR singles. Sometimes get togethers may be organized after the deadline for Nullr publication, or locations may change, so be sure to check www.ullr.org or with Joy.

Feb 12 / Fri: Card or Game Night: 7:00 PM at Kay Sommers, 6721 Valley Pl, Crystal, MN.
Call 763-535-7163 with questions. Bring snack to share & your own beverage.

Feb 16/Tues: Dinner & "2-Buck" Movie Night in Hopkins: Meet at Big 10 Restaurant at **6:00 PM** for dinner, then attend movie at the Mann Hopkins Cinema Six Theater. (first person to arrive please save tables.)

Singles' Fine Dining

This is the 7th year ULLR Singles will dine at TCO Restaurants and earn dining rewards. When we dine on Tuesday evenings we receive double points on our TCO Rewards Card. When 150 points are reached, your card will be credited for \$10.00. We meet at 6:00 PM and order by 6:30 PM. Dates are included in the Social & Cultural Events calendar; details in "Singles' Highlights".

Mar 23/Tues: Laredo's Tex-West Grill & Cantina 4656 Excelsior Blvd, St Louis Park, 952-698-2749
Please RSVP to Joyce Bolt (952-894-1790 or jbolt10@aol.com) by the Sunday preceding each event.

Membership Spotlight*

By Laurie Coursolle, Membership VP

*The Membership Spotlight will not appear in the online version of the Nullr for security reasons.

Because of personal information security issues, the ULLR Membership Directory changes that appeared in the paper copy of the Nullr have been removed for this online version. The names have been retained to alert you that a change was made.

Membership directory changes will be emailed to the Ullr-Info email distribution list once a month. When you receive these directory update emails, please print them and keep them with your paper copy of the directory.

DIRECTORY CHANGES

Name	Address	City	State	Zip	Telephone	Email
Joe Blaha	New address				New phone	New email
Joyce Butler						New email
Karen Clarke						New email
Don & Judy Cooke	New address				New phone	New email
Margo Dinneen						New email
Nancy Haupt	New address				New phone	New email
Jerry V & Sharon Johnson					New phone	
Jeffrey Loesch						New email
Kay Palm	New address				New phone	
Vern Palm	New address				New phone	
Joyce Rooney	New address				New phone	
Dan Rymer						New email
Sylvia Scott						New email

PLEASE WELCOME THESE NEW MEMBERS

Marjorie Deutsch						
Donald Halla						
Roland Jahnke						
Bernard Krattley						
LeRoy (Lee) Meyer						
Fred B Miller						
Pamela G Miller						
Woody Rogers						
Scott Shields						
Mike Smith						
Jennifer Thorkildson						
Bruce Waage						
Jerry Weiskopf						

ULLR Ski, Bike & Social Club
 PO Box 201409
 Bloomington, MN 55420-1409



FOLD LINE ↓

<p>Future Folding Parties:</p> <ul style="list-style-type: none"> • Mar 19— Carol Burgess, Ray Hartmann • April 16— Susan & Rick Nesbitt • May 21 —David & Karen Oakland 	<p>Folding Parties are fun to host and attend and are a great way for new members to get acquainted. Parties begin at 6:30 PM. A main dish is provided. Please bring a snack, salad or dessert to share and a \$1.00 donation for beverages. <i>If you are interested in hosting a Folding Party, please call the Folding Party Chairs: Margie or Manfred Deutsch at 763-545-5845. (An allowance is provided to help defray costs.)</i></p>		
<p>The next Folding Party is February 19, 2010 hosted by Patty Fitzgerald & John Stiefel 19595 Near Mountain Blvd -Shorewood, MN 55331 Phone: 952-470-5411</p> <p><u>Directions from I-494—Crosstown:</u> Proceed West on County Rd 62 <i>just past</i> the Hwy 101 Intersection to Townline Rd.</p> <ul style="list-style-type: none"> • As 101 turns left, veer Right on TownLine Rd and then quick left to continue on County Rd 62 W. • Go 1 block west on 62, then • Turn Right/North on Vine Hill Rd. • Go north about 2 blocks and turn Left/West on • Near Mt Blvd. Continue west one block. • #19595 is on the Left at corner of Chestnut Ct and Near Mountain Blvd. <p>(It is also possible to go south off Hwy 7 on Vine Hill Rd to Near Mt Blvd; then Right/West on Near Mt Blvd to #19595)</p>			<p>I-394</p> <p>I-494</p> <p>Crosstown / 62</p> <p>I-494</p>