



Founding Member of the
Midwest Sport/Ski Council Inc

ULLR SKI, BIKE &
SOCIAL CLUB

November
2009

HAVE YOU VISITED US ON THE WEB LATELY? WWW.ULLR.ORG

North Shore Weekend

by Karen Holmquist

Beautiful weather, wonderful company and good food made for another excellent ULLR weekend. 34 ULLRS trekked their way to Tofte on Labor Day weekend for three, warm, clear days of hiking on the Superior Hiking Trail. We gathered Friday night to discuss hiking options and share a glass of wine.

Saturday morning after breakfast most of the group drove to Tettegouche State Park to hike a 5.5 mile loop to Mic Mac Lake and Mt. Baldy (at the top was the only place all weekend that I had cell phone



reception). Jerry Swanberg led a group up and down through the woods, stopping at many scenic overlooks, until we came to a campground area where we could munch down our lunches and rest our weary legs. There was even an outhouse! A smaller ULLR group drove to Tettegouche and hiked on state park trails. Karen C, Jan C, Ellise L and Nadine C even found time to do an "Etch-A-Sketch" drawing at an activity area on the trail and Nadine showed a fellow hiker how to "cast on" yarn on a knitting needle. Following our hikes, we enjoyed a welcome hot tub soak and then had dinner at "Sven and Ole's" pizza. We ended the night with a big "Farkle" group throwing the dice.

After breakfast Sunday we drove to the Temperance River Trailhead, hiking a bit closer to Tofte. After a beautiful climb along the swirling river, Lee E led us into the woods and along the ridge. We hiked until we reached the Cross River, then downhill, back to the Trailhead for a total hike of 6.3 long miles. Time in the hot tub soothed our tired legs. We had an excellent dinner that night at the Blue Fin Restaurant.

Monday the group scattered with ULLR's hiking, sight seeing, or shopping. Some of us stopped at Jay Cooke State Park and did a short hike along the St. Louis River. We had lunch at Banning Junction Restaurant as we headed home.

Thanks to Barb S and Barb K for helping out with the food, and to Jerry S and Lee E for leading the hikes. Thanks to all of you that came on the trip! "A good time was had by all!"

FROM THE PRESIDENT

It was a pleasure to meet Bob Kershaw, the Midwest Ski Council Winter Carnival chair September 22. Bob joined our Board meeting to share information regarding the MSC Indianhead ski trip December 11 through December 13. It sounded so outstanding that Erl and I decided we didn't want to miss it. Some of the features included for attendees include transportation, 2 nights lodging (with pools), lift tickets, dinner buffet, drink tickets, discount vouchers at the ski shop, and the list goes on. Please check the ULLR website for details. I hope to see many of you at Indianhead. Sign-up deadline is November 29 or whenever the bus fills.

Our 2009 What's Cookin' Picnics were a huge success! 613 ULLRs attended 6 Wednesday picnics. I was going to say that I am looking forward to next year's picnics, but right now I am really looking forward to skiing!

(continued on page 2)



2009-2010 Important Contacts

Officers of the Club

President

Diane Erlandson: UllrPrez@ullr.org

Executive VP

Karen Clarke: ExecVP@ullr.org

Ski Programs VP

Bruce Warner: SkiVP@ullr.org

Summer Programs VP

Sharon Marini: SummerVP@ullr.org

Membership VP

Laurie Coursolle: MembershipVP@ullr.org

Treasurer

Dick Wilkes: Treasurer@ullr.org

Secretary

Joyce Crozier: Secretary@ullr.org

Past President/Advisor

Barb Carpenter: PastPrez@ullr.org

Program Coordinators

Alpine

Barb Kolbe: see directory

Nordic

Jim Habeck: Nordic@ullr.org

Ski Racing

Brian Johnson: Racing@ullr.org

Summer Coordinator

Kae Jewell: Summer@ullr.org

Social Coordinator

Nancy Sand: Social@ullr.org

What's Cookin'

Nancy Harman, Jeff Fischer
whatscookin@ullr.org

Beverage Chairs

Gus Bjorklund, Dave Lyons, Erl Erlandson
beverages@ullr.org

Biking

John Stiefel: Biking@ullr.org

Singles

Joy Knudson: Singles@ullr.org

Folding Parties

Margie & Manfred Deutsch:
FoldingParty@ullr.org

General Meetings

Karen Clarke: ExecVP@ullr.org

ULLR Foundation President

Joan Roe: Foundation@ullr.org

MSC Representatives

Bruce Warner: SkiVP@ullr.org
Dolly Eastman: MSCrep@ullr.org

Communication

ULLR Webmaster

(JJ) Joe Coursolle: webster@ullr.org

Nullr Editor

Karen Oakland: nullr@ullr.org

ULLRnet

Fran & Gary DeWell: ULLRnet@ullr.org

FROM THE PRESIDENT

(continued from page 1)

Please note the local trips that Barb Kolbe (Alpine Coordinator) and Jim Habeck (Nordic Coordinator) have put together.

Bruce Warner, our Ski VP, said the North Shore hiking trip was an outstanding experience. He observed how lucky we ULLRs are to have such a wonderful place to enjoy nature. He noted all the bikers, cars with bikes, hikers, kayaks, etc. out enjoying Minnesota and felt very fortunate to be a part the group. Karen Holmquist, your efforts are certainly appreciated. We have been informed about the admirable work you do. Thank you.

Jim Habeck is hosting the Pine Tar Party November 1. Jim is also hosting the Folding Party on November 20. November 7 is the Fort Snelling hike; John Eagan and Carolyn Buswell are chairs. Joyce Bolt will host Singles Fine Dining November 24. Don't forget the MN Ski & Snowboard Expo November 6 – 8 at the Minneapolis Convention Center and call Dolly E, MSC Booth Coordinator, if you can volunteer for a shift.

If you have any ideas, thoughts or solutions to make our trips and jobs simpler or easier for Event Chairs or the Board, etc. I would appreciate receiving them. All information will be reviewed and considered by your Board.

Our Board VPs are doing an outstanding job. I want to especially thank Laurie Coursolle our Membership VP, for all her efforts for the ULLRs." Check our website for further information on upcoming events.

Your prez,
Diane Erlandson

Recalling Past Events:

Thank you to ULLR's who hosted an event last month. The Club could not function without creative ideas and members willing to carry out those ideas. A short summary of the event highlights, as well as color photos, can be found on the ULLR Ski, Bike and Social Club website: www.ullr.org

Arboretum Hike	October 2	Jim Habeck
Old Log Theater	October 4	Sally Chevalier
Singles Treasure Island Cruise	October 6	Joy Knudson
Singles Card/Game Night	October 10	Nancy Sand
Nullr Folding Party	October 16	John & Betty Gross
Dinner & 2-Buck Movie Night	October 20	Joy Knudson
MN River Valley Hike	October 24	Joyce Butler

Nullr Editor: Karen Oakland

15607 Oak Ridge Rd., Eden Prairie, MN 55346

E-mail: nullr@ullr.org **Telephone:** 952-949-2262

ULLR Webmaster: JJ (Joe) Coursolle

PO Box 201409, Bloomington, MN 55420

E-mail: webster@ullr.org **Telephone:** 612-750-0927

**Meet old friends,
Make new friends
at
ULLR General Meetings**

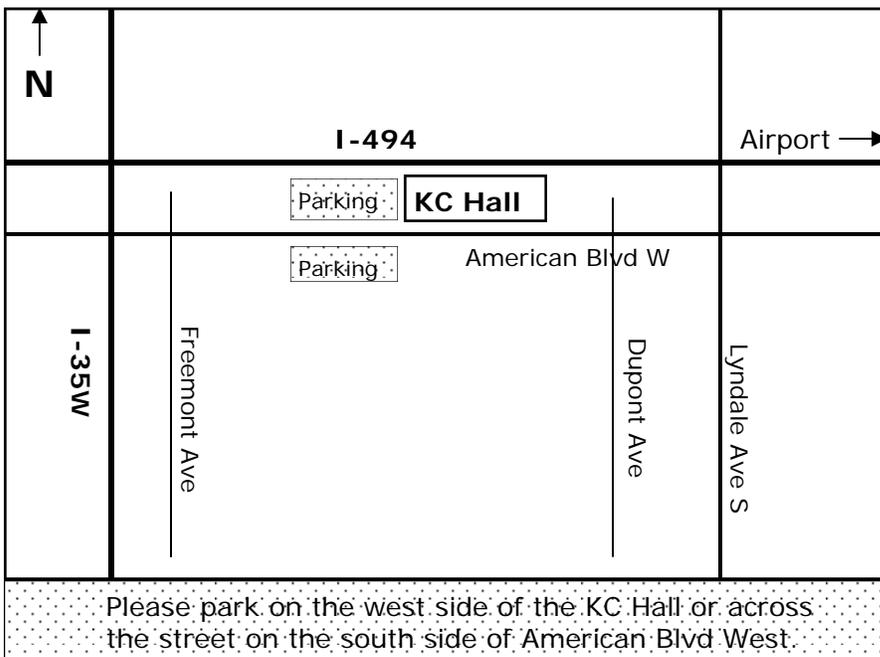
Thursdays:

November 12,
January 14, March 11, April 8

**Marian Knights of Columbus
Hall**

1114 American Boulevard
(old W 79th St), Bloomington, MN
..Note map to Right..

6:30 pm Socializing
7:30 PM General Meeting



When dining at the KC Hall before our meetings, **please phone 952-888-1492 for reservations.** The KC Hall will arrange special ULLR seating for us. Please save your dinner receipts and give to our Treasurer, Dick Wilkes, so he can audit the purchase to defray the rental cost of our meeting room. If you have any questions regarding general meetings, please contact ULLR Executive VP, Karen Clarke.

**ULLR Ski Bike and Social Club, Inc
Balance Sheet As of April 30, 2009**

Assets

Cash, Savings and Investments	\$28,202	
Prepaid Expenses for Future Events	1,780	
Total Assets		\$29,982

Liabilities and Fund Balance

Member Advance Deposits for Future Events	\$7,687	
Total Liabilities		\$7,687
Fund Balance (Net Worth)		\$22,295
Total Liabilities and Fund Balance		\$29,982

**Statement of Operations For the Fiscal Year Ended
April 30, 2009**

Revenue

Programs and Events	\$98,527	
Membership Income	6,765	
Investments	194	
Total Revenue		\$105,486

Expenses

Programs and Events	\$93,044	
General Meetings	401	
Member Services	1,256	
Publications	5,949	
Administration	5,145	
Total Expenses		\$105,795
Net Profit (Loss) For the Year		(\$309)

The financial transactions and records for the fiscal year ended April 30, 2009, were reviewed and found to be accurate, complete and in good order. The above financial statements reflect the position of the club at that date and the revenue and expenses for the fiscal year then ended. **Joseph P. Schwebel**

Upcoming ULLR Events (see detailed flyers on the website at www.ullr.org)

X-Country and Snow Shoe Kickoff

Pine Tar Party

When: Sunday, November 1, 4:30 PM

Host: Jim Habeck 12030 54th Ave N, Plymouth, MN PH: 763-559-5593

All XC skiers and snow shoe enthusiasts welcome! Bring a dish to share for PotLuck Dinner.

ULLR Holiday Ball: "Deck the Halls"

When: **Friday**, December 4, 2009

5:30 PM Cocktails — 7:00 PM dinner — 8:00 PM Dancing to "Changing Times" Band

Where: The Fort Snelling Officers Club

Cost: **\$38.50** per person **Includes:** choice of Prime Rib or Walleye dinner

Chairs: Colleen Barden 763-546-8390 and Vicki Johnson 763-425-9513

Mail Checks, made out to ULLR Club, to Colleen, 3889 Jordan Ave N, New Hope, MN 55427

****Please bring an unwrapped gift for Toys for Tots****

Indianhead Mountain MSC Winter Carnival Trip

Kick off the Season with friends! Mark your calendar! Join 16 MSC Member Clubs (216 attendees last year)

When: December 11 – 13, 2009

Cost: \$204/quad - \$237/double - \$304/single

Package includes: Round trip bus transportation from Eau Claire, Rochester or the Twin Cities - 2 nights lodging w/quad, double or single package pricing - 2 day Indianhead lift ticket – (Friday lift ticket available for \$17) – live band both Friday & Saturday nights – Après Ski Party – 2 drink tickets – Saturday evening dinner buffet – Access to three cross country trail areas – Poker Run – NASTAR & Turtle Races— Snow guarantee cancellation policy by Indianhead

Mail Checks, made out to ULLR Club, to ULLR trip leader:

Jerry Schuster, 8407 Emerson Ave. S., Bloomington, MN 55420, 952-888-0860

--MSC Cancellation Policy applies--

Holiday Time with Jingle Bell Doc & the Minnesota Orchestra & Chorale

When: Sunday, December 20. Show at 2:00 PM – 26 seats reserved

Where: Orchestra Hall on Nicollet Mall & 11th Street

Cost: \$43.50 – pays for your ticket to the matinee's performance **Payment due November 5th.**

Host: Joyce Krake, 952-472-8361

Check: Make out to Joyce Krake; mail to Joyce at 4937 Island View Dr., Mound, 55364

Optional: Meet at 12:00 noon at the Hilton Hotel (across 11th from OH, use it's parking ramp) at the main floor Skywater Restaurant for lunch or brunch.

Must RSVP to Joyce for lunch/brunch reservation; meal cost on your own.

No cancellations. You may substitute another person for ticket – let Joyce know.

Spirit Mt. Downhill/Cross Country/Snowshoe "End of the Week" Trip

When: (Thursday, January 28—Friday, January 29, 2010)

Where: Spirit Mt, Jay Cooke State Park, Banning State Park, Black Bear Casino

Cost: No \$\$ run through club or chairperson.

Details: \$55 for double room in new tower; rooms held under ULLR Ski Club name

Participants call Casino at 1-888-771-0777 to make your own reservation;

Call Karen to coordinate room mates, car pooling, and for detailed itinerary.

Downhill skiers: Carpool to Spirit Mt, meet at Chalet at 10:00 am

Cross Country Skiers: Carpool to Jay Cooke State Park, meet at Visitor Center at 11:00 am
(a ski package *may* become available)

Group Dinner Thursday eve: Seafood Buffet at Casino Dining Room.

Chair: Karen Holmquist 952-431-1903 or kholmquist@frontiernet.net

Upcoming ULLR Events (continued from page 4)

SKI THE MOUNTAIN TERRAINS OF UTAH!

- When:** Sun, Feb 7—Sat, Feb 13, 2010 **Signup Deadline: Nov 12;** after Nov 12 on Wait-List
Cost: was \$1307* – **now reduced to \$1241!** includes lift tickets, double occupancy lodging at SLC Embassy Suites (2 room suite w/galley kitchen), RT air, private coach bus to mountain resorts, breakfasts, pre-trip and welcome parties, cocktail reception each evening, and much more!
Chairs: Barb Carpenter (952-881-6838), Karen Clarke (651-457-4007)
Checks: payable to ULLR Club; mail to Karen, 6484 Bonner Ct., Inver Grove Heights 55076
this trip is **MSC Endorsed** – so sign up early!
Must be an ULLR or other MSC Club Member - - ULLR Cancellation Policy Applies
*Price subject to airfare price and does *not* include airline baggage charges.

SKI MONTANA

- Dates:** Sun, March 7—Sat, March 13, 2010
Cost: \$1111* per person
Includes: Pre trip party, RT flight MSP—Bozeman, bus transportation Bozeman to Big Sky, 6 nights at Big Horn Condos, Welcome Pizza Party. Ski-In / Ski-Out via Poma Lift to High speed lift; Access to Huntly Lodge Pool & Fitness Center.
Options: Yellowstone Snowmobile outing; Sleigh ride dinner, Dog sled rides, Discounted Lift Tickets.
Chairs: Erl Erlandson: 952-941-5184 & Sylvia Scott: 763-560-9726.
Mail checks, made to ULLR Ski, Bike & Social Club, to Erl at 9721 Dorset Ln, Eden Prairie, MN, 55347.
*Cost does *not* include airline baggage charges and is subject to airfare price change.
MSC endorsed; ULLR Membership & Cancellation policies apply

Dog Sled — XC Ski — Snow Shoe

- Dates:** Sun-Tues; March 21—23 (3 days/two nights; Drive up/Car-Pool for 20 ULLR's only)
Cost: \$210 per person with \$50 due December 1, remaining \$160 due by February 1, 2010
Includes: Half day of dog sledding & all lodging at luxurious Grand Ely Lodge/2 people per room
Options: Group Dinner, additional full (\$160) or half (\$95) day dog sled again on different trail, (includes trail lunch at 25% discount), Cross Country Ski or Snow Shoe on trails around Ely, Downhill ski at Giants Ridge.
Stay over 4th or 5th day on your own for any of the above, or visit International Wolf Center or North American Bear Center.
Send Check, payable to ULLR Club, to Jerry Swanberg, 2241 Erin Ct., New Brighton, MN, 55112
ULLR Membership and Cancellation policies apply

ULLR Cancellation and Communication Policies can be reviewed at: www.ULLR.org

The Foundation Corner

By Joan Roe, Foundation President

Thank you so much for your support for the Foundation Bingo and Raffle at the kick-off general meeting Oct. 15. Besides providing fun, this event helped towards providing an Alpine Bi-Ski for the Courage Center adaptive Alpine Ski Program. More on that later...

On September 26th, ULLR Foundation Board members Nancy K, Lorri C, Jan C and Sally C (pictured left-right) represented ULLR at the Opportunity Partners' Annual Fundraising Gala by volunteering at the registration/welcome table. The ULLR Foundation granted monies for two requests for much needed exercise equipment to Opportunity Partners, which serves 1500 "dis-abled" individuals who are becoming "abled".

Happenings Books are here again!! They are available at meetings and by contacting Jan Cady.

ULLRs give the gifts that keep giving! Thank you.



ULLR 2009-2010 Fall/Winter Activities Schedule Alpine, Cross Country, Snowshoe and Hiking

Date	Trip/Event	Chairperson(s)	Phone
Nov 1 / Sun	Pine Tar Party	Jim Habeck	763-559-5593
Nov 6-8 / Fri—Sun	The MN Ski & Snowboard Expo— (At the Mpls Convention Center)	Dolly Eastman MSC Booth Coordinator	mscrep@ullr.org
Nov 7 / Sat	Fort Snelling Hike	John Egan Carolyn Buswell	612-729-2470
Dec 9 / Wed	Wild Mountain	Margo Dinneen Barb Kolbe	952-542-1185 651-638-0936
Dec 11-13/Fri-Sun	MSC Winter Carnival Ski Trip	Jerry Schuster	952-888-0860
Dec 19 / Sat	CrowHassen XC Ski, SS, Hike	Bill Lyon	612-722-8352
Jan 1, 2010 / Fri	Afton Alps	Pam Anderson	763-315-3772
Jan 7 / Thurs	Welch Village	Bruce Warner	763-478-6541
Jan 19/Tues	Mt Kato	Jerry Swanberg	651-633-7178
Jan 23 / Sat	Schultz Lake XC, SS, Hike	Vickie Lee	952-432-0304
Jan 28-29/Thurs-Fri	Spirit Mt, Downhill, XC, SS	Karen Holmquist	952-431-1903
Jan 31 / Sun	Carver-Victoria, XC, SS, Hike	Joyce Butler	952-941-6130
Feb 7-13/Sun-Sat	Western Trip: Ski Utah	Barb Carpenter Karen Clark	952-881-6838 651-457-4007
Feb 20 / Sat	Cleary Lake, XC, SS, Hike	Vickie Lee Judy Burich	952-432-0304 952-440-3188
Feb 26 / Fri	MSC Lutsen (proposed, NOT final)	Bob Kershaw (MSC)	
March 7-13 / Sun-Sat	Western Trip: Ski Big Sky	Sylvia Scott Erl Erlandson	763-560-9726 952-941-5184
March 20 / Sat	French Park, XC, SS, Hike	Jim Habeck	763-559-5593
Mar 21-23/Sun-Tues	Dog Sled, Snow Shoe	Jerry Swanberg	651-633-7178

ULLR SINGLES' Highlights by Joy Knudson, 952-240-8418 or Singles@ullr.org



Singles Events are open to all ULLR singles. Sometimes get togethers may be organized after the deadline for Nullr publication, or locations may change, so be sure to check www.ullr.org or with Joy.

Nov 13/Fri: Card or Game Night: 7:00 PM at Pam Anderson's, 6217 Creekview Ln N, Brooklyn Park. Phone 763-315-3772 with questions. Bring snack to share & your own beverage.

Nov 17/Tues: Dinner & "2-Buck" Movie Night in Hopkins: Meet at Big 10 Restaurant at **6:00 PM** for dinner, then attend movie at the Mann Hopkins Cinema Six Theater. (first person to arrive please save tables.)

Nov 24/Tues: Singles' "FINE DINING" Luci Ancora (Italian) Restaurant, 2060 Randolph Ave, St Paul, MN

Barb K, Nancy S, Dave L
at
Great Waters Brewing,
September Fine Dining

Email or phone Joyce Bolt to RSVP for Fine Dining or if you have questions: Joyce Bolt at 952-894-1790 or JBolt10@aol.com

ULLR 2009—2010 Social & Cultural Events

Details can be found at www.ullr.org & on Flyers at the General Meetings

Date	Event	Contact	Phone
Nov 1 / Friday	Pine Tar Party	Jim Habeck	763-559-5593
Nov 12 / Thurs	General Meeting	Karen Clarke	651-457-4007
Nov 13 / Fri	Singles Card / Game Night	Pam Anderson	763-315-3772
Nov 17 / Tues	Singles Dinner & 2-Buck Movie Night	Joy Knudson	952-240-8418
Nov 20 / Fri	Nullr Folding Party	Jim Habeck	763-559-5593
Nov 24 / Tues	Singles Fine Dining	Joyce Bolt	952-894-1790
Dec 4 / Fri	Holiday Ball	V Johnson, C Barden	763-425-9513
Dec 20 / Sun	Orchestra Hall: Holiday Concert	Joyce Krake	952-472-8361
2010			
Jan 14 / Thurs	General Meeting	Karen Clarke	651-457-4007
Jan 15 / Fri	Nullr Folding Party	Joyce Crozier Bill Kansas	651-227-0286
Feb 19 / Fri	Nullr Folding Party	P Fitzgerald, J Steifel	952-470-5411
March 11 / Thurs	General Meeting	Karen Clarke	651-457-4007
March 19 / Fri	Nullr Folding Party	C Burgess, R Hartmann	612-644-1150
April 8 / Thurs	General Meeting	Karen Clarke	651-457-4007
April 16 / Fri	Nullr Folding Party	Rick & Susan Nesbitt	952-881-6469

Membership Spotlight *

By Laurie Coursolle, Membership VP

*The Membership Spotlight will not appear in the online version of the Nullr for security reasons.

IT'S MEMBERSHIP RENEWAL TIME! Your ULLR membership expires November 30th.

Please take a minute to fill out the membership form enclosed in your November Nullr.

- Make your \$25 check out to ULLR Ski, Bike and Social Club
- Check the box near the top of the form to receive the Nullr via US Mail
- Be sure to sign the waiver at the bottom of the Membership Form and return both to:
 ULLR Ski, Bike and Social Club, PO Box 201409, Bloomington, MN 55420
 Or bring both to our next general meeting.

Additional forms are available on the web at: <http://ullr.org/Membership.htm>

<http://ullr.org/Forms/UC021-MembershipForm.pdf>

NOTE FOR NEW MEMBERS:

If you joined the club May 1st or later this year, your membership does not expire until November 2010.

Directory Changes:

Because of personal information security issues, the ULLR Membership Directory changes that appeared in the paper copy of the Nullr have been removed for this online version.

Membership directory changes will be emailed to the Ullr-Info email distribution list once a month. When you receive these directory update emails, please print them and keep them with your paper copy of the directory.

PLEASE WELCOME THESE NEW MEMBERS					
William J Brechtel	John Campbell				

ULLR Ski, Bike & Social Club
 PO Box 201409
 Bloomington, MN 55420-1409



FOLD LINE ↓

<p>Future Folding Parties:</p> <ul style="list-style-type: none"> • Nov 20 —Jim Habeck • Jan 15 — Joyce Crozier, Bill Kansas • Feb 19 — Patty Fitzgerald, John Stiefel • Mar 19— Carol Burgess, Ray Hartmann 	<p>Folding Parties are fun to host and attend and are a great way for new members to get acquainted. Parties begin at 6:30 PM. A main dish is provided. Please bring a snack, salad or dessert to share and a \$1.00 donation for beverages. <i>If you are interested in hosting a Folding Party, please call the Folding Party Chairs: Margie or Manfred Deutsch at 763-545-5845. (An allowance is provided to help defray costs.)</i></p>
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The next Folding Party, is November 20,
hosted by Jim Habeck
 12030 54th Ave N
 Plymouth, MN 55442 PH: 763-559-5593

Directions:

From I-494:

- Exit East on County Rd 9 / Rockford Rd
- Continue east to Larch Lane
- Turn North / Left on to Larch Lane
- Continue North to 54th Ave N
- Turn East / Right

From Hwy 169:

- Exit West on County Rd 9 / Rockford Rd
- Continue West to Larch Lane
- Turn North / Right on Larch Lane
- Continue North to 54th Ave N
- Turn East/ Right

12030 is the second house from the end of the cul de sac.

