



Founding Member of the
Midwest Sport/Ski Council Inc

ULLR SKI, BIKE & SOCIAL CLUB

October
2009

HAVE YOU VISITED US ON THE WEB LATELY? WWW.ULLR.ORG

Lanesboro Biking 2009

What a great weekend for 28 ULLRs to bike the picturesque Root River Bike Trail and enjoy charming Lanesboro. We all enjoyed being together for biking, dining, socializing, touring, shopping, wine tasting and having lots of fun. The weather was cool - just right for biking, although nippy for outdoor breakfasts (down in the low forties one morning).

Friday evening: happy hour(s) was cut "short" by a passing rain cloud; "Iowa Jan" Hotvedt made a welcome surprise visit; Sunny Zenk shared summer sausage, cheeses, and rhubarb wine from the Lanesboro Winery.

Saturday evening: after happy hour we moved to Old Village Hall for excellent dinners, followed by the play "The Odd Couple" at the Commonweal Theatre. There was not an empty seat in the house for this talented, funny version of the popular Neil Simon play.

Fun Facts: Karen Hemmingson knows what "biking up to Fountain" really means; Ray Wilkinson gets the prize for the most miles biked (but he didn't get back until 7PM on Friday!); and pies at Aroma Pie Shop in Whalen are still the best! Co-chairs Sharon Marini and Joan Roe provided delicious hot breakfast casseroles they'd made at home; fruit, juices, muffins and coffee were compliments of Green Gables Inn. Special thanks go to helpers Marty Wilkes, Mary Vande Hei, and Barb and Marv Miller. We all had a great weekend with ULLR friends!

By Sharon Marini



The Foundation Corner

By Joan Roe, Foundation President

Twenty ULLRs volunteered as golf cart drivers and "individual skills escorts" at the **Special Olympics**



Tournament at Oakdale Golf Course Sunday, August 23. All said they were thankful to be able to help these "special" golfers strive for trophies!

Despite torrential rain and tornado warnings, 76 hardy ULLRs braved the elements to enjoy being together for the final **What's Cookin'** of the season, hosted by the ULLR Foundation. Special thanks to Ali Kalish, grill master deluxe! For our dessert, Nancy Keyes donated a wonderful cake

from Wuollet's Bakery to celebrate her birthday! The sun came out as we sang "Happy Birthday" to her and several other ULLRs celebrating birthdays.

Nancy Keyes was honored by the National Concierge Assn. with the "NCA Volunteer of the Year" Award and her third Outstanding Service Award!

Nancy is a NCA Certified Concierge in the Campbell Mithun Tower in downtown Minneapolis. The award is given to an individual who exhibits extensive commitment and dedication to volunteer efforts, both within NCA sponsored events and in their community. We are so very grateful to Nancy for her tireless energy, inspiration and dedication to the ULLR Foundation. Thank you Nancy for sharing your talents with us!

The ULLR Foundation will kick off the first Fall general meeting, with its' annual Bingo and Raffle Night, October 15, at the KC Hall.

You can look forward to lots of fun, great raffle items and bingo prizes. We will post a list of raffle items ahead of time. Invite your friends to join us!!

ULLRs give the gifts that keep giving!

2009-2010 Important Contacts

Officers of the Club

President

Diane Erlandson: UllrPrez@ullr.org

Executive VP

Karen Clarke: ExecVP@ullr.org

Ski Programs VP

Bruce Warner: SkiVP@ullr.org

Summer Programs VP

Sharon Marini: SummerVP@ullr.org

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Treasurer

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Secretary

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Program Coordinators

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Barb Kolbe: see directory

Nordic

Jim Habeck: Nordic@ullr.org

Ski Racing

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Summer Coordinator

Kae Jewell: Summer@ullr.org

Social Coordinator

Nancy Sand: Social@ullr.org

What's Cookin'

Nancy Harman, Jeff Fischer

whatscookin@ullr.org

Beverage Chairs

Gus Bjorklund, Dave Lyons, Erl Erlandson

beverages@ullr.org

Biking

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Singles

Joy Knudson: Singles@ullr.org

Folding Parties

Margie & Manfred Deutsch:

FoldingParty@ullr.org

General Meetings

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ULLR Foundation President

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FROM THE PRESIDENT

As soon as the Vikings play their first pre-season game, my mind starts switching to cold weather and skiing and I am looking forward to an exciting season. However, back to reality...

September was a very busy month with Karen Holmquist chairing the North Shore Hiking weekend, Bill Handsaker the Labor Day Ride, Cheryl Ostlund the Lake Wobegone ride and then Carolyn Buswell and John Eagan's Red Cedar Trail ride. The Lake Minnetonka boat trip chaired by Sally Chevalier looked terrific. I was very sorry that I had to work that day. Joan Roe and the Foundation had quite a night at What's Cookin' with the storm, but the ULLR's still made it successful. Thanks to all of you for making these activities possible.

The membership dues for this year will remain at \$25. A membership form is enclosed with this Nullr and is available online under "Membership Information". *Please note that there is a spot on the form for you to check if you want to receive the Nullr via U.S. Mail. **If you leave the box blank you are indicating that you will read the Nullr online.***

Don't forget to review the Nullr and website calendar for all the exciting events coming up. Also, the chairs of our two western ski trips need to make air/hotel deposits in October (Utah) and November (Big Sky) and urge you to sign up soon to ensure your spot! See their ads on page 5 of this Nullr and see the flyers online.

Be sure and mark your calendar for the kick-off General Meeting on October 15th. It is also our ULLR Foundation's bingo and raffle night. It will be great seeing you all again. Your prez, Diane Erlandson



Recalling Past Events:

Thank you to ULLR's who hosted an event last month. The Club could not function without creative ideas and members willing to carry out those ideas. A short summary of the event highlights, as well as color photos, can be found on the ULLR Ski, Bike and Social Club website: www.ullr.org

Superior Hiking Weekend	Sept 4—7	Karen Holmquist
Labor Day Biking	Sept 7	Bill Handsaker
Singles Card/Game Night	Sept 11	Joy Knudson
Nullr Folding Party	Sept 18	Hochsteins
Lake Wobegone Ride	Sept 19	Cheryl Ostland
Singles Fine Dining	Sept 22	Joyce Bolt
Red Cedar Trail	Sept 26	Carolyn Buswell John Egan
Thursday Morning Bike Rides	June—August	Joan Roe Susan Casey

**Meet old friends,
Make new friends
at
ULLR General Meetings**

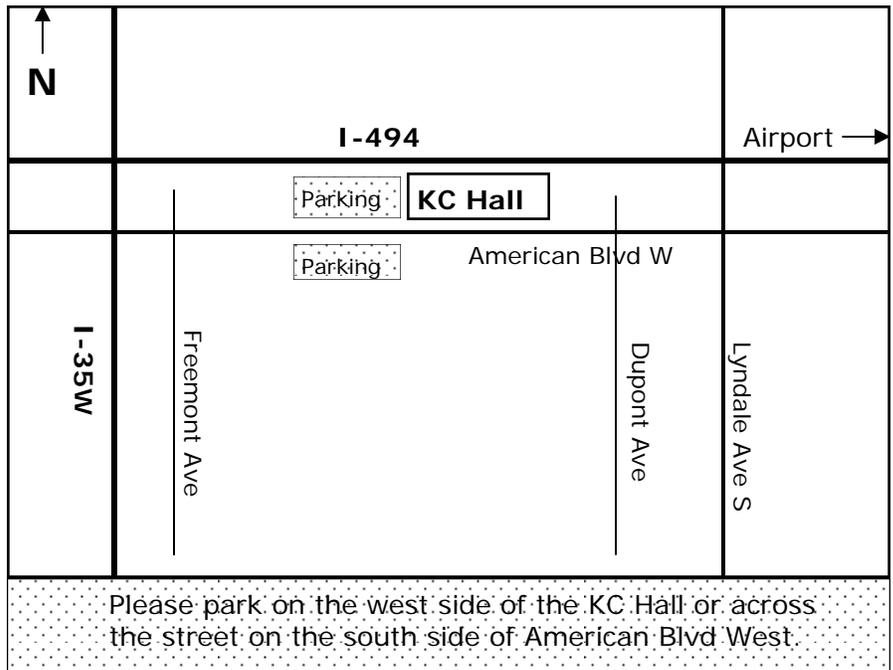
Thursdays:

October 15, November 12,
January 14, March 11, April 8

**Marian Knights of Columbus
Hall**

1114 American Boulevard
(old W 79th St), Bloomington, MN
..Note map to Right..

6:30 pm Socializing
7:30 PM General Meeting



When dining at the KC Hall before our meetings, **please phone 952-888-1492 for reservations.** The KC Hall will arrange special ULLR seating for us. Please save your dinner receipts and give to our Treasurer, Dick Wilkes, so he can audit the purchase to defray the rental cost of our meeting room. If you have any questions regarding general meetings, please contact ULLR Executive VP, Karen Clarke.

Membership Spotlight*

By Laurie Coursolle, Membership VP

*The Membership Spotlight will not appear in the online version of the Nullr for security reasons.

Directory Changes:

Because of personal information security issues, the ULLR Membership Directory changes that appeared in the paper copy of the Nullr have been removed for this online version.

Membership directory changes will be emailed to the Ullr-Info email distribution list once a month. When you receive these directory update emails, please print them and keep them with your paper copy of the directory.

PLEASE WELCOME THESE NEW MEMBERS						
Betty Brownell						

IT'S MEMBERSHIP RENEWAL TIME! Your ULLR membership expires November 30th.

Please take a minute to fill out the membership form enclosed in this October Nullr.

- Make your \$25 check out to ULLR Ski, Bike and Social Club
- Check the box near the top of the form to receive the Nullr via US Mail
- Be sure to sign the waiver at the bottom of the Membership Form *and return both to:*
ULLR Ski, Bike and Social Club, PO Box 201409, Bloomington, MN 55420
- Or bring both to our October general meeting.

Additional forms are available on the web at: <http://ullr.org/Membership.htm>
<http://ullr.org/Forms/UC021-MembershipForm.pdf>

NOTE FOR NEW MEMBERS:

If you joined the club May 1st or later this year, your membership does not expire until November 2010.

Upcoming ULLR Events (see detailed flyers on the website at www.ullr.org)

HIKE U of M ARBORETUM

When: Friday October 2 **Meet at 10:00 am** — *Cafeteria of the Oswald Visitors Center.*
Cost: \$7.00 to enter grounds; (*check Happenings Book or a Library for coupons*)
Directions: I-494 to Hwy 5 West. Arboretum is on S side of Hwy 5, just past County Rd 41 in Chaska.
Questions: Call James Habeck 763 559 5593

We'll lunch together after our hike at the Arboretum Oswald Center Restaurant.

Old Log Theater

When: Saturday, October 17 (arrive by 11:15 am)
Cost: \$33.00
Includes: Lunch and Matinee performance of **"Funny Money"**
Lunch choices: 1) Chicken breast w/basil pesto cream sauce 2) Smoked Windsor Pork Chop
3) Walleye Pike Almandine 4) Vegetarian Lasagna
Chair: Sally Chevalier, 952-935-7000 *Send check, made out to ULLR Club, **and meal choice**,
to Sally at: 4108 Kerry St Minnetonka, MN 55345

ULLR Membership & Cancellation Policies apply

MN River Valley Hike

When: Saturday, October 24 10:00 am
Meet: at Old Bloomington Ferry Bridge Lot-
Corner of Bloomington Ferry Rd and Bloomington Ferry Circle
Lunch: at Perkins Restaurant following the hike (9805 Normandale Blvd S)
Questions: Call host, Joyce Butler 952-941-6130

X-Country and Snow Shoe Kickoff

Pine Tar Party

When: Sunday, November 1, 4:30 PM
Host: Jim Habeck 12030 54th Ave N, Plymouth, MN PH: 763-559-5593
All XC skiers and snow shoe enthusiasts welcome! Bring a dish to share for Pot Luck Dinner.

ULLR Holiday Ball: "Deck the Halls"

When: **Friday**, December 4, 2009
5:30 PM Cocktails — 7:00 PM dinner — 8:00 PM Dancing to "Changing Times" Band
Where: The Fort Snelling Officers Club
Cost: **TBD** per person will **include:** choice of Prime Rib or Walleye dinner
Chairs: Colleen Barden 763-546-8390 and Vicki Johnson 763-425-9513
Mail Checks, made out to ULLR Club, to Colleen, 3889 Jordan Ave N, New Hope, MN 55427
****Please bring an unwrapped gift for Toys for Tots****

Indianhead Mountain MSC Winter Carnival Trip

Kick off the Season with friends! Mark your calendar! Join 16 MSC Member Clubs (216 attendees last year)

When: **December 11 – 13, 2009**
Cost: \$204/quad - \$237/double - \$304/single

Package includes: Round trip bus transportation from Eau Claire, Rochester or the Twin Cities -
2 nights lodging w/quad, double or single package pricing - 2 day Indianhead lift ticket – (Friday lift
ticket available for \$17) – live band both Friday & Saturday nights – Après Ski Party – 2 drink tickets –
Saturday evening dinner buffet – Access to three cross country trail areas – Poker Run –
NASTAR & Turtle Races— Snow guarantee cancellation policy by Indianhead

Mail Checks, made out to ULLR Club, to ULLR trip leader:
Jerry Schuster, 8407 Emerson Ave. S., Bloomington, MN 55420, 952-888-0860
--MSC Cancellation Policy applies--

Upcoming ULLR Events (continued from page 3)

Holiday Time with Jingle Bell Doc & the Minnesota Orchestra & Chorale

When: Sunday, December 20. Show at 2:00 PM – 26 seats reserved

Where: Orchestra Hall on Nicollet Mall & 11th Street

Cost: \$43.50 – pays for your ticket to the matinee's performance **Payment due November 5th.**

Host: Joyce Krake, 952-472-8361

Check: Make out to Joyce Krake; mail to Joyce at 4937 Island View Dr., Mound, 55364

Optional: Meet at 12:00 noon at the Hilton Hotel (across 11th from OH, use it's parking ramp) at the main floor Skywater Restaurant for lunch or brunch.

Must RSVP to Joyce for lunch/brunch reservation; meal cost on your own.

No cancellations. You may substitute another person for ticket – let Joyce know.

SKI THE MOUNTAIN TERRAINS OF UTAH!

When: Sun, February 7—Sat, February 13, 2010 **NOV 12 is deadline for signup!!**

Cost: \$1307* – includes lift tickets, Lodging at Embassy Suites in SLC (2/room suite w/galley kitchen), RT air*, private coach buses to mountain, breakfasts, pretrip and welcome parties, cocktail reception each evening, and much more!

Chairs: Barb Carpenter (952-881-6838), Karen Clarke (651-457-4007)

Checks payable to ULLR Club; mail to Karen, 6484 Bonner Ct., Inver Grove Heights 55076

This trip is **MSC Endorsed** – so sign up early!

Must be an ULLR or other MSC Club Member - - ULLR Cancellation Policy Applies

*Price subject to airfare price and does *not* include airline baggage charges.

SKI MONTANA

Dates: Sun, March 7—Sat, March 13, 2010

Cost: \$1111* per person

Includes: Pre trip party, RT flight MSP—Bozeman*, bus transportation Bozeman to Big Sky, 6 nights at Big Horn Condos, Welcome Pizza Party. Ski-In / Ski-Out via Poma Lift to High speed lift; Access to Huntly Lodge Pool & Fitness Center.

Options: Yellowstone Snowmobile outing; Sleigh ride dinner, Dog sled rides, Discounted Lift Tickets.

Chairs: Erl Erlandson: 952-941-5184 & Sylvia Scott: 763-560-9726.

Mail checks, made to ULLR Ski, Bike & Social Club, to Erl at 9721 Dorset Ln, Eden Prairie, MN, 55347.

*Cost does *not* include airline baggage charges and is subject to airfare price change.

MSC endorsed; ULLR Membership & Cancellation policies apply

Dog Sled — XC Ski — Snow Shoe

Dates: Sun-Tues; March 21—23 (3 days/two nights; Drive up/Car Pool for 20 ULLR's only)

Cost: \$210 per person with \$50 due October 1, remaining \$160 due by February 1, 2010

Includes: Half day of dog sledding & all lodging at luxurious Grand Ely Lodge/2 people per room

Options: Group Dinner, additional full (\$160) or half (\$95) day dog sled again on different trail, (includes trail lunch at 25% discount), Cross Country Ski or Snow Shoe on trails around Ely, Downhill ski at Giants Ridge.

Stay over 4th or 5th day on your own for any of the above, or visit International Wolf Center or North American Bear Center.

Send Check, payable to ULLR Club, to Jerry Swanberg, 2241 Erin Ct., New Brighton, MN, 55112

ULLR Membership and Cancellation policies apply

**ULLR Cancellation Policies and Communication Policies can be reviewed at:
www.ULLR.org**

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**ULLR 2009—2010 Fall/Winter Activities Schedule
Alpine, Cross Country, Snowshoe and Hiking**

Date	Trip/Event	Chairpersons)	Phone
October 2009			
Oct 2 / Fri	Arboretum Hike	Jim Habeck	763-559-5593
Oct 24 / Sat	MN River Valley Hike	Joyce Butler	952-941-6130
November 2009			
Nov 6-8 / Fri—Sun	The MN Ski & Snowboard Expo— (At the Mpls Convention Center)	Dolly Eastman MSC Booth Coordinator	mscrep@ullr.org
Nov 7 / Sat	Fort Snelling Hike	John Egan Carolyn Buswell	612-729-2470
December 2009			
Dec 9 / Wed	Wild Mountain	Margo Dinneen Barb Kolbe	952-542-1185 651-638-0936
Dec 11-13/Fri-Sun	MSC Winter Carnival Ski Trip	Jerry Schuster	952-888-0860
Dec 19 / Sat	CrowHassen XC Ski, SS, Hike	Bill Lyon	612-722-8352
January 2010			
Jan 1 / Fri	Afton Alps	Pam Anderson	763-315-3772
Jan 7 / Thurs	Welch Village	Bruce Warner	763-478-6541
Jan 19 / Tues	Mt Kato	Jerry Swanberg	651-633-7178
Jan 23 / Sat	Schultz Lake XC, SS, Hike	Vickie Lee	952-432-0304
Jan 28-29 / Thurs-Fri	Spirit Mt, Downhill, XC, SS	Karen Holmquist	952-431-1903
Jan 31 / Sun	Carver-Victoria, XC, SS, Hike	Joyce Butler	952-941-6130
February 2010			
Feb 7-13 / Sun-Sat	Western Trip: Ski Utah	Barb Carpenter Karen Clark	952-881-6838 651-457-4007
Feb 20 / Sat	Cleary Lake, XC, SS, Hike	Vickie Lee Judy Burich	952-432-0304 952-440-3188
Feb 26 / Fri	MSC Lutsen (proposed, NOT final)	Bob Kershaw (MSC)	
March 2010			
March 7-13 / Sun—Sat	Western Trip: Ski Big Sky	Sylvia Scott Erl Erlandson	763-560-9726 952-941-5184
March 20 / Sat	French Park, XC, SS, Hike	Jim Habeck	763-559-5593
March 21-23 / Sun—Tues	Dog Sled, Snow Shoe, XC Ski	Jerry Swanberg	651-633-7178

Help Wanted

Who: MSC needs volunteers to staff booths
What: MN Ski & Snowboard Expo
When: Fri—Sun / Nov 6—8
Contact: Dolly Eastman, MSC Booth Coordinator at mscrep@ullr.org

Option to Receive Online Nullr

- The Nullr is available online at:
<http://ullr.org/NULLR/NullrOnline.htm>.
- To discontinue receiving the paper Nullr in the US Mail, email membershipVP@ullr.org. When you choose the paperless Nullr, you help reduce Club expenses.

ULLR 2009-2010 Social & Cultural Events

Details can be found at: www.ullr.org and on flyers at the General Meetings

Date	Event	Contact	Phone
October 2009			
Oct 6 / Tues	Singles Treasure Island Casino Cruise	Res: Afton Cruise Lines	651-436-8883
Oct 9 / Fri	Singles Card/Game Night (details below)	Nancy Sand	952-564-6022
Oct 15 / Thurs	General Meeting/Foundation Bingo	Karen Clarke	651-457-4007
Oct 16 / Fri	Nullr Folding Party	Jon & Betty Gross	763-494-9604
Oct 17 / Sat	Old Log Theatre	Sally Chevalier	952-935-7000
Oct 20 / Tues	Dinner & 2-Buck Movie Night (details below)	Joy Knudson	952-240-8418
November 2009			
Nov 1 / Fri	Pine Tar Party	Jim Habeck	763-559-5593
Nov 12 / Thurs	General Meeting	Karen Clarke	651-457-4007
Nov 20 / Fri	Nullr Folding Party	Jim Habeck	763-559-5593
Nov 24 / Tues	Singles Fine Dining (details below)	Joyce Bolt	952-894-1790
December 2009			
Dec 4 / Fri	Holiday Ball	V Johnson, C Barden	763-425-9513
Dec 20 / Sun	Orchestra Hall: Holiday Concert	Joyce Krake	952-472-8361
2010			
Jan 14 / Thurs	General Meeting	Karen Clarke	651-457-4007
Jan 15 / Fri	Nullr Folding Party	Joyce Crozier Bill Kansas	651-227-0286
Feb 19 / Fri	Nullr Folding Party Need a Host!!	Margie or Manfred Deutsch	763-545-5845
March 11 / Thurs	General Meeting	Karen Clarke	651-457-4007
March 19 / Fri	Nullr Folding Party Need a Host!!	Margie or Manfred Deutsch	763-545-5845
April 8 / Thurs	General Meeting	Karen Clarke	651-457-4007
April 16 / Fri	Nullr Folding Party	Susan & Rick Nesbitt	952-881-6469

ULLR SINGLES' Highlights

by Joy Knudson, 952-240-8418 or Singles@ullr.org

Singles Events are open to all ULLR singles. Sometimes get togethers may be organized after the deadline for Nullr publication, or locations may change, so be sure to check www.ullr.org or with Joy.

Treasure Island Casino Cruise leaves Hudson Dock at **8:30 AM**. Have brunch on boat, enjoy fall colors and return by bus to Hudson by 5:00 pm. Call Afton Cruise Lines at 651-436-8883 for reservations (say you want to sit at the ULLR table).

Card or Game Night: 7:00 PM in Party Room at Nancy Sand's, 15001 Burnhaven Dr, Burnsville. Bring snack to share & your own beverage. Phone 952-564-6022 with questions.

Dinner & "2-Buck" Movie Night in Hopkins: Meet at Big 10 Restaurant at 5:30 PM for dinner, then attend movie at the Mann Hopkins Cinema Six Theater (first person to arrive please save tables).

Singles' "FINE DINING" Luci Ancora (Italian) Restaurant, 2060 Randolph Ave, St Paul, MN
phone Joyce Bolt with questions;
RSVP for Fine Dining to Joyce at 952-894-1790 or JBolt10@aol.com



FOLD LINE ↓

<p>Future Folding Parties:</p> <ul style="list-style-type: none"> • Nov 20 - Jim Habeck • Jan 15 - Joyce Crozier, Bill Kansas • Feb 19 - Patty Fitzgerald, John Stiefel • Mar 19 - Carol Burgess, Ray Hartmann 	<p>Folding Parties are fun to host and attend and are a great way for new members to get acquainted. Parties begin at 6:30 PM. A main dish is provided. Please bring a snack, salad or dessert to share and a \$1.00 donation for beverages. <i>If you are interested in hosting a Folding Party, please call the Folding Party Chairs: Margie or Manfred Deutsch at 763-545-5845. (An allowance is provided to help defray costs.)</i></p>
<p>The next Folding Party, is October 16, hosted by John & Betty Gross 15297 72nd Ave N Maple Grove, MN 55311 Phone: 763-494-9604</p> <p><u>Directions:</u> From I-494 / Bass Lake Rd intersection:</p> <ul style="list-style-type: none"> • Drive about 3 miles West to West Fish Lake Rd • Turn North/Right on West Fish Lake Rd and go 2 blocks to 71st Ave (<i>there is a stoplight on this corner. Note, Vicksburg Ln N goes south, W Fish Lake Rd goes north.</i>) • Turn right/East & drive one short block to Quantico • Turn Left/North on Quantico for one short block; then turn Right/East on 72nd Ave N • 15297 is the 3rd house on the right. 	