



Founding Member of the
Midwest Sports Ski Council

ULLR SKI, BIKE & SOCIAL CLUB

August
2009

HAVE YOU VISITED US ON THE WEB LATELY? WWW.ULLR.ORG

FROM THE PRESIDENT

The weather was *almost* perfect. It could have been just a little warmer as 127 guests enjoyed our first What's Cookin' event, June 3rd. On June 24th your Board served a spaghetti dinner to 110 attending. I hope to see you all at What's Cookin' events of July 8th, 22nd and August 5th and 19th. If you are a vegetarian, or have other special dietary needs, please notify (ahead of time) the 'chair' of the What's Cookin' event you want to attend in order for them to accommodate your needs.

The ULLR 'Ski for Light' Foundation's 25th Anniversary, chaired by President, Joan Roe, was celebrated with a Hawaiian Luau on June 28th. 84 attendees enjoyed an outstanding 'Divine Swine' dinner, followed by Hawaiian dancing and entertainment.

Thank you to the Committee For Change ("C4C"), as they have completed their recommendations. The C4C included Barb Carpenter (chair), Alan Moore, Joyce Krake, Char Navratil, Marty Wilkes, Karen Holmquist and Gloria Dombrock. They have done an outstanding job of making our Club a more functional and streamlined organization. (See the C4C report on page 3 of this Nullr). Additional suggestions for Nullr changes should be made to Barb Carpenter at PastPrez@ullr.org or Karen Oakland at nullr@ullr.org. Please notify any Board member if you have other than Nullr changes to discuss.

It has been a very short time since Bobbi Ciesinski passed away. Her vibrant personality and her passion to our Club is a great loss to all of us.

Bruce Warner is hosting a Ski Planning Party at his home at 4:00, July 18th for those who are considering chairing a local ski trip, and for anyone with ideas for the upcoming ski season. The Board has approved a "North Shore Hiking" trip, chaired by Karen Holmquist, September 4th – 7th. Please see our website for further information. *If you have ideas for a club event, please note that "quick approval" can be given by the relative Vice President in consultation with the President or Treasurer, for events where scheduling is time sensitive.*



(continued on page 2)

Using the "ULLRnet" for Personal Communications

Many eons ago - prior to a dedicated website and webmaster - the ULLRnet was established to inform ULLR members of events with a need for immediate action and for events of a personal nature. Examples of such were an opening on a ski trip leaving the next day or an illness or death of an ULLR member. We even sent glad tidings! (Examples: Engagements, weddings, retirements, etc.) It has **never** been used for any commercial endeavor. A database was built from the ULLR directory so all e-mails were BCC (Blind Carbon Copied). Thus, no e-mail addresses were exposed to any risk of spam. Over the years some ULLR e-mail addresses changed, and we began adding e-mail addresses on a request basis. The ULLRnet is now dedicated to disseminate *only personal and family matters* (vs. the ULLR-Info list that disseminates ULLR **business** communications). See descriptions of the two lists at www.ULLR.org.

How do you get on the distribution list?

Send an e-mail to ULLRnet@ullr.org or directly to fngdewell@aol.com and specify ULLRnet in the Subject line. Note: *If you want to delete or change your e-mail address, you must notify us; a change is not automatically done when you make a change for the ULLR Membership Directory.*

How do you send information for the ULLRnet?

Again, note "ULLRnet" in the Subject line and tell us that the information in the e-mail is for ULLRnet distribution. We usually carry our laptop with us so we can send out the information promptly.

Both Gary and I enjoy doing this service. One, it allows us to give back to a Club that has given so much to us. Two, we can contribute to the Club from a remote location (Arizona). Three, I get to hear the news first and everyone knows I love being "in the know".
Fran De Well

2009-2010 Important Contacts

Officers of the Club

President

Diane Erlandson: UllrPrez@ullr.org

Executive VP

Karen Clarke: ExecVP@ullr.org

Ski Programs VP

Bruce Warner: SkiVP@ullr.org

Summer Programs VP

Sharon Marini: SummerVP@ullr.org

Membership VP

Laurie Coursolle: MembershipVP@ullr.org

Treasurer

Dick Wilkes: Treasurer@ullr.org

Secretary

Joyce Crozier: Secretary@ullr.org

Past President/Advisor

Barb Carpenter: PastPrez@ullr.org

Program Coordinators

Alpine

Barb Kolbe: see directory

Nordic

Jim Habeck: Nordic@ullr.org

Ski Racing

Brian Johnson: Racing@ullr.org

Summer Coordinator

Kae Jewell: Summer@ullr.org

Social Coordinator

Nancy Sand: Social@ullr.org

What's Cookin'

Nancy Harman, Jeff Fischer
whatscookin@ullr.org

Beverage Chairs

Gus Bjorklund, Dave Lyons, Erl Erlandson
beverages@ullr.org

Biking

John Stiefel: Biking@ullr.org

Singles

Joy Knudson: Singles@ullr.org

Folding Parties

Margie & Manfred Deutsch:
FoldingParty@ullr.org

General Meetings

Karen Clarke: ExecVP@ullr.org

ULLR Foundation President

Joan Roe: Foundation@ullr.org

MSC Representatives

Bruce Warner: SkiVP@ullr.org
Dolly Eastman: MSCrep@ullr.org

Communication

ULLR Webmaster

(JJ) Joe Coursolle: webster@ullr.org

Nullr Editor

Karen Oakland: nullr@ullr.org

ULLRnet

Fran & Gary DeWell: ULLRnet@ullr.org

FROM THE PRESIDENT

(continued from page 1)

I have some thoughts for you to ponder. The ULLR Club has given me so much, including a passion for skiing, opportunities for wonderful trips, and of course all the friends in ULLR's. So I volunteered to be on the Board. Erl, (my husband) with all his cancer episodes and surgery still found time to serve on the board and to chair ski trips. Think of how much you have gained from our Club and perhaps there are some of you who could serve on the Board next year. Please start thinking about it now, as we need you to volunteer, and remember, *you are appreciated.*

I give special thanks to all who have chaired trips and helped our club in any way in the last several months.

Your prez,
Diane Erlandson

Recalling Past Events:

Thank you to the following ULLR's who hosted an event last month. The Club could not function without creative ideas and members willing to carry out those ideas. A short summary of the event highlights, as well as color photos, can be found on the ULLR Ski, Bike and Social Club website: www.ullr.org

What's Cookin'	June 3	Haggerty, Kalish, Burgess, Hartman
ULLR Up North	June 12-15	Barb Kemmer Jim Henn
Singles Casino Cruise	June 16	Joy Knudson
ULLR Golf Clasic	June 17	Carol Schwebach Gus Bjorklund
What's Cookin'	June 24	ULLR Board
Foundation 25th Anniversary Luau	June 28	Joan Roe & Foundation Board
Independence Day Celebration	July 3	Charlotte Navratil Alan Moore
What's Cookin'	July 8	Singles
What's Cookin'	July 22	Gail West & Friends
St Paul Saints Game	July 24	Gary Gray
Sommerfest Concert	July 25	Carol Burgess Ray Hartmann

ULLR Cancellation Policies and Communication Policies can be reviewed at: www.ULLR.org.

Final Report from the Committee for Change

by Barb Carpenter

The C4C mission from the 2008-2009 Board was:

“Due to the difficulty of filling Executive Board positions and getting volunteers for other long term positions, the C4C will make recommendations to the Board(s) for streamlining the structure of the organization. It will also review the Club financial structure and recommend opportunities for expense reduction.”

This is my last report from the C4C as the Executive Board (“Board”) agreed with the C4C that it has accomplished its mission. The Board and the C4C hope that going through this review and modification process in a public manner has made our members much more aware that our Clubs’ survival depends upon getting volunteers and containing costs. It is now up to the Board(s) to further evaluate the Club’s structure in the future and determine when/if more drastic changes are required. One test will be the response of our members during the nomination process which begins this fall.

A “Committee for Change” notebook has been created. It contains detailed recommendations and other ideas streamlining the Club’s structure and is meant to be passed on from President to President. I have summarized below a few of the changes now in effect that have the greatest impact on our organization:

Board and Long Term Coordinator Positions:

- Board members job descriptions were simplified as much as possible (e.g. we reduced the number of General Meetings and reduced or eliminated events/dinners at the meetings which made the Ex. VP position less demanding and saves the Club money)
- Folding Party Coordinator and Nullr Editor responsibilities have been eased by reducing the number of Nullr pages and by mailing it 1st class, thus also reducing expenses.
- Short term coordinator positions were created to help ease the Board’s load (it is easier to get short-term volunteers)
- The number of required, personally attended, Board meetings was reduced (additional “email” communication replaces the need for some meetings.)

Streamlined Operations:

- Developed an on-line Nullr (This was a major effort that took 3-4 months to complete and is still in the “refining” process. It saves money, provides more timely news, and production is easier for the Editor.) **Please note that if you have ideas for changes to the Nullr, contact either the current Past President or the Editor.**
- Encouraged on-line only access to Nullr (on-line/no paper Nullr production cuts expenses and reduces work for the Folding Party Coordinator)
- Reduced the Membership Directory mailing from twice a year to once per year (easier for Membership VP and reduced expenses).
- Developed a plan to run fewer event dollars through the Treasurer and facilitate Board approval for more “unbudgeted” events (these “Quick Approvals” make the Treasurer job less demanding; see page 10 of the Executive Board Operating Guidelines at www.ullr.org for “Quick Approval” criteria.)

Since none of the above changes require approval by the membership, and since all changes that the Board(s) approved have already been communicated through the Nullr, General Meetings and via e-mail, **the proposed September 17, 2009 Special Membership Meeting is cancelled.**

The C4C members, Alan Moore, Charlotte Navratil, Joyce Krake, Marty Wilkes, Karen Holmquist, Gloria Dombrock and I thank you for your input and support during this process. The Board(s) will always be open to your suggestions on how to make ULLR Ski, Bike and Social Club more efficient and more fun – just contact the President.



ULLR
Golf
Classic
1st Place
Team:
Roger
Jan
Ron
Pam



ULLR
Singles
Cruise

Cheryl
Joy
George
Dave



ULLR
Up
North

Joan
Karen
Joe

Upcoming ULLR Events (see detailed flyers on the website at www.ullr.org)

LAKE MINNETONKA BOAT RIDE & LUNCH

Enjoy lunch aboard Al & Almas' boat on beautiful Lake Minnetonka

Date: Monday, August 10, 2009 **Time:** 11:00 am / Arrive , (11:30 am / Leave Dock)

Cost: \$16.00 includes boat tour and lunch (sandwich, potato salad, chips, bars, beverage;
Cocktails may be purchased separately.)

Mail check, made out to Sally Chevalier, to 4108 Kerry Ct, Minnetonka, MN 55345
Must reserve place by August 1, 2009 Questions: Sally Chevalier, 952-935-7000

ULLR Cancellation & Membership Policies Apply

Lanesboro Bike, Golf & Theater 2009

When: August 28-30 (Friday-Sunday) **Cost:** \$119.00

Includes: two nights lodging at Green Gables Inn, Lanesboro; Friday & Saturday Social Hours;
Sat. AM Breakfast - baked casserole, fruit, muffins, juice, and coffee

Options: Biking, golfing, touring, Commonweal Theatre "The Rainmaker" Fri, "The Odd Couple" Sat.
(\$20 for 10 or more); group dinner at Old Village Hall Sat. on own

Send Check made out to "ULLR Club" to: Sharon Marini-8201 York Ave S-Bloomington, MN-55431

Chairpersons: Sharon Marini 952-893-7408 and Joan Roe 952-914-9124

ULLR Cancellation & Membership Policies Apply

Labor Day Weekend Get Away at MN's Beautiful Superior Hiking Trail

When: Sept 4—7, 2009

Hiking: Several trail options with varying lengths & difficulty levels will be offered

Cost: \$166 pp— 2 to a room w/2 beds

Includes: 3 nights lodging at Tofte AmericInn & 3 continental breakfasts,
Friday Night Welcome Wine & Cheese Party, Saturday "Sven & Ole" Pizza Party.

Optional: Sunday Night Dinner at Blue Fin Restaurant

Send \$166 check, made out to ULLR Ski, Bike & Social Club to: Karen Holmquist, 1024 Ashton Circle,
Burnsville, MN, 55337.

Call (952-431-1903) or email (kholmquist@frontiernet.net) Karen at with questions.

ULLR Membership & Cancellation Policies apply

SKI THE MOUNTAIN TERRAINS OF UTAH!

When: Sun, February 7—Sat, February 13, 2010

Cost: \$1307* – includes lift tickets, Lodging at Embassy Suites in SLC (2/room suite w/galley
kitchen), RT air, private coach buses to 2010mtn. resorts, breakfasts, pretrip and welcome
parties, cocktail reception each evening, and much more!

Chairs: Barb Carpenter (952-881-6838), Karen Clarke (651-457-4007)

Checks payable to ULLR Club; mail to Karen, 6484 Bonner Ct., Inver Grove Heights 55076

*Price subject to airfare price and does *not* include airline baggage charges.

This trip is **MSC Sponsored** – so sign up early!

Must be an ULLR or other MSC Club Member ULLR Cancellation Policy Applies

SKI MONTANA

Dates: Sun, March 7—Sat, March 13, 2010

Cost: \$1111* per person

Includes: Pre trip party, RT flight MSP—Bozeman, bus transportation Bozeman to Big Sky, 6 nights at
Big Stone Condos, Welcome Pizza Party. Ski-In / Ski-Out via Poma Lift to High speed lift;
Access to Huntly Lodge Pool & Fitness Center.

Options: Yellowstone Snowmobile outing; Sleigh ride dinner, Dog sled rides, Discounted Lift Tickets.

Chairs: Erl Erlandson: 952-941-5184 & Sylvia Scott: 763-560-9726.

Mail checks, made to ULLR Ski, Bike & Social Club, to Erl at 9721 Dorset Ln, Eden Prairie, MN, 55347.

*Cost does *not* include airline baggage charges and is subject to airfare price change.

MSC endorsed; ULLR Membership & Cancellation policies apply

2009—2010 ULLR Combined Social Activities Schedule
 Details for each event can be found on the ULLR website: www.ullr.org
 and on flyers at the "What's Cookin'" Picnics

Date	Event	Contact	Phone
August 2009			
August 5 / Wed	What's Cookin' Picnic	Karen Holmquist	952-431-1903
August 10 / Mon	Lake Minnetonka Boat Ride	Sally Chevalier	952-935-7000
August 19 / Wed	What's Cookin' Picnic	Joan Roe	952-914-9124
August 21 / Fri	Nullr Folding Party	Joan Roe	952-914-9124
Aug 28-30 Fri—Sun	Lanesboro Weekend Biking, Golf & Theater	Sharon Marini & Joan Roe	952-893-7408 952-914-9124
September 2009			
Sept 4—7/ Fri—Mon	Superior Hiking Trail	Karen Holmquist	952-431-1903
Sept 18 / Fri	Nullr Folding Party	Hochstein's	763-479-6890
October 2009			
Oct 8 / Thurs	General Meeting/Foundation Bingo	Karen Clarke	651-457-4007
Oct 16 / Fri	Nullr Folding Party	Jon & Betty Gross	763-494-9604
Oct 17 / Sat	Old Log Theatre	Sally Chevalier	952-935-7000
November 2009			
Nov 12 / Thurs	General Meeting	Karen Clarke	651-457-4007
Nov 20 / Fri	Nullr Folding Party	Jim Habeck	763-559-5593
December 2009			
December 4 / Fri	Holiday Ball	V Johnson, C Barden	763-425-9513
2010			
Feb 7—13 / Sun—Sat	Ski Utah	Barb Carpenter & Karen Clarke	952-881-6838 651-457-4007
Mar 7—13 / Sun—Sat	Big Sky & Moonlight Basin Ski Trip	Erl Erlandson & Sylvia Scott	952-941-5184 763-560-9726

ULLR SINGLES' SCHEDULE by Joy Knudson, 952-240-8418 or Singles@ullr.org

Note: These activities are open to all ULLR singles. Sometimes get togethers may be organized after the deadline for Nullr publication, or locations may change, so be sure to check online* or with Joy.

Singles' Card or Game Night Hosts:

August 14, 2009 (check online, or phone, for host name)

Dinner & "2-Buck" Movie Night in Hopkins:

Meet at restaurant at 5:30 PM for dinner, then attend a movie at the Mann Hopkins Cinema Six Theater.

August 18, 2009

*For updates and new events check: www.ullr.org

Singles' "FINE DINING"

Questions or RSVP for Fine Dining to:

Joyce Bolt at 952-894-1790 or
JBolt10@aol.com

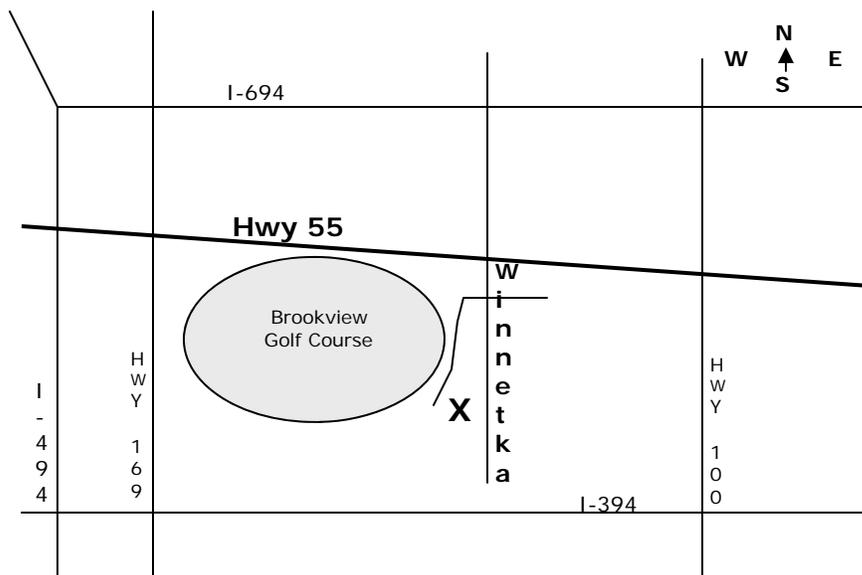
Tuesdays	Location
September 22, 2009	Great Waters Brewing 426 St Peter St St Paul, MN
November 24, 2009	Luci Ancora (Italian) 2060 Randolph Ave St Paul, MN

What's Cookin' at Brookview Park

The summer picnic for ULLRs
 A Meet-Greet-Eat Extravaganza
 6:00 pm—10:00 pm
 Food served at 6:30 PM

Directions:

- from Hwy 55/Olson Memorial Hwy, either east or west, turn south on Winnetka Ave.
- After one block, turn Right/West on Brookview Pkwy.
- Follow Brookview to the second parking area and second shelter. ULLR signs will be posted.



Everybody loves What's Cookin' because it's full of food, fun and friends. Please check the activity schedule in this Nullr for the specific dates. The cost remains the same as last year: \$3 for dinner, \$2 for 2 beverages (\$1 for additional beverage), \$1.00 facility rental fee. *Also, if you are a vegetarian, you can contact the chair well ahead of the event to request a meatless offering!* See you there! Kae Jewell, Summer Coordinator

Membership Spotlight

By Laurie Coursolle, Membership VP

Directory Changes:

Because of personal information security issues, the ULLR Membership Directory changes that appeared in the paper copy of the Nullr have been removed for this online version.

Membership directory changes will be emailed to the Ullr-Info email distribution list once a month. When you receive these directory update emails, please print them and keep them with your paper copy of the directory.

PLEASE WELCOME THESE NEW MEMBERS

Jan Butler						
James Maiser						
Connie Page						
Jon Zoller						

Option to Receive Online Nullr

- The Nullr is now available online at: <http://ullr.org/NULLR/NullrOnline.htm>.
- The online version will be available 2-3 weeks *before* the paper copy arrives in the US Mail.
- If you would like to discontinue receiving the paper Nullr in the US Mail, send me an email at: membershipVP@ullr.org. When you choose the paperless Nullr, you help reduce Club expenses.
- Each month you will receive an email letting you know when the next Nullr issue is available online.

ULLR Webmaster: JJ (Joe) Coursolle
 PO Box 201409, Bloomington, MN 55420
E-mail: webster@ullr.org **Telephone:** 612-750-0927

Nullr Editor: Karen Oakland
 15607 Oak Ridge Rd., Eden Prairie, MN 55346
E-mail: nullr@ullr.org **Telephone:** 952-949-2262

2009 ULLR Biking Schedule

Biking Program Coordinator: John Stiefel

H: 952-470-5411 Cell: 612-743-4565 Email: Biking@ullr.org

Flyers with details of each listed event and/or for changes that may occur, are available at the What's Cookin' Picnics and on the **ULLR Ski, Bike & Social Club website** at <http://www.ullr.org>

"Thursday Morning" rides run through September

Meet at Lynnhurst Park, 50th St & Minnehaha Pkwy by 9:15 am; *Ride will start promptly at 9:30 am.*

Helmets are required for all rides.

Date	Event	Contact	Phone
AUGUST			
Aug 1 - Sat	Fish Lake Park Trails	Bill Lyon	612-722-8352
Aug 8 - Sat	Rice Creek to Lake Vadnais	Jerry Swanberg	651-633-7178
Aug 15 - Sat	Cannon Valley Trail	Cheryl Ostlund	952-934-1669
Aug 28-30 Fri—Sun	Lanesboro Weekend Biking, Golf & Theater	Sharon Marini & Joan Roe	952-893-7408 952-914-9124
SEPTEMBER			
Sept 7 - Mon	Labor Day Ride	Bill Handsaker	952-935-9597
Sept 19 - Sat	Lake Wobegone	Cheryl Ostlund	952-934-1669
Sept 26 - Sat	Red Cedar Trail	Carolyn Buswell & John Egan	612-729-2470
OCTOBER			
Oct 11 - Sun	TBA	Bill Handsaker	952-935-9597

The Foundation Corner

By Joan Roe, Foundation President

Wow, the ULLR Foundation had a great celebration for its 25th Anniversary on Sunday, June 28! Over 80 ULLRs enjoyed a Hawaiian Luau "Minnesota style!"

Gus Bjorklund and Nancy Kastner greeted us at the door with Mai Tai's. Divine Swine catered a tasty Hawaiian buffet, Johnny Pineapple on ukulele and Max on clarinet provided music and laughs. Hula dancer Makamai was a big hit and shared her spotlight with Lorna Higgins and Jim Henn, who took center stage with the "Ulla" Hula dance line.



Don & Judy and Damaris Frank, who started the "Giving Back" Auction in 1973, which continued for the next twenty years. Several others gave tribute to the ULLR Foundation and Marvin Souba

A brief history of the ULLR "Ski for Light" Foundation was given by Bill Elsholtz, ULLR President 1971-72. Joan read emails from Letty Bromenschenkel, ULLR President 1973-74, who signed the original by-laws,



Bob Ed

shared photo albums of past Foundation dinners.

Our rich history began in 1973, 36 years ago, with auctions to raise funds to purchase "sit-skis". The Foundation has raised well over \$100,000 to benefit disabled active individuals over the years. In addition to downhill ski equipment we've provided adaptive equipment for cross country skiing, canoeing, horse back riding, biking, race running, water skiing, exercising, swimming, and our latest, golfing; also wheelchairs, camp scholarships and donations to "Helping Paws," and the MS Society.

Thank you to the dedicated, creative ULLR Foundation Board and Erl Erlandson, Sharon Marini, Marty Wilkes, Barb Kolbe, Betts Carter and Dave Lyons for their extra helping hands which made this anniversary luau a successful and memorable celebration.

PGA card sales are winding down. If you still want one, contact Nancy Keyes at 612-342-2225. Thanks to Gus, Nancy and all of you who bought a card.

Thank you to all ULLRs for your support. You give the gifts that keep giving!

See more pictures on the ULLR web site!



Kae - Carol - Carol - Barb - Ken

ULLR Ski, Bike & Social Club
 PO Box 201409
 Bloomington, MN 55420-1409



Visit our
 website at
www.ullr.org

FOLD LINE ↓

<p>Upcoming Folding Parties:</p> <ul style="list-style-type: none"> • Sept 18— Mary Jane & Galen Hochstein • Oct 16— Jon & Betty Gross • Nov 20 —Jim Habeck • Jan 15 — Joyce Crozier, Bill Kansas 	<p>Folding Parties are fun to host and attend and are a great way for new members to get acquainted. Parties begin at 6:30 PM. A main dish is provided. Please bring a snack, salad or dessert to share and a \$1.00 donation for beverages. <i>If you are interested in hosting a Folding Party, please call the Folding Party Chairs: Margie or Manfred Deutsch at 763-545-5845. (An allowance is provided to help defray costs.)</i></p>
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The next Folding Party:
 August 21, 2009
Host: Joan Roe
 5800 Creek Valley Rd, Edina, MN
 952-914-9124

Directions:

From the South or North:
 I-494 or Hwy 169 to the Crosstown;
 then east on Crosstown / 62 to Tracy Ave.
 South on Tracy to Creek Valley Rd.
 Right/west on Creek Valley to 5800.

From north or south on Hwy 100 to
 Crosstown / 62.
 West on Crosstown/62 to Tracy Ave.
 South on Tracy to Creek Valley Rd.
 Right/west on Creek Valley Rd to 5800.

Note: Tracy Ave is a N/S street about half
 way between Hwys 169 and 100.
 After you turn south on Tracy, Creek
 Valley is the first street on your right.

