

St. Paul Lakes, Parks & Detours Bike, Hike and Picnic

September 23, 2021



We'll meet at 9:30 am at the Lake Phalen Picnic Pavilion parking lot, 1600 Lake Phalen Drive, St. Paul. **The ride will begin at 10 am. Hiker's can begin at any time. Picnic and socializing begin at 12:30** at the picnic area. Bring a chair, food and a beverage.

This ride is not our usual ride on bike paths, but rather we ride on city streets and paths and may come upon sand/dirt paths, city sidewalks, biking boulevards, a hill or two, tunnels and some bumpy streets that will give us a tour around 35E and St Paul neighborhoods. The ride is approximately 19 miles, going around Lake Phalen, along Johnson Parkway and Mounds Blvd over to Indian Mounds Regional Park. We will make a quick stop at Trout Brook Nature Sanctuary and then head to Como Lake and back to Lake Phalen on Wheelock Parkway.

ULLR hikers are invited to explore trails at Lake Phalen Park and visit the Changsha-style China Garden from St. Paul's sister city Changsha, China. Hikers should join the bikers for a picnic lunch after the ride.

*****Helmets Required*****

RSVP to Karen Clarke 651-328-0600 (c)

To verify the ride is not cancelled, call the ride leader