

**Kayaking Essentials at French Regional Park
on Medicine Lake in Plymouth, MN
Wednesday, June 22, 2016
1:00pm to 4:00pm**



Through hands-on experience with qualified instructors from Three Rivers Park District, learn beginning kayaking safety, proper paddling form and paddle strokes while surrounded by the beauty of the park. After an on-shore lesson you will paddle through lagoons, perhaps catching a glimpse of local wild life. Paddle across Medicine Lake to view a BaldEagle's nest to check on this spring's hatch of eaglets and then continue practicing your new kayaking

skills until it is time to return to the beach. Includes all equipment—— kayak, personal flotation device (PFD) and paddle.

This lesson takes place rain or shine. Cancellation will be decided by the instructor for safety considerations——lighting, high winds, etc. If cancelled the lesson will reschedule or your payment refunded.

\$20 fee is due at sign up. A minimum of 8 participants is required with a maximum of 10. If there is the interest an additional concurrent session may be scheduled or another lesson scheduled for a future date. If there is not the minimum number of participants by May 31st your check will be returned. There are no refunds after May 31st.

After kayaking, there is a What's Cookin' Picnic scheduled for 5:00pm at Brookview Park in Golden Valley, approximately 7 miles from French Regional Park. Make check payable to Bill Brechtel and mail to 924 Kimberly Lane, Chanhassen, MN 55317